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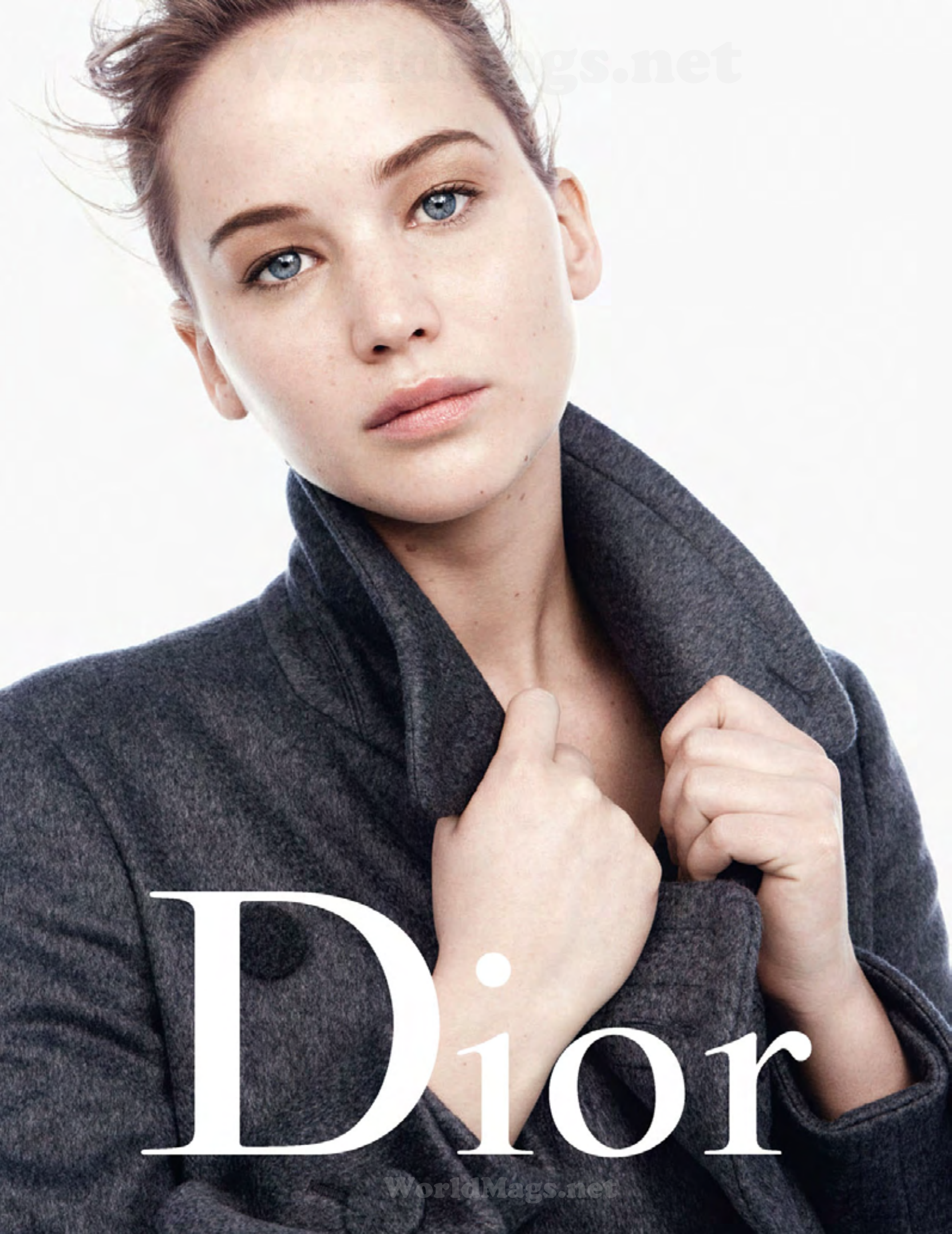


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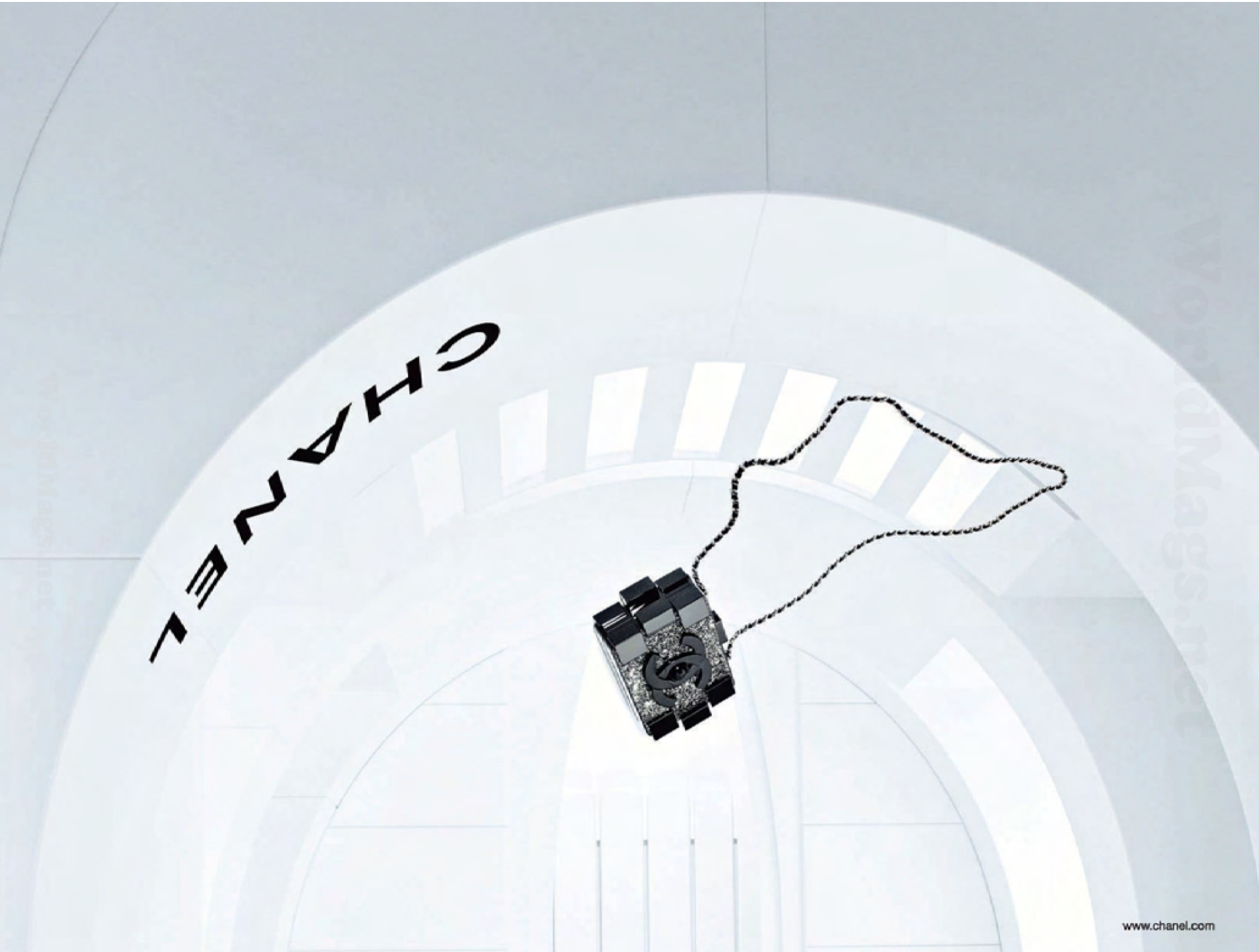
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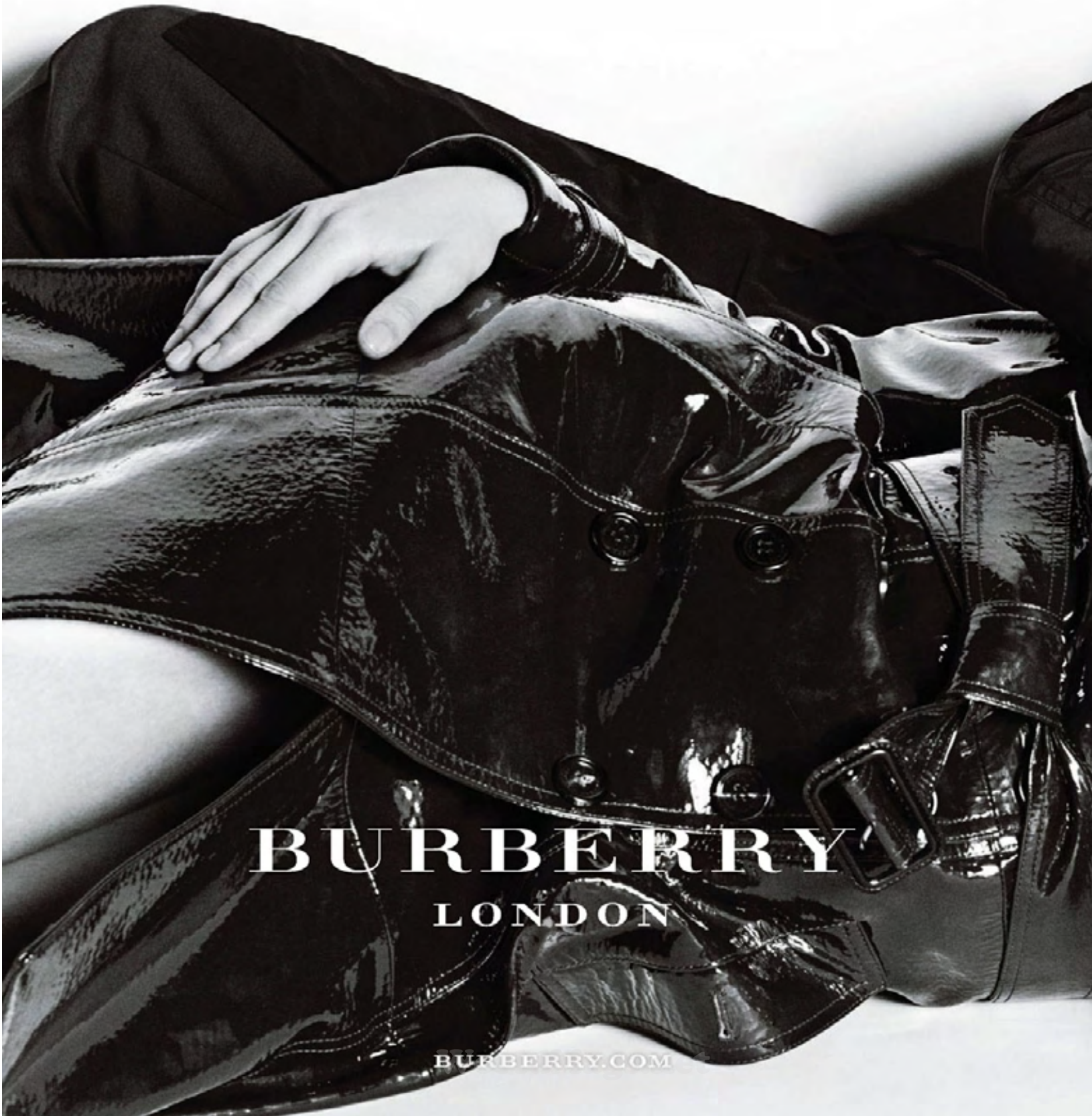

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# NOVEMBER

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These velvet shoes deserve to be worn all the time. See what to pair them with on p162

Photography: 3 Objectives, Benoît Audureau, Søren Jepsen, Beate Sonnenberg, David Vasiljevic.

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### THE COVERS

Photography: Kai Z Feng. Fashion: Alison Edmond. Hair: Danilo at The Wall Group for Pantene. Make-up: Pati Dubroff at The Wall Group for Dior. Manicure: Christina Aviles at Lea Journo Salon. Props: Rae Scarton at Glue. On-set production: Shotsie at First Shot Productions. Model: Natalie Portman. **On the newsstand cover:** Sequined cotton jacket and matching skirt, Versace. Cotton shirt, Barbara Bui. Gold double knuckle ring, Repossi. Gold ring, Natalie's own. **On the subscriber cover:** Embroidered silk jumpsuit, Rodarte. Cotton top (worn underneath), Rick Owens. Skin: Diorskin Airflash Spray Foundation, £33. Diorblush Vibrant Colour Powder Blush in Miss Pink, £30. Eyes: 5 Couleurs Mystic Metallics Couture Colour Eyeshadow Palette in Bonne Etoile, £40. Crayon Khôl Pencil in Magenta Brown, £17. Diorshow Blackout Mascara, £23. Diorshow Powder Eyebrow Pencil in Sand, £18. Lips: Rouge Nude Lipstick in Grège 169, £26. Nails: Diorlisse Ridge Filler for Nails in Snow Pink 800, £18. All Dior. Published 2 October 2013



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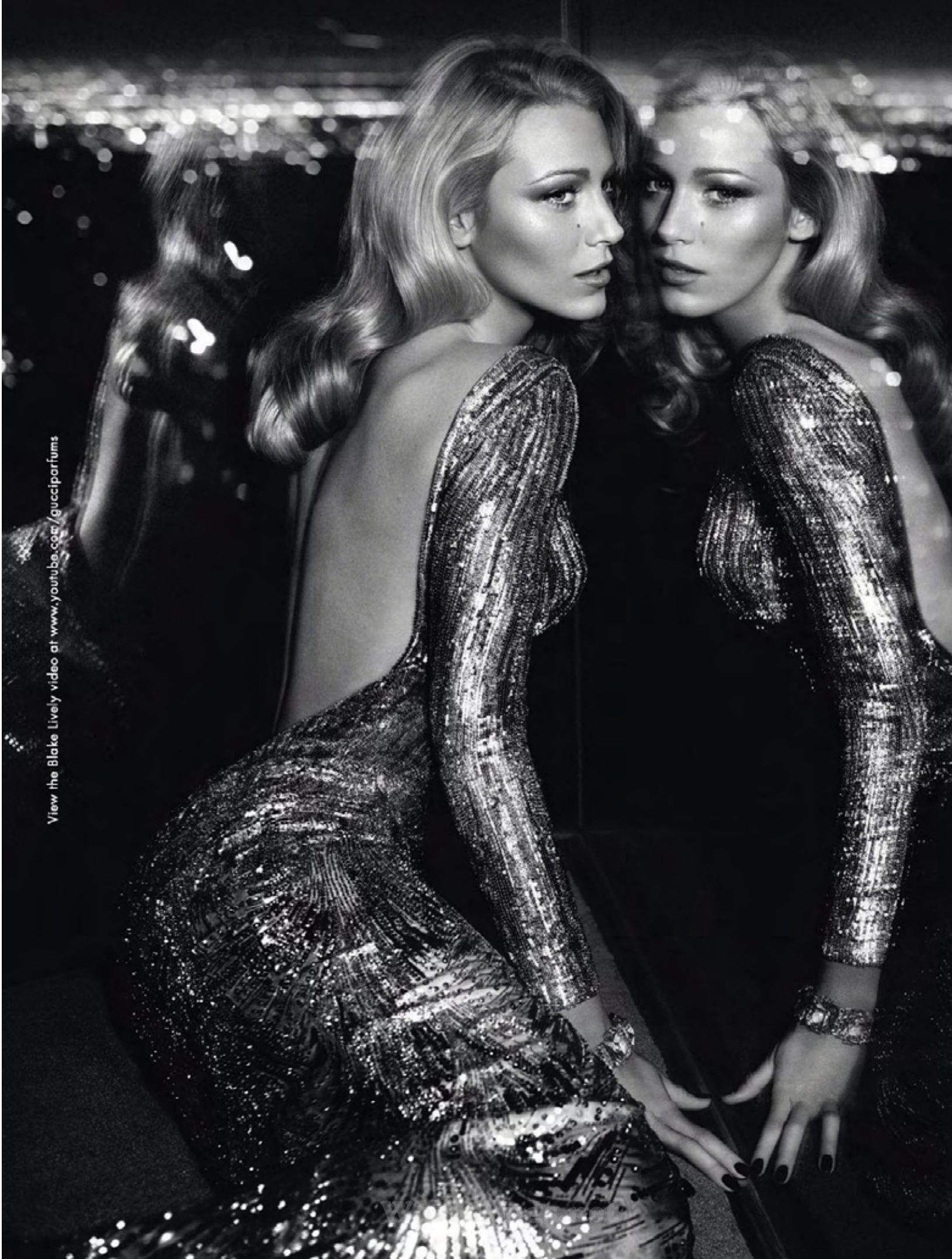
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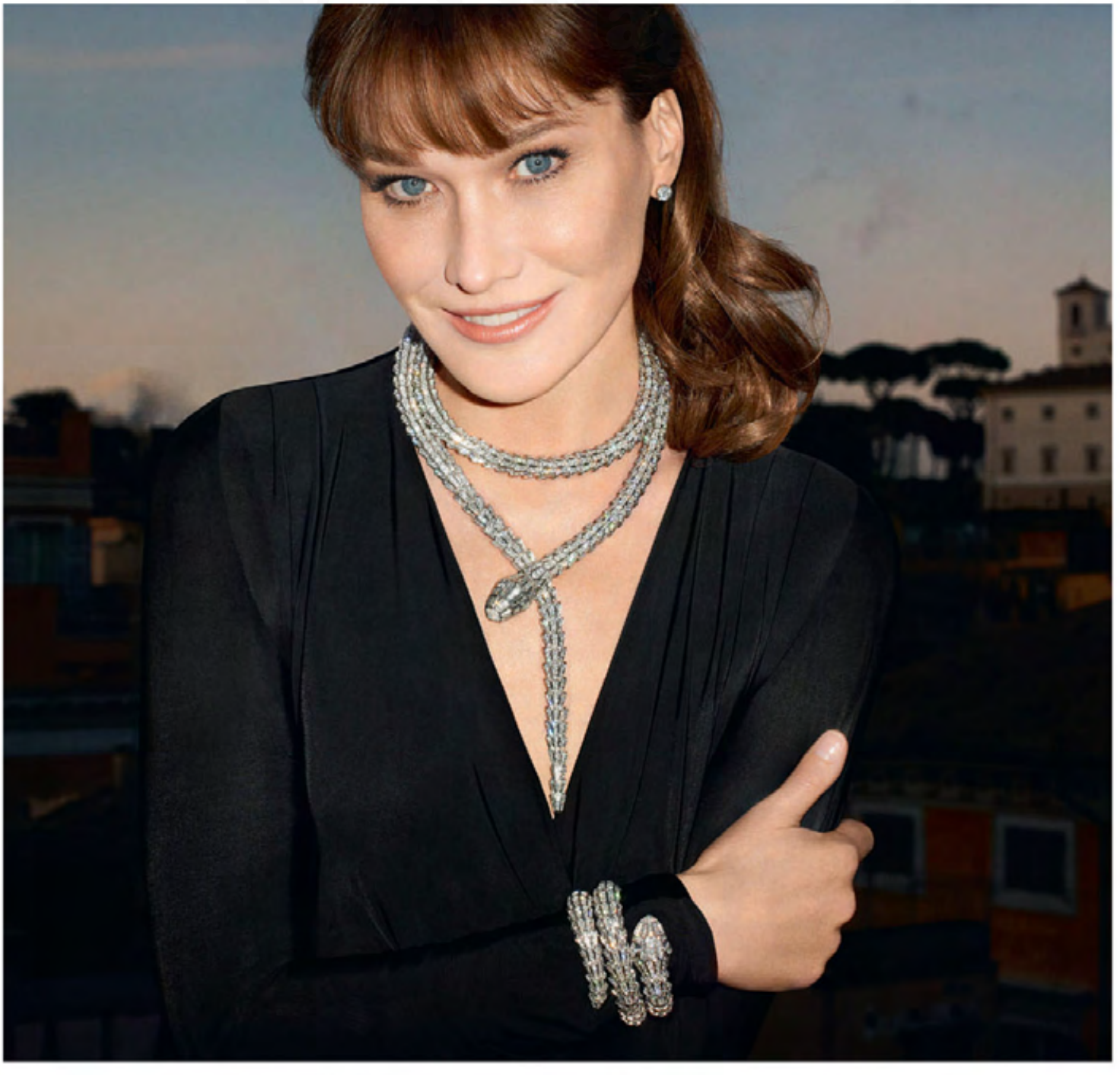

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ELLE **WATCH IT** Our exclusive behind-the-scenes film at elleuk.com/elle-tv

Words: Emma Sells. Photography: Victoria Adamson, Benoît Audureau, Kai Z Feng, Matt Lever, Graham Walser. Courtesy of Mendes Wood DM.

## *Behind the scenes of a cover shoot: when ELLE met Natalie*

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ELLE **WATCH IT** Lisa Eldridge tells us all you need to know about primers at elleuk.com/elle-tv

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SOPHIE BERESINER, ELLE BEAUTY DIRECTOR

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My GOD the #ElleUKOctober issue is nothing short of INSPIRING. A good magazine is one that makes you want to get up and go. Thnk u **@ELLEUK**

**@ELLEUNDATEABLE**
4 copies of **@ELLEUK** bought so far. One for coffee table (spine must remain intact!), one to read, one for my proud porfolio, 1 for Mum

**@OEMILIE_**
Find it hilarious that my October issue was so big that the postman wouldn't even attempt to post it **@ELLEUK** #RosieELLE

**@ROSIEHW** Thank you **@ELLEUK** **@LORRAINEELLE** for having me as your October cover girl shot by the amazing **@MARIANOVIVANCO**

**@ELEANAKK**
October's **@ELLEUK** magazine gives hope to interns everywhere. What an amazing team of young women to motivate the rest of us :) Thank you!

**HEAR IT** To listen to this playlist, follow ELLEUK on Spotify

## 10 SONGS THAT MADE THE ISSUE

**1 ~ Broken** by Jake Bugg
**2 ~ Bros** by Wolf Alice
**3 ~ Wild** by Jessie J
**4 ~ I Fink U Freeky** by Die Antwoord
**5 ~ Anneaux (Corteo)** by Cirque du Soleil
**6 ~ No Strings** by Chlöe Howl
**7 ~ To Be A Young Man** by Nadine Shah
**8 ~ You Know You Like It** by AlunaGeorge
**9 ~ Tennis Court** by Lorde
**10 ~ Waiting All Night** by Rudimental feat Ella Eyre

## TRENDING AT ELLE HQ

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#ELLEmanoftheweek
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## WHO TO FOLLOW: GIRLS ON FILM

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The feature in ELLE UK magazine that I created a concept for and designed as part of my internship!

**@ELLEJENKINSON**
I'm in **@ELLEUK** magazine this month with the other #editedbytheinterns gals! #famous

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**@HANNAHVGOULDEN**
I'm in **@ELLEUK** magazine! Thank you so much for the opportunity! :)

**@WHATKPDID**
Thank you **@ANNABELBROGELLE** **@ELLEUK** for making this happen! So proud to have been a part of the team

**@SOPHIEOSBORNE1**
Still pinching myself that I had the honour of contributing to my favourite magazine **@ELLEUK** #ELLEintern2013

## #ELLEINSPIRE

**TOP QUOTES**

'Life is not measured by its length, but by its depth.'
– Ralph Waldo Emerson

'A lot of people are afraid to say what they want. That's why they don't get what they want.'
– Madonna

'If you don't like the road you're walking, start paving another one.'
– Dolly Parton

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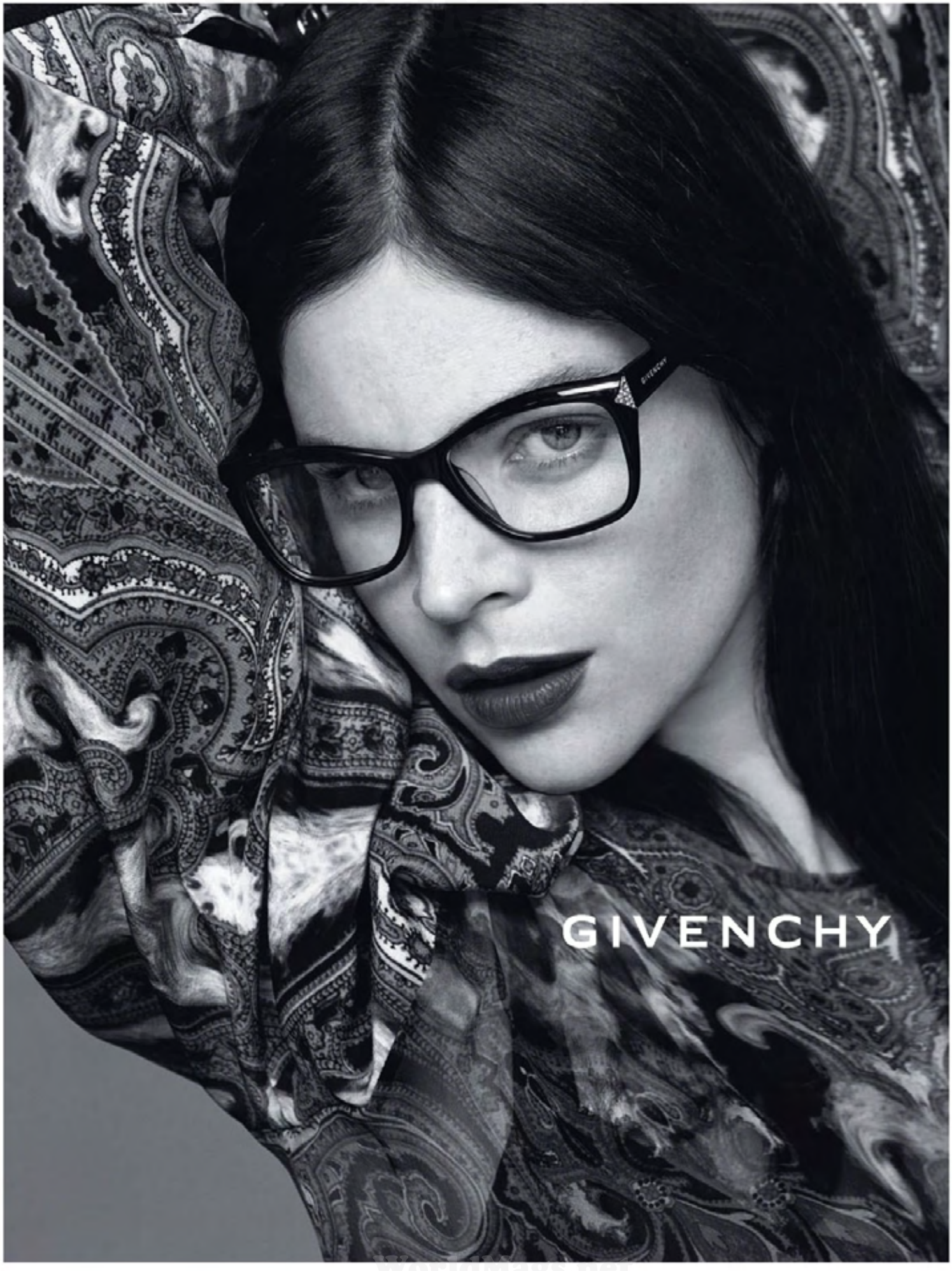


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Words: Georgia Simmonds. Photography: Victoria Adamson, Benoît Audureau, Silvia Olsen, Stephanie Sian Smith.

#ELLEINSPIRE

@CHARLOTTERAVEN

## CHARLOTTE RAVEN

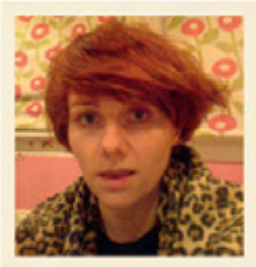
As a child, Charlotte's romantic ideal was to become a novelist. She is, in fact, a journalist and founding Editor-in-Chief of *Feminist Times*, formerly *Spare Rib*. Her guilty pleasures include anti-depressants and Proust. Charlotte's favourite book is 1967's *SCUM Manifesto* by Valerie Solanas. Her most precious wardrobe item is an Ossie Clark dress. She contributes to the feminism portfolio on p193.

*'The best protection any woman can have is courage' – Elizabeth Cady Stanton*

@CAZMORAN

## CAZ MORAN

Caz Moran is the co-creator and co-writer (with sister Caitlin) of Channel 4 sitcom *Raised By Wolves*. She's obsessed with the 1920s movie star Clara Bow, and inspired by the quote, 'My eyes, my eyes', by Nicolas Cage in *The Wicker Man* (2006). Caz cuts her own hair; read about how and why on p222.



## KAL GRIFFIG

German photographer Kal Griffig trained to be a classical ballet dancer. By 25, he had lived in the Netherlands, Belgium, Sweden and Denmark, before moving to the UK. He connects ballet with fashion poses when directing models in his photographic work. 'I compose an image like I filled a stage – with light, shapes and colours.' His favourite film is *Arizona Dream* and as a child, he had a *Blade Runner* poster on his wall. Kal shoots *New Girl* on p280.

@KALGRIFFIG

## OLAF WIPPERFÜRTH

Photographer Olaf Wipperfürth, born in Düsseldorf, Germany, now lives between Paris and New York. He studied art history and philosophy, and has shot campaigns for Balmain, Dries Van Noten and Kenzo. He's been exhibiting photographs since 2003. Olaf likes hanging out on his terrace. See his work on p242.

ELLE

# THEY MADE THIS!

NOVEMBER 2013

## BEAUTY SCHOOL

Want to master the ultimate smoky eye? Turn to p305 for a step-by-step guide, or watch a tutorial by ELLE's Beauty Guru Lisa Eldridge (p139) at elleuk.com/elle-tv now.

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Think you wear it well, too? Send your street-style shots to streetstyle@elleuk.com

### WHAT ELLE WEARS

From the editors to the interns, see what we wear to work every week. Visit elleuk.com/style/what-elle-wears and let Team ELLE show you how to style the trends.

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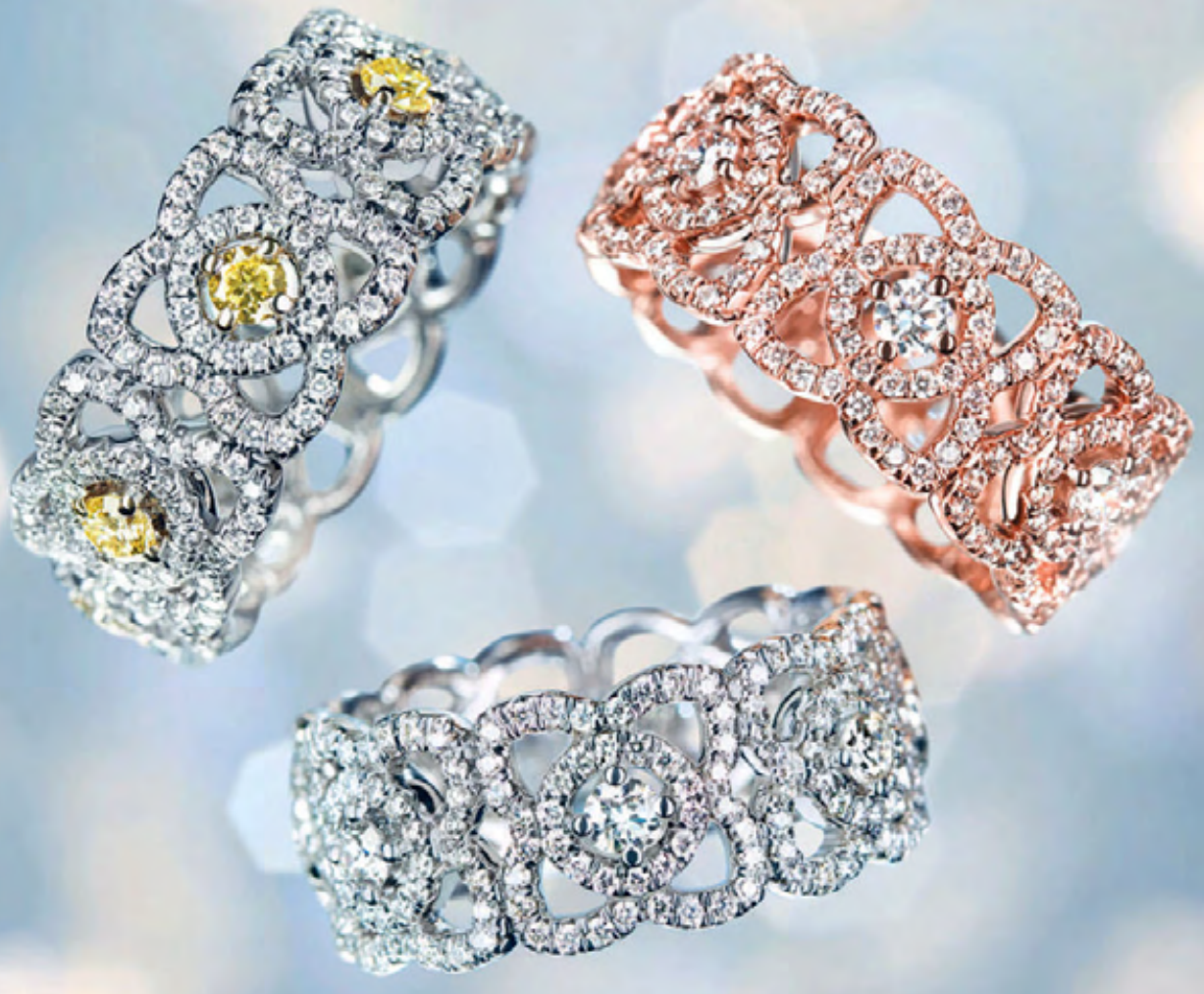

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# NOVEMBER

## EDITOR'S LETTER

Photography: Olaf Wipperfürth.

Winter is here, sweeping through the ELLE fashion cupboard like a much missed, glamorous friend. There are rails of super-luxe coats in spring-like colours (green and fawn are my personal favourites), over-the-knee boots to suit all heights and my most-loved winter buy: the leather biker jacket. We've filled this issue with a winter wish list for you – inspiration for the cooler days ahead.

So what will I be looking forward to this season? Wearing my new tweed Carven coat and the Hobbs Atelier grey wool coat that goes with everything. I'll be lusting after every high-street biker jacket and road-testing a J Brand one in pink. My trusty Rick Owens vintage jacket will make a reappearance, alongside the Topshop playsuit my nine-year-old daughter demanded I buy because 'it makes you look so much taller'. Other things to look forward to?

- Donna Tartt's new novel, *The Goldfinch*.
- Wolf Alice's new EP, *Blush*.
- Aerin Lauder's first fragrances. We are told there will be five.
- The new series of *Homeland* and *Doctor Who* (my guilty pleasure; I am also a huge *Star Trek* fan, but don't tell anyone).
- Louis Vuitton's new store in Selfridges. I have put a day aside to explore this wonderworld with its new digital technology.
- Ice skating at Somerset House. I've only used the ice skates a Canadian friend bought me once – they need some love in a cold climate.
- Surfing in the icy Atlantic Ocean for October half term with my family. I don't think there is a better cure for a hangover or a quicker way to properly wake up.
- Jogging with the ELLE Running Club in Regent's Park. We perspired our way through several summer 10k runs but we are yet to tackle a winter one. Wish us luck, especially with the Hampton Court Half Marathon in February.

See you next month,

**READ IT** Don't forget to join the feminism debate #ELLEfeminism

Lorraine

**LORRAINE CANDY** EDITOR-IN-CHIEF

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# #HOROSCOPE

discover your destiny & your month ahead

Forecast: The Saturn Sisters **Stephanie Iris Weiss** and **Sherene Schostak**
Happy birthday, Libra!

## SCORPIO

24 October – 22 November

**Your month to: Be a better version of you**

Make self-improvement your priority: the energy from the new moon on the 4th will get you started. On the 18th, the full moon will tempt you to react impulsively at work. Stay calm – don't let anything shake your confidence.

**Date for your diary: 31 Oct**

Surprise! Expect the unexpected on the 31st.

## SAGITTARIUS

23 November – 22 December

**Your month to: Socialise**

Your social life is, frankly, dazzling. There will be loads of networking opportunities and the new moon plays matchmaker for optimum friendship building. You're on a roll when it comes to romance, too. On the 18th, the full moon makes you creative *and* alluring.

