

Exam has always been a scary word for most of the students. Actually it is not that scary if we handle it smartly. Here are some of the tips from ExamFear.com to tame Exam monster

Tips for Exam preparation:

- **Make a schedule for your study:** Scheduled study is always better than last minute study. You get more time to understand the fundamentals and also can study without any pressure. Scheduled study gives higher output.
- **Take short breaks:** First read for an hour then go for a short break. In this breaking time you can talk to your family members about some interesting things. You can even watch TV for that break and watch only those program that you like most. It will give a new power and freshness in your mind.
- **Try to study in the morning time:** Morning time is the best time to study as environment is calm and mind is fresh in the morning. It means you can grasp easily whatever you read. And don't try to study for late night.
- **Make notes:** Notes are your best friend during exams. They are handy. Books have tons of information which you may not need one day before exams. At that time, notes are your best friend. Always prepare good notes in your own language.
- **Revise regularly:** There is no point of studying if you don't remember it. Our memory fades away gradually. Without proper revision we will not be able to retain things in our mind. Revision plays a cardinal role in getting good marks.
- **Improve handwriting:** Though it may sound funny but it really helps to get good marks. Your answer is waste if it is not understood by your teacher. Better handwriting ensures that your teacher is impressed with the answer. For essay type subjective answers, you can expect more marks if your handwriting is good.
- **Good language:** Always use simple words to express yourself. Make sure that you are grammatically sound & write simple, grammatically correct English. Having a good vocabulary is of course an advantage.
- **Rely on professors/teachers notes:** Most of the questions you get in the exam come from professor/teachers notes. Attend class regularly and take notes. These notes are helpful to get good marks.
- **Last year papers:** Last year papers are good way to know the pattern of questions. Also many times questions are repeated from last year paper. Solve all the question of last year paper.

- **Seniors:** Seniors are best help to crack college exams. Always be in touch with seniors to know best books to study. Seniors can provide good notes too.

- **Internet:** Internet is a free pool of tons of information. You can trust internet to get last year paper, sample papers, article etc on click of a mouse.

- **Avoid procrastination:** Procrastination is your biggest enemy. Beware of procrastination. Don't delay your preparation. Today is the best date to start. Don't wait.

Tips for the Exam day:

- Make sure that you scan through your notes a day before exam.
- Never read a new topic on exam day.
- Be confident and relaxed.
- Sleep well the night before the exam.
- Arrive early at the test center with at least two forms of identification.
- Make sure that you have pen, pencil, eraser and other stationery required.
- Take a deep breath and concentrate for five minutes before exam starts
- Eat chocolate or drink glucose before exam as it increases energy level in your body and thus your mind works faster.
- If you need a quick drink of water or a visit to the restroom, take time before the exam, because once started the exam will not be paused for these needs
- Trust your preparation and give your best.