**Date for your diary: 11 Oct**

Money issues may be complicated. Keep an eye on your bank balance.

## CAPRICORN

23 December – 20 January

**Your month to: Prioritise**

Striking a work-life balance is like pushing the giant Chanel show globe up a hill – difficult. But, this month, you've got to give it a go. Set work goals for the next six months around the new moon on the 4th. From the 18th onwards, your home life should get some love.

**Date for your diary: 10 Oct**

You're inspired on the 10th. Time to get creative.

## AQUARIUS

21 January – 19 February

**Your month to: Clarify, twice**

In terms of communication, it's going to be a messed-up month. Break things down – nodding and smiling won't get you anywhere. The new moon's peaceful influence (on the 4th) may lull you into a false sense of security, but the 18th brings a breakdown. Triple check everything to avoid chaos.

**Date for your diary: 15 Oct**

Make some time for romance.

## LIBRA

24 September – 23 October

**Your month to: Find balance**

Happy birthday, Libra! Now, it's time to think about what you need and want. Have a 'me' party on the 4th – you know you're great company. Be honest with your partner when the full moon arrives on the 18th. Accommodating your needs and those of others is tricky, but don't compromise.

**Date for your diary: 17 Oct**

Relationships will be tested, so avoid conflict with friends, partners and colleagues.

**READ IT**

To find out what your stars hold every day, check out elleuk.com/daily

## PISCES

20 February – 20 March

**Your month to: Cash in**

This month has 'money' written all over it. Keep an eye on your bank balance and clear debts on the 4th (when the new moon arrives). The full moon on the 18th could bring some spending, but there's also scope to make some serious cash.

**Date for your diary: 21 Oct**

Travel could be difficult on the 21st: going out is overrated anyway.

## ARIES

21 March – 20 April

**Your month to: Hatch a plan**

Partnerships, intimacy, emotional connections… Sounds intense. Work on a six-month relationship plan – the harmonising new moon (on the 4th) will help. On the 18th the full moon brings drama, but don't let it rattle you. Treat yourself to some new shoes instead.

**Date for your diary: 7 Oct**

Travel fever kicks in, and you'll really want to book a holiday.

## TAURUS

21 April – 21 May

**Your month to: Shake things up**

Wham! The new moon on the 4th works like a shot of adrenaline, kick-starting a new work and health phase. Then the full moon arrives on the 18th, charging your imagination. Write everything down – you're due a dose of genuis.

**Date for your diary: 15 Oct**

Love incoming.

## GEMINI

22 May – 21 June

**Your month to: Party**

This month is about new beginnings: get acquainted with love and desire, the new moon on the 4th brings both. The full moon (on the 18th) has plans for your social life – accept invitations and make new friends. You won't get fun advice like this just anywhere.

**Date for your diary: 21 Oct**

Communication becomes a headache after the 21st. Think before you tweet.

## CANCER

22 June – 22 July

**Your month to: Let go**

This month calls for compassion. Issues at home and work are due to reach a climax, but the new moon on the 4th gives you a restart. Once you let go, the full moon (on the 18th) will give your work a lift, too. Take note: it may be tricky to work out where your personal life ends and your professional life begins.

**Date for your diary: 22 Oct**

True romance is headed your way.

## LEO

23 July – 23 August

**Your month to: Communicate**

Revisit neglected projects and relationships. Communication is your thing this month. It may feel like chaos is looming when the full moon arrives on the 18th, and you will want to escape. That's fine, just book a getaway early in the month – messages are mixed after the 21st.

**Date for your diary: 25 Oct**

Life gets sexier. Make the most of it.

## VIRGO

24 August – 23 September

**Your month to: Play it safe *and* take risks**

Save, borrow, invest. Set financial goals around the new moon on 4th – it may sound boring, but you know we're making sense. Take a romantic risk on the 18th – the full moon is bringing sexy back.

**Dates for your diary: 29 Oct**

Communication may be challenging, but ultimately rewarding.

## BIRTHDAY CLUB

5 OCT • KATE WINSLET

Librans are true romantics

30 SEPT • MARION COTILLARD

25 SEPT • WILL SMITH

12 OCT • HUGH JACKMAN

18 OCT • FREIDA PINTO

*Hunger Games* actor Josh has the Libra symbol tattooed on his wrist

12 OCT • JOSH HUTCHERSON

27 SEPT • GWYNETH PALTROW

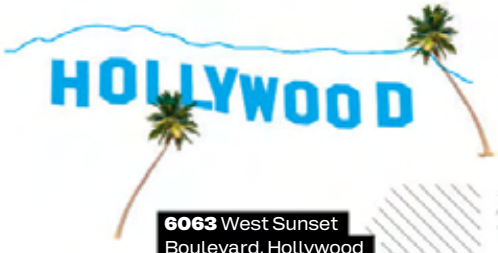
### TEAM ELLE

**LIBRAS**

A Libran's lucky colours are blue and pink – and our Production & Bookings Editor Rosie's hair has been both. As is typical of a Libra, she can also charm her way into and out of anything!

Photography: Alamy, Getty Images, Matt Lever, Moviestore/Rex Features, Wire Image.

**10** looks shot – Natalie loved her sheer black Dior dress




**6063** West Sunset Boulevard, Hollywood – the shoot location

**7:30am** call time for Contributing Fashion Editor Alison Edmond and her team

**1** Rodarte jumpsuit worn on the subscriber cover

## THE COVER BY NUMBERS

# Natalie Portman

**3** vegetable juices drunk by Natalie

**1** Repossi ring worn on the cover

**5** hours – the length of the shoot

**11** people on set

**1** shoot playlist featuring Lana Del Rey, Jessie Ware and Miike Snow

**169** Grège – the Dior lipstick used on Natalie

**1** picture taken of Natalie and photographer Kai Z Feng

**4** HUGE boxes of clothes from brands including Dior, Chloé and Stella McCartney

Compiled by: Georgia Simmonds. Photography: Alamy, Kai Z Feng, Anthea Simms.

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BLUE FOR YOU Carven's coat has the new season covered. The shape? Big is bang on. The colour? Softly does it. Bring on winter, we say

Photography: Harry Carr.

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# The making of faking

*Leopard print, teddy bear, teased mohair.* ***This season*** *is all about faking it. Fur, that is*

Wherever you stand on the fur front, it feels positive to see designers embracing the fake stuff – even if the trend was sparked not by conscience or political correctness, but simply by the look of it. From Simone Rocha's (very obviously) fake leopard prints and fuzzy, teased-mohair dresses that mimic Mongolian lambswool, to Dries Van Noten's long-haired teddy bear coat and Sacai's rough curls on the luxury canvas of a white cashmere coat, why this sudden passion for fake? Is it a desire to take the shine off luxe items, thereby making them more casual and, in turn, more throw-on cool? Is it about fashion's new penchant for blending haute with street? Or merely a new fabric phase – texture being king? Whatever your take on it, the ultimate fake-it pieces are right here.

**5** Faux-fur ear muffs, £69, Blanche in the Brambles **6** Faux-fur gilet, £65, Topshop

**1** Faux-fur coat, £790, Dries Van Noten **2** Faux-fur jacket, £230, Guess **3** Cotton and faux-fur shirt, £475, Simone Rocha **4** Poly-mix mittens, £20, River Island

**7** Faux-fur, neoprene and silk coat, £670, Alexis Barrell **8** Faux-fur scarves, £135 each, charlotte simone.com

Compiled by: Rebecca Lowthorpe. Photography: 3 Objectives, Jacques Habbah, Taylor Jewell, imaxtree.com, Matt Lever, Jason Lloyd-Evans, Anthea Simms.

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Leather bags, £1,655 each, *Mark Cross*

# High society

Exude Grace Kelly ***elegance*** with these bright, boxy bags

Compiled by **Donna Wallace** Photography **Beate Sonnenberg**

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Dress £60 Belt £10

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Dress £65 Shoes £32

* Standard delivery charge applies, UK mainland only, subject to stock and courier availability.

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SHOP BY 10PM FOR NEXT DAY DELIVERY TO HOME*

Blouse £38 Skirt £32 Shoes £30

* Standard delivery charge applies. UK mainland only, subject to stock and courier availability.

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ELLE predicts big things for Lorde

HEAR IT

# THE MUSIC THAT MADE ME

*What better way to get to know two of music's hottest new stars than through their favourite songs? Here are the lyrics that move them*

## LORDE

Aged just 16, Lorde – born Ella Yelich-O'Connor – has already made a splash on music blogs and tipsters' hit lists. No mean feat given she comes from New Zealand, a country not exactly overburdened with amazing home-grown pop stars (unless you count Crowded House's Neil Finn, which we don't). Combining the vocal otherworldliness of Lana Del Rey with the lyrical down-to-earthness of Lily Allen, Lorde has already scored an iTunes No 1 in New Zealand and a top 10 in the US with her debut EP, *The Love Club*. The Larry Clark-inspired video to her track *Royals* sealed the deal for hipsters everywhere.

*Even though I haven't seen you in years/ Yours is a funeral I'd fly to from anywhere*
**Why?** by **These Few Presidents**

'This line is pure romance.'

*This basement has a cold glow/ Though it's better than a bunch of others/ So go and dance yourself clean/ You're blowing Marxism to pieces/ Baby they're arguments, the pieces/ It's your show*
**Dance Yrself Clean** by **LCD Soundsystem**

'This song is perfectly angsty and I get the feeling [LCD frontman] James Murphy was looking around the room every night for a month and cultivating this funny, wry nastiness. I like party songs that have a weariness rather than elation, and this definitely captures that.'

*Just take a look at your body now/ There's nothing much to save/ And a bitter voice in the mirror cries/ 'Hey, Prince, you need a shave'/ Now if you can manage to get/ Your trembling fingers to behave/ Why don't you try unwrapping/ A stainless-steel razor blade?*
**Dress Rehearsal Rag** by **Leonard Cohen**

'This whole song is so good lyrically, the whole thing deserves to be reproduced in ELLE. But, in particular, these words are amazing.'

*Lungs get heavy/ People get still/ Air turns black/ Blood flows into things*
**People Get Still** by **Deptford Goth**

'This guy is a beautiful electronic singer-songwriter from the US. The lyric is simple, but it makes me want to simultaneously live for 100 years and also die tomorrow.'

> continued on page 91

## PATRICK COX FOR JIGSAW

Get in step this season with Jigsaw's first collaboration with Patrick Cox. Think sleek, sexy loafers in jet-black and ink ponyskin, as well as metallic leather. It's great when brands we love get together and this pairing makes perfect sense. Simple, classic and cool is the name of the game. The only drawback? There are just three styles – we might have to get them all.
*Prices from £186, available at jigsaw-online.com*

## MINI MEs

We blame Harper Beckham. OshKosh B'gosh dungarees and Gap babygros simply won't cut the mustard for today's 'mini mes'. Instead, only the most crucial London designers will do – roll up Sophia Webster, Preen, Charlotte Olympia and Roksanda Ilincic with their beautiful dresses and stylish sandals in miniature. For the full effect, coordinating mother-daughter dressing is fully encouraged.

Words: Johnny Davies, Jules Kosciuczyk, Emma Sells. For shopping details, see Address Book.



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## ROGER VIVIER REWORKS ITS FIRST-EVER SHOE

You would be forgiven for thinking that the coolly curved heel of the Roger Vivier Virgule shoe is a new-season creation dreamed up by Bruno Frisoni. The truth is, it's 50 years old, the first shape sketched out by Vivier when he opened his fashion house in 1963, and is named after the French word for 'comma'. Aged well, hasn't it? This season, it's been brought bang up-to-date, rendered in everything from patent leather to metallics and camo. It's also got a new 'face' – or rather, feet: **Atlanta de Cadenet Taylor**, model, DJ and rock progeny (her parents are Amanda de Cadenet and Duran Duran's John Taylor). Photographed by the buzz-generating 19-year-old, Olivia Bee, Atlanta and her new shoes flit from nightclub to dog walk to photo booth, looking effortlessly cool all the way.
*Roger Vivier, 188 Sloane Street, London SW1; rogervivier.com; prices from £485*

Chloë Howl: voice of teen angst

HEAR IT

## playlist

*'David Bowie just understands humans, doesn't he? He's amazing'*

> continued from page 89

### CHLÖE HOWL

Unabashed in song and on Twitter – 'I invited (bullied) four random Californians into coming to my show' – 18-year-old Chlöe Howl rose to prominence in late 2012 off the back of *No Strings*, a stirring ode to one-night stands that marked her out as the new voice of teen angst, a slot vacated by Kate Nash. Now signed to Columbia Records UK, huge things are expected.

*So why see the world/ When you got the beach?*
*Sweet Life* by Frank Ocean

'It irritates me when kids from a small town think there is always something better to escape to, like the grass is always greener. I'm from a small town and I don't feel like that. It's about appreciating what you've got.'

*To come and see you, honey/ I've been thinking about you, so how can you sleep?*
*Thinking About You* by Radiohead

'This succinctly summed up how I felt when I had my heart broken two years ago. How can they not toss and turn while I'm thinking about them? It was horrible at the time. I'm over it now.'

*It was cold and it rained/ So I felt like an actor*
*Five Years* by David Bowie

'Capturing that moment when so much stuff is happening to you that you almost feel like it is staged; like you're a performer in your own life. It's such a perfect lyric. David Bowie just understands humans, doesn't he? He's amazing.'

**HEAR IT**
To hear these songs in full, follow ELLEUK on Spotify today

## I SPY THE KENZO K BAG

'Fun, functional, timeless' is how Kenzo's Creative Directors, Carol Lim and Humberto Leon, define their new **'Kalifornia' bag**. It's Parisian heritage meets LA cool with the 'K' zips that run in opposite directions. The dynamic design duo love its 'deconstructed nonchalance' – and we agree. It's the Kalifornia bag all the way.
*Kenzo's Kalifornia bag costs £600. Available at Selfridges from the end of October*

Words: Johnny Davies, Jules Kosciuczyk, Emma Sells. Photography: Anthea Simms, Andrew Whitton.





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## IRVINE WELSH INTERVIEWS...

# IRVINE WELSH

*Because who else would be up to the task?*

**Your book *Filth* has been turned into a film: is it as good as *Trainspotting*?**
It is. There are probably only two or three British movies of the last 20 years that can stand comparison with *Trainspotting*. *Filth* is on that list.

**Danny Boyle directed *Trainspotting* and Jon S. Baird, *Filth*. Who is better?**
Danny is a tremendous visual stylist – actors love working with him because he makes them look cool. They love working with Jon because he gets an amazing performance out of them.

**Was it difficult to write such a despicable character as Bruce Robertson?**
Bruce isn't a despicable character in my eyes: he's a fallen, avenging angel, a spoiled idealist who is crumbling. But, yes, he was very difficult to write and taxing on personal relationships, as I lived and breathed him for a year.

**What's the weirdest thing about being a writer?**
You have a kind of 'schizoid' personality: egotistical, but then you have to see yourself as unimportant in the grand scheme of things.

**What's the best and worst thing about being a writer?**
It's pretty much all good. Even the hassles are generally mild compared to other jobs. If writing is what you're inclined towards, you just have to do it; you can't be stopped. Otherwise, it must be a hellish struggle.

**Your year of birth has been reported as between 1951 and 1963. What is it?**
Until recently, 1958 was the year on my passport. My birth certificate says 1957. Thirty years ago, when I renewed my passport, it came back a year out and I never bothered to fix it. I put the 1963 down to youthful looks, and the 1951 to being drunk and in police custody in Glasgow.

**Is all this the truth, or yet more of your nonsense?**
There's a fair chance it could be total crap, though you never quite know.

**You just said *Filth* was as good as *Trainspotting*. But honestly, which one is better?**
I think *Filth* is amazing. James McAvoy's performance is stellar.

**Is it true that in your new novel, out next spring, all the leading characters are women?**
Yes. It's a slice of steamy, tropical, lesbian noir, set in the world of fitness trainers and artists.

*Filth is in cinemas now*

*Filth*

## SO MANY NEW FILMS, SO LITTLE TIME

We've compiled your must-see list for you. Tick as you go

**A - Magic Magic** ❑
No one does crazy like Juno Temple. Remote Chilean location is suitably creepy. Plus, lovely Michael Cera in arrogant-idiot role shocker.
*Out on DVD now*

**B - Love, Marilyn** ❑
For a peek into Monroe's world through her letters, diaries and other scribblings. Actors Elizabeth Banks and Adrien Brody are among those on narration duty.
*In cinemas 15 October*

ELLE's pick
**C - How I Live Now** ☑
Saoirse Ronan is great as a feisty American hiding out in the British countryside with her cousins when a nuclear bomb hits London. Romantic, beautiful, sad. Don't forget your hankies.
*In cinemas 4 October*

**D - Ender's Game** ❑
Former child stars alert! Abigail Breslin and Hailee Steinfeld star in this futuristic sci-fi flick. (Gifted kids in space school. Geek heaven. We like.)
*In cinemas 25 October*

**E - Thor: The Dark World** ❑
Tom Hiddleston is back as bad-guy Loki. Do we need any more reasons? Oh, OK then: Chris Hemsworth and our cover star Natalie Portman (p258). Popcorn must-see.
*In cinemas 30 October*

## ELLE LOVES A MOVIE WITH A VIEW

*Rooftop Cinema, Melbourne; rooftopcinema.com.au*

**DISCOVER IT** Go to elleuk.com/travel for more holiday inspiration

Words: Anna Smith. Photography: Rex/Snap, supplied by LMK.

elle.co.uk/elleplist



MUST-READ: Tamara Mellon writes about the rise of Jimmy Choo in her memoir, *In My Shoes* (Portfolio Penguin), out now

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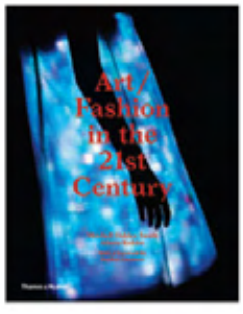
# FASHION EQUATIONS

■ 1 MONTH ■ 4 COFFEE-TABLE BIBLES RELEASED ■ THOUSANDS OF BREATHTAKING FASHION MOMENTS ■

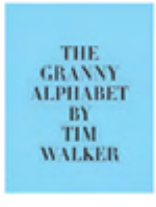
**1** legendary Italian fashion house **+ 2** talented Creative Directors (Maria Grazia Chiuri and Pierpaolo Piccioli) **+ 1** game of strip poker **+ 1** reptile **+ 71** bags and purses **+ 81** pairs of shoes (including **1 x** pair of naked Cinderella wedges) **+ 5** belts **+ 1** pair of parrot earrings **=**

**VALENTINO: OBJECTS OF COUTURE** (£50, Rizzoli – **OUT 29 OCTOBER)**



**2** creative industries (art and fashion) **+ 1** great quote by Oscar Wilde: 'One should either be a work of art or wear a work of art' **+ 1** foreword by Daphne Guinness **+ 2** Jeff Koons dresses **x 6** designers 'in conversation' **+ 4** Louis Vuitton artist collaborations **+ 1** horse **x 32** catwalk photographs **+ 1** Prada installation in the Texan desert **=**

**ART/FASHION IN THE 21ST CENTURY** (£32, Thames & Hudson – **OUT NOW)**



**1** celebrated fashion photographer, Tim Walker **+ 26** grannies (**+ another 26** brilliant granny illustrations) **+ 17** walking sticks **+ 18** bingo balls **+ 1** UFO **+ 26** witty rhymes **x 32** hats **+ 1** vivid imagination **+ 1** story about how Walker's Gamma Louie taught him the importance of luck **=**

**THE GRANNY ALPHABET** (£24.95, Thames & Hudson – **OUT 4 NOVEMBER**)

**10** years of couture **+ 1** foreword from US socialite Lee Radziwill **x 1** of New York's top photographers, Mark Shaw **+** Elizabeth Taylor in her Dior gown, hours before winning her Academy Award **+ 3** models covering their Dior from prying cameras **x hundreds** of hours of silence in which the shows took place **+ 5** models on a Parisian carousel in 1957 **+ 1** model who never spoke at all (the Sphinx-like Marie-Thérèse Walter) **=**

**DIOR GLAMOUR** (£70, Rizzoli – **OUT 15 OCTOBER)**

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Words: Alex Heminsley, Emma Love. Photography: Araki, Douglas Gordon, TruSt Fun! 'Glory Scarves' 2009, by Lyn Balzer and Anthony Perkins, © Azzedine Alaïa by Robert Kort/Groniger Museum, © Rizzoli, Anthea Simms, Tim Walker.

Good Bye Lenin!

# No More Mr Nice Guy

## ACTOR DANIEL BRÜHL IS ABOUT TO BE EVERYWHERE. YOU HEARD IT HERE FIRST

Once the go-to actor for any wholesome role, half-German, half-Spanish Daniel Brühl, 35, is about to shake off his clean-cut image. He won awards for comedy-drama *Good Bye Lenin!* in 2003, but it was a role in Tarantino's *Inglourious Basterds* that grabbed Hollywood's attention. And now, two major films are pushing him further into the limelight: Ron Howard's *Rush* sees Brühl playing Austrian racing driver Niki Lauda opposite Chris Hemsworth, while *The Fifth Estate* casts him as Daniel Domscheit-Berg, one-time cohort to Wikileaks' Julian Assange (Benedict Cumberbatch). So what's behind this sudden gear shift?

**You need to act your age.** I looked young for a long time, so I was offered parts of twentysomething boys with twentysomething problems. Once you're over 30, you think, 'I have different things going on in my head now.'

**Benedict Cumberbatch 'Sherlocked' me.** He's very British. It was fun when we first met. He told me he knew what I'd had for breakfast and that I'm left-handed. I said, 'Wow, it's a pleasure to meet you, Mr Holmes!' He replied, 'Oh God, sorry, the character sometimes takes over, I can't help it!'

The Fifth Estate

**A story about two naked men in a Porsche:** I shot a movie called *A Friend Of Mine*, in which my character and a friend drive Porsches naked. The camera was hidden, so from the outside all you could see was two naked men in cars, no crew. I'll never forget the faces of the unfortunate passers-by: kids on their motorbikes clearly thinking, 'What the hell is going on?'

A Friend Of Mine

**Stick to what you're good at.** German cinema had a renaissance in the late 1990s and early 2000s and I was very happy to be part of it. But lately the Germans are obsessed by comedy. We should know after many centuries that we're not the funniest people on the planet.

**I have recurring anxiety dreams.** Going to school was not traumatic at all, but I do have recurring dreams about the pressure and the fear of tests. My girlfriend [Felicitas Rombold] is a psychologist, so it makes her laugh. I also dream of film auditions and embarrassing meetings with directors, where I'm acting badly and talking nonsense, a bit like now!

*Rush is in cinemas now; The Fifth Estate is released 11 October*

**READ IT**
We review all the latest films on elleuk.com/celebrity

*'I dream of meetings with directors where I'm acting badly and talking nonsense'*

## THE UNDATEABLE FILES...

DESPATCHES FROM THE DATING FRONTLINE

**FROM:** LISA REICH

**TO:** ELLE

**SUBJECT:** RUNNING CAN LEAD TO TROUBLE

I had an epiphany while watching *Emmerdale*. It was that I'd never meet someone if I stayed in every night watching *Emmerdale*. I get up about 5am, and by about 6pm, I am tired; by 8pm, I'm asleep. 'You're a spinster nana,' my sister tells me.

The words 'spinster nana' make my spine go cold. So I've joined a local running club – get fit, thin and laid. My friend Gillian told me it's a brilliant way to meet men.

First run and my eyes are immediately drawn to Buzz Lightyear, a ripped hunk who looks good in Lycra. He's running with a woman who looks like Barbie. My heart sinks. Of course he is. Buzz and Barbie, perfect match; Buzz and Despicable Me, not so much.

'Good run,' he tells my red face an hour later. I'm caught in the beam of his smile, which has a strange effect on my stomach. 'Going to retox at the pub if you fancy it,' he says. 'Half an hour?' I catch Barbie's eye and she nods encouragingly. 'OK,' I say.

I shower, change and head to the pub. Dog Walker is there, smirking. Ha, he thinks I've come to see him. He stops smirking when I sit opposite Buzz, who's bought me vodka and soda, because of its low calorific value.

We have a lovely time. I don't even mind when Barbie joins us, along with another guy. I start dreaming about cosy foursomes and holidays to Croatia. 'How do you know each other?' I ask Buzz and Barbie. 'We're married,' she says. Buzz puts his hand over mine. 'But it's cool,' he says.

Dog Walker resumes smirking.

Lisa x

TO BE CONTINUED.....

@ELLEUNDATEABLE

Words: Anna Smith. Photography: Jon Gorrigan, Stefan Klüter, Rex/Snap Stills, supplied by LMK.

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# Bag a ride on that saddle

Sneak a peek at Tod's and David LaChapelle's ***Pop Touch*** project

What do you get when you cross Italian luxury-goods house Tod's with hyper-real photographer David LaChapelle? A photo-film project called *Pop Touch*, starring Tod's new Sella bag, which was inspired by a dressage saddle. Here's a behind-the-scenes look at how they did it…
*Tod's Sella bag is on sale now, from £743, at tods.com*

## LOUNGING IN LUXURY

Not content with making her mark on our underwear drawers, Rosie Huntington-Whiteley – model, actress and three-times ELLE cover star – has added sleep and loungewear to her collection for Marks & Spencer. There are 22 pieces, from so-soft-you'll-never-take-them-off cashmere pants to elegantly masculine satin pyjamas. Perfect for lounging around the house, packing for your winter break or cosying up on a long-haul flight.

**ROSIE'S FIVE LONG-HAUL ESSENTIALS**

**1.** Cashmere wrap from new sleepwear range
**2.** iPad
**3.** Crème de la Mer lip balm
**4.** A stack of magazines (including ELLE)
**5.** Sunglasses

Rosie

SEE IT FIRST

## THE SCHOOL OF COOL

Who knew that satchels could be pioneering? The Cambridge Satchel Company did, giving the humble school staple brand a makeover once again, this month with a designer collaboration and the launch of its first clutch bag. The queen of Brit punk, **Vivienne Westwood**, has stamped the iconic squiggle print from her seminal Pirate Collection across the tastemaker's favourite (from £165). The clutch is a pared-down, polished version of the satchel with a detachable strap (from £180). Snap yours up now, before everyone else does.

Words: Jules Kosciuczyk, Emma Sells. Photography: © Instagram, Richard Valencia, Tod's 'Pop Touch' by David LaChapelle.

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# Paul Smith: Design for life

*Get a first-hand insight into the life of the British designer in his new fashion exhibition*

Left: Paul Smith in his first shop in Byard Lane, Nottingham, in the 1970s

*Hello My Name Is Paul Smith* is the new exhibition at the Design Museum, giving a unique insight into one of Britain's best-loved designers. Explore his first shop, in Nottingham, which measured just three square metres, as well as his current office – both are recreated here, alongside an immersive digital room that is rich in moving imagery and witty thoughts on design narrated by the man himself. In curating the exhibition, Paul Smith was keen to focus on the event's 'down-to-earth nature'. Says the designer: 'It is not something that is typical of a fashion exhibition, but more of an exhibition that can encourage young people to think they could achieve similar things by just pacing themselves, not rushing into things and by understanding their job. I would love for everyone to come away inspired.' We have no doubt that they will.

*Hello my Name is Paul Smith is at the Design Museum, London, SE1, 15 November 2013-9 March 2014*

Above: Some of the quirky and cool props Smith uses in his shop windows

**HEAR IT** To listen to this playlist, follow ELLEUK on Spotify

## MODEL OF THE MONTH...

MING XI

**HAIR:** Simplicity with a twist on top.

**POSE:** Eye, eye: sometimes a smile just won't do.

**TOP:** Choppy choppy – did she cut her dress in half?

**SKIRT:** Directional convict.

**BAG:** Quilted to perfection. Just how we like it.

Words: Jules Kosciuczyk, Georgia Simmonds. Photography: Hyun Beon Nam.

www.isseymiyakeparfums.com

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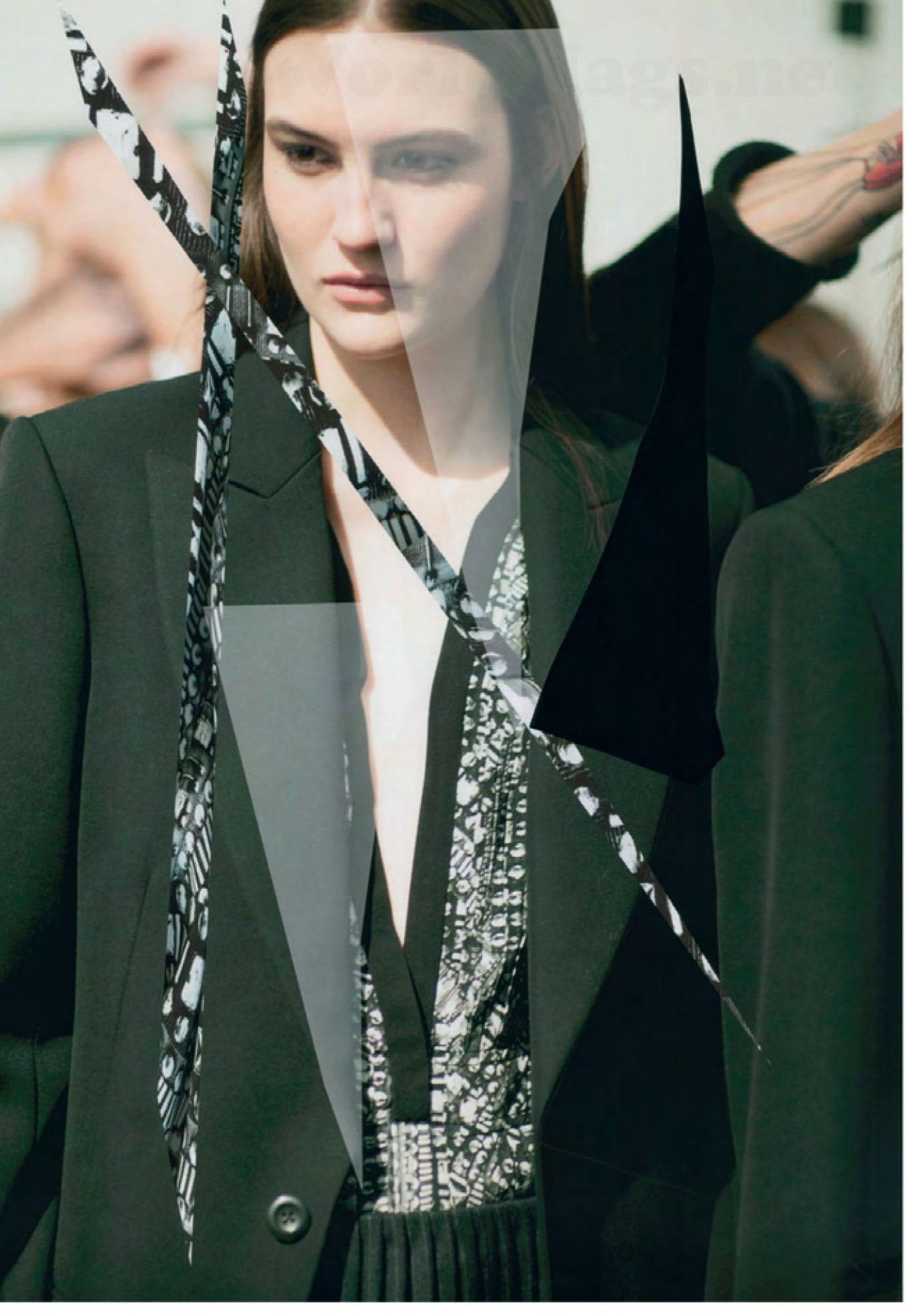

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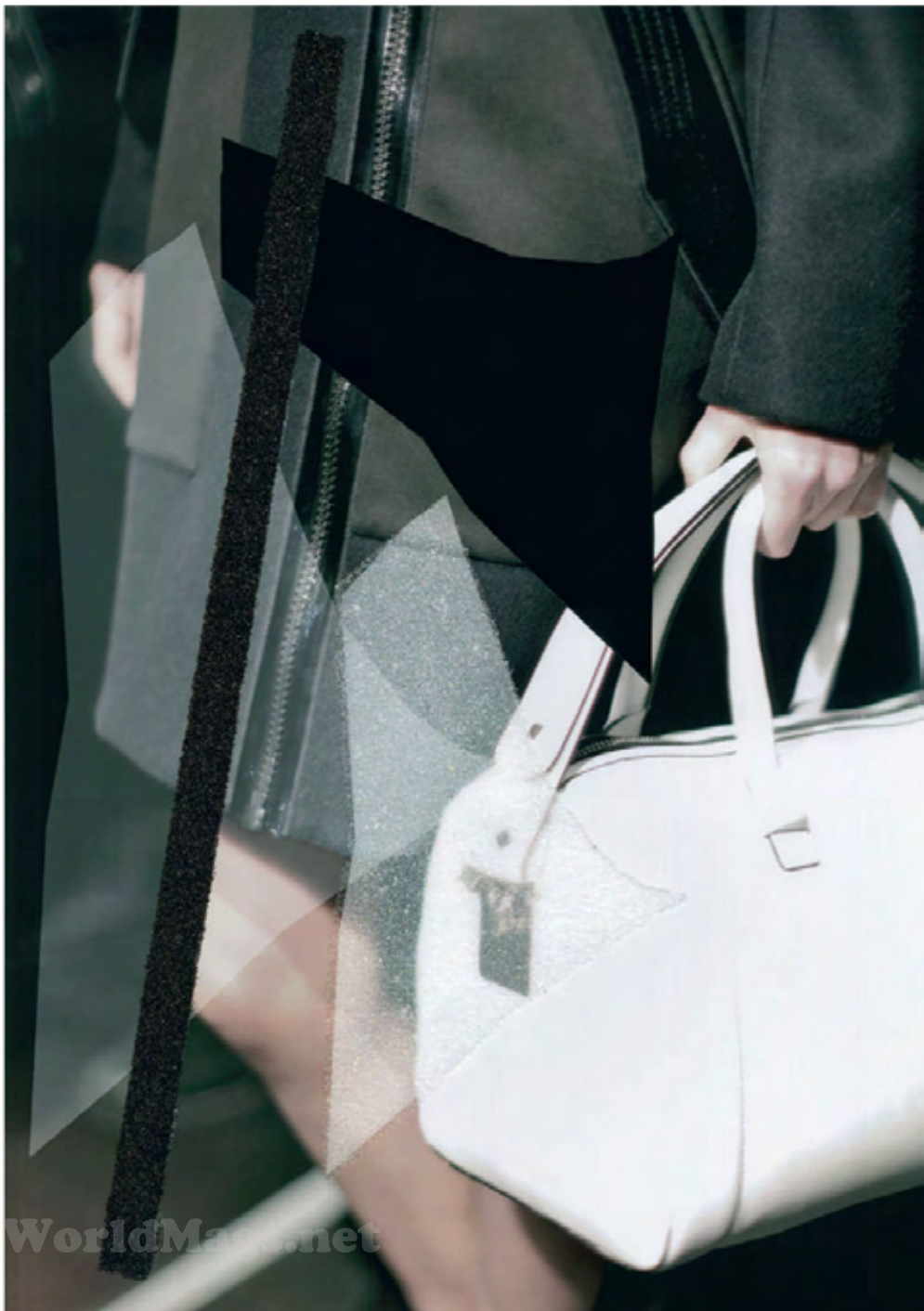

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FIVE MINUTE Q&A

# Tom Hiddleston

*Up close and personal over lunch in London, Loki never looked so good...*

Interview **Samantha Wood**

Photography: Alamy, Getty Images, Jason Hetherington, Rex/Moviesore Collection.

When he's at home, Tom Hiddleston, 32, visits this same North London cafe every day. Today, when ELLE tries to pick up the bill for his chorizo casserole, the waitress won't allow it. They *adore* this particular regular, and it's not surprising. Charming, witty and clever – plus, as the interviewer of this month's ELLE cover star (Natalie Portman, see p258), a super-talented writer to boot – the Olivier Award-winning, RADA-trained actor makes you feel like there's no one else in the room. An hour in his company wasn't nearly enough.

**How does fame feel?**
Unexceptional. I'm inspired by people who do monumental things.

**You're revisiting Loki for *Thor: The Dark World*. Is he like an old mate?**
Exactly. When you take on a new role, you build the world around the character. Loki is the unpredictable firework in the pack. I like that Loki is a trickster – God of Mischief.

**You're taking to the stage next, with *Coriolanus*. Do you prefer film or theatre?**
In film, there's an intimacy with a camera; it reads your thoughts. On stage, an audience reads body and sound. Theatre is a great arena for words. But *all* acting is being truthful in imaginary circumstances.

**Do you get stage nerves?**
I do, but the adrenalin of performing live is unrivalled.

**You've shot a film with the Muppets: a career highlight?**
I met Miss Piggy at the BAFTAs a couple of years ago. Loads of actors had been trying to sneak in a kiss. When I told her I was a fan, she planted one on me. What a woman! Kermit might have issues with it, though.

**What do you do with awards?**
Put them on my desk. I've got a little bobble hat on my Olivier Award. I was in LA making a film and I was moving house at the same time, so I gave it to my mum to look after and it came back with a knitted hat on it.

**What keeps you up at night?**
Regretting. I want to look back and think I had a good crack at it. I'm not looking forward to the machine breaking down. Hopefully, 'old' will be nice, with grandchildren – what I've always wanted.

*Thor: The Dark World, is in cinemas 30 Oct. Coriolanus is at Donmar Warehouse from 6 Dec*

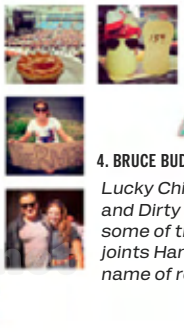
**SEE IT**
To see more ELLE men, visit our Man Of The Week galleries at ELLEUK.com/star-style

## 5 REASONS TO LOVE MUSIC BLOG, *BURGERS AND BRUCE* (BURGERSANDBRUCE.COM)

**1. THE TWO BS**
*The blog serves up some of the best burgers around the world, with a side helping of Bruce Springsteen-related music chat.*

**2. THE SHEER DEDICATION**
*Author Hannah reviews burgers in as many cities that Springsteen plays in as she can – she's seen him 14 times in two years alone.*

**3. BRUCE BLUES**
*Tips on getting over the post-gig 'Bruce Blues': make a photo memory wall, create a bespoke playlist and eat burgers.*



**4. BRUCE BUDS BURGER GUIDE**
*Lucky Chip, Elliot's Cafe and Dirty Burger are just some of the London burger joints Hannah tried in the name of research.*

**5. BRUCE APPROVES**
*Earlier this year, she met Bruce in Belfast and talked burgers with him. Her next aim? To eat a burger with him, of course.*

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# Let's get GRAPHIC

*The logo tee is a winter must-buy, but what do you wear it with? This is how we like to style it*

**COTTON SWEATSHIRT**, *£100, Brian Lichtenberg*
**LEATHER BAG**, *£220, Givenchy*
**TIP:** *A printed clutch gives the look personality. Mix and match – anything goes*

**GOLD-PLATED AND SWAROVSKI CRYSTAL EAR CUFF**, *£195, Ryan Storer*
**TIP:** *Accessorise with items that are part fancy dress, part kooky elegance (bunnies and cats are preferable)*

**ADDED EXTRAS**
**LEATHER AND NYLON TRAINERS**, *£60, New Balance*
**COTTON BAG**, *£77,*
**BRASS AND GOLD-PLATED EAR CUFF**, *£51, and* **SILVER EAR CUFF**, *£59, all Rika*

**DENIM JEANS**, *£560, Junya Watanabe*
**LEATHER SHOES**, *£695, Nicholas Kirkwood*
**TIP:** *Roll up your jeans to add a slouchy vibe*

Photography: 3 Objectives; Ekua King, Charlotte Macpherson, Silvia Olsen and Hattie Sztumpf, all at Anthea Simms.

## STREET STYLE

The graphic tee trend has grown organically from fashion blogs and model off-duty style

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**PONYSKIN JACKET,** *£825, Alexis Barrell*
**COTTON T-SHIRT,** *£84.13, Etre Cécile*
**TIP:** *Ponyskin is the texture of the moment – wear with a simple T-shirt*

**LACE HAIRBAND,** *£290, Maison Michel*
**COTTON AND NYLON BAG,** *£495, Bao Bao Issey Miyake*
**TIP:** *An Issey Miyake bag isn't just a bag, it's a fashion investment*

**ADDED EXTRAS**
**COTTON HAT,** *£80, Silver Spoon Attire*
**GOLD AND PEARL EARRING,** *£1,500, Delfina Delettrez*
**FLEECE-WOOL SCARF,** *£310, Kenzo*
**COTTON T-SHIRT,** *£100, Enfants Riches*

**WOOL-CREPE SKIRT,** *£231, Filles à Papa*
**LEATHER BOOTS,** *£635, Laurence Dacade*
**TIP:** *Add silver boots for an intergalactic look. Did someone say disco?*

Fashion: Jules Kosciuczyk. Composition: Lisa Rahman. Photography: 3 Objectives; Chris Kennedy, Ekua King, Silvia Olsen and Hattie Sztumpf, all at Anthea Simms.

## STREET STYLE

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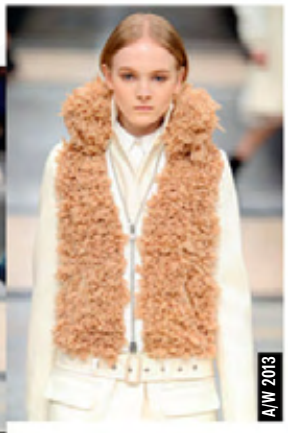


**CHECK IT OUT**
Sacai's a/w 2013 collection is full of reworked classics such as the trench and the bomber

FIRST look

The mastermind behind the label, Chitose Abe

# Sacai

## Style insiders love the cult brand's spin on classic pieces – no wonder *Sacai* has taken the fashion world by storm

Chitose Abe likes to keep fanfare to a minimum. She founded Sacai in Japan in 1999, after eight years working with Junya Watanabe in the Comme des Garçons stable, and set about building it into a cult word-of-mouth luxury label. It was a decade before she staged her first catwalk show and another two years until she opened her first store in Tokyo; in that time, she quietly added a men's line and loungewear collection to her repertoire. Every move she makes is as precisely mapped out as her patterns. She cleverly mixes contrasting fabrics and textures in a manner far too polished to be called patchwork. She also reworks classic pieces, such as a trench coat or a knitted sweater, adding an elongated hem here, a pleated insert there, until the silhouette is transformed into something unexpected, yet also unexpectedly wearable. The stand-out piece for a/w 2013 is the hybrid bomber jacket (above), part nylon, part wool, with a stand-up collar, pocketed peplum and bucketloads of cool. Be still, our beating hearts.

ELLE **FIND IT** Shop the range at Dover Street Market and Selfridges. Prices from £280-£3,000

Words: Emma Sells. Photography: 3 Objectives, Matt Lever, Anthea Simms, Shoji Uchida.



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"Bobbi's makeup makes you feel pretty and confident—like you can do anything." —Katie Holmes

Katie Holmes is Pretty Powerful wearing NEW Long-Wear Cream Shadow Stick in Violet Plum and Bark.

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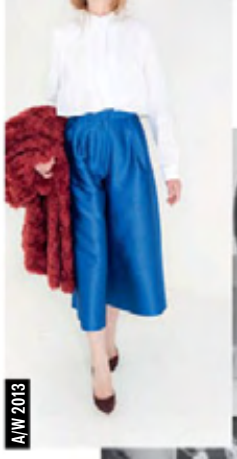


A/W 2013

Words: Emma Sells. Photography: Sophia Aerts, Kitty Riddell.

# Isa Arfen

## ITALIAN GLAMOUR MEETS BRITISH UNDERSTATEMENT

By her own admission, Serafina Sama isn't part of the London fashion gang. The studio of her label, Isa Arfen, is not in Hackney or Dalston but in the basement of her home in Bayswater – all white walls, cream carpets and carefully chosen modernist furniture. But no matter – with just two collections and one small presentation in Paris under her belt, the 31-year-old Italian is generating serious buzz.

It's the easy elegance of her collection that has us hooked. Her pieces are a more desirable, polished take on your wardrobe staples; modernist separates in luxurious fabrics intended to be layered and worn till they drop. 'There's a fantasy element to design but it's for a real woman who wants something that's flattering, that makes her feel at her best,' she says. For autumn, that's cigarette pants and cropped jackets made from denim-inspired wool, culottes, and oversized coats that 'feel like a big warm hug'.

Sama grew up in Ravenna, a small town on Italy's Adriatic Coast, and always wanted to study fashion but her parents thought it too frivolous. Instead, she moved to London aged 17 and spent two years studying architecture, but the lure of Central Saint Martins was strong. After much persuasion, her parents relented. Placements followed at Lanvin, Marc Jacobs and Marni and, after graduation, she landed a job at Chloé, under Hannah MacGibbon, who she credits with teaching her how to build a brand. Two years later, she returned to London, married her boyfriend and had a child, Ari, now three.

In 2011, she set up her label as an experiment; a few cotton dresses that she sold to family and friends. Their popularity gave her the confidence to put together a collection and she came up with an anagram of Serafina that included her grandmother's first name, Isa. Serafina designs what she wants to wear, although, 'sometimes I photograph old ladies in the street because I love the way their trench coat is falling'.

When she meets ELLE, she's wearing a short-sleeved shirt from her autumn collection, a pair of denim shorts and suede pumps that friend Charlotte Olympia made for her look book – a perfect blend of Italian va-va-voom and British cool. Serafina may be unassuming but she's as focused as her tightly-edited collections. As she puts it: 'I like having the last word.'

A/W 2013

A/W 2013

**THE ISA TOUCH**
Serafina makes clothes with real women in mind

**SEE IT**
Find out about designers to know at elleuk.com/fashion

ADD TO (DREAM) BASKET

FIRST look

# Louis Vuitton at Selfridges

## The new *luxury* pleasure dome

Are you ready to go on an incredible shopping adventure? Want to see what happens when a brand with over 150 years of heritage propels itself brilliantly into the future? Would you like to get a new perspective on one of our favourite London department stores? Yes? Well get set, because this month Louis Vuitton opens the doors to its new store in Selfridges, an extraordinary space spread vertically across three floors. It's a high-tech, high-fashion, high-powered luxury altar at which to worship all things LV. And ELLE is pretty excited.

The fashion house isn't exactly known for doing things on a small scale – this is, after all, the label that built an actual steam train that pulled into its a/w 2012 catwalk show – and the new store promises a shopping destination conceived with the same go-big-or-go-home attitude in mind. Let's begin with the lift, the centrepiece of the whole enterprise. It's a world-first: a glass elevator wrapped in a double-helix steel structure that travels through the centre of the store, spiralling as it goes, so that you get a full 360° view of your surroundings. And that's just the entrance.

The ground floor is to be transformed into an accessories wonderland, filled to bursting with all the leather goods and new-season handbags that you could ever wish to get up close to, and – thanks to everything from the legendary made-to-measure service to the Mon Monogram embossing – you can personalise them, too.

The first floor is dedicated to the men's collection, designed by Kim Jones, and the second showcases Marc Jacobs' much-coveted womenswear, all set against a backdrop of bespoke furniture and intricate sculptures made from thousands of ceramic flowers and butterflies.

Add to this the Touch Table, a futuristic digital screen table that offers up everything you've ever wanted to know about the brand and its history – as well as letting you customise some of its most iconic accessories – and you have a very unique shopping experience.

It's Louis Vuitton's coolest, most modern store yet, neatly blending the label's history with innovative technology. Selfridges and Louis Vuitton: the ultimate power couple. Did we mention we're excited?

@LOUISVUITTON

### LV IN NUMBERS

**1997** The year Marc Jacobs became the house's first Creative Director

**48** Models rode 48 carousel horses at the s/s 2012 show

**15** Flagship stores across the world

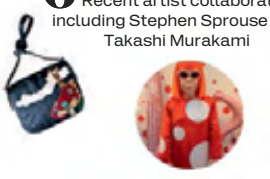
**70** French maids greeted guests arriving at the a/w 2011 show

**2** English Bull Terriers – Neville and Daisy – owned by creative director Marc Jacobs

**3** Exclusive appearances by Kate Moss on the LV catwalk since retiring from the runway

**1** Times Madonna has been the face of a Vuitton campaign (s/s 2009)

**6** Recent artist collaborations, including Stephen Sprouse and Takashi Murakami



**HIGH-TECH STORE** **3 artists commissioned** – Katsumi Hayakawa, Bunpei Kado and Barnaby Barford. **1 spiral** glass lift. **1,000s of ceramic flowers and leaves** in the walls. **1 digital 'table'** to discover all things Vuitton. **1st multi-floor space** in Selfridges. **5 personalisation services.** **Prices from £710 to £4,000**

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Words: Emma Sells, Georgia Simmonds. Photography: Advertising Archives, Alamy, Camera Press, Corbis, Film Magic, Getty Images, Rex Features, Anthea Simms, Kristin Vicari, Wire Image.



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Photography **Victoria Hill**

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## *Givenchy's model army*

'Serenity, sensuality, strength' – meet Riccardo Tisci's Givenchy Woman. From the warehouse venue to Antony Hegarty's soaring vocals, it was a perfect union of street and couture

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**Hurrah! A new *Bridget Jones* novel is out! How will her brilliant creator Helen Fielding have updated the life of our beloved Bridget?** Does she still keep a diary, even? Or does she just blog? Tweet?

The original Bridget Jones of the 1990s (diet-obsessed, boy-obsessed, worried about smoking and drinking) could not exist in the same form today.

Bridget would be 50 now. Her thirtysomething equivalents, in 2013, are more confident, more independent and determined to overcome the old sense of inadequacy. If anything, it's men who are self-doubting, nervous of women's increasing power, cursed with that endless interior monologue of, 'Am I good enough?'

If Helen Fielding were starting the saga today, I wonder if we wouldn't be looking at *Bill Jones's Diary*...

**MONDAY, 7 OCTOBER**

**12st 5lbs (I disgust myself), calories 600, girlfriends 0, shags 0**

Intermittent Fasting starts today. Seriously. Am resembling Christopher Biggins doing panto that calls for fat suit, in situation where extra-large fat suit has been ordered by mistake. Had sushi for breakfast. That is total allowance for day.

**TUESDAY, 8 OCTOBER**

**12st 5lbs (What's going on? Does this work?), calories 600, cigarettes 8**

**8am** Feeling light-headed. Not sure point of this starving if makes no difference.

**12.30pm** Saw Marsha Darcy at water cooler. Leaned against it in cool, Don Draper-type manner and drawled witty remark.

'Are you all right?' said Marsha. 'You look pale and I can't quite hear you.'

Waved arm airily to indicate I was perfectly all right, then slipped gently to floor.

Boss was just passing, all VB bodycon and heels. She gave me sympathetic (poss scornful?) look and sent me home to bed.

This does not happen to Don Draper. Nor indeed Christopher Biggins. More suavity required.

**6pm** Really feeling hungry. Don't know if meat pie cake spoon. What? Seeing spots before eyes. Should fridge I doctor? Help. Must get thin wear red trousers Christmas party. Only sushi. Had limit today already. Someone sandwich bed sleep tortoise Mum.

**WEDNESDAY, 9 OCTOBER**

**12st 5lbs, calories 14,000, bruises from previous day's fainting 3, *Game Of Thrones* episodes watched 7, plots remembered 0**

**8am** Feeling much better. Now allowed five days of eating whatever I like, woo-hoo! Kicked off with large fried breakfast.

**9.30am** Saw Marsha by lift. Made amusing, flirtatious, Roger Sterling-type comment. Marsha replied, 'I think you have a baked bean on your lip.'

**2pm** Went to Matches Menswear on lunch break. Red trousers still don't fit. Tried larger size. Looked like Peter Kay hiding behind pillar box. Ate two large sandwiches to fuel metabolism. Soon will be in correct-size trousers, resembling young Johnny Depp; legs like pipe cleaners, Marsha helpless with desire.

**FRIDAY, 11 OCTOBER**

**12st 8lbs, calories 6,000, dates 1, cocktails 2, bottles of Chablis 3, brandy 2, shags 0, *Game Of Thrones* episodes 2**

**6pm** Met up with MillieLondon from PlentyOfFishySoulmates.com. Photos not misleading! Gorgeous 23-year-old brunette! Met in Soho wine bar, drank cocktails. Had secretly booked table at Andrew Edmunds 7.30pm, as per article in magazine by Victoria Coren ('Elegant man always has restaurant booking up sleeve, is what George Clooney would do,' Coren advised).

**7.15pm** Told MillieLondon about booking. She looked v v surprised. Made face. Said prefer stay drinking in bar. Phoned and cancelled table. Restaurant annoyed. Coren is old, knows nothing. This not 18th century.

**7.45pm** Pretended going to loo, nipped next door, ate sandwich, went back. MillieLondon getting Chablis in.

**11pm** Lean in for kiss. MillieLondon says, 'You need to know I'm not looking for anything serious.'

'Course not! Course not!' I say, laughing like man not looking for anything serious. 'No strings! Young and fun! Whoo-hoo!'

MillieLondon grabs crotch. Whispers, 'Let's go back to my place.'

Feel scared. Feign headache, go home, watch *Thrones*.

**SATURDAY, 12 OCTOBER**

**12st 3lbs (it's the worry), calories 2,000, cocktails 1**

Go drinking with Jake and Shaun. They are v impressed with Intermittent Fasting news. Agree I look vast. Say I cannot be their best man unless drop 2st. I put down cocktail, order water.

J & S looking v v thin and cool. J in fabulous lime green suit, S is on uber-geek kick, NHS glasses, tank top, inspired by man from *Great British Bake Off*. Feel jealous. Filled with resolve for next week's fasting. Jake and Shaun have huge row re seating plan and honeymoon itinerary. End up kissing. Feel lonely. Wish Marsha was here.

**MONDAY, 14 OCTOBER**

**12st 5lbs, calories 100 (despite Monday bad day for eating sushi), emails sent to MillieLondon 5, replies 0**

**11am** Casually stop by Marsha's desk. Sit on corner of desk, regally, in manner of Jonathan Rhys Meyers playing Henry VIII (if Henry VIII had office scene), to reduce risk of fainting. Marsha watching *Gavin & Stacey* on YouTube.

'God, I fancy James Corden,' says Marsha. 'So confident! Look at how he fills that shellsuit!'

Feel confused.

**11.30** 'Marsha mad,' says Jake. 'She has no idea what women want. Ignore completely. Stick with plan.'

Drop sandwich in bin. Google red trousers, stare at models. Put head on desk. This is tough world.

**HAVE YOUR SAY**
Have you read the new *Bridget Jones*? Let us know what you think @ELLEUK

Photography: Stephanie Sian Smith.





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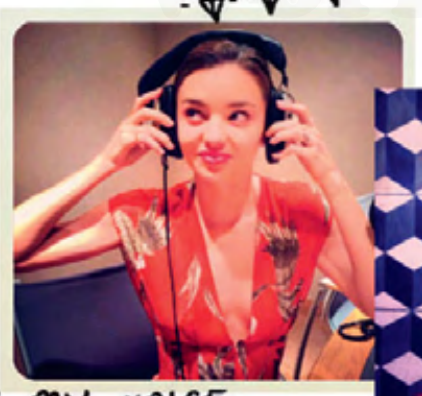

RECORDING MY VOICE FOR MY NEW SWAROVSKI COMMERCIAL

WHAT A CUTIE!

# SNAPSHOT

Supermodel Miranda Kerr shares her photogenic world with ELLE. We're not jealous. Honest

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Check out ELLE's Instagram feed at instagram.com/elleuk

TAKING 5 ON SET

BEAUTIFUL BLUE SKY IN LONDON TOWN!

love Miranda xxx

## WHAT'S ON MY KINDLE

Piers Morgan, Broadcaster
**1 - The Great Gatsby** *F. Scott Fitzgerald*
**2 - Rod: The Autobiography** *Rod Stewart*
**3 - Mistress** *James Patterson*
**4 - Conversations With Myself** *Nelson Mandela*

Eleanor Catton, Author
**1 - The Cuckoo's Calling** *Robert Galbraith*
**2 - Burial Rites** *Hannah Kent*
**3 - Mortal Fire** *Elizabeth Knox*
**4 - The Flamethrowers** *Rachel Kushner*

Fiona Leahy, Creative Event Designer
**1 - Three Plays by Mae West** Lillian Schlissel
**2 - The Country Girls** Edna O'Brien
**3 - A New Earth** Eckhart Tolle
**4 - The Beauty Detox Solution** Kimberly Snyder

Compiled by: Alex Heminsley. Photography: Claudia Janke, Getty Images. Shooting Straight, by Piers Morgan (Ebury Press), is out now.

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See the Mark Cross bag on p80

# The boring bag

*'Don't you get it?'*

*In her column, ELLE's Rebecca Lowthorpe tells us why the featureless bag is brilliant*

First, a history of my bag-buying years: **1999:** My first designer bag purchase. It is white and carries its triangle logo discreetly inside. It is Prada. I gasp at the price, and go back to the store three times before I buy it. But it is *white*. And FOUR HUNDRED POUNDS!!! A friend says, 'You'll never go back.' She was right. Now I'd been bitten by the designer-bag bug, it was terminal. To hell with rent. **2001:** Bottega Veneta massive denim bag. It is almost as big as me. Designed by a then unknown Stuart Vevers who, along with Giles Deacon (designing the clothes), is kicking up a storm at the quiet Italian brand. **2002:** Luella school satchel. It was Luella Bartley's first season showing in New York and I marked the event by buying this bag. It has lots of kitsch key rings hanging off it. I add more, including some Prada robots and a bicycle bell. **2004-2006:** Marc Jacobs Elise, YSL Muse, Mulberry Alexa, Louis Vuitton Murakami... At the height of It-bag mania, I buy at least four a season. They all have names, are generally covered in 'hardware' (ie padlocks) and are now deemed more important than clothes. Luxury-goods houses only hire designers who give good bag; and leather goods profits soar. **2007:** There's an orange box on my table. Breathless, I open it. She's a Hermès Kelly. I daren't pick her up. She's sleek black with blackened-gold hardware. She's so luxe, she's *embarrassing*. She stays under my bed for a year. 'Why don't you use that bag?' asks The German, giver of said bag, then The Perfect Boyfriend, being The Best That He Could Be. Red-faced, I say, 'She's too perfect. I'm frightened to use her. She's not like, say, the Birkin, with thicker, more user-friendly skin.' **2008:** Arrive home to find bigger orange box. Inside, a Hermès Birkin. She's perfect in every way. She goes under the bed. 'Better that way,' says The German, 'They will go up in value if you don't use them.' I start wearing both. (Hey, I didn't get a wedding; I got two bags.)

Which brings us to The Boring Bag club, of which Kelly and Birkin are founder members. OK, so they're huge status symbols – as is every haute designer bag – but not obnoxiously so, being so plain and un-shouty; their beauty is the simplicity of their design, their durability and the fact that they look even better if they've been knocked about a bit. And this is where we're at today: bags are boring and boring is good. Look at Céline! Look at Prada! Chloé! Gucci! Saint Laurent! Givenchy! And why do you think Mark Cross bags are so popular, so right for now? They're brilliantly boring! We don't need hardware dangling off our bags to feel 'armed' or 'personalised'. We don't want to feel the heat of female covetousness (well, not much). We don't use our bags as psychological artillery, to scare off less-fashionable souls. And we certainly don't want to be categorised by our bags. We reached It-bag fatigue long ago.

In these days of Fast Luxury – where throwaway logo sweatshirts do the (ironic) talking – an understated designer bag is the piece that will stand the test of time. It's probably the only thing in our wardrobes that could be considered an heirloom investment. Well, what else could you hand down? It won't be that Homies sweatshirt. Designer brands appear to be testing the laws of economics by pricing their bags higher and higher. They're out of reach for most of us, but that's where Zara, Cos and Whistles come in – right now, making the best boring bags on the high street.

Be subtle. Think discreet. And may the boring bag live on.

CÉLINE

JIL SANDER

HERMES

**READ IT**
Check out Rebecca's show reviews at elleuk.com/catwalk

Photography: Matt Lever, Silvia Olsen, Anthea Simms.



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FIRST look

7 Oh stop being so stuffy, Preen coat, haven't you heard of Christine Keeler? Let's get skimpy! Cotton-jersey leotard, £266, **Preen**

6 What do you mean the Betty Ford Center's full? OK, pass the vodka. Pearl and resin necklace, £1,855, **Lanvin**

1 Wear me with flats, preferably shiny brogues. Whatever you do, don't wear me with those platform things. Call me dramatic, but I'm just protecting my silhouette. #DRAMA Viscose dress, £1,127.50, **Peter Pilotto**

5 I'm like, totally working that high-low thing, like, totally designer-looking but, like, totally not? Vinyl leather skirt, £180, **Topshop**

2 So I said to my mate, if someone swings me round the dance floor again, I'm gonna burst. This strap isn't an invitation for you to fling me round yer head. Got it? Metal and satin bag, £35, **River Island**

4 I'm totally hip in that 'not everyone knows about me' way, but also completely wearable. So, basically, I'm a fashion genius. Autograph, anyone? Leather boots, £328, **Toga**

3 The Preen leotard wants to go out tonight, 'just us', apparently. Teeny bit outré, just she and I at the opera, don't you think? Wool and crystal coat, £2,646, **Preen**

Fashion and words **Stacey Duguid** Photography **Beate Sonnenberg**

*November (a/w 2013) What's that? You want to know how to pull off stylish, sexy and confident in one perfectly executed look? OK, I'll tell you. But this stays between you and me, OK?*

Toro Lounge Chair, £1,099, Blu Dot. For shopping details, see Address Book.

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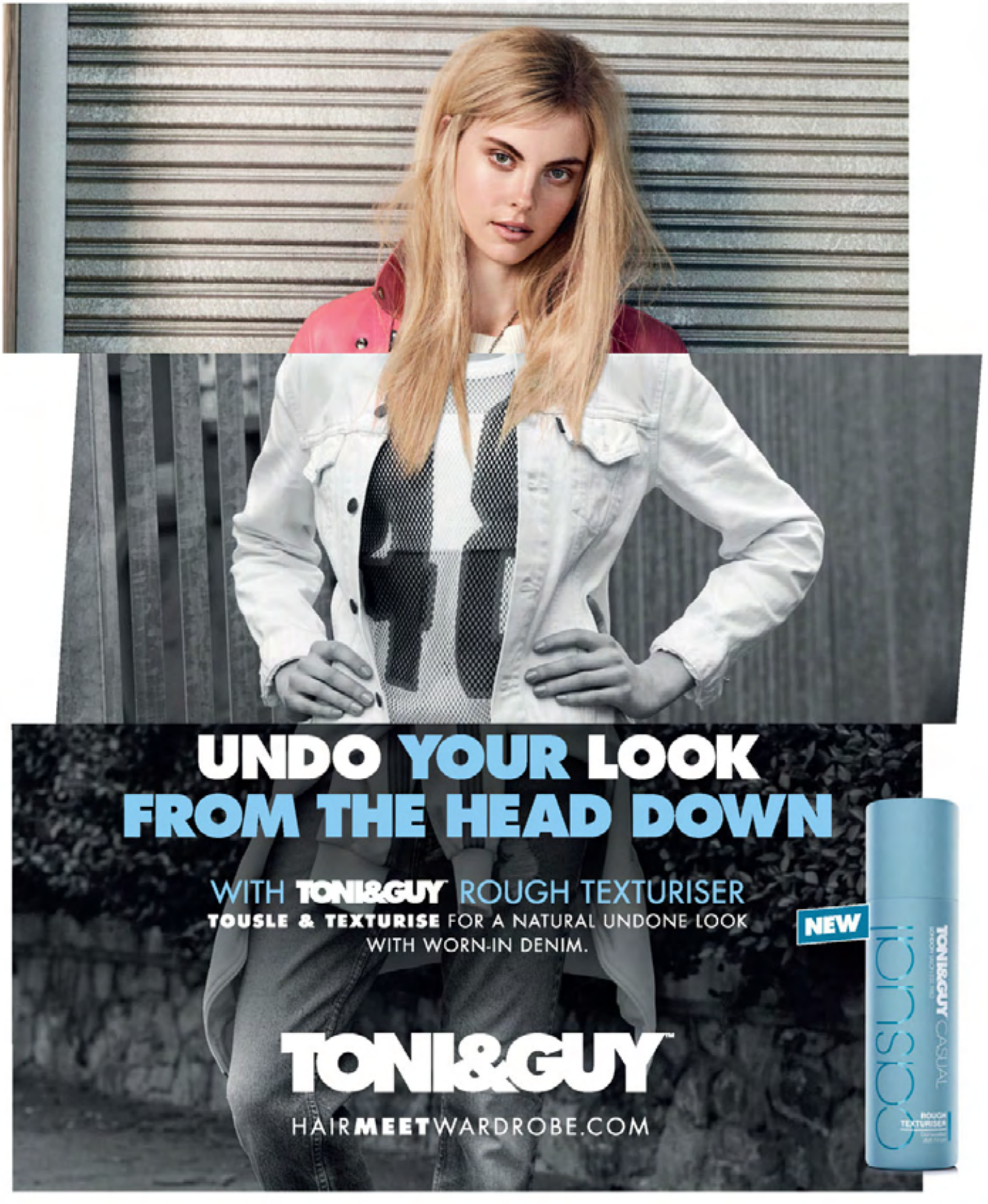


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LOUIS VUITTON

ANNE-MARIE CURTIS
FASHION DIRECTOR

# Mad about the coat

*Right now, the only thing on your shopping list should be a coat. Choosing just one is the problem*

If I were to say to you that coats are a big thing this season, I wouldn't blame you at all for giving me a funny look while muttering, 'Erm, its winter dumb-ass... of *course* coats are a big thing.' But bear with me. What I'm saying is, if you are only going to invest in one big-ticket item then make it a coat, because this season they really are – to coin a popular phrase – 'game changers' in terms of defining your look. From ladylike to grunge chic, there is an embarrassment of riches out there. This is my cream of the crop.

## MAN UP

The masculine coat is big news this season, Vuitton's interpretations being the best, in my opinion. I love the smattering of glitter trailing on the hem of this one, but that's not essential. It's all about looking for something oversized and tailored. Raiding your boyfriend's wardrobe is definitely an option for this one.

## CHECKMATE

Plaid coats are everywhere you look this season, from grunge-tastic tartans to crisp gingham checks. Céline's version, inspired by pound-shop shopping bags, is the ultimate in high-low luxe and you'll be glad to hear the high street is awash with similar versions. Team with denim for a 1980s 'Brat Pack' vibe.

## GO FOR GRUNGE

Whilst Hedi Slimane's a/w ode to grunge divided critics, I can honestly say there are more pieces I want from this collection than any other this season – this pea coat being top of the list. Depending on your height, it's either a long jacket or a short coat, but either way it's the ultimate reinvention of a perennial classic.

## HEROINE CHIC

The Lady, as reinvented by Miuccia Prada, was a vision of slightly unhinged loveliness. Think Forties femme fatale in sunglasses, coat casually slung over party-girl ensemble, oozing morning-after-the-night-before dishevelled glamour. I am currently lusting after this grey tweed number with exaggerated sleeves, but there are a zillion retro-inspired styles out there for you to choose from. Just add lipstick and heels.

PRADA

## SUPER FURRY ANIMAL

Furry textures are everywhere this season and this Dries teddy bear coat is, in my opinion, the nirvana of faux fur. Why wear real when you can have this? I love the styling here, with pyjama pants and sloppy V-neck, but really, anything goes. It's a 'throw on and go anywhere' item that will be in your wardrobe for years to come.

CÉLINE

SAINT LAURENT

DRIES VAN NOTEN

Photography: Matthew Eades, Anthea Simms. Illustrations: Anne-Marie Curtis.



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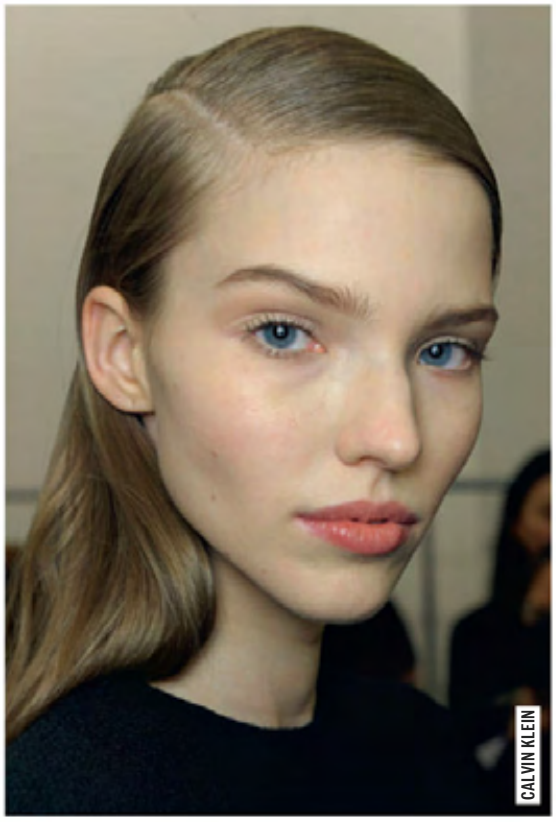

CALVIN KLEIN

# Make mine a Primer

*They're big news, but what do they actually do? Lisa Eldridge explains*

In the past few years, primers have become one of beauty's biggest buzzwords, with a never-ending stream hitting the shelves. But what are they for and when should you use them? For me, they're to create a smooth, hydrated surface ready for make-up. Moisturiser does a similar job, so if you're happy with how yours performs and how your foundation lasts, you don't *have* to use them. But if you want a specialised primer, look for one with specific skincare benefits that moisturises *and* treats, cutting down on the products you need.

TEMPERLEY LONDON

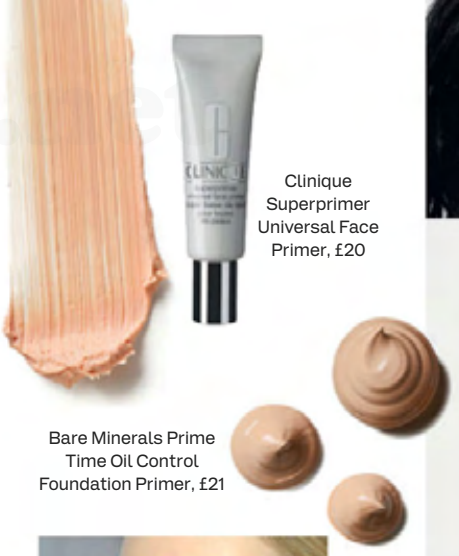
## SMOOTHING AND COLOUR CORRECTION

If you like the smoothing, silicone feel of traditional primer formulas, try Clinique's new range of Superprimer Face Primers, £20, which help fill in pores and fine lines to create a smooth surface for foundation to glide over. The six different colour variants also target different skin complaints, from dullness to discolouration and redness. Benefit The POREfessional (1), £24.50, is also good if you want a quick fix to disguise pores, or, if you want a product that will help your foundation 'stick' better, try Benefit's new Stay Flawless 15-Hour Primer (2), £24.50.

ISABEL MARANT

## MATTIFYING AND TREATING

If you have problem skin, Smashbox has added Blemish Control Primer (3), £28, to its Photo Finish range – it contains 2% salicylic acid to help control breakouts (be careful not to layer it over other acne-fighting products, or you could risk irritating your skin). My favourite primer for enlarged pores is Dr Brandt Pores No More Pore Refiner, £39, which gives a matte surface and extends the life of your foundation. A good choice when adding a primer to your regime is one with SPF. Laura Mercier has just added the Foundation Primer SPF30, £28, to its range, and Chantecaille Ultra Sun Protection SPF50 (4), £76, has a light texture so sinks into skin quickly, despite the high SPF.


Clinique Superprimer Universal Face Primer, £20

Bare Minerals Prime Time Oil Control Foundation Primer, £21

VALENTINO

## FIRMING AND RADIANCE-BOOSTING

Cult classic Clarins Beauty Flash Balm, £29, is still my favourite for adding energy to dull, tired skin – perfect for a big event.

## SILICONE-FREE

Nearly 99% of primers are silicone-based but for silicone-free options, I like Hourglass Veil Mineral Primer (5), £52 – it leaves a satin-like veil on your skin (if your skin is dry, apply moisturiser first) – and Bare Minerals Prime Time Oil Control Foundation Primer, £21, a brilliant option for hiding pores and absorbing shine.

## ALL ABOUT THE EYES

There are some fabulous formulas specifically designed for eyes. Urban Decay Eyeshadow Primer Potion, £15, is a cult classic that stops eye make-up from creasing throughout the day. I also love Nars Pro Prime Smudge Proof Eyeshadow Base, £19. Remember that the key when applying any primer is not to use too much. You don't have to spend ages massaging it in: I prefer to smooth it over skin using long strokes. And if you're using serum or moisturiser first, make sure it's absorbed before you layer on your primer. You can adapt your primer application to suit your skin, for example, just applying on your T-zone.

SCAN WITH layar **WATCH IT** Download the Layar app and scan the page to see Lisa's latest how-to video

Photography: 3 Objectives, Benoît Audureau, Matt Lever, Stephanie Sian Smith.

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[THE FASHION EDIT]

HERITAGE

Somerset
BY ALICE TEMPERLEY

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Clover cross body bag £175, zip gloves £59, two tone gloves £59, Kewstoke tan laced ankle boots £165, feather silk scarf £89, leather jacket £299, Porlock black mid boots £175, Donegal tweed waistcoat £99, high waist trousers £99, tweed jacket £199, cream frill blouse £79, Pensford suede court shoes £120. All Somerset by Alice Temperley.

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# SHOPS

ELLE

*See it › buy it › wear it*

IT'S THE BOMB
Leather and sheepskin jacket, £1,800, Acne

Fashion **Donna Wallace**
Photography **Beate Sonnenberg**

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# Shop the look

Warm, furry, soft. Like basically wearing a very stylish hug. We love

Shearling and leather coat, £650, Topshop

Shearling and leather bag, £135, Ugg Australia

Shearling and leather coat, £795, Reiss

Leather and shearling bag, £585, 3.1 Phillip Lim

Shearling bag, £490, Marc by Marc Jacobs

Calfskin and shearling boots, from £760, Chanel

Shearling hat, £150, Les Petites

Leather and shearling jacket, £1,055, Sandro

Leather and calfskin boots, £499, Marc Cain

Sheepskin ear muffs, £65, Emu Australia

**UPDATE IT**
Shop more new looks at elleuk.com/style

Sheepskin coat, £995, Jigsaw

Sheepskin boots, £800, Moncler

Shearling bag, £2,690, Fendi

LOEWE

## THE INSPIRATION

KATE MOSS

### SHEAR LUXURY

Think shearling can't look glamorous? Think again. Isabel Marant and Loewe sent models down the catwalk in shearling coats paired with leather pencil skirts and fierce footwear. So forget sacrificing warmth for style – this winter, you can have both.

MIU MIU

ISABEL MARANT

Left: Shearling is a model off-duty fave. Above and below: Make Kate Moss and Julie Christie your inspiration

Compiled by: Donna Wallace. Photography: 3 Objectives, Rex/Everett Collection, Film Magic, Silvia Olsen at Anthea Simms, Anthea Simms.

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CHANEL Leather and tweed, £1,450

RALPH LAUREN COLLECTION Leather, £1,145

GIANVITO ROSSI Suede, £875

TOM FORD Calfskin, £1,350

EMILIO PUCCI Suede, £2,288

# Such great heights

It's time to make friends with your thighs, because it's all about the ***over-the-knee boot***

Fashion **Donna Wallace** Photography **Jamie Bevan**

Catwalk photography: Anthea Simms.



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# Do it like a lady

When your backpack needs a rest, opt for ***modern elegance*** instead

H&M Faux leather, £34.99

ROKSANDA ILINCIC Wool crepe, £775

GUCCI Satin and bamboo, £1,280

DOLCE & GABBANA Python, silk and cotton, £1,800

TOPSHOP Leather, £75

Photography: Jamie Bevan. Catwalk photography: Anthea Simms.

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SAN FRANCISCO
COLLECTION BY OPI
COLOURS FROM LEFT TO RIGHT: A-PIERS TO BE TAN, DINING AL FRISCO, HAVEN'T THE FOGGIEST, PEACE & LOVE & OPI, KEEPING SUZI AT BAY, INCOGNITO IN SAUSALITO, LOST ON LOMBARD, I KNEAD SOUR-DOUGH, MUIR MUIR ON THE WALL, IN THE CABLE CAR-POOL LANE, EMBARCA-DARE YA!, FIRST DATE AT THE GOLDEN GATE, IT'S ALL SAN ANDREAS'S FAULT*, WHARF! WHARF! WHARF!*, ALCATRAZ...ROCKS*
O·P·I
www.opiuk.com
Model is wearing First Date at the Golden Gate
*Features OPI Liquid Sand™ technology
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**Far left** Wool coat, £175, Cos. Wool roll-neck, £99, Toast. Leather culottes, £450, Paper London. Calfskin shoes, £250, Whistles. Leather bag, £145, & Other Stories. Gold-plated necklace, £135, Maria Black. Yellow gold rings (on left hand), £375 and £735 (worn throughout), both Dina Kamal. Yellow gold rings (on right hand), £550 and £995, both Annoushka. Gold watch, £275, Seiko (worn throughout) **Left** Wool jumper, £65, & Other Stories. Wool trousers, £270, Acne. Leather shoes, £270, Tod's. Yellow gold ring, as before

Wear culottes with heels to lengthen legs

BURBERRY PRORSUM

# Perfect match

Claret and navy: two beautiful shades, made for each other. ***Mix up*** your textures

**Above right** Wool jumper, as before. Wool skirt, £595, Teatum Jones. Ponyskin shoes, £140, KG Kurt Geiger. Gold-plated bracelet, £254, and gold feather ring, £169, both Thomas Sabo. Leather bag, £70, Asos. Leather clutch, £239, Guess. **Right** Jacquard-silk top, £135, Whistles. Cotton-mix top, £16, Next. Metal ring (on left hand), £6, Accessorize. Navy leather bag, £195, Michael Michael Kors. Claret leather bag, £850, Anya Hindmarch. **Far right** Faux leather and wool-mix hat, £29, Accessorize. Everything else, as before

Photography: James O Roberts, Anthea Simms.

**STYLE IT**
See what Team ELLE wear to work at elleuk.com/style/what-elle-wears

CÉLINE

**Far left:** Cotton sweater, £24.95, Gap. Jacquard-silk top, as before. Leather and viscose skirt, £159, Zara. Yellow gold ring, £630, Dina Kamal. Leather bag, £190, French Connection **Left:** Leather shoes, £270, Paul Smith. Polished gold ring (on right hand), £630, Dina Kamal. Everything else, as before

Make your shirt work harder by layering it over a polo neck

**Above:** Crepe jacket, £220, The Kooples. Cotton shirt, £47, French Connection. Leather skirt, £370, Boss. Leather bag, £1,895, Burberry Prorsum. Gold-plated necklace, £135, Maria Black. Brass ring with Swarovski Elements, £240, Louis Vuitton. Gold-plated ring, £75, Maria Black **Right:** Wool and Swarovski-crystal cardigan, £495, Filles à Papa. Cotton dress, £234, MM6. Suede and leather shoes, £165, Russell & Bromley. Stainless-steel watch, £140, French Connection. Leather bag, £1,100, Miu Miu **Far right:** Jacquard-silk top, as before. Jacquard-silk trousers, £175, Whistles. Cotton-mix top, as before. Suede and leather shoes, £165, Russell & Bromley. Leather bag, £340, Coach

Photography: James O Roberts. Anthea Simms. Hair and make-up: Lindsey Poole using Bobbi Brown. Manicurist: Ama Quashie using Chanel Le Vernis in Rouge Noir and Body Excellence Hand Cream. Model: Natasha Kasatkina at Select Models. For shopping details, see Address Book.

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Photographer: Thierry Mugler

# Feminine with an unexpected twist
# Modern pink

SONIA RYKIEL
Feather and metal bag, £1,030

RIVER ISLAND
Angora hat, £18

DIOR
Leather bag, £4,800

WHISTLES
Calfhair shoes, £225

MOSCHINO CHEAP AND CHIC
Leather bag, £420

PIERRE HARDY
Suede shoes, £950

KATIE GRAND LOVES HOGAN
Ponyskin shoes, £340

URBAN OUTFITTERS
Mohair hat, £20

DOLCE & GABBANA
Velvet shoes, price on request

KATE SPADE NEW YORK
Leather bag, £330

MIU MIU
Wool bag, £1,100

FENDI
Shearling bag, £2,080

L.K. BENNETT
Leather and glitter shoes, £225

3.1 PHILLIP LIM
Acetate sunglasses, £165

CARVEN
Leather bag, £950

**STYLE IT**
See Team ELLE's most treasured accessories at elleuk.com/style

Compiled by: Donna Wallace. Photography: 3 Objectives. For shopping details, see Address Book.

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RICHARD NICOLL

**From left:** Black leather, £685, Made in Heaven. Black leather, £249.99, Superdry. Red leather, £119.99, Mango. Brown leather, £745, Les Petites. Black leather, £845, Sandro

EDITOR'S PICK

Rain or shine, this ***style classic*** never dates

# Leather bikers

Buy now, wear forever ***(and ever)***

**Below from left:** Black leather, £710, Club Monaco. Burgundy lace, £475, Marc Cain. Cream leather, £600, Diesel. Black leather, £529, Maje. Black leather, £1,200, Matchless

BELSTAFF

LOEWE

**SEE IT, SHOP IT**
Visit elleuk.com for more on-trend autumn cover-ups

Compiled by: Harriet Stewart. Photography: 3 Objectives, Anthea Simms. For shopping details, see Address Book.

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**Todd Lynn/Edition**
Coat £220

**Betty Jackson.Black**
Coat £149

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DEBENHAMS
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**drinkaware.co.uk** for the facts

*Real Belgian Chocolate &*

BAILEYS ORIGINAL IRISH CREAM

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Wool coat, as before. Cotton and silk top, £79, Cos. Silk-mix trousers, £79, & Other Stories. Patent-leather shoes, £225, L.K. Bennett. Metal bag, £19.99, and rings, £9.99 each, all Zara

A box clutch adds a touch of glamour

Wool coat, £125, Topshop. Cotton shirt, £49, Jigsaw. Denim jeans, £95, Levi's. Suede shoes, £79, Zara. Leather bag, £89, Cos

Smarten up the look with a mid-heel pump

Day

Night

# The checked coat

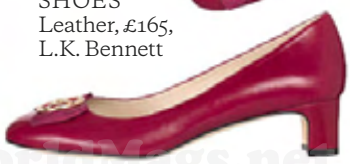
## ACCESSORISE NOW

SHOES
Suede, £235, Russell & Bromley

EARRINGS
Metal and diamanté, £12, Next

BRACELET
Metal, £8, River Island

SHOES
Leather, £165, L.K. Bennett



BAG
Faux leather, £28, Warehouse

Photography: Claire Pepper.

Offset masculine boots with a ladylike bag

Leather skirt, as before. Silk-crepe shirt, £219, Marc Cain. Faux-leather shoes, £27, Simmi. Faux-leather bag, £19.99, Zara

Leather skirt, £299, Jaeger. Angora jumper, £209, Sandro. Leather boots, £275, L.K. Bennett. Gold-plated necklace, £48, and gold-plated bracelets, £45 each, all Mona Mara. Leather bag, £155, Bimba & Lola

Day

Night

Stud detailing really works with leather

# The leather wrap skirt

## ACCESSORISE NOW

BAG
Faux leather, £34.99, H&M

NECKLACE
Gold plated, £40, Mona Mara

BOOTS
Faux leather, £34.99, H&M

BAG Leather, £35, River Island

SHOES
Velvet, £79, & Other Stories

Photography: Claire Pepper.



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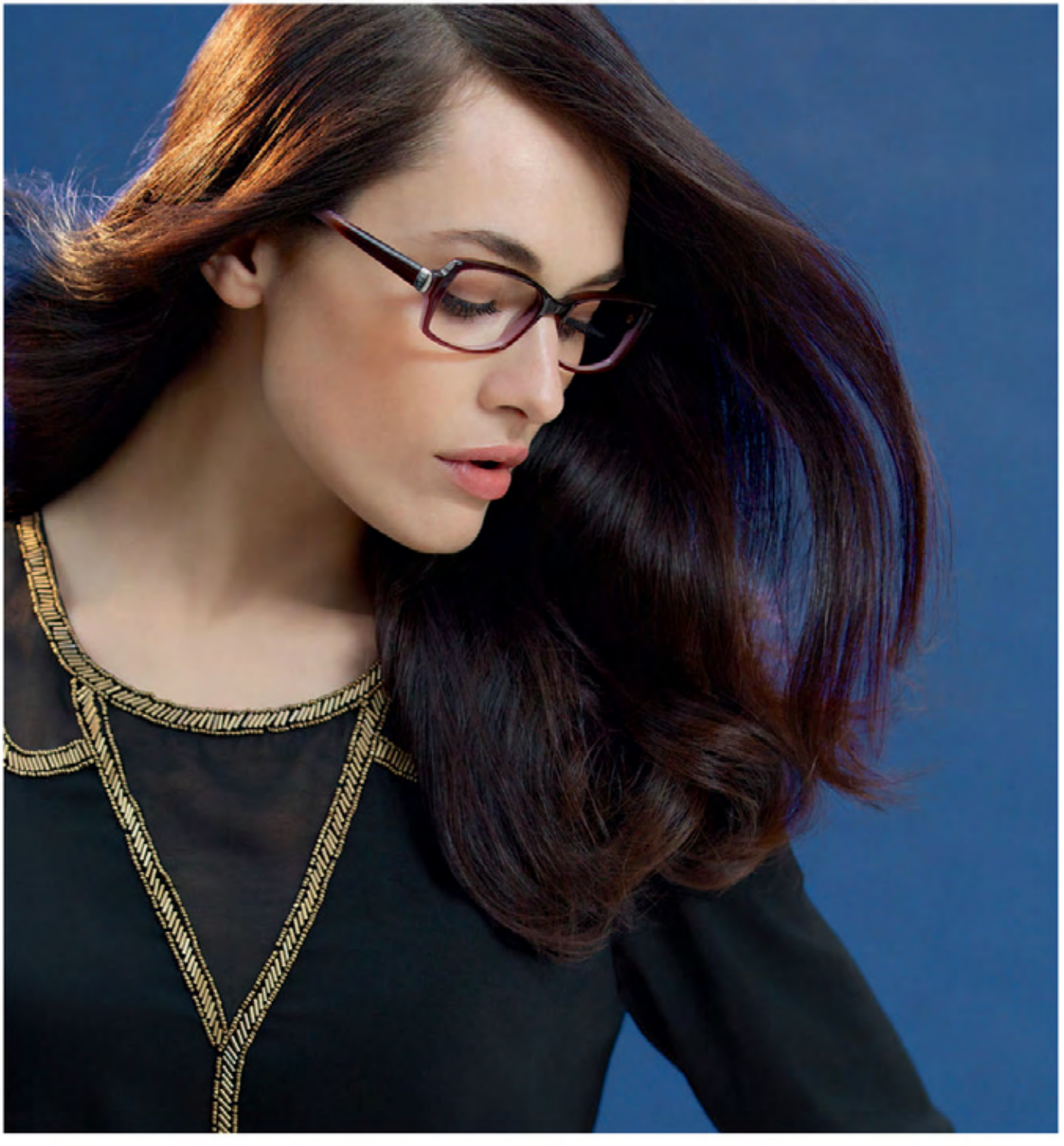

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Photography: Yara De Nicola.

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John Lennon-style shades add a boho vibe

Wool-mix trousers, as before. Cotton top, £164, Pinko. Faux-leather shoes, £29.99, Zara. Leather bag, £59.99, H&M

Wool-mix trousers, £35, Marks & Spencer. Wool-mix jumper, £39.99, Mango. Cotton-mix shirt, £26, Next. PVC boots, £35, Monki. White polycarbonate sunglasses, £55, Mr Boho

Day

Night

Peep-toes make these trousers work for evening

Photography: Claire Pepper.

# The pinstripe trousers

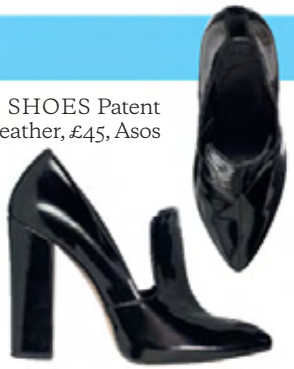
## ACCESSORISE NOW

SHOES
Leather, £115, French Sole

EARRINGS
Zinc, £3.99, H&M

BAG
Faux leather, £18, Monki

SUNGLASSES
Clear polycarbonate, £55, Mr Boho



SHOES Patent leather, £45, Asos

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Wool cardigan, as before. Sequined cotton-mix dress, £75, Asos. Patent-leather shoes, £39.99, Zara. Faux-leather bag, £29.99, H&M

Balance out a sparkly look with simple accessories

Add a/w 2013's hottest print to this neutral ensemble

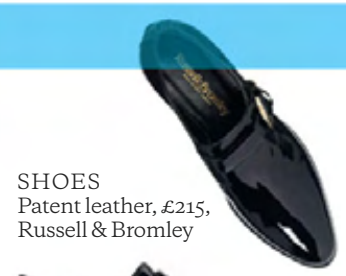
Wool cardigan, £199, Hoss. Alpaca-wool sleeveless jumper, £29.99, H&M. Cotton sleeveless shirt, £29.99, and leather bag, £69.99, both Zara. Wool-mix trousers, £79, Cos. Canvas shoes, £65, Office. Gold-plated necklace, £40, Mona Mara

Day

Night

# The oversized cardigan

## ACCESSORISE NOW



SHOES
Patent leather, £215, Russell & Bromley

GLASSES
Acetate, £180, Hardy Amies

SHOES
Suede, £40, Asos

NECKLACE
Metal and glass-mix, £29.99, Zara

BAG
Ponyskin, £80, Kurt Geiger

Photography: Claire Pepper. Styling: Esperanza de la Fuente. Hair and make-up: Sofia Bermudez. Model: Anastasia Dezhina at Storm. For shopping details, see Address Book.



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GEORGIA MAY JAGGER wears Moisture Renew Lipstick shade 360, As You Want Victoria.

# STREET

ELLE

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*See it › buy it › wear it*

*Street Style...* **Copenhagen** ELLE's love for all things Scandi knows no bounds

*Work Spy...* **Storm Model Management** It's not just the models who know how to work it

*Closet Confidential...* **Candice Lake** The street-style star on how she gets dressed

Photography: Søren Jepsen.

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*Neoprene coat, £587,* Co-te. *Silk dress, £140,* French Connection. *Leather boots, £420,* Sandro

Mathilde Søndergaard Madsen, 25, medical student

*Wool gilet, £325,* Won Hundred. *Cotton shirt, £55,* Cos. *Leather trousers, £499,* Reiss. *Leather boots, £120,* Dune. Céline *bag, Yael's own*

Yael Freifeldt, 32, owner of Freifeldt PR

Yasmin Reuben Adler Thomsen, 23, languages student

*'My style is edgy yet feminine.' Wool-mix coat, £79.99,* H&M. *Cotton and silk top, £45,* Banana Republic. *Leather and rubber trainers, £95,* Nike. *Leather bag, £95,* Brooks

Caroline Plummer, 22, English student

*Polyamide top, £85,* Whistles. *Cotton skirt, £69,* Cos. *Bag, Caroline's own*

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# DANISH DESIGNS

*See it, shop it. The girls of Copenhagen show us how to dress for unpredictable autumn days*

Styling **Harriet Stewart**
Photography **Søren Jepsen**
Maps **Russell Bell**

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Street-style star? Email us a photo at streetstyle@elleuk.com and we'll publish the best online

*'I'm going to wear this coat all winter!' Polyester-mix coat, £399,* By Malene Birger. *Silk jumpsuit, £89,* Cos. *Viscose shoes, £59.99,* Zara

Lotte Skovgaard Nielsen, 31, PR for By Malene Birger

Marie-Louise Magnussen, 26, TV journalist

*Wool coat, £325,* Ganni. *Denim dress, £110,* Bimba & Lola. *Leather and rubber trainers, £65,* Nike

Hilda Sandström, 25, stylist

*'I love oversized pieces like this dress.' Cotton dress, £270,* Acne. *Wool skirt, £32,* Next. *Leather and ponyskin bag, £90,* Kurt Geiger

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*Leather and wool jacket, £1,525,* Marc Cain. *Polyester top, £95, and silk-mix trousers, £195, both* Whistles. *Leather and wool boots, £295,* Stuart Weitzman for Russell & Bromley

Frederikke Toftsø, 25, founder of bisou.dk and blogger at fredesblog.dk (and her dog, Winston)

*Wool-mix coat, £360, and viscose shoes, £190, both* Day Birger Et Mikkelsen. *Silk trousers, £230,* Raoul

Victoria Rask Teisen, 25, PR for Day Birger Et Mikkelsen

Margot Regnier, 24, sustainable communication student

*'Details are very important when I'm choosing an outfit.' Wool-mix jacket, £135,* Cos. *Cotton-mix T-shirt, £18,* American Apparel. *Wool-mix trousers, £310,* Acne. *Nylon trainers, £95,* Nike

Cindie Hiort, 34, blogger

*Wool jacket, £79.99,* H&M. *Cotton-mix T-shirt, £16,* American Apparel. *Wool-mix skirt, £600,* Acne. *Leather sandals, £275,* Joie. *Leather bag, £89,* Cos

Photography: Søren Jepsen.



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*Faux-fur coat, £315, and ponyskin trainers, £260, both* Sandro. *Cotton jumper, £29,* Topshop. *Cotton skirt, £138,* Bimba & Lola

Anne Villadsen, 32, research nurse

**INSIDER'S GUIDE TO COPENHAGEN**

*Culture...* at **Rosenborg Castle Gardens** ● take a chilly walk in the gardens of this historic castle, then soak up art exhibitions at the **Peter Amby Gallery** ● (peteramby.com)
*Shopping...* Preview the unedited collection at **Henrik Vibskov Boutique** ● (henrikvibskovboutique.com)
*Dining...* at **Madklubben** ● friendly staff, delicious food combinations and lively atmosphere (madklubben.dk)
*Champagne and cocktails...* relax with friends over a glass of bubbly at **Balthazar** ● (balthazarcph.dk)

Rebekka Nielsen, 31, jewellery designer and founder of RebekkaRebekka

*Cotton-mix jacket, £89,* Topshop. *Cotton top, £6,* Marks & Spencer. Acne *culottes and shoes, and* Le Specs *sunglasses, all Rebekka's own*

Lauren Bowey, 29, director of thegreensuitcase.dk (and her dog, Dave)

*'My style is relaxed – I'm more often in the forest with my dog, Dave, than in the city.' Cotton-mix jumper, £16,* Next. *Polyester and viscose skirt, £50,* Topshop. *Leather sandals, £195,* Kurt Geiger

Photography: Søren Jepsen. Map: Russell Bell. Hair: Line Bille and Lasse Pedersen at Agentur CPH using Tresemmé. Make-up: Trine Skjøth and Marie Thomsen at Agentur CPH using Chanel. For shopping details, see Address Book.



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THE
STATEMENTS

# THE CABLE DRESS £22

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**Who's the boss?** The Nokia Lumia 1020 puts you in charge of your smartphone and lets you shoot like a pro

# SHOOTING FROM THE HIP

*Want more from your smartphone? With its groundbreaking new camera technology, the all-new* ***Nokia Lumia 1020*** *takes it to the next level*

Since it first launched, the Nokia Lumia Windows Phone has proven itself to be the smartest of smartphones. Not just because it looks good (that, of course, is a given), but because, when it comes to the 'extras' it performs brilliantly across the board.

Boasting professional-quality Carl Zeiss lenses and packed with features that ensure you get the best shot every time, the range has long been lauded for its market-leading cameras. But the new Nokia Lumia 1020 takes another leap forward again.

With its huge 41 megapixel sensor, the camera can capture the sharpest of images. It performs brilliantly in any light and at almost any speed, so you get the pictures you want anywhere and at any time.

And if you're looking to take your shooting skills up a notch? Nokia Pro Camera boasts simple and easy-to-use controls that let you manually adjust any number of settings. That means that whether you're out with your friends or shooting street-style for your blog you are now able to boost your creativity in any number of ways. And with reduced camera shake and Nokia Rich Recording, you can look forward to great, distortion-free video from even the busiest festival or mosh pit.

All that and the rest of the features you'd expect from your Nokia Lumia. Getting – and staying – connected has never been easier or more fun.

**THE PRO CAM** Proving the Nokia Lumia 1020 has what it takes, legendary photographers Bruce Weber and David Bailey put its camera to the test in NYC this summer. See what they thought at conversations.nokia.com

## FIND OUT MORE

Bringing the smartphone firmly into focus, discover it all at **nokia.co.uk/lumia1020**. Get involved or follow **@Nokia_UK**

## NOKIA LUMIA 1020: IN BRIEF

**Clarity** – The 41MP camera sensor works with a high-precision lens to capture ultra-sharp images.
**Zoom** – High resolution zoom means no loss in picture quality when picking out the details in an image.
**Control** – Nokia Pro Camera's easy navigation puts you in creative control.
**Sound** – Enjoy distortion-free stereo audio, even in the loudest setting.
**Music** – Free mix streaming with Nokia Music.
**Maps** – Offline global maps with the Here suite.
**MS Office** – Access to the full suite lets you work on the go.

## COMING UP

With the new Nokia Lumia 1020 in your hands pro-quality shots aren't just the preserve of the Baileys and Webers of this world. Next month, ELLE Nokia intern Johanna Pikver reports from the frontline of London Fashion Weekend. And, you guessed it, all her images will be shot on the Nokia Lumia 1020. Save the date.

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# SPY
## GLASGOW

*Scotland's art and music hub does laid-back style*

**ELLE loves:** understated casual outfits

Laura (above) wears: **Forever 21** *jacket*, **Cos** *top*, **H&M** *trousers*, **Ray-Ban** *sunglasses*, **Burberry** *bag*. Top left: **Zara** *jacket and scarf*, **Cos** *T-shirt*, **J Brand** *jeans*, **Prada** *bag*

**ELLE loves:** pared-down accessories

Nicole (right) wears: **Topshop** *top*, **Zara** *trousers*, **Vans** *shoes*, **River Island** *sunglasses* Above (middle row): *Vintage cardigan*, **Zara** *T-shirt*, **Rag & Bone** *jeans*, **Céline** *bag*. Above (top centre): **Miss Selfridge** *jacket*, **Topshop** *shirt*, **Asos** *skirt*

**ELLE loves:** patterned jackets

Helen (top right) wears: **Warehouse** *jacket and jumpsuit*, **Persol** *sunglasses*, **Viktorija Agne** *necklace*, **Vivienne Westwood** *bag*. Above: **Zara** *jacket and shirt*, **Topshop** *jeans*, **LunaBluandCo** *bag*. Above (middle row): **H&M** *jacket*, **Cos** *dress*. Above (top): **Topshop** *jeans and shoes*

**INSIDER ~ GLASGOW**

**Eating at...** **Arisaig Restaurant** 4 Scottish cuisine and whisky at this relaxed eaterie (arisaigrestaurant.co.uk) **Music at...** **Mono Café Bar** 5 Glasgow's music scene hub (monocafebar.com) **Shopping...** **Mr Ben Retro Clothing** 7 Full of vintage treasures (mrbenretroclothing.com)

Compiled by: Bertie Darrell, Fern Ross. Map: Russell Bell. Photography: Igor Termenón.

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Eilidh Williamson, Art Intern (left) wears: Jacket, Whistles. T-shirt, Topshop. Necklace, Urban Outfitters

'This cotton biker is a great lightweight jacket for autumn.'

Natalie Wansbrough-Jones, Senior Fashion Editor (left) wears: Jacket, Balenciaga at Matches. Shirt, Band Of Outsiders. Trousers, Joseph. Shoes, Laurence Dacade. Sunglasses, Oliver Peoples

# SPY

TEAM ELLE

ELLE HQ

## *The biker jacket: timeless and iconic. We can't live without it*

Lorraine Candy, Editor-in-Chief (left) wears: Jacket, J Brand. Jumper, Cos. Jeans, Donna Ida. Sunglasses, Linda Farrow. Donna Wallace, Accessories Editor (right) wears: Jacket, & Other Stories. Shirt, vintage. Jeans, Acne. Bag, 3.1 Phillip Lim

Photography: Stephanie Sian Smith.

'The ultimate trans-seasonal piece'

Miette L. Johnson, Art Director (right) wears: Jacket, Muubaa. Top, Urban Outfitters. Jeans, Zara. Shoes, Converse. Sunglasses, Calvin Klein

Emma Sells, Fashion Features Writer (above) wears: Jacket, Sandro. Shirt, Topshop. Trousers, Zara. Fern Ross, Production Editor (left) wears: Jacket, Iro. T-shirt, Cos. Necklaces, presents

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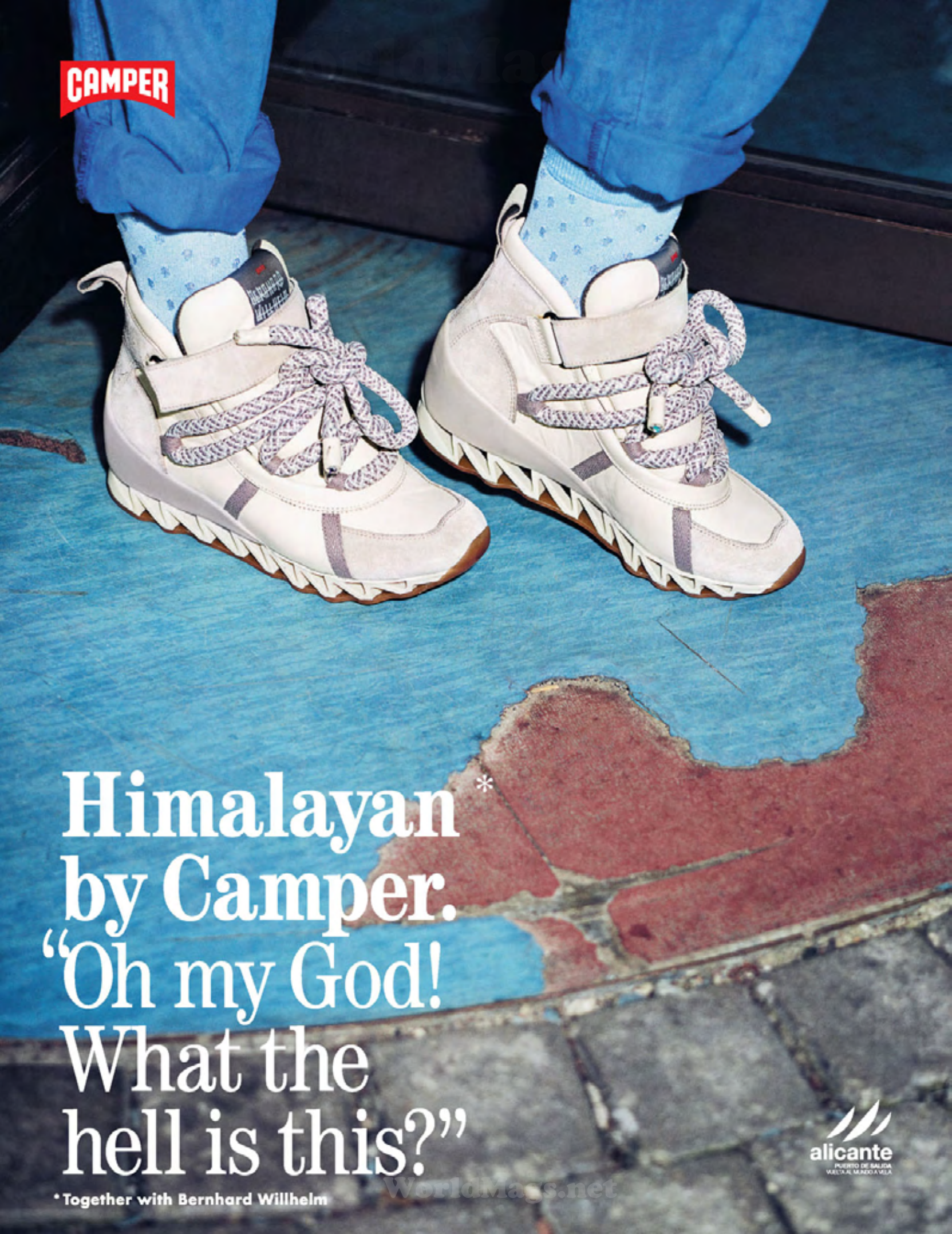

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*The game-changing holiday-season pieces to buy now*

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SOPHIE BERESINER, BEAUTY DIRECTOR

**PLUS** Check out the all-new Benefit store on Carnaby Street, London W1, open now

Photography: Benoît Audureau, Jan Welters.

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New

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Clearasil's Daily Clear Superfruits, with raspberry and cranberry extracts, contains antioxidants and Vitamin B3 for healthier looking skin every day.

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# WORK SPY

**STORM MODEL MANAGEMENT~ CHELSEA ~ LONDON**

*What other people wear to work. This month: Storm Model Management*

**Jac Waters**, Graphic Designer and Social Media Coordinator *T-shirt*, **Asos**. *Vintage jeans. Sandals*, **Zara**. *Necklace*, **Lulu Frost**

**Maddison Brudenell**, Model *Jacket*, **Day Birger Et Mikkelsen**. *Vest*, **Topshop**. *Vintage shorts. Necklaces*, **India Hicks**. *Vintage rings. Rucksack*, **Supreme**

JAC WATERS

*'I would always rather be underdressed'*

**Marina Fairfax**, Women's Agent *Top and jeans, both* **Cos**. *Sandals*, **Zara**. *Bag*, **Comme de Garçons**. *Rings*, **Marla Black** *and* **Bulgari** ›

MARINA FAIRFAX
'I love the quirky details and cool new designers at Opening Ceremony – it's my shop of choice'

WORK SPY LONDON

Photography: Victoria Adamson.

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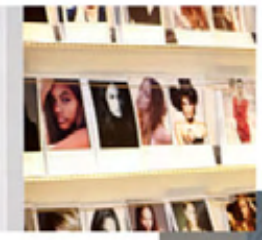
**Amma Amihyia**, New Faces Agent
*T-shirt and skirt, both* **Cos**. *Vintage earrings. Watch,* **Michael Kors**. *Bracelets,* **Tiffany** *and* **Monica Vinader**. *Rings,* **Ram** ›

‹ **Sarah Doukas**, MD Storm Model Management
*Dress,* **Clu**. *Vintage jewellery*

**Evangeline Ling**, Model
*Playsuit,* **Topshop** ›



**Chelsea Price**, New Faces Agent and Model Scout
*Jacket,* **Whistles**. *Dress,* **Honeydew**. *Vintage necklace. Watch,* **Asos**. *Bracelets,* **Low Luv**. *Rings,* **Catbird**

NOELLE DOUKAS
'High heels are my weakness – being next to models all day means I can't live without them!'

CHELSEA PRICE

*'I live in low-key staples, like my leather biker jacket, when I'm out scouting'*

**Noelle Doukas**, Women's Agent
*Dress,* **Gap**. *Sandals,* **Sergio Rossi**. *Jewellery,* **Monica Vinader**, **Swarovski** *and* **Ram**. *Bag,* **Mulberry**. *Watch,* **DKNY**

Compiled by: Jules Kosciuczyk. Photography: Victoria Adamson.

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Above: Lake's much-loved pink Temperley coat. Below: Bold bags are a trademark

# CLOSET *confidential*

## CANDICE LAKE

*Model-turned-street-style photographer Candice Lake has a love of bright, sculptural pieces – in her home and her wardrobe*

Can Candice Lake – model-turned-street-style photographer and blogger – really live *here*, under a damp, dingy Victorian railway arch in this sketchy patch of South London? She appears at the door, her willowy, blonde elegance cutting through the gloom, and beckons me into a light, spacious, ultra-modern house, all curved walls and glass. You wouldn't bet against seeing it in an episode of *Grand Designs*. At his laptop in the corner is the architect, Lake's husband and fellow Australian, Didier Ryan.

Lake's wardrobe certainly has the wow factor, too. 'Big and bright is what I do,' she says cheerfully. The bedroom floor is knee-deep in bold and beautiful things: a floaty, green Alberta Ferretti dress that she ran down the beach in on holiday in Big Sur; a striking red Bec & Bridge jumpsuit; a wild pink, shaggy Temperley London coat; and dinky box bags by New York designer Emm Kuo among them.

But Lake wasn't always so style savvy. 'I knew nothing about fashion until I became a model.' She was spotted by an agent as a 19-year-old law student in Sydney and, thrilled at the prospect of seeing the world, promptly

Lake on her eclectic style: 'I only buy things that move me'

Candice recommends: 1. Parlour X, Sydney (parlourx.com.au) 'A boutique with an amazing selection of local and international designers. My first stop in Sydney.'



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From shoes to lipstick, Lake's signature look is bold and super stylish

51 RED LIPSTICKS

37 PAIRS OF SUNGLASSES

22 JACKETS

160 ART & PHOTOGRAPHY BOOKS

17 DIFFERENT TYPES OF TEA

15 OLD CAMERAS

65 ALBERTA FERRETTI DRESSES

8 MAISON MICHEL HATS

dropped out of university and moved to Milan. Her parents were less thrilled, but need not have worried: Lake enjoyed great success, walking for Chanel and Fendi and being shot by Steven Meisel for a Versace campaign. It was this experience that led to fashion career number two: 'I saw that photo of me on the side of the bus. He'd shot me in five frames but the finished image was amazing. It was the moment I decided I wanted to be a photographer. I'd hit a high in my career; I didn't want to reach 30 and have no qualifications.'

She returned to Sydney, did a degree in fine art and photography, and ended up in London, setting up a blog to showcase her snaps of stylish friends – and a street-style star was born.

'London girls are my favourite to shoot – they're so creative,' she says. But what does she think about the backlash against street style, led by Suzy Menkes of *The New York Times* – the notion that it's become an unwelcome distraction at the shows? That it is a parade of 'peacocks', who care more for free designer gifts than fashion for fashion's sake? 'Street-style subjects have become stars because they're fabulous. People say street style is dead, but it's not. My readers are still hugely inspired by it – what was closed off is now accessible.'

Being on the frontline of street style has encouraged Lake to experiment with her own look: 'Clothes bring so much joy. I think that's why I love going out so much – I love getting dressed up.' When it comes to wardrobe basics, her daytime look is a pair of Helmut Lang leather trousers and a white J.Crew T-shirt, but she admits she doesn't give enough thought to staple items. However, she has recently discovered Zara at Heathrow: 'I always go in and buy *loads*. It's my new ritual.' You see, designs don't always have to be so grand after all.

2. Comptoir de l'Image, Paris (144 rue de Sévigné, Paris) 'When I first stumbled upon this Marais bookshop, I stayed all day: it's the perfect place to get lost for hours.'

Words: Kerry Potter. Photography: Claudia Janke. Hair and make-up: Lindsey Poole.

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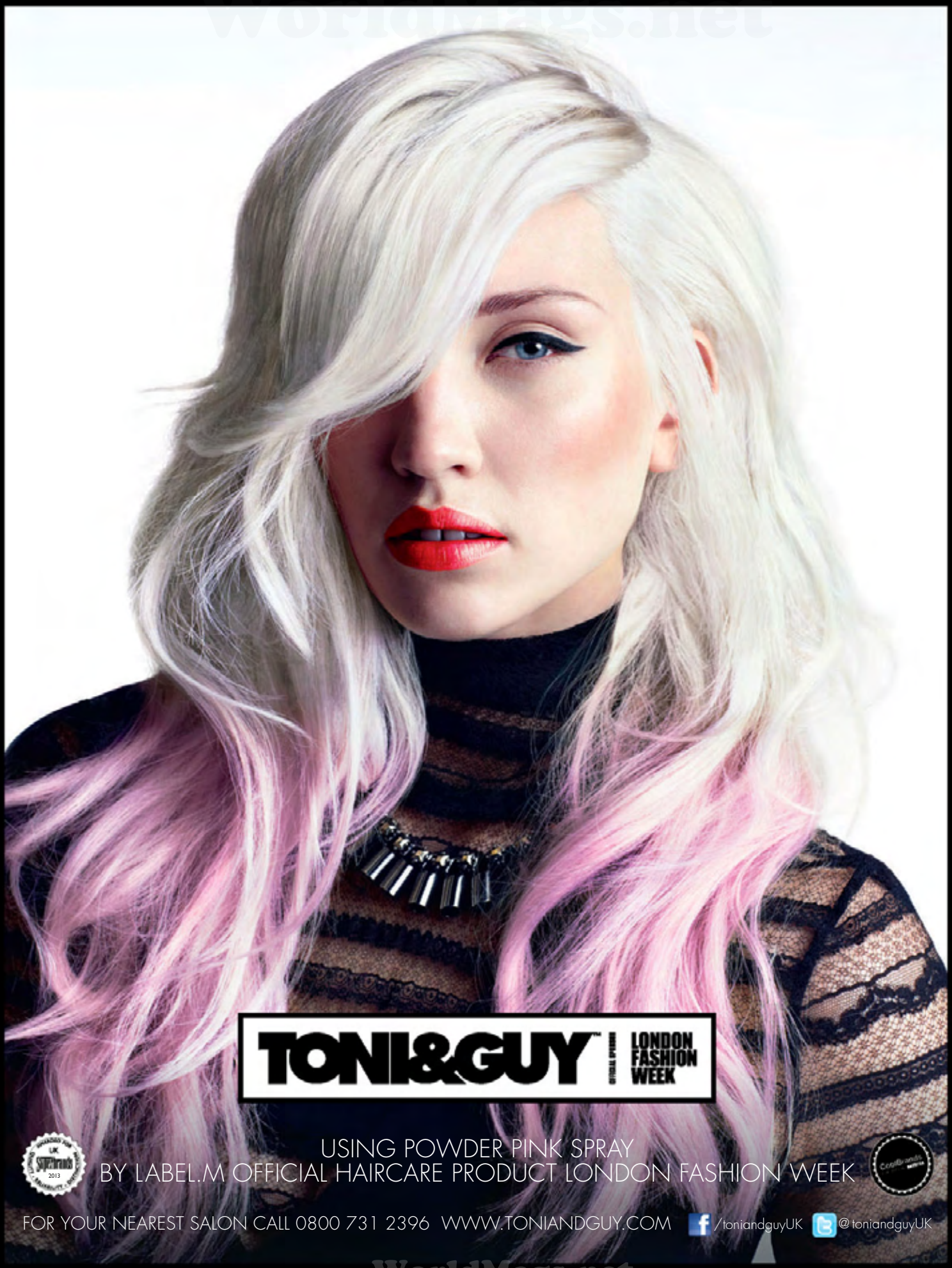


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# REBRANDING FEMINISM

ELLE INSPIRE

**FEMINISM**: What does it mean to you? Is it relevant to your life? What do you need, and expect, from it? And perhaps most important of all, do you even care about it? If the answer to the final question is 'No' (and for many women, I fear it may be) then I'm concerned. Which is why **WE'VE ASKED LEADING FEMINIST THINKERS TO SHOW YOU WHY FEMINISM STILL MATTERS.** We asked these feminists to 'rebrand' the movement with the help of award-winning advertising agencies. 'Tell us what it should stand for in 2013,' we asked. So they did. Now it's your turn. Read it and tell me what you think of their feminist ad campaigns. For me, feminism is as personal as it is political: it's about having **CHOICE AND EQUALITY** and about my opinion **BEING HEARD** alongside a man's in a comparable situation (and being paid the same salary for doing the same job). It's not anti-feminine or exclusive or elitist. It's about being allowed to be the best *you* can be. Mostly, it's about us being happy we're not being discriminated against – at work, home or in society. Debate is the key and I hope this sparks one – **ENGAGE IN THE CAMPAIGN** that speaks to you most on the following pages and visit elleuk.com, where I will be hosting the conversation on my blog. Tweet us and make your voice heard ›

**Lorraine Candy,** ELLE Editor-in-Chief
@LORRAINEELLE

#ELLEFEMINISM

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**CLIENT** FEMINIST TIMES – Membership-based magazine, campaign group and website feministtimes.com
Editor, Charlotte Raven

@FEMINIST_TIMES

**AGENCY** MOTHER – Mother agency began in 1996 around a kitchen table, set up by three people who shared the washing-up. Today, it has offices in London, New York and Buenos Aires, with clients including IKEA, Boots, Amnesty International and Coca-Cola. Mother aims to create ideas that are embraced by popular culture, and was recently named Campaign magazine's Agency of the Decade.

## MANIFESTO

**FEMINIST TIMES** is aimed at ordinary women, not just the politically committed. We want to reach the widest possible audience without compromising the integrity of our message: that **FEMINISM IS NOT ONE EASY IDEA**, it's a process you go through, a pattern of being critical, a practice of imagination and a **FEARLESSNESS OF CHANGE**. These are the primary reasons we made the decision to have no advertising in Feminist Times – our free-to-access website and magazine is instead funded by a members' organisation. Equality and fair pay is written into Feminist Times' DNA, so we were delighted when Mother pitched us an ad about the pay gap, and even more pleased that they wanted to promote a discussion of pay differentials. This is a pressing issue. Yet it is just the tip of a very large iceberg. Our ethos is all about humanity, empathy and compassion. Feminist Times doesn't judge our readers or hold them responsible for the ills of society. **WE ARE CREATING A FREE SPACE** where people can speak uncomfortable truths.

## THE CONCEPT

**BRITISH WOMEN EARN 15% LESS** than their male colleagues, on average, and current trends suggest this gap is unlikely to close until 2057. Yet while women know there is a pay disparity, we don't know what to do about it. We don't talk about our **SALARIES.** We want to offer women a simple challenge to make them think about the **PAY GAP** and how it affects them. **IF HE DOES THE SAME JOB, ASK HIM HIS SALARY.** It's something every woman can do. Once you know the answer, **YOU CAN ACT.** ›

## OVER TO YOU...

**Challenge the uncomfortable truth about pay inequality at makethempay.co.uk and tweet us your support**

#MAKETHEMPAY @ELLEUK

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# IF HE DOES THE SAME JOB ASK HIM HIS SALARY

On average British women earn 15% less than their male colleagues.

That pay gap is unlikely to close until 2057.

Let's get more demanding.

Let's close it sooner.

**makethempay.co.uk**

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**CLIENT** JINAN YOUNIS, 18 – Feminist campaigner and founder of her school FemSoc

@JINAN_YOUNIS

**AGENCY** BRAVE – Brave is an agency that aims to make advertising not feel like advertising. It loves 'challenger' brands and champions the underdog. This is an agency that embraces innovation and rejects the path of least resistance. It has helped a long list of client partners since launching in 1998, from Ecover and John Frieda, to Panasonic and Farrow & Ball.

## MANIFESTO

**I WAS 17 WHEN I FIRST IDENTIFIED AS A FEMINIST.** On my walk home from school, I began to face wolf-whistles and sexual comments on a daily basis. A group of men in their 30s once threw coffee over me, calling me a 'whore'. My experiences were by no means unique. In my seven years at an all-girls school, **I SAW THAT ALL YOUNG WOMEN FACE THE SAME PRESSURES**. Friends were coerced into sexual acts, followed home by strangers and groped in clubs. Yet there was no space in school to discuss these issues, or the importance of consent, self-worth and positive body image, **SO I SET UP A FEMINIST SOCIETY** to create that space. For that, I was called a 'feminist bitch' and sent intimidating messages online. I've heard women say that feminism is no longer relevant, but if a girl can still be humiliated and intimidated for simply expressing her views, we have a long way to go. I am feminist because I want a world free from harassment, abuse and sexual pressure. I want men to work with, rather than against, us. **I'M A FEMINIST – ARE YOU?**

## THE CONCEPT

**WHEN ASKED 'ARE YOU A FEMINIST?'** in recent survey, six out of seven women said no. Feminism, for many, feels too extreme. So we want to make it feel relevant to everyone, using a visually striking flow diagram. Being a feminist is not about age – a message that seemed especially important for Jinan – **OR RACE OR EVEN GENDER,** it's about **BEING HUMAN.** Women and girls are still discriminated against, sexually harassed and unfairly treated. That needs to change. ›

## OVER TO YOU...

**We want to hear your answer to the question, 'Are you a feminist?' We hope it will be yes – tell us why on Twitter**

#FEMINISMFOREVERYONE @ELLEUK

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# Are you a FEMINIST?

IS IT TIME TO THINK AGAIN?

NO

YES

WHY NOT?

I'M A MAN

IT'S PRETTY EXTREME THAT £10,060 IS STILL THE AVERAGE PAY GAP BETWEEN MEN & WOMEN

I DON'T KNOW

FEMINISM IS TOO EXTREME

AGREE

IT'S ALSO FAIRLY EXTREME THAT ONLY 1 IN 4 MEMBERS OF PARLIAMENT ARE WOMEN...

AGREE

ONLY 1 IN 7 WOMEN IDENTIFY AS FEMINISTS...

WHICH IS POSSIBLY BECAUSE 6 IN 7 DON'T KNOW WHY FEMINISM IS RELEVANT IN 2013

"YOUR MILITANT VAGINA IS DRY AS THE SAHARA DESERT"

TWEETING THIS AT ANYONE, LET ALONE A 16-YEAR-OLD GIRL, IS HORRIFYING

AGREE

IS IT ACCEPTABLE THAT LAST YEAR 400K BRITISH WOMEN WERE SEXUALLY ASSAULTED & 70,000 WOMEN RAPED?

NO

IT'S NOT OK

IT'S OK THAT WE LIVE IN A SOCIETY WHERE ONE OF THE BIGGEST INSULTS IN SCHOOLS IS CALLING SOMEONE 'A GIRL'

When you put it down on paper, being a feminist is actually pretty simple. It's not about race, age or gender. It's not extreme. Feminism is the 'radical' belief that women are people.

**FEMINISM FOR EVERYONE**

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**CLIENT** VAGENDA – Feminist (and funny) website vagendamag.blogspot.com
Co-founders Holly Baxter, 24, and Rhiannon Lucy Cosslett, 26

@VAGENDAMAGAZINE

**AGENCY** WIEDEN+KENNEDY – Founded in 1982, Wieden+Kennedy London focuses on creating strong, provocative relationships between companies and their customers. Headquartered in Portland, Oregon, the global group has an impressive client list that includes Nike, Levi's, Honda and Coca-Cola.

## MANIFESTO

**THE VAGENDA BLOG WAS BORNE OUT OF FRUSTRATION** at the way women are portrayed in – and expected to conform to – stupid and outdated stereotypes. Our response to this sexist idiocy was to point and laugh. You have to laugh, otherwise you'd cry. **WE'VE ALWAYS CONSIDERED OURSELVES FEMINISTS,** but the term has an image problem – so many women still see feminism as separatist or man-hating, but really it's just about equality. As many feminists have said before us: If it's not happening to the guys, or the guys aren't doing it, then it's probably sexist. But we also believe in the freedom to be yourself without bullshit box-ticking. **FEMINISM IS NOT A CLUB** that you need a special password to join. It doesn't mean you're anti-feminine, or that you can't enjoy fashion or wear lipstick. It's about being treated as a whole person – how you accessorise that is up to you. So this campaign is a huge 'Screw you!' to those who believe that what you are is small enough to fit in a shoe box. **IT IS A DECLARATION OF INDEPENDENCE.**

## THE CONCEPT

Doesn't it feel like women are always getting put into **STUPID LITTLE BOXES?** So often we're treated as a special interest group when, last time we checked, we account for 50% of the population. There are no rules we need to adhere to, and no stereotype that defines us. So if we're here to rebrand feminism, let's start by **LETTING EACH INDIVIDUAL DEFINE HERSELF.** We want to know what stereotypes you are smashing. Show us what a real feminist **LOOKS LIKE, LOVES AND DOES.** ›

## OVER TO YOU...

**Rip out the opposite page, write on it a statement about yourself that smashes stereotypes, take a photo, and tweet it to**

#IMAWOMANAND @ELLEUK

Compiled by: Collette Lyons, Georgia Simmonds, Hannah Swerling.

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TEAR HERE

# I'M A WOMAN AND...

Tear out this page and fill it in. Then tweet your photo @elleuk and tag it #iamawomanand.

I JUST WANT SEX

I DON'T WANT KIDS

I HAVE A PHD

I'M IN THE ARMY

MY PARTNER IS 10 YEARS YOUNGER

MY LEGS ARE HAIRY

I LOVE MY BODY

I'M IN PRISON

I'M A CONSERVATIVE

I'M A FULLY QUALIFIED PLUMBER

I DRESS LIKE MY GRANDPA

I DRIVE FASTER THAN YOU

I RUN ULTRAMARATHONS

I HATE WEARING MAKE UP

I'M SINGLE BY CHOICE

I ONLY EVER WEAR TRAINERS

I CAN DRINK YOU UNDER THE TABLE

I KICK ASS

I TAME LIONS

#imawomanand @elleuk

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# SOD THE STEREOTYPES

I'M NOT AN APPLE SHAPE NOR A PEAR,
OR EVEN A BUTTERNUT SQUASH.
I AM NOT A GIRL NEXT DOOR
OR A FIFTIES HOUSEWIFE,
OR A TEMPTRESS OR A WHORE.
NOT A BIMBO OR A 'CAREER WOMAN'
OR A BITCH OR A SLUT OR A SLAG.
NOT A 'WOMAN ON THE VERGE'
WHO NEEDS TO 'CALM DOWN DEAR'.
I'M NOT A PRINCESS
OR A WOMB-IN-WAITING,
OR TRYING TO 'HAVE IT ALL'.
I'M NOT A LADY OR A TRAMP (OR A VAMP),
OR A BIT OF ANYTHING
(ALRIGHT OR ON THE SIDE),
I'M NOT A YUMMY MUMMY
OR A MISTRESS, STRUMPET
OR 'THINKING MAN'S CRUMPET'.
I'M A WOMAN AND...
...THE REST IS UP TO YOU.

#imawomanand @elleuk

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# THE BOY DONE GOOD

Photography **Jeff Hahn**

*The Hunger Games* is about to break Sam Claflin into the big league. So, asks Kerry Potter, why is he still making his own tea?

During a break in his ELLE shoot, Sam Claflin – Hollywood's newest crush, charismatic in an electric blue McQueen suit – wanders into the studio's messy kitchen to make himself a cup of tea. He politely bats away offers from the ELLE team to do it for him. No surprises there: earlier, Claflin had told me how – affable Englishman that he is – he struggles with the fact that his new-found status means people fall over themselves to assist him. 'I feel very strange about sending people off to do things for me,' he says, with a sheepish smile. 'People say, "But it's my job to make you coffee." But I've got two hands. I can make my own, just as I don't need someone to hold an umbrella over me when it's raining.'

But this moment doesn't go according to the script. Claflin picks up a mug and then stops in his tracks as he notices the legend emblazoned across it: 'I heart MYSELF'. He erupts into laughter, all pillowy lips and perfect teeth, and declares, 'I am *not* using that one!'

If Sam Claflin *does* heart himself, he disguises it very well. Especially for an actor who, this month, stars in the biggest Hollywood franchise since *Twilight*. He plays Finnick Odair in *The Hunger Games: Catching Fire*, the second to be adapted from Suzanne Collins' wildly popular trilogy of fantasy novels, which has sold a total 50 million copies in the US alone. ›

**WATCH IT**
See Sam talking about *The Hunger Games: Catching Fire* at elleuk.com

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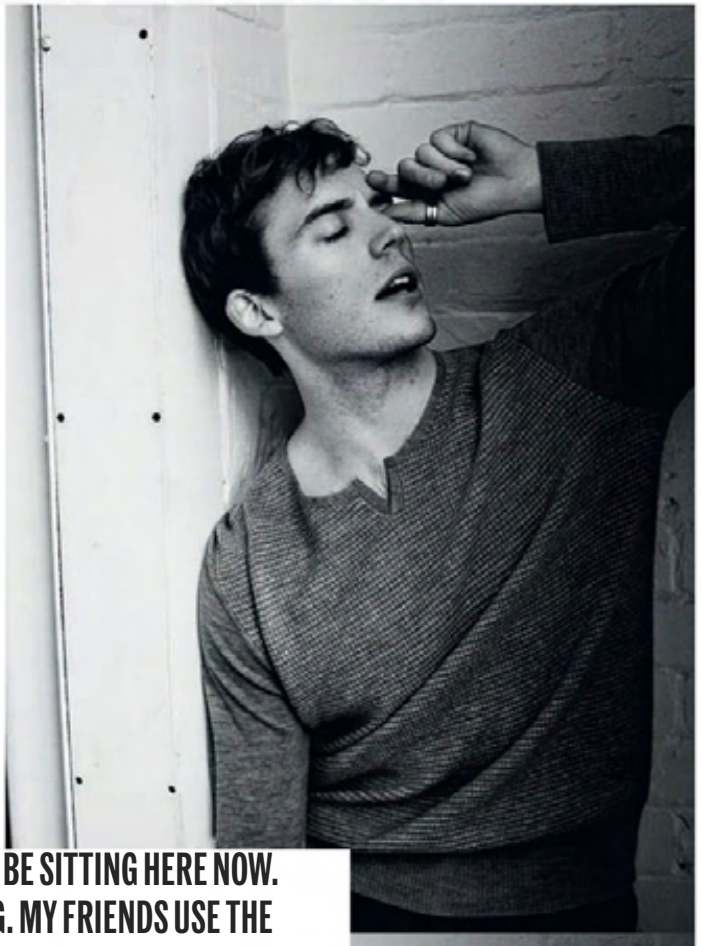


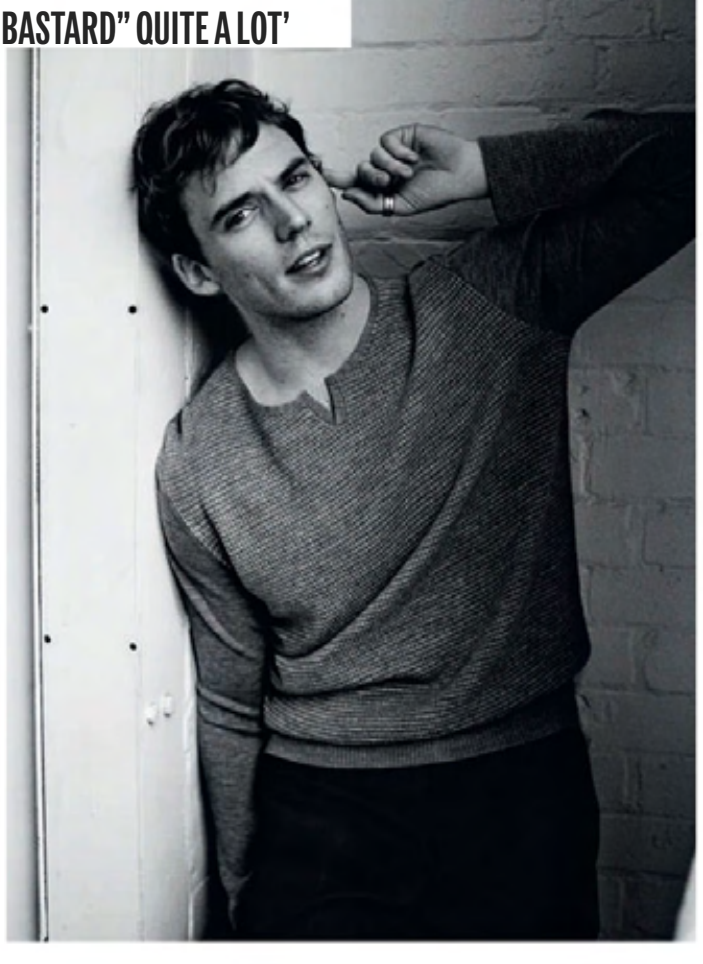
The first film came out in early 2012, catapulting indie actress Jennifer Lawrence into the global spotlight, thanks to her turn as bow-and-arrow wielding heroine Katniss Everdeen. A precis for the unconverted (where have you *been*?): the story is set in Panem, a near-future dystopia. The masses live in 12 districts; poor, starving and repressed by the authorities in the Capitol. As punishment for a past uprising, every year the Capitol forces each district to field two 'tributes' to take part in the televised Hunger Games. It's basically reality TV gone mental: the children fight to the death in an arena, and the winner is the last one left alive. In the first film, Katniss and her fellow District 12 tribute, Peeta (Josh Hutcherson), subvert the rules to be crowned joint victors. In the second (out next month), they're forced to take part again, and one of their competitors is Claflin's lean, mean, fighting machine Finnick.

In the book, Katniss describes Finnick thus: 'An amazing physical specimen. One of the most stunning, sensuous people on the planet.' Sam Claflin wriggles awkwardly in his chair. 'Ha, yeah, miscast!' he grins. This was the complaint from certain sectors of the *Hunger Games*' fans, who took issue with Claflin's casting; he wasn't manly enough, muscular enough, bronzed enough. 'I saw people's reactions and some were harsh. Not to the point where I'm going to kill myself but I thought, "I'm sorry I'm not *your* Finnick. Trust me, when I read the book, I didn't see me as Finnick either!"' he smiles. 'I don't think I'm that attractive. I remember sitting waiting for the audition, reading the breakdown of the character: 6ft, tanned, toned. I felt very out of shape; I had stubble, long brown hair and was very pale. This other kid walked in who looked like Brad Pitt in *Thelma & Louise*: the muscles, blond hair, a vest. I thought, I am *not* going to get this part.' But looks aren't everything and Claflin aced it. 'He's a very complex character and you have to be able to portray the vulnerabilities as well as the charm and charisma. There was something I did with the acting part of it that they liked,' he says, with a shrug.

**'I NEVER THOUGHT I'D BE SITTING HERE NOW. IT'S VERY SURPRISING. MY FRIENDS USE THE PHRASE "YOU JAMMY BASTARD" QUITE A LOT'**

It's astonishing that the 27-year-old man sitting before me isn't considered handsome enough – either by himself or others. He is, frankly, lovely. He's tall, trim, broad of shoulder and strong of arm, having maintained much of his Finnick fitness. He's quietly stylish, too, in slim AllSaints black chinos and a grey Oliver Spencer jumper. He's gregarious and laughs easily. And he has every reason to smile – just four years ago he was fresh out of drama school, traipsing to endless auditions but getting nowhere. 'I never thought I'd be sitting here now,' he says. 'It's very surprising. My friends use the phrase "you jammy bastard" quite a lot.'

Jammy he may be, but Claflin is a grafter too – you don't get the kind of roles he's landing now without being one. When you come from neither well-connected thespian stock nor money, you can't afford to be a dilettante. He was raised in Norwich, one of four brothers; his father was an accountant, his mother, a teaching assistant. He went to the local comp, where football was his life, and he was so good that playing professionally was on the cards. A broken ankle at 15 put paid to that and so, bored in his plaster cast, he joined the school drama club. 'I enjoyed anything that meant I didn't have to read or write,' he says. Winning a school talent contest spurred him on and he joined a local youth theatre company. ›



Photography: Jeff Hahn at The Book Agency.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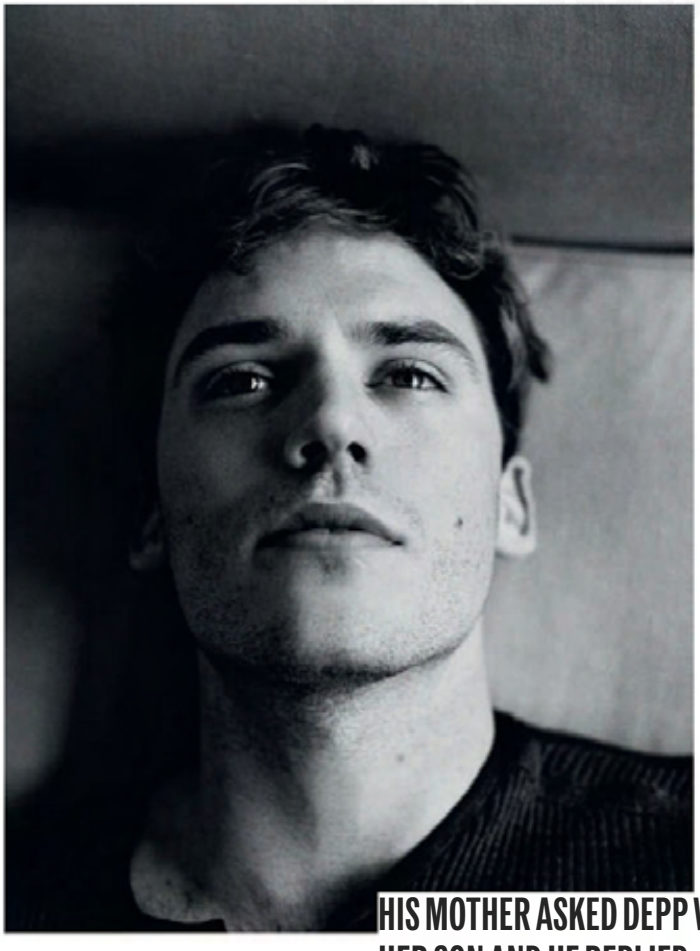

'Seeing the older guys in the company moving to London and going to drama school, I just knew that's what I wanted to do.'

He duly won a place at LAMDA, but always had one eye on his bank balance: 'I worked all through drama school. My parents helped me out where they could, but I've always had to make my own living and have a good idea about what path I wanted to take.'

His easy charm has served him well: those who've worked with him want to do so again. His first job, six months after leaving drama school, was in historical TV mini-series, *The Pillars Of The Earth*. 'That opened so many doors for me,' he says. 'On the last day of filming, the producers offered me my second job, a TV film called *The Lost Future*. Then we had a reunion for *Pillars* and [co-star] Matthew Macfadyen said he'd put my name forward for Channel 4 drama *Any Human Heart*, to play a younger version of himself. Then *Pirates Of The Caribbean* came up (he played the role of Philip Swift, a missionary) and they said, "We've just cast Ian McShane." I said, "Oh I've just worked with Ian on *Pillars*," and they said, "We know, and he speaks very highly of you..."'

That was the big one for Claflin – and meant he didn't have to spend several years meandering along doing bit parts in *EastEnders* or *Casualty*, as is the rite of passage for many young British actors. Suddenly, the boy from Norwich was Hollywood bound.

And so he became the kind of person who can start sentences with the phrase, 'Johnny Depp said to me...' His *Pirates* co-star introduced himself to Claflin's parents when they visited the set. His mother asked Depp what advice he could give her son and he replied, 'Never forget who you are or where you came from.' It struck a chord: 'I could never change. My friends and family wouldn't allow me to.' Next, Claflin starred opposite Kristen Stewart in *Snow White & The Huntsman*, playing William, Snow White's childhood friend. During filming, he got a bird's-eye view of the downside of fame: 'Kristen, bless her heart, is the most looked-at person of anyone I've worked with. She felt she had to hide herself away. I feel sorry for her, knowing how she and Rob [Pattinson] must've had to live.'

**HIS MOTHER ASKED DEPP WHAT ADVICE HE COULD GIVE HER SON AND HE REPLIED, 'NEVER FORGET WHO YOU ARE OR WHERE YOU CAME FROM.' IT STRUCK A CHORD**

Speaking of Pattinson, how does Claflin feel about that comparison? The actor has enjoyed – or perhaps that should be endured – the heartthrob status that came with playing Edward Cullen in the *Twilight* films, and Claflin's turn as Finnick Odair looks set to propel him into the same orbit. Claflin is circumspect: 'He's a better actor! I don't know what to expect. I'm open to change but I don't want to sound too expectant.' He says that his wife, actress Laura Haddock – the gorgeous one in *The Inbetweeners Movie* – who he married earlier this year, has more perspective on his career: 'She has bigger hopes for me as an actor, she can see what's happening in my life. She said, "Are you sure you want to get married? There are going to be all these girls who'll go mental." I said, "Of course I do!" I didn't get involved in *Hunger Games* to become famous, I did it because I enjoyed the first film and the actors it attracted.'

Claflin's post-*Hunger Games* release will be *The Quiet Ones*, a supernatural horror flick. Just last night, he finished shooting *Love, Rosie* – an adaptation of a Cecelia Ahern novel – in Dublin, and today, in London, he begins work on *Posh*, a movie adaptation of the play about a group of over-privileged Oxford students. With such an itinerant lifestyle, how does he sustain his relationship with 27-year-old Haddock? They live together in West London, but he's rarely home. 'It's difficult to go more than a few weeks without seeing each other. The longest we've gone is a month and that was really tough,' he says. 'Every time I come home to London, she's a distraction – I want to drink wine and eat good food when I'm with her. But we Skype a lot. Our relationship started on Skype so it's always been that way.'

He met her at an audition and was overjoyed to discover they shared the same agent. He was less overjoyed when that agent told him she had a boyfriend. That evening, he had a night out with friends and took the first Tube home at 5am. When he arrived at his stop, the doors opened and there she was on the platform. Like a real-life *Sliding Doors*. They began chatting on Facebook, her boyfriend slid by the wayside and after a few months had their first 'date' – via Skype, him in LA, her in Scotland. 'It was her birthday, so we both bought champagne. We spoke for eight hours straight.'

A few weeks later, he persuaded her to fly out to LA to see him, met her at the airport, kissed her and that was that. Three years on, and he's still truly, madly, deeply in love. 'Meeting Laura has blown me off my feet. It's fresh, it keeps me on my toes. We spend a lot of time missing each other, which is a nice feeling. And she's understanding because we both work in the same industry. If we made plans for this weekend and then I had to go to LA to meet Steven Spielberg, she'd understand.' As you do. He's such a dutiful husband, he'll even go shopping and sit patiently in fitting rooms. 'I'm hugely interested in fashion. I'm normally in jeans, T-shirt and Converse but for the red carpet I've been exploring McQueen, Prada and Armani. I'm starting to get an idea about what suits me.' He drains his tea, flashes those dimples one last time, then he heads out into the rain. And no one holds an umbrella over his head. ●

*The Hunger Games: Catching Fire is in cinemas 21 November.*
*The Quiet Ones is in cinemas next year*

Photography: Jeff Hahn at The Book Agency. Grooming: Nathalie Eleni using Mac and Label.M. Styling: Christopher Preston.



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Photography **Arne Svenson**

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## SEXUAL HEALING

# When her *mother* was *diagnosed* with terminal cancer, this writer found an *unexpected* physical outlet to cope with the *pain* – yet more pain

By **Tracy Clark-Flory**

I vividly remember the patch of pavement that I was looking at when my dad said, 'I'm afraid it's bad news.' I clutched my phone to my ear as he explained that a CT scan of my mother's lungs had revealed a tumour wrapped around her oesophagus and metastasis in her bones. I can still see the small dots in the cement – shades of grey in this decidedly black-and-white situation – as he explained that her prognosis was six months to a year. I also recall the green fence that I thought I might have to grab onto as a sense of vertigo took over, as though I might pass out from this too-sudden shift in reality.

Everything else in the moments and even months after that is a blur. Everything except for the sex.

It started with Sam, a 38-year-old waiter. I wasn't attracted to him exactly, but he had an intriguingly dangerous, if corny, edge – what with his conspicuous flash of chest hair and wolf-tooth necklace. I met him in a local bar, already a few drinks deep, and it took two more beers before I was straddling him in a shadowy, pleather booth and he was shoving his hands down my pants.

At my place, he took the lead, tightly gripping my face, wrists and hair with his hands. I knew this was just how he would be. The harder he squeezed, pressed or pulled, the louder I moaned. He got the message. Before long, Sam was flipping me over, repositioning my limbs and dragging me across the carpet. He seemed awed by my utter enthusiasm for being manhandled: 'Are you kidding me? You've got to be kidding me,' he said breathlessly, as though he'd just won the kinky lottery.

I was in awe too: while I had certainly seen far more extreme porn, and even reported on BDSM as a journalist, I'd never so much as used fuzzy handcuffs before that point. My fantasies were sometimes kinky, but the most aggression I'd ever encountered in the bedroom was a couple of slaps on the rear. At the time, I recognised this exploration as being connected to my mother's illness, but only as one of several drastic changes I'd made in the weeks after her diagnosis: I chopped my long hair into a bob and started talking about getting a tattoo, an idea I'd always sneered at. In anticipation of losing my mother, it was as if I was casting off all of the markers of myself, all of my boundaries and limits – because who are we but echoes of our parents?

I was left with rug burns on my elbows and knees that scabbed over and became scars months later, but these were nothing compared to the grapefruit-sized bruise I got from him aggressively smacking my bum. It was such a spectacular purple that I had to show it to one of my best friends: 'Look at this,' I said, carefully pulling my pants down, trying to reveal only the firework of pigment. It seemed a marvel of the human body, this constellation of burst blood vessels right under my skin.

My mother's illness had put me in touch with my own body – and my mortality – in a whole new way. After spending hours clicking through a digital copy of her CT scan, which revealed in startling detail all of the precious organs that kept her alive, I started to stare at the veins in my own hands, trying to imagine the blood passing through, or I would notice the thump of my heart and wonder in awe that it hadn't stopped yet. I saw myself as simply wanting to feel alive – after all, sex is the ultimate celebration of life, with its powers of procreation and pleasure – but I was also flirting with death.

My wounds were there with me when I visited her in the hospital a few days later. She had been rushed in for emergency surgery because of a blood clot near her aorta, a complication of the cancer. She looked at me with wild, pleading eyes and in a stage whisper explained that she was convinced that they had secretly moved her from her original hospital into a locked psychiatric ward. I was terrified too – not because I believed her conspiracy theory, but because she sounded like she'd lost her mind. At that moment, I wasn't sure if it was just the drugs she was on – what if the cancer had spread to her brain? What if she was already gone?

I turned to her and repeated those words that she had uttered to me so many times as I was growing up, after any embarrassment or disappointment: 'It's going to be OK. Everything is going to be OK.' It was a lie, of course.

Shortly thereafter, I met Ian, a smart and charismatic man with a drinking ›

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problem. I was drawn to him instantly. Grief is isolating, but with him I didn't feel so alone. He seemed to always reek of whisky – it was the smell of poison, or medicine, a sign that there was something in him that needed to be numbed. We met through a mutual friend and first hooked up while talking about my mum's illness. 'You must be having a hard time,' he said, stroking my hands, and then gestured for me to sit on his lap.

From the start, he was forceful in bed, but in a way that seems to have become standard among guys my age: jackhammer pounding with a little hair-pulling. Just as with Sam, I urged him further with my moans. Soon, he was taking me from behind while wrapping his hand around my mouth. He would tug at my jaw or throat, using it for leverage, pulling my head up, up, up, like we were doing a pornographic yoga move. We never explicitly linked her illness to my desires; he must have known it played a part, and yet he would make confident proclamations like: 'Girls love to be roughed up'.

When we were apart, it was as if he were still with me. I'd send him text updates that read things like, 'Still purple', and 'Ribs are bruised'. Ian would apologise, but I wasn't complaining, and he knew it. My sorrow was uncontainable, but at least bruises and scabs have clear edges – and a short timetable for healing. It wasn't so with my grief.

I started to realise that rough sex, which I was pursuing with other guys at the same time, was a means of physically manifesting my interior pain – releasing it in a way that tears never could. It was a sexual version of cutting. So much of my grief was abstract – horror at an inevitable, but still only imagined, world without my mum – but there was nothing theoretical about a physical wound. It made me look as beat up as I felt. It relieved my feelings and validated them all at once.

At one point, I even snapped a photo with my iPhone of a fuchsia hand-shaped bruise across the front of my neck: I loved the bruise and wanted to document it. I examined it in the mirror, ran my finger along its length, smiling, and thought, pleased, 'Look what you did to yourself'. I visited my parents' house with a large scarf tightly wrapped around that same bruise, and part of me wanted them to catch a glimpse of my pain, but it was shameful in the presence of my mother. Her arms were spotted with red from weekly poking and prodding at the cancer clinic, her belly a collection of bruises from daily injections in her stomach.

*Grief is isolating, but with him I didn't feel so alone*

It wasn't just the pain. I was starting to realise that there was anger, too. I was furious at life, at death – at how little control we have over it all – but directing that rage inward. The violent sex was always accompanied by binge drinking that left me feeling physically annihilated. I hit low points that seemed like they should have been rock bottom – like waking up next to my own vomit with only a vague recollection of having drunkenly leaned over and thrown up in my bed – but no amount of damage ever seemed enough.

Looking back at the moments with my mother immediately after her diagnosis is almost like trying to see the sun: I can only catch a partial, fleeting glimpse of what it was. Even at the time, it felt like a surreal, out-of-body experience – something the sex certainly was not.

Shortly after she was let out of the hospital, I can remember curling up next to her in bed. She was asleep, moaning and mumbling, clawing at the sheets. I wanted to wake her from what seemed a nightmare, but was reality any better? Awake, in her morphine haze, she formed sentences that were coherent but made no sense. 'Harold is coming over for dinner,' she told me nonchalantly about a long-dead family friend.

Later, when she got out of bed to sort through the medicine bottles on her bedside table, I saw just how emaciated she was. The flesh of her thighs appeared to hang from the bone, as though there was no muscle left. Without thinking about it, I sat up in bed and readied my arms in case she started to teeter – much like she must have done for me during the first years of my life. I had never before felt the need to protect my own mother.

We used to have a game when I was little: At the end of a dinner out, I would whisper a codeword to my dad, which was the cue for us to leave the restaurant ahead of my mum; I would hide nearby and when she came out, he would pretend that he'd lost me. My mum, always in on the joke, would go along with it and plead, 'What do you mean you lost her? Oh no! Where's my bunny?' And then I would come out of the shadows with a leap and she would wrap me in a big hug: 'There you are!'

At the time, I thought it was a funny gag, but I realise now that it had much more significance: it was a game about the dangers of the world but, ironically, it served as a reassurance that my mother was always looking out for me, and it made the world feel safer. That continued to be true later in life: she could make everything OK. Everything except the cancer.

It wasn't until after family dinner in my parents' living room, with a rented hospital bed acting as the proverbial elephant in the room, that I began to crave more violence. When I got home, I arranged to go over to Ian's house and then sent a timid text message request: 'Be rough with me?' Within seconds, he responded: 'Done.'

I was asking him to take it to the next level without knowing what exactly that meant. I didn't have any one thing in mind: I was more curious how far he was willing to take it. I already felt at the whim of an indifferent universe. I had no choice over my mum's illness and the pain it caused, but this was different. There was something comforting about choosing to surrender to controlled chaos. As BDSM practitioners like to say, submission is all about control: The 'bottom' sets limits and calls all the shots. I wasn't following the rules of careful negotiation and boundary-setting, but the principle still holds.

As soon as I stepped into his bedroom, he gripped my hair in his fist, pulled me down to my knees and slammed me against the side of the mattress. ›

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*I urged him to do it harder. It was the first time I'd been slapped in the face*

@TRACYCLARKFLORY

'Who's in charge here? You think you're in charge?' he asked, grabbing my throat. I looked him in the eyes and impishly nodded, 'Uh-huh'. He lightly grazed my face with the tips of his fingers and I laughed, urging him to do it harder – and he did. It was the first time I'd ever been slapped in the face. It was a trespass against my body, the kind I associated with sickening, inexcusable cases of domestic violence – but I'd asked for it. From my feminist perspective, this was mighty transgressive – and it was thrilling, if not particularly pleasurable.

Before we finished, he'd do it again, slap my face three times in quick succession. It felt like Buddhist meditation with an S&M twist: Smack-smack-smack. Be here now. There was just my skin and his hand, nothing more.

Afterward, while lying in the nook of his arm, he offered, 'So, I'm guessing dinner was hard.' 'Yeah,' I said with a wry laugh. 'It was a reminder of how much has changed, and how little time is left.' My throat closed up on the last few words and, as he traced the ridges of my ear with his finger, I hoped he couldn't feel the tears falling on his chest.

After that encounter, the violence escalated: he slapped me harder, gripped my throat tighter. Ian, with his self-declared hero's complex, was trying to rescue me by satisfying my need for more – but he was constantly worried that it was too much. Once, he grabbed my face, looked me in the eyes and said with concern: 'Wait. Is this OK?' 'Yes, it's OK,' I told him, exasperated. 'It's exactly what I want.'

Was it really, though? So often after seeing him, I was left feeling used, abused and alone. He was a notorious cad, but I harbored that pathetic hope of being the one to change him. I had shown him the depths of my pain, but it made no difference – and that, it seemed, only reinforced the cruelty of the world, the irrelevance of my grief. That feeling was only exaggerated by my concurrent exploits with other men: I purposefully sought out guys who seemed like they would be into getting a little rough – and I was never wrong – but, paradoxically, their willingness to go there felt like an insult.

Even as my mother rebounded from her initial decline, I found it difficult to celebrate her improvements, instead mourning what was gone. Radiation began to ease her pain so that she didn't require as much morphine, which meant that she was more like her usual, coherent self – only she still lacked much of an attention span. My exceedingly literate mother, who wrote her master's thesis on the Romantics and read Wordsworth at her wedding, had attention only for TV – specifically, *The Real Housewives*. Before, we had exhilarating conversations about literature, philosophy and religion; now, we spent hours watching catty socialites hurl insults and overturn tables.

She was still the same selfless caretaker she'd always been, though. One afternoon, as she threw up in a plastic bag from the chemo, she apologised to me, 'Honey, I'm sorry.' I was incredulous: 'How many times have you watched me throw up? I've thrown up on you.' She tilted her head and smiled, 'Yes, but not in a very long time, sweetie.'

I realised my obsession needed to stop when I typed out a matter-of-fact text message to Ian: 'Will you punch me in the face?' At the time, my dad was driving me home from a visit with my mum, and he started to cry. 'I just love her so much,' he said, tears bouncing off his round cheeks and landing in his greying mountain-man beard. 'I can't imagine my life without her.' It was an unusual moment of open despair – usually he teared up telling me how lucky he felt just to have had such a love, even though he was losing it. The thought that came to mind was, 'My dad's losing his life, too.' He wasn't dying like she was, but his world was being taken from him. I greeted this apocalyptic idea with that fittingly dramatic text message.

I stared at those words and the blinking cursor that followed, which seemed synced with my pounding heartbeat. For months, I had been using increasingly intense sex to cope with my grief, but that phrase, that plea, displayed on the small, florescent screen of my phone suddenly manifested my anguish better than any of the bleeding and bruising that had come before.

I made no move to hit 'send'. My thumb went directly to the backspace button: Delete, delete, delete. I held the button down long after the message was gone. In one desperate sentence, I'd managed to reveal the depths of my desperation to myself. I might as well have asked him to take a razor blade to my wrist. No one would ever be able to hurt me enough, I realised. No amount of physical pain could trump my emotional agony; no number of healed bruises or scabs could cure my grief.

The rough sex didn't stop immediately – life rarely moves in such a straight line. But as I began to see these trysts for what they were, they increasingly lost their allure. At the same time, I started to appreciate what a blessing it was that my mother was responding to treatment and that I could be with her in these final months. I began to actually believe my roommate when she told me how lucky I was: 'My mother could live to be 100 years old,' she said, 'but I'll still never have the relationship you've had with yours.' And by seeking out different men, I managed to meet a tender, loving guy who gave me a whole new appreciation for my own body, and pleasure without pain.

None of this is a judgment on BDSM: my experimentation was driven by despair, not by a core submissive identity. It felt like what I needed at the time, and maybe it was; sex and fantasy fluctuate with the vicissitudes of life.

My mother has outlasted her doctors' prognosis by two years, but she still has cancer, she is still dying and I am still pre-emptively grieving. The difference now is that instead of doing myself harm, trying to destroy, I actually want to take the advice she gives me at the end of nearly every one of our visits: 'Take care of yourself, honey.' I'm trying.

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LOUISE O'KEEFFE

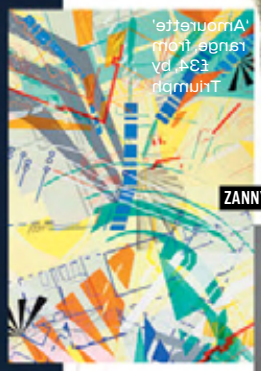
ALEXANDRA DRUZHININ

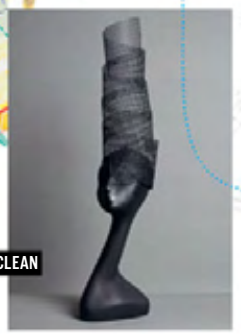
SUZANNE GOODWIN

UNA BURKE

# MEET THE MAKERS

*Things are hotting up at **Maison Triumph** – time to join the party*


ZANNY MELLOR


FLORA MCLEAN

CAITLIN PAXTON

Since it opened its doors during London Fashion Week last month Maison Triumph has been a roaring success – and it's easy to see why. The Maison's exhibition, The Maker's Atelier, offers a perfectly formed showcase of Triumph's history of creating accessible, beautifully crafted lingerie, while the on-site fittings and expert advice continue to be as popular with visitors as ever.

This season, however, the Maison has gone one step further. The series of hands-on workshops celebrating the art of the 'maker' more generally – such as that by illustrator Louise O'Keeffe – have also been a huge hit. And there are plenty more to come. Featuring experts in fields from fashion to illustration to jewellery, every day there's something both fascinating and fabulous for you to explore. So what are you waiting for? Come down and join in the fun.

TRIUMPH COLLECTIVE

DON'T MISS!

## SAVE THE DATE – MAKERS' WORKSHOPS AT MAISON TRIUMPH

*Just some of the events you can look forward to over the coming weeks*

**Jewellery Design**
*10, 12 October*
Workshops by designer and celeb favourite, Julia Cameron.

**Jewellery Design**.
*18, October; 9 November*
Suede is the signature material for pieces by South African-born Hayley Kruger.

**Jewellery Design**
*24, 26 October*
Crafting in unusual materials with the London-based jeweller, Alexandra Druzhinin.

**Hats & Accessories**
*31 October; 2 November*
Ideas for creating quirky hats and accessories from House of Flora founder, Flora McLean.

**Furniture & Interiors**
*3, 12 November*
Designer Suzanne Goodwin reveals the tricks of her trades.

**Millinery**
*14, 16 November*
Be inspired to design your own headpiece with milliner Kate Braithwaite.

**Leathercraft**
*21, 23 November*
Una Burke demonstrates cutting-edge ways to work with leather.

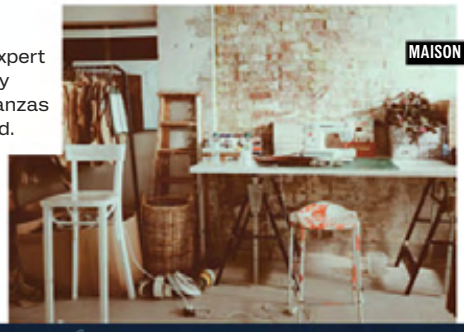
**Graphic Art**
*28, 30 November*
Cult artist Zanny Mellor shares her inspiration and drawing skills.

**Chocolate Making**
*19, 21 December*
Bespoke chocolatier Caitlin Paxton maker reveals her craft.

**The ELLE Beauty Talk**
*5pm, 10 October*
From Juergan Teller to Vivienne Westwood, make-up artist Sarah Jagger has worked with them all. Join her for an insight into the world of beauty, with tips and trends for a/w 2013.

**DON'T MISS** Make-up artist Sarah Jagger leads the ELLE Beauty Talk

**Shopping Nights**
*Fridays, 5-8pm*
With fizz, DJs and expert advice, these weekly shopping extravaganzas are not to be missed.


MAISON TRIUMPH

**STEP INSIDE** Maison Triumph's doors are now open. To find out more about the Makers' events and to book your place on a workshop, visit facebook.com/triumphuk

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# PAGES FROM MY diary

*Has the digital age killed the handwritten diary? We hope not. So we asked ELLE favourites to open up their journals on one life-changing day*

Above: Lauren Laverne's photos and album cover sketch. Below: Her shrine

**Lauren Laverne**
*Journalist and television presenter*
**1994, Sunderland**
The photos (1) were our first pictures as a band (taken at 6am in the train station in Sunderland, after we'd been out flyposting to 'advertise' our first gig in a Newcastle pub). I designed the cassette inlay for our very first demo tape. The cover star was a Hollywood veteran in her 80s who lived alone except for her tigers. Hero. There's also an inlay of my diary, which lists essential information – the times of my buses to college, a definition of culture – and is also a handy shrine, of sorts, to Chris Gentry (2), erstwhile member of indie band Menswear, with whom I had a 1D-level obsession at 16. I now see him at work occasionally. AWKWARD. The final entry (3) lists what was apparently an eventful weekend: a night with a fortune teller at my Auntie Heather's. To be fair, he did predict (correctly) that I would marry a Graeme [DJ Graeme Fisher], but failed to anticipate the record deal that our band would be offered the following day. We didn't sign it, but how lovely to be asked.

**Olivia Solon**
*Journalist*
**1996, near Newbury, Berkshire**
This page from my diary (below) is about the 'PP Race', a competition to see who out of a group of late starters would get their period first. The two Ps stood for Period Person. At 14 we were some of the last in our year to reach this puberty milestone.

Mine arrived during the school cross-country run; to celebrate this dubious accolade, my friends organised a 'PP Party', where they covered a room in sanitary towels and tampons that had been coloured in with red felt-tip pens. Needless to say, I went to an all-girls school. We also had the love calculator test, a highly scientific process that involved writing down your full name and that of your crush, and then counting how many instances of the letters LOVES there were between you. You would then add together the first two of the resulting numbers, then the second and third, and so on. You would repeat this with each set of new numbers until you reached a double-digit percentage. Low scores were devastating, but could sometimes be rectified through the strategic use of nicknames. Despite an auspicious score of 79%, my love for my crush, Toby, went unrequited.

**Sloane Crosley**
*Author*
**Tuesday 30 March 1999, Geneva**
*Dear Diary:* 'Geneva was fantastic, thanks for asking. The overrated chocolate, the Swiss banks, all of it. Well, after not sleeping on our last night in Barcelona and a horrible journey on the night train, it turned out to be the wrong train we rushed onto. It's nobody's fault but… We're supposed to be in Nice right now. FRANCE. I know. But because the train was overnight, things like 'Alps'


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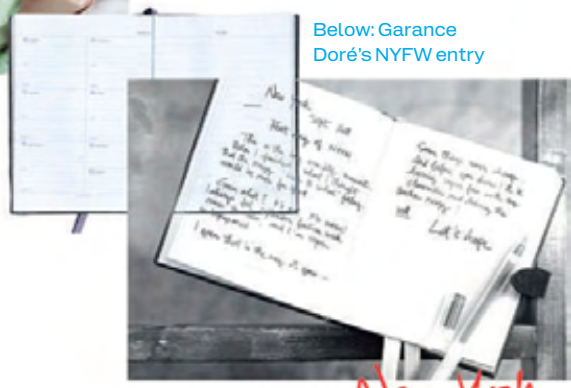


Below: Garance Doré's NYFW entry

*'This, too, marks something magical. These two scribbled phrases are the biggest headlines of my adult life'*

or 'no Alps' were not there to clue us in. So now we're in the Geneva train station when we're supposed to be in the Nice train station. And I'm sitting here on my bag, eating a fucking Toblerone. Companion tried to purchase a bagel but it didn't go so great. Wrong currency. There's nothing to extract from this. We're tired and annoyed. One day maybe all of this will make for a better story than the way I'm writing it now, to use up the ink in my pen.'
*Sloane's debut novel, The Clasp, (Hutchinson) will be released in 2015. Her essays are published in I Was Told There'd Be Cake* and *How Did You Get This Number (both Portobello Books)*

**Lottie Moggach**
*Author of Kiss Me First (Picador)*
**Friday 6 July 2012, London**
My diary is a means to keep life from derailing, rather than a place for reflection, and the entry for Friday 6 July 2012 contains just two phrases. The first is 'BABY?!!?' This is my estimated due date, written in six months previously, following a scan. My incredulity that I would soon produce a live human from my body is obvious: the letters are large and tremulous, followed by several exclamation and question marks and surrounded by sunrays. You'd think the author was a teenager, rather than someone who, at 35, is considered a geriatric mother by the medical profession. The other stand-out word is 'BOOKSELLER (announcement)'. This is a far more recent addition to the page, written the week before. The lettering is relatively small and sober. But this, too, marks something magical: the announcement in [publishing trade magazine] *The Bookseller* of a book deal for my first novel. These two scribbled phrases are the biggest headlines of my adult life – a double-drop of news after a decade of having nothing much to report, plodding along at work, getting politely rejected by agents, repeating the same pattern with boyfriends. Both are so major, I find I can't fit them in my head at the same time; after a period focusing on one, I'll remember the other with a jolt – 'My god, I'm going to have a baby!'... 'Jesus, I sold my book!' As it happens, my son was a week late, so I got to spend the whole of Friday 6 July lying on the sofa, clicking on the *The Bookseller* link and thinking, 'Now, you may call yourself a writer.'

**Garance Doré**
*Photographer and illustrator*
**September 2011, New York**
*Dear Diary:* 'First day of NYFW. This is the big anxiety moment. When I finished school, I thought the crazy 'back to school' feeling would be over for good. Guess what? It's not. It's worse. I always feel September Fashion Week comes too soon, and I'm super underprepared. I guess that's the way it goes... some things never change. And before you know, I'll be having super fun will my classmates and driving my teachers crazy! Well, let's hope.'

**Holly Fulton**
*London fashion designer*
**23 February – 1 March 2009**
The week I had my first show: Fashion East a/w 2009, held at Quaglino's and compered by drag queen Jonny Woo. There are not many entries for that week: writing in the diary had gone out the window, as the shell shock of moving back to London and having a slot at Fashion Week kicked in. The sketches remind me I'd already begun thinking about next season. I had no idea what was in store at that stage. My show, on 24 February, changed everything – that day will be etched in my memory forever. ›

Above: Designer Holly Fulton's ideas

Left: Author Lottie Moggach's big news

Photography: Collection Christophel, Getty Images, Rex Features/Snap Stills, Bernadette Pascua, Anthea Simms.



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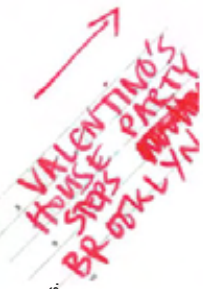
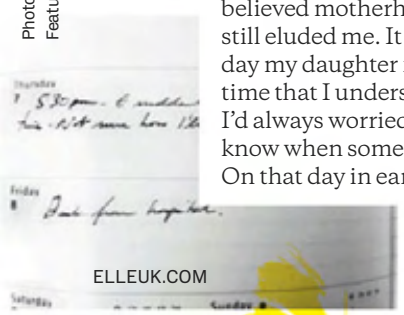
*'Her body was rigid, her eyes rolled back in her head. Stripped and lain on the bed, she looked like a mechanical doll'*

Left: Daisy de Villeneuve's montage

**Daisy de Villeneuve**
*Illustrator and writer*
**Tuesday and Wednesday 16–17 July 2013, New York**
This is my visual holiday diary. I recorded my appointments – Valentino's house party, drinks at The Maritime Hotel – and made a collage of sketches and Instagram shots, so I'd have a memento from the trip. The portraits are of strangers I spotted on the High Line art tour.




**Celia Walden**
*Writer*
**7 February 2013**
'How's mum feeling today?' They ask you that, the doctors, at every check-up you have for nine months. But the truth is that you don't feel like a mum when you're pregnant – at least, I didn't. I didn't feel like a mum when my baby was handed to me, when I took her home, or for many of the months that followed. I felt an overwhelming, almost preposterous degree of love, but the serenity and self-assurance I had believed motherhood would bring still eluded me. It wasn't until the day my daughter fell ill for the first time that I understood the word. I'd always worried that I wouldn't know when something was wrong. On that day in early February, her temperature was high enough for me to be sleeping on a mattress beside her cot, but I'd done everything the books had told me to do: the Calprofen, the lukewarm towels. 'She'll be fine,' everyone always tells a first-time mum. She wasn't. Around midnight she started having febrile convulsions. Her body was rigid, her eyes rolled back in her head. Stripped and lain in the recovery position on the bed, she looked like something out of [the film] *Child's Play*, a mechanical doll, or a blue-lipped waxwork from some low-budget medical drama. The convulsion lasted long enough for my husband to dial 999. An ambulance came two-and-a-half minutes later. My husband and I spent the night in a supply closet at the hospital furnished with a makeshift bed, watching a series of nurses administer ever larger doses of Nurofen to try to calm the fever. She brought most of it up, all over the nightdress I had tucked into my jeans – the first thing that had come to hand – then peed on my lap when I tried to change her. Leaving the hospital the following morning, my clothes crisp with dried vomit and urine, I felt calmer and more capable than I had since she'd been born. I felt like a mother.



Left: Celia Walden's diary entries

**Julie Verhoeven**
*Artist, designer, illustrator and creative director*
**2000 – present day**
My notebooks cover the past 13 years. I always carry one with me that doubles as a diary, because I write my daily to-do lists in it.

Left and below: Julie Verhoeven's diaries

At the back of the book I write words I like and hear on the street or lyrics I hear on the radio. There are lists of films to watch and visual references to investigate. I rarely doodle, though; just take notes. I always begin with an ordered page at the start of the day that becomes progressively more lively and chaotic as I get into work mode. Paper planners – six months stapled together – are folded and popped in this book. Work and social commitments go on here. I travel everywhere with my book and planner. It's a comfort blanket of sorts, it feels reassuring, to me, to have it to hand.

**Evie Wyld**
*Author*
**Week starting Monday 21 November 2011, London**
On Monday 21 November, my sister-in-law gave birth to twins, Jack and Matilda. I looked after their two-year-old son, Flynn, who didn't like me picking him up from nursery. The only way we could make him smile was by getting my boyfriend to pretend he was smashing his head into lampposts on the way home. He liked that. This Monday was a week ›

Photography: Collection Christophel, Getty Images, Rex Features/Snap Stills, Bernadette Pascua, Anthea Simms.

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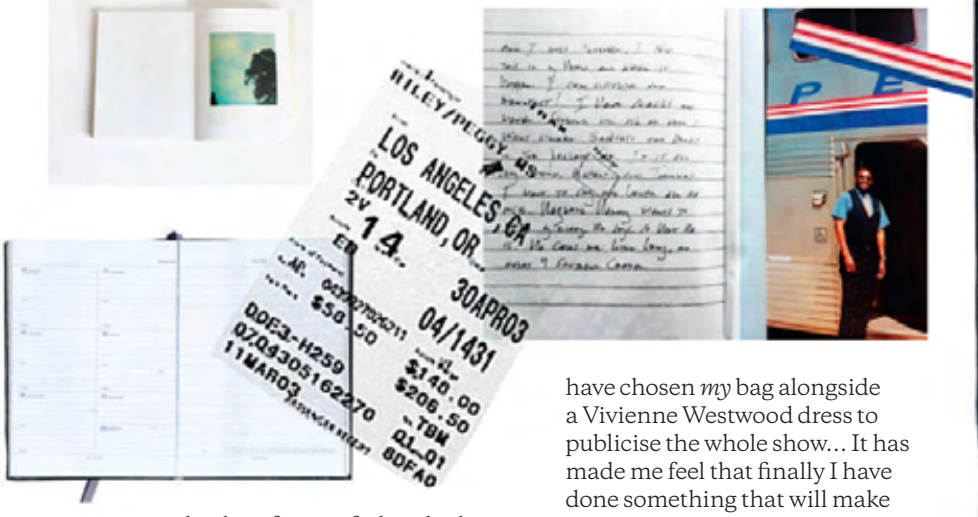
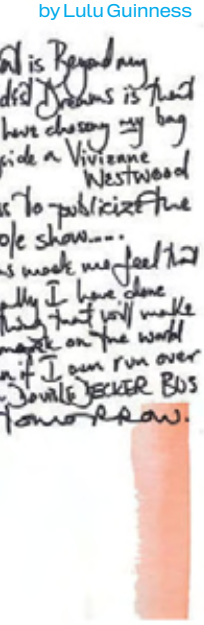
Below: Peggy Riley's train memory, with ticket and snap of the attendant



Above: Harriet Verney's corkboard

to the day after my father died. It was also the week of Peckham Literary Festival, which I hosted in the bookshop [Review, which Evie runs], so Jon McGregor and Edward Hogan's names appear in my diary (spelled badly). On Tuesday my father was cremated, but I didn't go. I met my friend Claire in the Cable Bar on Brixton Road and we drank tea and talked about sad things. On Thursday I was on *Open Book* [radio show], recommending 'easy reads', I think, with Mariella Frostrup and Suzi Feay. It was extremely cold. On the Friday I did something with my friend Johanna (again, spelled wrong in my diary), although I can't remember what, but I imagine it had something to do with food and drink. It was a strange week.

Below: excerpt by Lulu Guinness



**Lulu Guinness**
*Accessories designer*
**Sunday 16 March 1997, London**
*Dear Diary:* 'There is a poster 20ft TALL of my Rose Basket Bag all around London, including tube stations and GIANT hoardings!? It is to advertise the V&A's exhibition The Cutting Edge: 50 Years of British Fashion. What is beyond my wildest dreams is that they have chosen *my* bag alongside a Vivienne Westwood dress to publicise the whole show… It has made me feel that finally I have done something that will make my mark on the world, even if I am run over by a DOUBLE DECKER BUS tomorrow.'

*'It has made me feel that finally I have done something that will make my mark on the world'*

**Peggy Riley**
*Author of Amity & Sorrow (Tinder)*
**2003, Los Angeles, Portland, Idaho and Seattle**
In 2003, I was broken. A miscarriage broke my heart and a series of failed plays shredded my sense of self. For my birthday, I put myself on a plane, traveling home for an annual visit to Los Angeles, then boarded an Amtrak sleeper bound for Portland and Idaho, and then finally, Seattle, for my aunt's memorial service. My diary from the trip is filled with writing and photographs, scraps and receipts, thoughts and snippets of lyrics I listened to. An entry written on the train reads: 'Two tiny seats. One whole wall is a window. Windows and a window in the door with curtains for night. The seats make a bed and another bed folds down from the ceiling. I am unbelievably excited. Tingling with anticipation. To be here, in this room, for a whole day and a half of views and books and peace feels too good to be true. I have snacks and water. Someone will ask me when I want dinner. I want to cry and laugh all at once. Haywood Harry, the train car attendant, says he wants to make my diary. So here he is. He calls me Little Lady and oozes Southern charm.'

**Harriet Verney**
*Writer*
**1992 – present day**
I rarely keep a diary. When I do, it's written in purple ink, and by the end of the week my appointments are barely legible – it resembles something closer to a blotter pad. My cork board is the antitheses of a diary, it's the first thing you see when you walk into my room and sits above my desk (an industrial sewing machine). It feels the wrath of my hoarder's hands. I think it started with an unwanted tax return, hastily covered up with a sample of material I found at the tailors Watts & Co. A Jamaican flag-coloured hair extension from LA followed, badges, photographs, notes, an obituary from the early 1900s of my cannibal granny. To clarify: my granny, Vera Delves Broughton, was a keen traveller and during a visit to Papua New Guinea she was offered food by a tribe of pygmies. Being polite, she ate it, but later found out that it was human meat and came from a neighbouring tribesmen… I had my mouth cast by a friend in her honour, although what with my quintessentially English teeth, there are a few gaps in that great wall. The alginate used to make the mould flooded past a missing canine and travelled down the back of my throat, choking me as the liquid began to set. I have a picture of me with a fluoro-pink face, near death experience, and a picture of the cast itself still smothered in Mac's Ruby Woo lipstick. ●

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For more real-life diary excerpts, go to elleuk.com/magazine

Compiled by: Tamsin Crimmens, Georgia Simmonds. Photography: Collection Christophel, Getty Images, Rex Features/Snap Stills, Bernadette Pascua, Anthea Simms.

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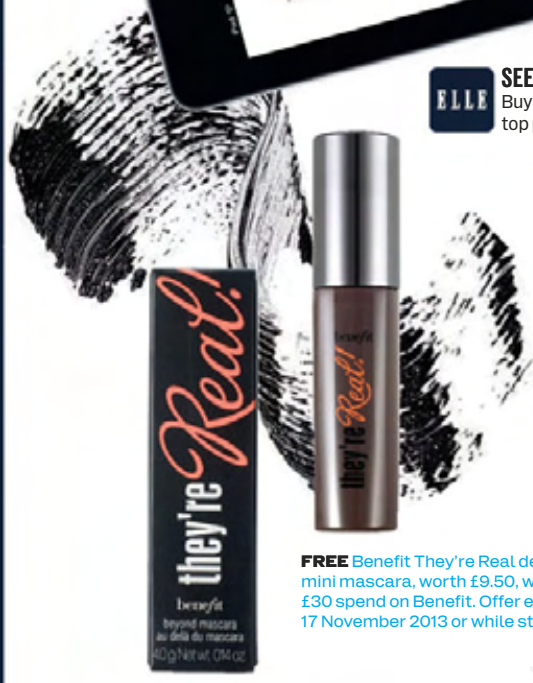


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Photography: ac-cooper.com, Benoît Audureau, Matt Lever.

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# THE CRUELLEST CUT

## Is cutting your own hair *ever* a good idea? Writer Caz Moran documents a decade of DIY 'dos...

A hairdresser called Michael gave me the worst haircut I have ever had. It was 2004, yet somehow he had got the idea that I was planning to go back in time and join Whitesnake. The cut was so bad that I couldn't look in the mirror behind the reception desk as I paid. I fled home, avoiding reflective surfaces, to drench it with the 'desperation shower' of the haircut-traumatised.

My relationship with my hair has always been difficult. Crudely put, it's a massive orange triangle, like a warning sign for its own disaster. And it's very, very thick. My visit to Michael was the finale of a long line of attempts to find a hairdresser who truly understood me, and who could turn my triangle into a short, sleek bob, like David Bowie's in *The Man Who Fell To Earth*. Sadly, that hairdresser doesn't exist. Instead, stylists always suggested 'going with the natural wave' and I would concede, having come to accept this as my hair destiny. They would scrunch-dry it curly and I would leave, never to return, hoping the next stylist would be 'the one'. And so it was I wound up with Michael and his volumiser nozzle. Even with all the product washed out, his handiwork was terrible. I had two options: do something about it myself or start a new life as lead singer of a T'Pau tribute act. So I took the law – and some kitchen scissors – into my own hands and started chopping, determined to make better


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**WATCH IT**
To see Team ELLE play barber, go to elleuk.com

hair for myself. It was the audacity of hope. That first cut wasn't great – I just snipped away to make it all the same length. I resembled a mushroom, but at least I no longer looked like I was about to break into a power ballad at any moment, and that was enough for me. I'd taken charge of my own hair destiny and the thrill was undeniable.

From that day forth, I was my own barber. I made numerous errors in those early years. Like my attempt at a gamine pixie crop. It turns out there is all sorts of shaping to a cut like that which cannot be replicated by an amateur. And my hair is too thick to lay flat when it's very short. Plus, my body shape doesn't really suit tiny hair. Basically, I ended up looking like Foghorn Leghorn (Google him). Upset initially, I soon realised that, in the grand scheme of things, a bad haircut isn't that big a deal. The great thing about hair is that is grows back – a fact I clung to after my winter 2005 'Ronald McDonald' (an unfortunate double whammy of bad cut and bright red home-dye job).

Yet I have persevered, and a certain standard operating procedure has evolved over time. Generally, my hair will have got to about shoulder length, and started to annoy me. Then I will see a picture of David Bowie and will hasten to the bathroom to begin cutting, which I do with kitchen scissors. It's exciting. How will my hair turn out? Yes, sometimes the final result is less Thin White Duke, more *Labyrinth* era, but the acceptance of risk is a necessary part of being your own hairdresser. Nowadays, I usually end up with my 'signature look'. Optimistically put, it's a chic fringed bob, like Nicole Kidman in the Jimmy Choo ads. Realistically, it's 'ginger Dora the Explorer'. But I am fine with that.

Indeed, several times I've been asked where I get my hair done, by people I would describe as stylish. Clearly, they thought I'd been to a trendy East End salon where they deliberately give you 'kitchen scissors hair', so I take great pleasure in these moments. It is tempered a little when I tell them I do it myself and watch their facial expression change from that of someone appreciating edgy, deliberate amateurishness to that of someone assessing actual amateurishness.

'What about the back?' you might be asking. I put the question straight back to you. What about it? I can't see the back of my head, so what do I care what it looks like? I do a bit of 'cutting by feel' but I don't waste valuable time sculpting something that I will almost literally never see. If anyone wants to judge me on the basis of the back of my head, they are free to do so. I've also found that dealing with the occasional less-than-optimal haircut is character building.

'Womaning up' and making the best of a bad deal builds resilience. Take, for example, my summer 2007 'auburn Spock' (I did not learn my lesson about pixie crops). This taught me a lot about the skilled use of pins and slides. It's also led me to consider how I feel about the long, sleek, bouncy 'red-carpet hair' of celebrities that I will never have (which is ironic, given that my hair is a lot more like a red carpet than theirs). Yes, the Duchess of Cambridge has undeniably splendid hair. But I'm not that interested in having a luscious mane, even if it was within my reach. Personally, I thought Fantine's *Les Misérables*' hair looked better *after* the haircut. My hair is an expression of how I challenge society's ideals of beauty. Or at least that's how I'm spinning it to myself. And on days when I don't feel up to challenging society's ideals, I just wear a hat.

Renegade hairdressing has saved me a lot of money too, especially as I would tend to over-tip at the salon out of guilt at how thick my hair was. It's also lot more sustainable. All I ever need are some scissors and a reflective surface. In fact, I could probably maintain it with something as a basic as a rusty blade, making it pretty much apocalypse-proof. I smugly doubt Cheryl Cole's hairstyle would survive the breakdown of civilised society.

My hairdressing auteurship has not gone unnoticed by the big guns of the fashion world, either. Gok Wan once passed me in the street and called out, 'Your hair suits you'. Benediction. Of course, he may have been talking to the woman beside me, who had long blonde hair, like a khaleesi from *Game of Thrones*.

And I'm not alone. The internet is full of tips from other 'hairdressers unto themselves'. Though, as with any niche interest on the internet, there's a lot of extreme material out there, some of which is disturbing. For example, the video in which a woman demonstrates how to 'cut your own layers' by pulling all your hair into a ponytail at the front of your head, then just chopping the ponytail off. It's a bit like a horror movie, but for hair. However, it is useful if you've done something unfortunate (say, cutting a wide fringe that looks oddly artificial against the rest of your 'do, which you have named your 'Donald Trump') and want to cheer yourself up with someone else's brave mistakes. So, feeling inspired to have a go at home barbering? Do let me give you some tips from a professional amateur. Firstly, and perhaps most importantly, pixie crop? No. Let my sacrifice not have been in vain. Though I did read that Mia Farrow did hers herself, with nail scissors. It's that kind of fact that can lead one down the path of pixie-crop temptation. But no. Don't risk it.

Second, do it sober. Alcohol unsteadies the hand and creates dangerous over-confidence. You may even indulge in professional-sounding self-talk like, 'I'm going to add some layering at the sides,' perhaps referring to yourself out loud as 'Gino' (as in Gino Ginelli, who you drunkenly think is an Italian hairdresser, not an ice-cream maker). If you find yourself doing this, put the scissors down and Google people you are sexually intrigued by until the alcohol wears off. On a similar note: never cut hair when you are feeling emotional. That post-break-up attempt at Miley Cyrus' new look will suffer a generational backflip into the mullet of her father, Billy Ray, on account of the tears in your eyes and the sadness in your cutting hand. The back? Don't worry about it. You never see it. And if you do it will be an exciting surprise. Next, if you're working some layers into what I refer to as the 'side bulk', remember your ear is in there, and keep the scissors away from it. Finally, maybe buy a hat first. Just in case.

## A-LISTERS WHO DO IT

These celebs have been known to get busy with the scissors, too...

When he fancies a new do, David Beckham definitely doesn't spend £2,000. He cuts his own hair – under wife Victoria's watchful eye, of course.

Beyoncé has been known to lop inches off her hair all by herself. A time-saving strategy, apparently. We'd rather be doing the *Single Ladies* dance too.

Back in 2010, la Moss cut herself a fringe. Women everywhere followed suit, without realising they'd have to wake up half an hour earlier for six months to tame it. Fail.

Lena Dunham's character in *Girls*, Hannah, gave herself a home cut mid-nervous breakdown. The stuff of home haircutting nightmares.

Mia Farrow's famous pixie crop wasn't crafted at the hands of Vidal Sassoon, as legend has it. Oh no, Mia did it herself.

Photography: Victoria Adamson, Silvia Olsen, Terry Richardson, Stephanie Sian Smith.

## TEAM ELLE'S DIY HAIR TALES

*Rosie Bendandi, ELLE Bookings Editor: 'I trim the front every few weeks; a friend cuts the back.'*

*Lara Ferros, Picture Editor: 'I relent when it turns into a poofball. Sober. Wine = regret.'*

*Fern Ross, Production Editor: 'I cut my fringe once. My sisters said I looked like a baby elephant.'*

*Susan Ward Davies, Travel & Lifestyle Director: 'I just chop away – as long as I don't go too* Prisoner: Cell Block H, *it's fine.'*

*Sophie Beresiner, Beauty Director: 'I once did an asymmetric fringe myself. There was a reason the pros refused to do it for me.'*

*Phebe Hunnicutt, Digital Director: 'My fringe trimming tool? My husband's moustache scissors.'*

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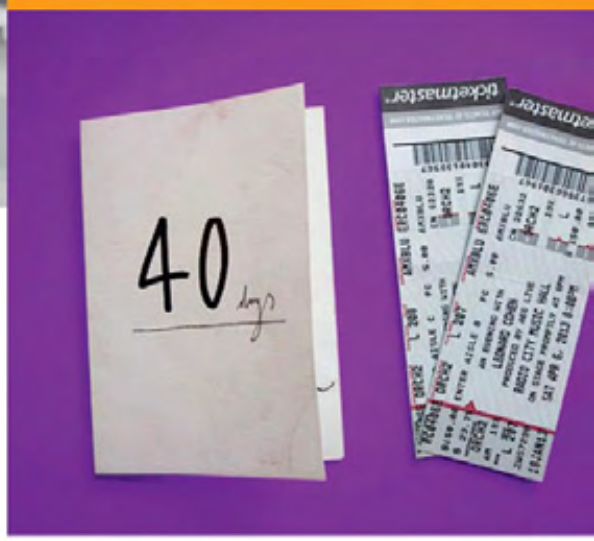
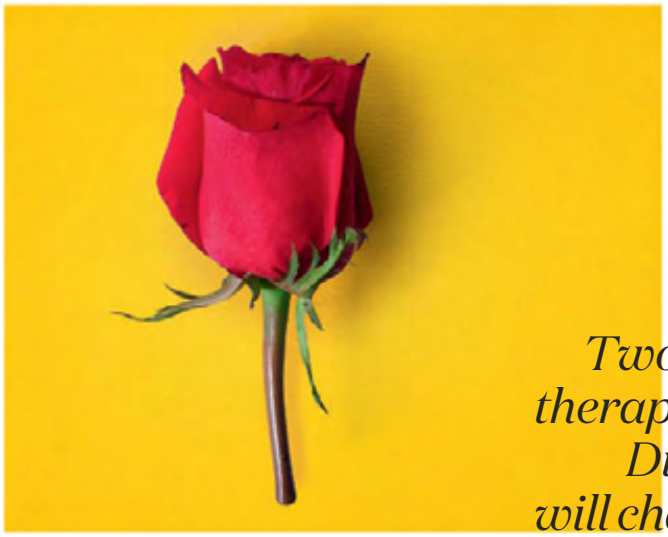
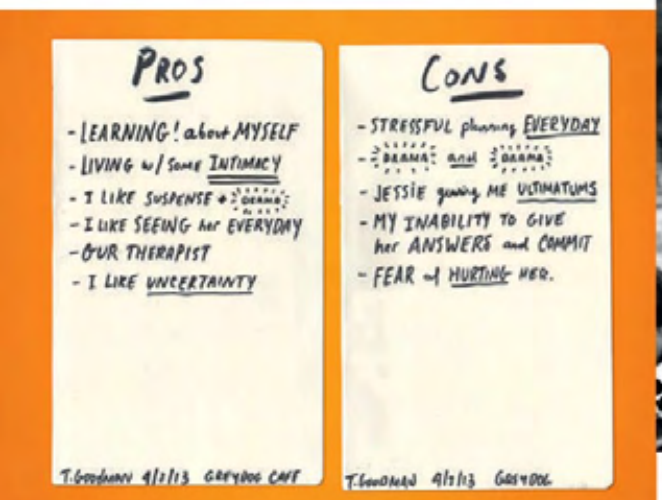



# 40 DAYS *of* DATING



*Two best friends + 40 dates + six couple's therapy sessions + one weekend at Disneyland = the compulsive blog that will change the way you think about love*

Words **April Long**
Artwork by **Timothy Goodman & Jessica Walsh**



The daters: Jessica and Tim

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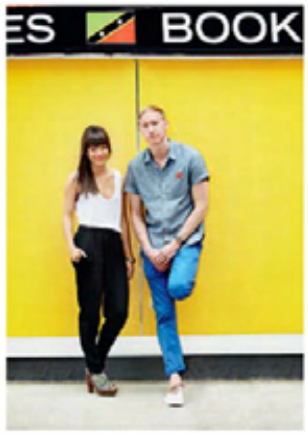
Pure rom-com gold: that's the only way to describe the premise for 40 Days Of Dating, the wildly addictive blog that recently went viral. Best friends of four years, Jessica Walsh and Timothy Goodman, both graphic designers living in New York, had always teased each other about their dating habits – he was a commitment-phobe player, she was a romantic who fell in love too quickly. So when they both wound up single at the same time at the start of this year, they decided to embark on an experiment: They would 'date' exclusively for 40 days – seeing each other daily, meeting with a couple's therapist once a week, and going on one weekend trip. In doing so, both hoped to probe their own relationship issues, as well as answering the Big Picture question: Could someone you already know be *The One*?

Throughout the 40 days, Jessica and Tim each separately answered a daily questionnaire (including, 'Did anything interesting happen today?' and 'How do you feel about this relationship right now?'), but didn't post any of their responses until after the experiment ended, in April. 'We wanted it to be as truthful as possible and not think about anyone else reading it,' says Jessica. And they were – brutally. When they finally did see each others' Q&As, the pair considering dropping their plan to take it public – emotions were raw, the denouement messy – but after some agonising, they went ahead, baring their souls online almost daily from July to September. Each post was accompanied by graphics and video by the pair and their designer friends, creating an effect that was part art project, part soap opera, and totally compelling.

When I meet them, four months after their 40th date, it's apparent that they were attracted to each other at the start – something their circle of friends (who introduced them) had realised. 'They thought Jessie was doing it because she just really wanted to date me and they thought I was doing it because I just really wanted to sleep with her,' says Tim. 'I don't think we could have done this had there not been a certain curiosity for each other.' They make an attractive match: Tim is a charmer, with his easy manner and wide grin, while Jessica, with her perfect fringe and downtown style, is a walking hipster pin-up.

Yet they are fundamentally different – as their worried friends pointed out. The pair's polar opposite choices of interview location suggests they may have been trying to steer them away from inevitable heartbreak: Tim sinks a beer while we chat in a noisy cafe (incidentally, next door to Manhattan's Museum of Sex), checking his watch periodically as if eager to be somewhere else. A day later, Jessica welcomes me into her zen white-walled design studio, where we sit and sip glasses of water as she talks, openly and as if she has all the time in the world. Yet they do also have an obvious connection.

Their respective relationship woes seem improbable to this casual observer. Jessica is undeniably attractive, yet at 26, has only kissed 11 people (one of them a girl) and always falls harder for guys than they do for her. Tim, 32, struggles with abandonment issues stemming from a fatherless childhood, and often dates three women at once. (He says that 'first dates are the perfect time to be spontaneous', which may be why, when Jessica made him list every girl he'd ever dated, the tally was 65.) Yet these problems are typical of NYC life, where young, single women famously outnumber the men. And there's something inevitable about a good girl falling for a cad. Which – spoiler alert – she did.




*'All day I've been thinking about the intensity between us, how she tasted and felt'*

The fact that they – and their site – look so cool, probably went some way to ensuring the obsessive speculation from 40,000-plus Twitter followers about what might happen next and, as the daily posts went up, coverage everywhere from *Time* magazine to the BBC News. When the news hit that the pair had signed a contract with a major talent agency, sceptics alleged the whole project had been a ploy with that goal in mind – something Jessica and Tim deny. They're both so earnest, and so clearly affected by what took place over those 40 days, that I do believe them.

But it was their unfaltering honesty that made the blog compulsive. Initially, it was a slow burn – only friends and family read it as the pair cautiously navigated their first few dates (he was appalled when she ordered sushi at a baseball game; she discovered that he's an obsessive supermarket cereal shopper). But their first big fight, on Day 11 (she called him 'controlling'), signalled a snowballing sexual tension ('Her crazy is beginning to turn me on,' he wrote), and by the time they shared their first kiss, on Day 18 (instigated by her), they were a phenomenon.

When they ended up in bed together, on Day 24, fans rooting for them seemed to have got their wish. Yet Jessica and Tim's next-day posts revealed very different reactions: she barely mentioned it, he wrote, 'All day I've been thinking about the intensity between us, how she tasted, the way she felt, and the way she made me feel like she needs me.' When I ask him how it felt to read her less-than-ecstatic response, Tim responds defensively: 'When we answered those things, you get a piece of what happened, but it's not really the totality of the whole thing either.'

Doubtless the most revealing aspect of the experiment was their couple's therapy. 'Both Jessica and I have been in therapy separately, so it wasn't weird,' Tim tells me, though he admits going *together* dredged up some uncomfortable topics (including his unhappy childhood, and her reliance on sleeping pills). The therapist, sceptical about the whole undertaking, forcefully grilled them on their first meeting (on Day 2): Why were they doing this? What were they trying to learn? How did they really feel about each other?

But Timothy insists, 'The therapist saved the project in a lot of ways, because we were having so many conflicts, with her wanting more and me pulling away. Everyone has a persona they put on – allowing yourself to be vulnerable and show ›

Photography: Bek Andersen.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your reality is difficult. We realised we were just playing the same roles we always did. This experiment was supposed to be about self-discovery, personal insight, personal growth, trying to find out more about our issues and habits. We needed her to keep us on course.'

This particular brand of Manhattan introspection gave the blog the flavour of a Carrie Bradshaw live-stream. Or perhaps a daily Bridget Jones' diary, if Bridget were a size 0 and had great hair. Jessica's own Mr Darcy played to type – Tim felt pressured, she felt confused. She tended to over-analyse, he fought his attraction because he worried about hurting her. They both misread each other's intentions (and text messages: after one date, she thought he was being jealous when he was actually trying to flirt, and he was often frustrated by how long it took her to respond). It's little wonder that they're now fielding film offers (Jessica thinks Ryan Gosling for Tim, who doesn't seem to get what a *huge* compliment that is).

Hollywood may need to change the story's ending, though – because, although a romantic relationship did develop, on Day 39 it irrevocably fell apart. They had chosen Disneyland for a weekend getaway, but it was a loaded locale: the place that basically invented the happy-ever-after. Freaked out by what he calls the '40 Day D-Day', Tim started nit-picking and, when Jessica asked if it was just insecurity or if he really wanted to end it, he responded that she was 'rubbing him the wrong way romantically', was 'too worried about being a good girlfriend', and that it would be better if they just 'went back to being friends'. In other words, he was a total jerk.

As he recounts this to me, it becomes clear that Tim is still hung up on Jessica. Not, of course, that he would admit it outright. 'It *is* my fault we're not together now,' he says. 'That weekend trip was too much. I knew we were both wondering what would happen on Day 41, and I thought that if I still didn't know what I wanted, that was my answer.' Jessica was surprised and, at the time, hurt. 'I had fallen for him but he said he wasn't interested. He had a list of reasons: We were too different; I was too accommodating, too nice.'

Yet there was more going on in his head than she knew. 'Two months after we ended it, Tim admitted that he really felt a different way entirely. He had made a mistake.' If this were *When Harry Met Sally*, there would have been an emotional embrace and an engagement ring. But, this being real life, Jessica had already moved on.

For her, the project had a couple of unexpected side-effects. First, Jessica started to focus on her health more, after she began getting such bad headaches that she couldn't leave the house – and perhaps also because Tim was shocked by how many prescription pills she was taking. 'The stress sent me over the edge, to the point that I had to reevaluate my entire lifestyle. I started going to the gym and relaxing more, so in that way, I was in a really great place at the end of the 40 days.' She also believes it changed the way she acted at the start of relationships, for the better. 'I used to think, "Is this going to work long-term?" Those 40 days broke me down, because for the first 20 days, Tim wouldn't tell me whether he was interested.'

*'He told me he loved me. It was hard to hear, because I really do care for Tim, but... bad timing'*

This paved the way for what came next. A month after the project finished, Jessica met someone else, with whom she is now madly in love. She adds, 'It was slow – we both travel a lot for work – but by the third date we knew it was something special.' When she told Tim about her new relationship, she believes it slowly dawned on him that he'd blown it, forever. 'He said he wanted to date me again, and I said I was sorry, but no. Then, about two weeks later, he told me he loved me. It was really hard to hear, because I do really care for Tim, but... bad timing.'

This version of events doesn't quite tally with what Tim tells me (the classic 'I dumped her!', 'No, I dumped him!' writ large): 'We met up a fortnight after we'd completed the 40 dates and I still felt it was probably best that it stay platonic. She was such a good friend and I didn't want to hurt her. I'm not saying I didn't question that decision or wonder what the relationship would be like without these crazy parameters.' And now? 'I'm single. It's fine that Jessica's dating someone. I don't feel weird about it.'

Does Jessica think things could have been different if he had been honest – with her, and himself? Possibly. 'Up until then, things had been going well. We work so well together creatively, and we're both silly and crazy and had a wonderful time. It's hard to find someone who matches so much of what you're looking for. And he did.' Tim seems unsure, but does believe the experience has left him better equipped for future relationships. 'For me to let a woman into my life emotionally, which I hadn't done in a long time, was profound. That's one of the big takeaways for me: I realised I *do* want to be in love. I don't want to get to that point where you have to start dating 20-year-olds because everyone your age is married. I don't want to wait too long.'

There's something very real, and very moving, about the way events unfolded, and I'm left hoping that their friendship will survive and that they both find happiness.

'I've always been friends with exes, so I do think we can go back to the way we were before,' says Jessica. 'I can, at least. I just hope that in future, when Tim really likes someone, he gives her a commitment, or else the same thing could happen. I ended up in love with someone else, and it was too late for us.'

So what did Tim learn? 'Maybe girls and guys can't just be friends unless one or both of you is in a relationship. Would I advise other people to try this exact experiment? No. But I do think that best friends *should* give it a go. Because you never know, there might just be something there.'

**READ IT**
Follow Jessica and Tim's romance from day one at fortydaysofdating.com

Photography: Bek Andersen.


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**Main image, opposite:** A strong style requires skinny pants. Wear with combat boots **Clockwise from left**: A loose T-shirt with jeans is the perfect sexy-meets-tomboy look; low-waist flares are ideal for casual weekend style; work it like a rock star in a black T-shirt and jeans

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Q&A

*The model and presenter talks football, Happy Meals and finally discovering Zara*

# CAROLINE WINBERG

Interview **Georgia Simmonds**

Next time you're in Zara, look out for a tall, whippet-fast blonde in Céline leopard-print skate shoes, and get out of her way – it may well be Caroline Winberg, on a shopping mission. The 28-year-old Swede, who is in London to film model search *The Face*, has spent the past 12 years jetting from her homeland to the runways of Paris, Milan and New York. Victoria's Secret made her an Angel in 2005; she stars in our shoot on p268; her friends call her 'The Detective' and she's a *big* fan of burgers. Not your average supermodel, then...

Right: Caroline with fellow The Face judges (left to right) Erin O'Connor and Naomi Campbell. Top right: on the Hermès catwalk in 2007

**Models get armfuls of freebies. Discuss...**
Not true! Although you can always get shoes [free] and Michael Kors is very generous. My favourite places to shop are supermarkets and French pharmacies – I just go nuts. I was also the last person in the world to discover Zara, and now I'm obsessed. I tear around grabbing things and my friends are like, 'Duh, you're 10 years late!'

**Who are your model mates?**
Lara Stone, Lisa Cant, Shannan Click, Gemma Ward and Lily Donaldson. Doing shows was great fun because we were together all day, every day for a month. Valentino is lovely; I've been in three of his campaigns. I did a few exclusive things for Nicolas Ghesquière, too, and spent days with him laughing and eating Thai food. I always try to have a good time whatever I do. Even when I'm alone, I laugh all the time.

**What makes you a great model?**
I don't know! I couldn't walk in high heels; I didn't get the jokes on set; I looked at the floor during my first runway show and when I walked for Chanel Couture, I had no idea who Karl Lagerfeld was.

**Did you love fashion?**
I was 15 when I started modelling – I was thrown into a world I knew nothing about. I couldn't afford to buy fashion magazines; I spent my money on Happy Meals. It's quite different these days, with social media and blogs. The industry is so much more accessible to young girls.

**Is it true you were scouted on your way to football practice?**
Yes, I wanted to be a football player. Things never turn out how you expect them to. Here I am, still modelling – and it's only getting more fun.

**You must have to live in the gym, surely?**
I don't like personal trainers because they talk so much, but I do a lot of classes. SoulCycle is my favourite way to start the day. It feels like you're in a nightclub – it's dark and they play the music super-loud. You come out in the *best* mood.

**Tell us something about you that would surprise us...**
I read crime novels before bed – my friends call me 'The Detective'. I love the book *Helter Skelter* about the Manson murders. I've toyed with the idea of becoming a cop.

**You're a judge on *The Face* – what's that like?**
It's such a great concept. I host *Sweden's Next Top Model* back home, but I come across as pretty boring on it. That's not my personality, though.

**Have you had any fights with fellow judge Naomi Campbell?**
There have been a few fights, for sure – I'm not shy and I *really* like to win – but we've also had times when we've cried laughing. Naomi is the tough-love judge, Erin O'Connor is the nurturing one and I'm the sisterly one who wants everyone to have a good time.

**What's next for you?**
More work – it's fun to dip in and out of TV and modelling. I'd also like to do sports TV and I want to go on a few adventures like climb Mount Kilimanjaro. I never used to sleep much, but I'm really trying to. It's taken me 28 years, but I've finally learned how to relax.

*The Face starts on Sky Living in October*

@CAROLINEWINBERG

Photography: Getty Images, Anthea Simms, David Vasiljevic.

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# PRECIOUS METAL

*Mix and match in silver and gold, layer it up or dress it down. If you want to make the ultimate style statement this season, look no further than **Amazon**'s designer jewellery boutique*

**Left:** Gold-plated necklace, £189, and gold-plated earrings, £162, all Imogen Belfield. On left hand: Gold-plate and crystal bracelet, £180, Maria Francesca Pepe. Gold-plated silver ring, £219, and gold-plated silver and blue topaz ring, £309, all Laura Gravestock. On right hand: Gold-plated silver ring, £171, Zoe & Morgan. Gold-plated crystal bracelet, £567, Mawi
**Right:** Gold-plated silver earrings, £159, Laura Gravestock. Gold-plated silver necklace, £237, Pearl & Queenie. On left hand: Gold-plated ring, £203, Imogen Belfield. Gold-plated silver bracelet, £264, Pearl & Queenie. Gold-plated silver bracelet (near sleeve), £250, Elegano. On right hand: Gold-plated ring (middle finger), £108, and gold-plated ring, £122, all Imogen Belfield. Gold-plated silver bracelet, £375, Elegano

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**AMAZON.CO.UK/JEWELLERYBOUTIQUE**

Ruthenium-plated silver and crystal earrings, £155, Husam El Odeh. Rhodium-plated necklace, £157, Maria Francesca Pepe. On left hand: Silver and quartz pavé ring, £270, Oak. Rhodium-plate and lapis lazuli bracelet, £81, Maria Francesca Pepe. Silver bangle, £195, Laura Gravestock. Rhodium-plated silver bangle, £135, and ruthenium-plated silver bangle, £135, all Oak. On right hand: Rhodium-plated bracelet, £87, Maria Francesca Pepe

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**Left:** Silver, blue topaz and amethyst earrings, £140, silver and amethyst ring, £145, silver and blue topaz ring, £80, and silver, blue topaz and amethyst ring, £145, all Katie Rowland. Resin and crystal bangle, £210, Nicholas King
**Right:** Gold vermeil and ruby earrings, £250, Claire English. Gold vermeil necklace, £120, Alexis Dove. Gold-plate and agate cuff, £170, and gold-plate and lapis lazuli cuff, £168, all Maria Francesca Pepe. Gold vermeil bracelet, £230, and gold vermeil and amethyst ring, £235, all Assya

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**This page:** Gold-plate and crystal ear cuff, £50, Maria Francesca Pepe. Gold-plated earrings, £122, Fiona Paxton. Gold-plated silver and blue topaz necklace, £235, Laura Gravestock. Gold-plated silver necklace, £351, Husam El Odeh
**Opposite:** Gold-plated silver and crystal ear cuff, £252, Husam El Odeh. Gold vermeil and ruby necklace, £350, Claire English. On left hand: Gold and brown diamonds ring, £4,460, Leyla Abdollahi. Gold-plate and agate cuff, £135, Lola Rose Boutique. On right hand: Gold vermeil and quartz cuff, £145, Dinny Hall. Gold-plated silver ring, £275, Zoe and Morgan

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# FASHION

ELLE

***Nº1*** *Wanderlust › Adventures in eclectic style* ***Nº2*** *My friend Natalie Portman › Actor Tom Hiddleston interviews an icon* ***Nº3*** *Meet Navy, the other colour of the season › As modelled by Caroline Winberg* ***Nº4*** *New Girl: The 10 models to watch › Trust us, these are the faces of the future*

Photography: Olaf Wipperfürth.



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# WANDERLUST

*Layer on a vibrant mix of print, texture, shape and sportswear for a look that belongs to a true style adventurer, a fashion maverick. It's not what you wear, it's how you wear it*

Photography **Olaf Wipperfürth** Fashion **Anne-Marie Curtis** Model **Antonina Petkovic**

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**Previous page:** Wool-tweed jacket, price on request, and silk dress, from £9,850, both Givenchy by Riccardo Tisci. Cotton-mix leggings, £145, Hey Jo. Nylon trainers, £90, Nike Free 3.0. Wool-mix hat, £63, Eribé. Polyester bag, £150, Y-3
**This page:** Shearling coat, £7,070, Fendi. Viscose top, £1,150, Céline

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Olaf Wipperfürth

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Olaf Wipperfürth

**This page:** Wool coat, £1,800, Stella McCartney. Silk-chiffon dress, £2,270, Roberto Cavalli. Neoprene top, £60, Volcom (worn throughout). Cotton-mix leggings, £145, Hey Jo. Nylon trainers, as before
**Opposite:** Nylon jacket, £499, Duvetica. Beaded velvet top, £12,360, Dolce & Gabbana. Wool-mix hat, as before

Wool and cashmere-mix gilet, £420, Duvetica. Silk dress, £3,385, Elie Saab. Polyester leggings, £35, Nike. Leather and neoprene trainers, £110, adidas. Wool turban, from a selection, Boy By Band of Outsiders. Nylon arm-warmers, £195, Marni

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Olaf Wipperfürth

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**This page:** Silk-taffeta coat, £3,300, Moncler M. Silk skirt, £405, Red Valentino. Elastane-mix leggings, £42, and nylon trainers, £90, both Nike. Polyester bag, £110, adidas by Stella McCartney
**Opposite:** Wool jacket, £1,960, and matching skirt, £1,290, both Antonio Marras. Nylon top, £29.99, Volcom. Wool-mix scarf (worn as turban), £72, Eribé



Olaf Wipperfürth

Olaf Wipperfürth

**This page:** Polyester mac, £205, adidas by Stella McCartney. Wool jacket, £910, Gucci. Wool-tweed skirt, £1,950, Chanel. Nylon-mix leggings, £60, adidas by Stella McCartney. Leather and suede trainers, £240, Hogan
**Opposite:** Silk sleeveless shirt, £1,248, Vivienne Westwood Gold Label. Cotton-mix top, £490, Viktor & Rolf. Plastic scarf, made to order, Gareth Pugh

Nylon dress, £1,225, wool skirt, £825, and nylon and metal belt, £120, all Miu Miu. Nylon top, as before. Elastane-mix leggings, £42, Nike. Nylon trainers, as before

Olaf Wipperfürth

**This page:** Nylon gilet, £256, Duvetica. Wool jacket, £1,225, and silk dress, £1,485, both Prada. Elastane-mix leggings, £42, Nike. Leather and suede trainers, £240, Hogan **Opposite:** Nylon jacket, £850, Moncler Grenoble. Metallic polyester jacket, £75, adidas by Stella McCartney. Wool and feather trousers, £1,620, Louis Vuitton. For shopping details, see Address Book. Hair: Halley Brisker at Jed Root using Bumble & bumble. Make-up: Andrew Gallimore at CLM Hair and Make-up using Dior Airflash Spray Foundation and Capture Totale Skincare. Location manager: Mark Reeves (snowdoniamountain guides.com) Model: Antonina Petkovic at The Society. With thanks to Plas Rhianfa (plasrhianfa.com)

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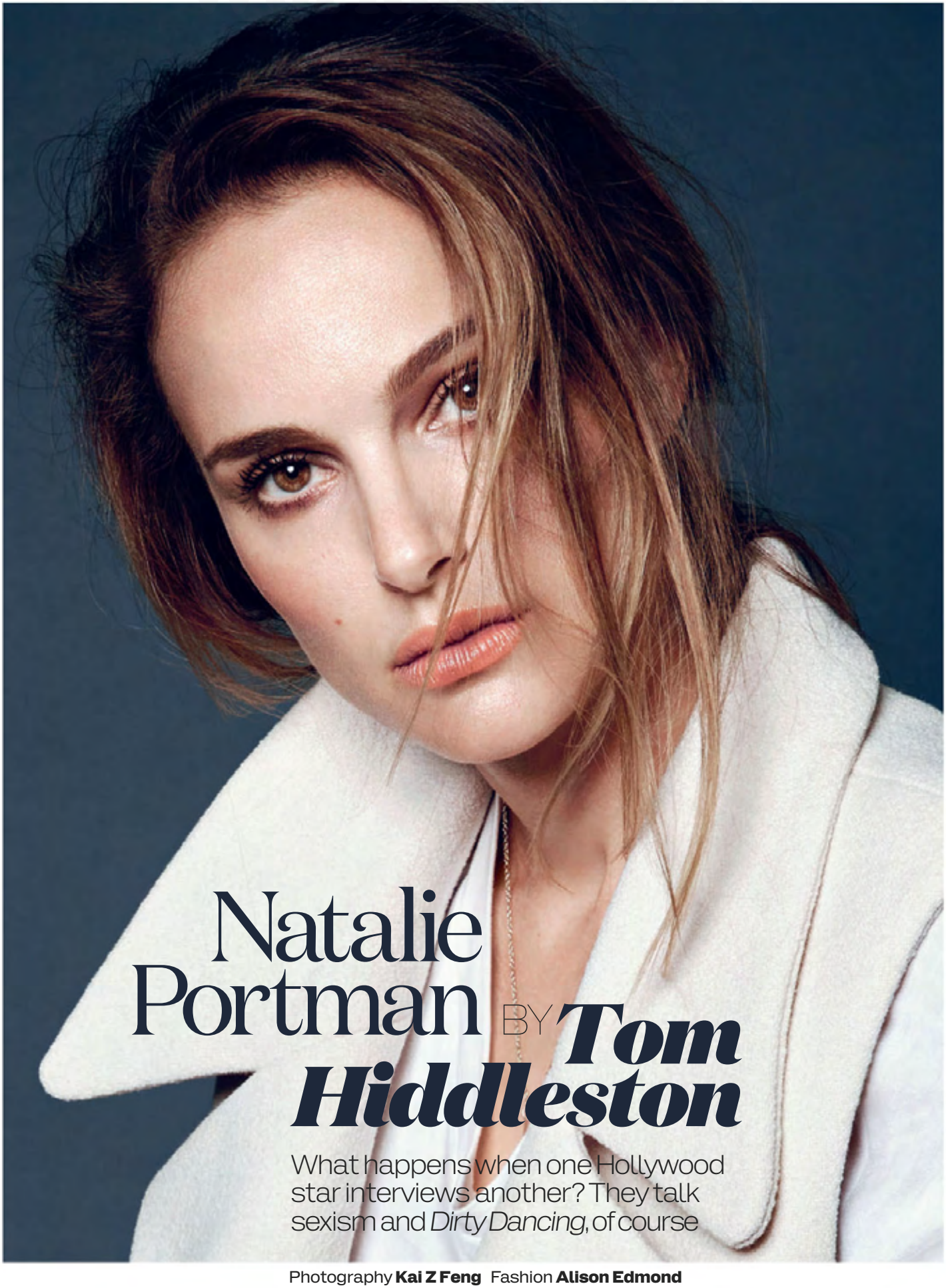

# Natalie Portman BY Tom Hiddleston

What happens when one Hollywood star interviews another? They talk sexism and *Dirty Dancing*, of course

Photography **Kai Z Feng** Fashion **Alison Edmond**

**This page:** Wool jacket and silk-twill shorts, both Chloé. Cotton-mix T-shirt, Jenni Kayne. Canvas shoes, Stella McCartney. Rose-gold necklace, Annina Vogel
**Opposite:** Wool jacket, cotton-mix T-shirt and rose-gold necklace, all as before

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Natalie Portman has a neat right hook. I know this because the first time we shared screen time, she punched me in the face. She bursts out laughing when I remind her of this over dinner, while interviewing her for ELLE. 'Wait, didn't I miss? I feel like once I actually hit you – and too hard. And once, I missed?' Ben Cooke, Fight Director on *Thor: The Dark World* (in which I play the villainous Loki and Natalie plays Jane, the heroine), had to give us both a little coaching before she landed the blows. 'Natalie, elbow up a bit. Really go for it. Tom's a big guy, he can take it.' I've actually been hit on screen before, by Jeremy Irons, as King Henry IV in *The Hollow Crown*, and have since been asked who hits harder. 'I really hope you say me! The force comes at you a lot harder when it's from below, right?' Natalie says.

In fairness to Natalie, four times out of five she dutifully missed, because on screen, punches are all about angles. A camera has an inaccurate perception of depth, so it's fine for the actor doing the punching to miss by several inches. Natalie was missing by a good margin, because she didn't want to hit me by accident. But there's nothing like the real thing: after four misses, she connected with my chin. The real thing, I'm pleased to say, is in the finished film. Jeremy Irons might *just* have the edge, but then he also had two very regal rings on his right hand.

It's worth saying that Natalie laughs a lot, in an incredibly infectious way. On set, she highlights the delightful absurdity of acting. Take, for example, 22 December, 2012. The whole of London is lighting the fire and clinking a glass of something fizzy, but Natalie, Chris Hemsworth (who plays Thor) and I are on a spaceship. It stands – dark and monolithic, surrounded by a fluorescent green screen – on the set of *Thor: The Dark World*. In the scene, Thor, Jane and Loki have to get somewhere very fast and urgently, but this drama is at odds with the festive mood of the crew, who are all wearing Santa hats. It feels like the last day of term. But once the director calls 'Action', it is our job to truly believe that we are breathlessly chasing through the stars above Asgard, the realm of the gods. But then, when he calls 'Cut', there we are, three adults – two of us dressed as gods – in a fibreglass spaceship, just outside the M25, three days before Christmas. Natalie is the first to get the giggles. And then she sets us all off.

Many people like to make distinctions in acting – between genres and styles – but it is one thing only, really, at its root: an act of imagination. Child's play performed by grown-ups. Sometimes, of course, it's less of a stretch. If you're playing someone sitting in a café having a chat about the weather, the imaginative leap feels closer. If you're playing gods in space, the imagination has to work harder, but the goal is still the same. Both situations require belief and conviction, which is why Natalie is such a pro. She is exactly as truthful as Nina in *Black Swan*, as Alice in *Closer*, as Anne in *The Other Boleyn Girl*, as she is as Jane Foster in *Thor*. Of course, it hardly bears repeating that Natalie also has an innate natural grace and intelligence.

I was dressed in Elizabethan – as opposed to Asgardian – attire on the evening I first met Natalie, in the dressing rooms of the Donmar Warehouse, London. It was January 2008: I had been performing in Shakespeare's *Othello*; she had come to see her old friend Ewan McGregor, with whom she had worked on *Star Wars*. We met again on the set of Kenneth Branagh's *Thor* in 2010, but we didn't actually work *together* – our characters, Jane and Loki, never shared the screen. Our paths had crossed briefly six months previously, at Ken's house for an early round of rehearsals. On a hot summer's day, Chris Hemsworth and I – on-screen brothers and rivals – had been dispatched to go and train together. At the very moment Natalie walked through the front door, Chris and I – to our eternal embarrassment – arrived back from a run, wearing (accidentally) matching Nike gear, out of breath and drenched in sweat.

Fast-forward to August 2013, and I am sitting in the worst Los Angeles rush-hour traffic I have ever experienced. While I am far from native, I did once live in the city for a year, and like to think I have got the measure of the place. Today, however, I have got it completely, tragically wrong. I had allowed two hours to get from Santa Monica to the restaurant in Hollywood where I was due to meet Natalie for dinner. It takes three. At one point, in an effort to escape the gridlocked freeways, I decided to 'take the streets', as the locals say (the smaller boulevards and avenues that make up the LA map), and ended up sitting, sad and stationary, for 30 minutes.

Natalie is gracious over email as my ETA pushes further and further back. Eventually, after the Southern Californian sun has long since set, I pull into a strip mall on Hollywood Boulevard, a stone's throw from Los Feliz. Tucked away in between Thai massage parlours, neon-bright nail spas, and an accident insurance firm, Natalie has been waiting for me at Carousel, a small but bustling Middle Eastern restaurant. The waiters, crushingly, give me a hero's welcome. I can't find Natalie, though. All I can see is a wedding party in full swing, with lots of laughing and toasting, at two long tables stretching the length of the restaurant. But there are three secluded booths, and there she is. I'm very much hoping she won't punch me in the face (again) but, frankly, I deserve it.

I apologise profusely for being a terrible human being with an appalling standard of punctuality, but she gives me a big hug and a warm smile. 'You've been sitting in a car for three hours. I've been here 20 minutes, playing on my phone.' She's ordered a feast: bowls of hummus and pitta bread, two big plates of salads, countless sides of courgettes, peppers and spiced cucumbers – and a chicken kebab for me. We drink endless glasses of Arnold Palmer (iced tea and lemonade) and, once we've caught up and chowed down, Natalie orders a mint tea, and recommends an Armenian coffee for me. It's rather like unfiltered espresso. 'It's got the mud in it,' she says with a smile.

**T: I'm going to be the worst interviewer ever.**
**N:** No, you're not. What's your interview technique?
**T: I thought I'd better behave like a serious reporter, so I rewatched all of your films.**
**N:** [Laughing] Oh my god, I'm so sorry you had to sit through that!
**T: I picked ones that I remembered loving. I watched *Léon* again – I hadn't seen it since I was 14, the age you were when you made it.**
**N:** I do like the movie. The director, Luc Besson, is incredible. But I remember the reviews at the time said: 'This Lolita-like nymphette should not be allowed on screen.' I *am* so little in it. It's interesting because I think about kids now – their lives are so documented, because it's so easy with iPhones that even little kids watch themselves. I wonder how it'll affect a whole generation who grow up that way. It had an effect on me – I became more conscious of how I walked, talked and looked because I was constantly seeing myself. ›

Sequined silk jacket, Acne. Satin dress, Stella McCartney. Silk slip, Fifi Chachnil. Gold and diamond ring (on pinky finger), Dina Kamal. Rings (on ring finger, worn throughout), both Natalie's own

**Kai Z Feng**

‘A movie about a weak and vulnerable woman can [still] be feminist’

**This page:** Embellished satin jacket, and viscose-mix skirt, both Prada. Cotton T-shirt, Calvin Klein. Gold and diamond ring, Dina Kamal. Silver and diamond fingertip ring, Sophie Bille Brahe **Opposite:** Pink lace dress, Dior. Yellow-gold ring (on right hand), Dina Kamal.

**Kai Z Feng**

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‘My parents protected me from bad things that happen to young women in this industry’

**This page:** Embroidered silk jumpsuit, Rodarte. Cotton top (worn underneath), Rick Owens
**Opposite:** Black silk-mix jacket, Costume National. Black lace dress and pale pink wool bralet, both Dior. Silver necklace, Sophie Bille Brahe. Diamond ring (on middle finger), Dior Joaillerie

**Kai Z Feng**

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**T: I rewatched *Closer*, too. I enjoyed it so much more this time than the first time I saw it, 10 years ago.**
**N:** Well, also it's one thing to see adult, fucked-up situations when you're 20. At 30, you've heard of a lot more fucked-up relationship stories, or lived them. There's a line that still affects me to this day, which is when my character says, 'It's always a choice,' because Jude [Law's character, who has betrayed Natalie's character] is saying, 'I couldn't help myself'. That's what people always say, but it *is* a choice, all the time. I see it a lot – this romantic view of the world where you fall in and out of love on a whim. It ignores the depth of trying to know another human being and respect them and love them, and puts in its place the excitement of an immediate intimacy. But really knowing someone? *That* is such an opportunity.
**T: I once worked with a director who said that, as an actor, 'Your work can become like a time capsule – a document of your soul.' At specific moments in your life, you are drawn to characters because you need that experience. Is that true for you?**
**N:** I guess a lot of artists, even directors, have a particular thing that is theirs to express. Yet there are times in my life when I've chosen to work wherever I was able to get a job, so I wouldn't endow everything with meaning. Sometimes movies affected my behaviour, though – in trying to understand something going on in the character's mind, I did things in my own life that were reflective of that.
**T: I've done that with Loki a couple of times.**
**N:** [Laughing] You've wanted to destroy the world?
**T: No! Which directors have you most enjoyed working with?**
**N:** Mike Nichols [who directed *Closer*] is one of the only men I've ever met with no sexism in his heart. You don't feel like you're being spoken to as a woman, which is very unusual with directors. He just interacts with your mind. You can see why he dated Gloria Steinem and married Diane Sawyer – both brilliant, strong women. Terrence Malick is also amazing. He's a very special person. He listens, and he remembers everything. How many people do you have a conversation with and the next time you hang out with them, a month later, they don't remember anything you said? He also has a completely different way of shooting to anyone else. Movies have this ritualised way of happening. I mean, obviously, every set feels different, and every director has their own different way of talking to you, but ultimately there's the same structure and the same way of doing everything, on every movie. But he just does it his own way.
**T: You made two films with Malick – *Knight Of Cups* and an as-yet untitled project. Wasn't he the first director you worked with after having a baby?**
**N:** Yes. He was so funny. He would say, 'You don't have to come in tomorrow, I know you'd rather be with your family.' But I said, 'I want to be in the movie! I'd love to be with my family, but don't write me out.'
**T: Does it change your attitude to work – being a mum?**
**N:** Yes – acting feels really easy. I *love* being a mum, but it's much more intensive work than being an actress – going to work feels like you've got a day off. Not that I want a day off from being a mum, it's just perhaps I had this impression before that mums don't work. But they work more than anyone.
**T: Would you let your children act?**
**N:** I feel really grateful that my parents let me follow my passion. When you're young, there's a purity to your love of doing something that's uninfluenced by what you're supposed to be doing and has more to do with what you inherently love. I was lucky enough that my parents both paid attention to and encouraged my passion, while protecting me quite strongly from the bad things that easily happen to young women in this industry.
**T: Would you call yourself a feminist?**
**N:** Yes, in that I want every version of a woman and a man to be possible. I want women and men to be able to be full-time parents or full-time working people or any combination of the two. I want both to be able to do whatever they want sexually without being called names. I want them to be allowed to be weak and strong and happy and sad – human, basically. The fallacy in Hollywood is that if you're making a 'feminist' story, the woman kicks ass and wins. That's not feminist, that's macho. A movie about a weak, vulnerable woman can be feminist if it shows a real person that we can empathise with.
**T: Does sexism make you angry?**
**N:** Yes, but then I think about my idols – women from the 1950s and 1960s who encountered systematic sexism and simply worked a thousand times harder than any man to earn their position. Any woman who was a doctor, lawyer, politician or activist before my generation had it a hell of a lot harder and fought back by being indisputably the best. So I try not to whine, and instead be the best at my job that I can be. But sexism is absolutely present throughout the film industry – as are racism and ageism.
**T: To completely change the subject, what's your favourite place you've ever shot?**
**N:** I absolutely love Berlin. Madrid was amazing, working on *Goya's Ghosts* – I went to the Prado museum every day. And I learned to love Tunisia on *Star Wars*. The first time we went it was very, very hot, so it was quite hard, but the second time, I just absolutely fell in love with North Africa. I also really love Santa Fe – *Jane Got A Gun* was shot there.
**T: How's your horse riding?**
**N:** It was fun, although I had the best double – Cassidy Hice. She's a third-generation stuntwoman. I thanked her every day, for making me look cool.
**T: You've just reminded me of a question I have – but first of all, on public record, we need to note that Chris Hemsworth knows every single word to *Point Break*. I remember on the *Thor* set in London last Christmas, he was re-enacting it for me in its entirety, which led to a general discussion about the all-round greatness of Patrick Swayze, which obviously led to *Dirty Dancing*. You perked up and said, 'Be very careful what you say about *Dirty Dancing*, because it has *formed my soul!*'**
**N:** To this day, it's the movie that I've seen most in my life: 'I carried a watermelon.'
**T: Have you met Jennifer Grey?**
**N:** Yes. We go to temple [synagogue] together. And I freak out every time I see her – I'm such a nerd! She kind of gets the 'polite eyes' when she comes, because she knows I'm going to jump on her. I wish I weren't as nervous as I am around her. I can't get over it.
**T: Have you ever discussed *Dirty Dancing*?**
**N:** Of course! I can't talk about it too much, or I'll start getting teary. There are other movies I love, but no other movie that I have watched over and over.
**T: I feel the same about *Ghostbusters*, which I just rewatched, it was in the Classics section on a plane!**
**N:** It makes me feel old when *Ghostbusters* is in the Classics section. Like clothes from the 1990s that are now 'retro'. I used to wear babydoll dresses when they were in fashion the first time around.
**T: Lastly: Did you enjoy punching me in the face?**
**N:** Oh my god: It was so good!

*Thor: The Dark World* is out 30 October
Find out more about Tom Hiddleston in our Q&A on p107

ELLE **WATCH IT**
See Natalie in action in our behind-the-scenes video at elleuk.com/elle-tv

Hair: Danilo at The Wall Group for Pantene. Make-up: Pati Dubroff at The Wall Group for Dior. Manicure: Christina Aviles at Lea Journo Salon. Props: Rae Scarton at Glue. On-set production: Shotsie at First Shot Productions. For shopping details, see Address Book.

Embroidered viscose-mix dress, Prada. Silver bracelet and silver double-finger ring, both Sophie Bille Brahe

**Kai Z Feng**

# MEET NAVY

## THE COLOUR OF THE SEASON

Supermodel Caroline Winberg wears autumn/winter 2013's must-have shade. It's your new neutral

Photography **David Vasiljevic**
Fashion **Natalie Wansbrough-Jones**

**This page:** Silk-mix top, £990, Christopher Kane
**Opposite:** Cashmere and wool jumper, £820, wool dress, £1,880, and leather boots, price on request, all Céline

Worldmags.net

**This page:** Wool blazer, £1,110, and matching skirt, £426, both Maison Martin Margiela. Cotton shirt, £812, Meadham Kirchhoff
**Opposite:** Leather jacket, £3,000, Paco Rabanne. Cotton shirt, £880, Alexander McQueen. Neoprene skirt, £250, Emporio Armani. Leather shoes (worn throughout), £590, Chloé



**David Vasiljevic**

**This page:** Wool coat, £4,998, cotton shirt, £1,098, and cotton and leather trousers, £998, all Ralph Lauren Collection
**Opposite:** Polyester top, £169, Hugo Boss. Silk top (worn underneath), £865, Alexander McQueen. Wool-tweed skirt, £3,310, Chanel

David Vasiljevic

Wo[illegible]ags.net

**This page:** Silk-organza shirt, £199, Tommy Hilfiger. Silk skirt, £1,076, Dries Van Noten
**Opposite:** Satin jacket, £1,249, wool top, £475, and wool and silk trousers, £1,455, all Salvatore Ferragamo. Velvet and metal sandals, £2,875, Alexander McQueen

**David Vasiljevic**

**This page:** Wool-mix coat, £2,250, Jil Sander
**Opposite:** Cotton shirt, £341, Karl Lagerfeld. Silk trousers, £950, Christopher Kane

David Vasiljevic

**This page:** Cotton shirt, £460, and wool-felt skirt, £955, both Chloé **Opposite:** Laminated wool-cashmere coat, £3,995, Burberry Prorsum. Wool top, £265, and wool-mix trousers, £465, both Paul Smith. For shopping details, see Address Book. Hair: Halley Brisker at Jed Root using L'Oréal Paris. Make-up: Shinobu at CLM Hair & Make-up using Shu Uemura. Manicure: Adam Slee at Streeters for Rimmel London. Set design and props: Alexandra Leavey at Soho Management. Model: Caroline Winberg at IMG Models London. With thanks to Spring Studios

WomenMags.net

David Vasiljevic

**ELLA MERRYWEATHER** IMG
Mohair-mix cardigan, £39.99, H&M. Wool socks, £7, Calzedonia, worn throughout

# NEW GIRL

Remember these faces, because ELLE predicts big things for these 10 models. You saw tomorrow's supermodels and cover stars here first

Photography **Kal Griffig**
Fashion **Natalie Wansbrough-Jones**

# The top 10 models to watch

**ANNA LUND** IMG
Boiled-wool jumper, £89. Cos. Wool shorts, stylist's own. Cotton-mix socks, £5.95, Oroblu, worn throughout

**LAURA O'GRADY** SELECT
Wool-mix coat, £75, Next. Wool jumper, £59, Cos. Wool shorts, stylist's own



Kal Griffig

**CHARLOTTE BURGON** SELECT
Faux-leather jacket, £37.99, Internacionale. Wool and mohair-mix jumper, £55, & Other Stories

**MATHILDA TOLVANEN** IMG
Wool and alpaca jumper, £200, Zadig & Voltaire. Crepe-mix dress, £49.99, Intimissimi. Faux-leather shoes, £39.99, Zara

**KRISS** IMG
Wool jumper,
£99, Hobbs

Kal Griffig

**SELENA** PREMIER
Alpaca-mix jumper, £45, Esprit. Faux-leather shoes, £39.99, Zara

**JULIA ALMENDRA** PREMIER
Wool cardigan, £49.99, Gap. Cotton top, £24.99, Superdry. Leather shoes, £225, L.K. Bennett

**Kal Griffig**

**MOLLY SMITH** NEXT
Wool jumper, £29.99, H&M. Cotton dress, £110, French Connection. Leather shoes, £225, L.K. Bennett

**Kal Griffig**

**EVA DOWNEY** VIVA
Lambswool and angora jumper, £198, Hunkydory. Cotton shorts, £44.95, Gap. Wool-mix socks, £13, Falke. Leather shoes, £225, L.K. Bennett

Hair: Halley Brisker at Jed Root using Bumble and bumble. Make-up: Lesley Chilkes using Shu Uemura. Models: Anna Lund, Mathilda Tolvanen, Kriss and Ella Merryweather, all at IMG London. Charlotte Burgon and Laura O'Grady at Select Model Management. Eva Downey at Viva London. Julia Almendra and Selena at Premier Model Management. Molly Smith at Next Models. Set design and props by Alexandra Leavey at Soho Management. With thanks to Spring Studios

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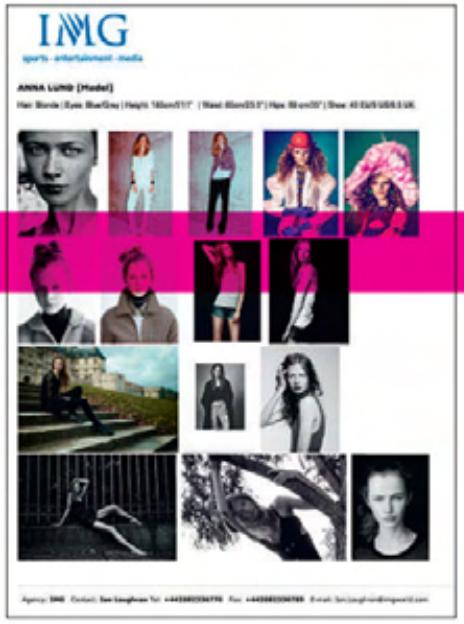
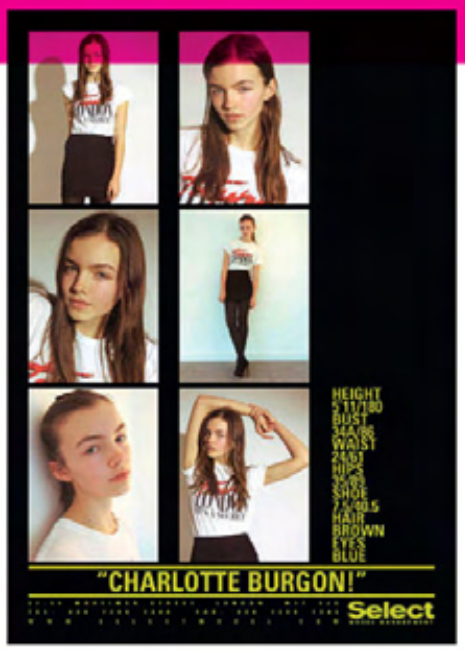
# STYLE FOR LESS

Compiled by **Jules Kosciuczyk**





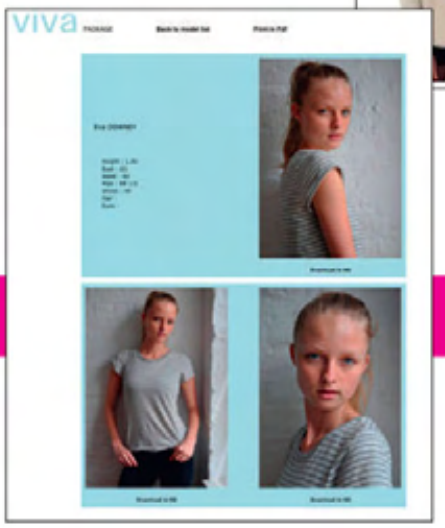

**CHARLOTTE BURGON**
SELECT
**Height:** 5ft 11in
**From:** Herts, UK
**Best moment:** Opening for Jean Pierre Braganza's a/w 2013 show
**Loves:** My *Star Wars* box set!
**Favourite place:** Brick Lane, London
**Style staple:** Topshop's skinnies
**Travel essentials:** My iPod, a Dan Brown book and Clinique toner

**ANNA LUND**
IMG
**Height:** 5ft 11in
**From:** Aarhus, Denmark
**Loves:** Nutella with everything
**Favourite cities:** Copenhagen and New York
**Best thing about being a model:** Getting to travel to, and explore, new places
**Favourite TV Show:** *How I Met Your Mother*
**Travel essentials:** Lip balm, sunscreen and sunglasses

**MATHILDA TOLVANEN**
IMG
**Height:** 5ft 10in
**From:** Lahti, Finland
**Style:** Cool and comfortable
**Best jeans:** Uniqlo
**Discovery story:** I walked into my now-agency and was signed on the spot
**Favourite show:** All of them!
**Beauty essentials:** Chanel powder, YSL Touche Éclat and a mirror

**ELLA MERRYWEATHER**
IMG
**Height:** 5ft 10in
**From:** Cornwall, UK
**Fashion obsession:** Vans
**Hand luggage essential:** My skateboard
**Discovered at:** A surf festival in Cornwall
**Favourite band:** Kings of Leon
**How she spends her downtime:** Hanging on Cornish beaches with close friends

**MOLLY SMITH**
NEXT
**Height:** 5ft 9.5in
**From:** Derby, UK
**First show:** Roksanda Ilincic
**Style icon:** Rosie Huntington-Whiteley
**Defining moment:** Shooting in a hot air balloon in Switzerland
**Favourite film:** Anything by Quentin Tarantino
**Beauty essentials:** A bright lipstick and aloe vera



**KRISS**
IMG
**Height:** 5ft 10.5in
**From:** London, UK
**Most defining moment so far:** Travelling to so many amazing countries
**Fast fact:** My parents are both Latvian
**First show:** Central St Martins grad show
**Best place to party:** Festivals!
**Style essential:** High-waisted skinny jeans
**Favourite box set:** *90210*

**SELENA**
PREMIER
**Height:** 5ft 9.5in
**From:** New York, USA
**Place she feels happiest:** Club Duvet, hosted by DJ Pillow
**Favourite snacks:** Pumpkin seeds, almonds and dark chocolate
**Beauty essentials:** Tea tree oil and vitamin E
**Travel essentials:** Moral compass, magic wand
**Hand luggage essentials:** Kindle, digital camera, Moleskine notepad

**EVA DOWNEY**
VIVA
**Height:** 5ft 10in
**From:** Takapuna, New Zealand
**Must-watch box sets:** *Breaking Bad*, *True Blood* and *Game Of Thrones*
**Favourite city:** My now-hometown, Sydney
**Most treasured item:** A flamingo-print beach bag
**Hand luggage essentials:** iPhone, headphones, book
**Best jeans:** Ksubi

**LAURA O'GRADY**
SELECT
**Height:** 5ft 10in
**From:** Dublin, Ireland
**First show:** Bora Aksu, s/s 2013
**Style icon:** Audrey Hepburn
**Favourite city:** Dublin, my hometown
**Ultimate movie:** Everything by Hitchcock

**JULIA ALMENDRA**
PREMIER
**Height:** 5ft 10in
**From:** Hamburg, Germany
**Favourite box set:** *South Park*, *The Simpsons*
**Travel essentials:** My iPad, I love it!
**Best place to party:** Open-air festivals
**Snacking essentials:** Bananas, cheese, avocado
**Must-visit places:** Berlin, London, Ibiza

**SEE IT**
For more new faces to watch, go to elleuk.com/catwalk/models

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Two.

NEW

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†Source: The NPD Group 2012.

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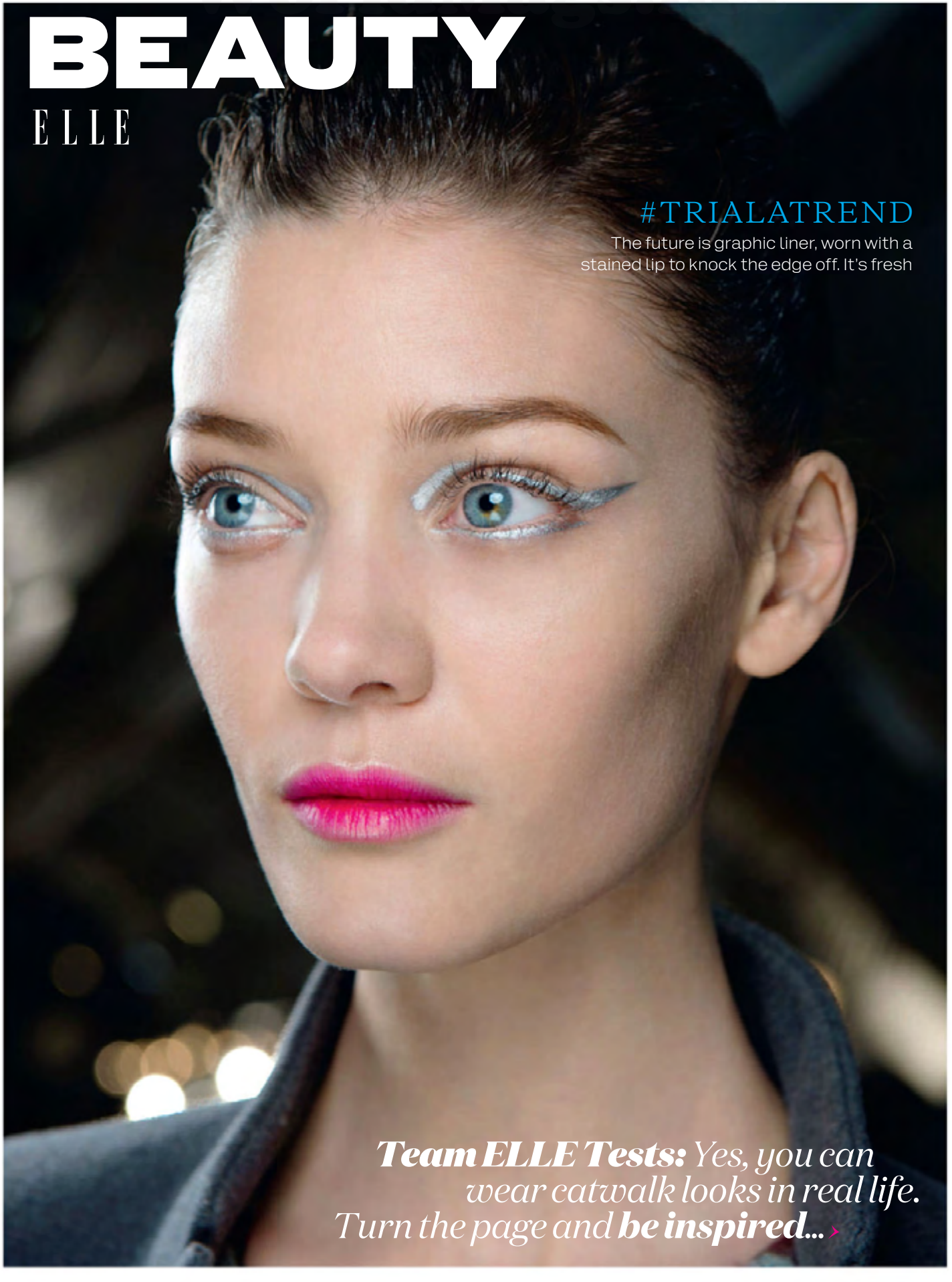
# BEAUTY

ELLE

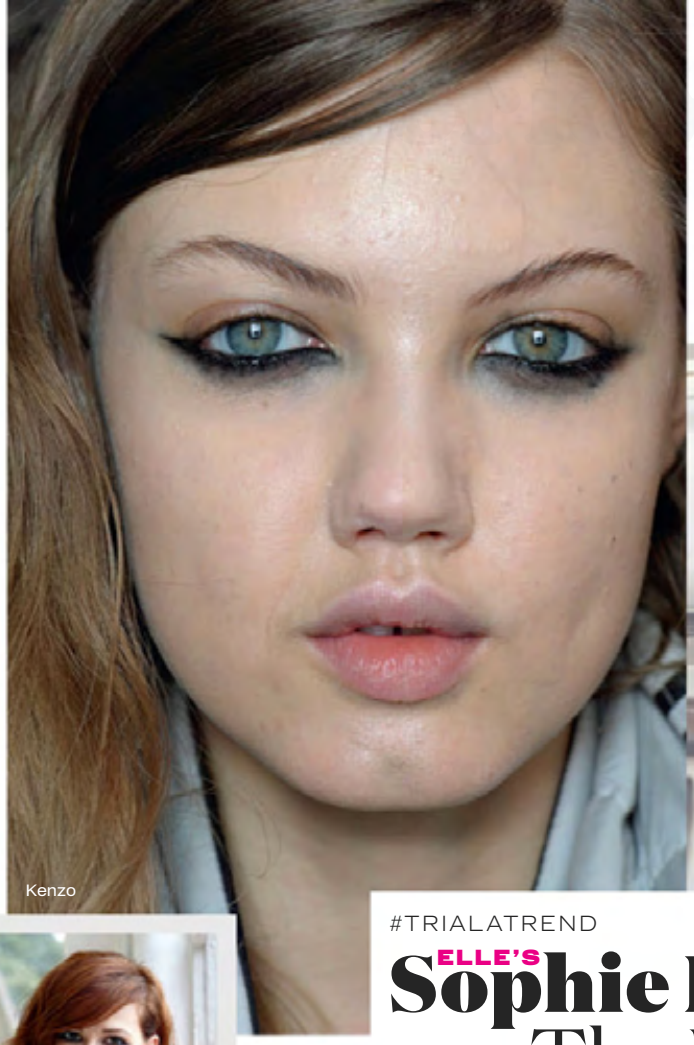


## #TRIALATREND

The future is graphic liner, worn with a stained lip to knock the edge off. It's fresh

***Team ELLE Tests:*** *Yes, you can wear catwalk looks in real life. Turn the page and* ***be inspired...***

Photography: Jason Lloyd-Evans.


Kenzo

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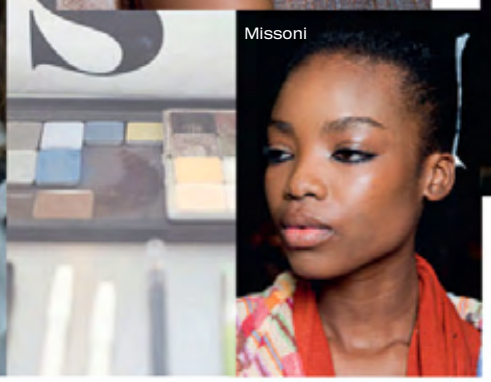
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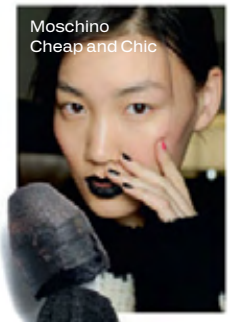
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#TRIALATREND

# ELLE'S Sophie Beresiner TRIES The Rebel

*This is a fresh take on the smoky eye and textured hair combo. We love*

### WHY WE LOVE IT
Capturing what is arguably the definitive mood of the season, this is just-out-of-bed hair and artfully smudged eyeliner, done to messy perfection.

### WHY YOU WILL LOVE IT
It's your chance to break all the usual beauty rules. Smudge your lipstick on your wine glass and let your hair get dishevelled (leave it alone!). Unbelievable as it sounds, you'll look better for it. Got it?

### HOW TO WEAR IT
Tone down the more-extreme catwalk look for a more wearable, real-life version.
**1.** Brush a warm light taupe on top eye lid, then scribble grey kohl pencil under bottom lashes and flick out. Buff with a clean eye-shadow brush.
**2.** Line the waterline (the wet line of the lower lash line) with black kohl for extra definition, and apply two coats of mascara to finish.
**3.** Balance dark eyes by adding warmth to your skin. Use bronzer to sculpt cheeks and lift your complexion.
**4.** A creamy nude lip works better than a dry nude for this look. Attractive but carefree is the goal.

### HAIR
Freshly washed hair may usually mean fluffy, but the aim here is unstyled-looking tousled and textured. Blow your hair out so it starts with a smooth base, then tong fat sections in the middle. The natural roots and ends will make it look like you haven't done anything, but the fact you have really makes the difference.

**SOPHIE'S TIP:**
*'Undersmoke (eyeshadow under the lower lash line) sounds scary, but winging it out at the corners has the same effect as an eyeliner flick on top. Don't skip the lip colour, it made me feel more "done".'*

4.

1.

2.

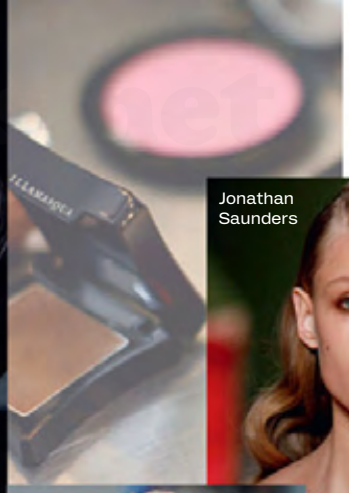
3.

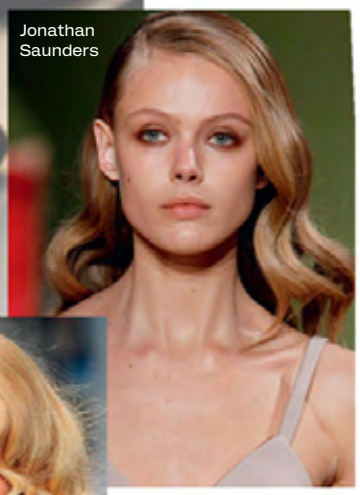
**WHAT SOPHIE USED**
**1.** Stila Smudge Crayon Waterproof Eye Color in Black, £14
**2.** Elizabeth Arden Eight Hour Cream Nourishing Lip Balm, £18
**3.** SHOW Beauty Premiere Working Texture Spray, £30
**4.** Bourjois Maxi Delight Bronzer, £6.99
**5.** Bobbi Brown Long-Wear Even Finish Foundation, £30
**6.** Smashbox The Nude Lip Pencil, £13
**7.** Maybelline Volum' Express The Rocket Mascara, £7.99

7.

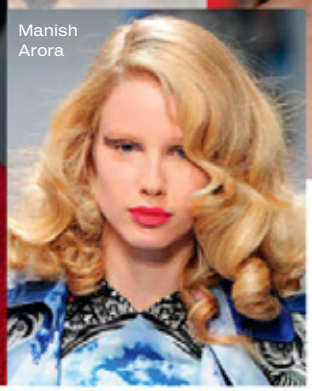
5.

Carolina Herrera

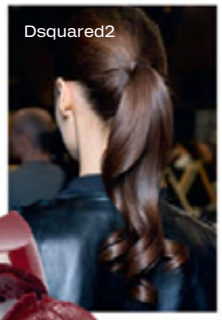




Jonathan Saunders



Manish Arora



Dsquared2

#TRIALATREND

# ELLE'S Amy Lawrenson TRIES The Lady

*Autumn/winter's lady is feminine with a subversive twist. Tempted?*

### WHY WE LOVE IT

You don't have to be super feminine to wear this. This look is grown-up, but still a bit rough around the edges. Glossy but tough. Beautiful but still bold.

### WHY YOU WILL LOVE IT

It's not clichéd. It's red lips, but rusty eye shadow. It's Forties' waves, with a modern dip-dye. This is the trick to The Lady – add your own personality and don't be afraid to introduce jarring elements.

### HOW TO WEAR IT

Be brave and go for 'off' red, which is one of the biggest colours of the season. There's nothing 'retro' here.

**1.** To wear bold colours, skin needs to be flawless, so start with a perfect base. Buff your foundation on with a brush and contour cheeks using matte bronzer.

**2.** When applying your rust-coloured eye shadow, load the brush and remove excess by tapping on your wrist. Apply shadow around the top and bottom lash line, building up in layers on the top lid for extra depth. Stay close to the lash line, to make your eyes stand out.

**3.** Apply black mascara to just your top lashes.

**4.** Don't meticulously paint on lipstick, this is the *modern* lady. Pat colour on with your finger.

### HAIR

You're aiming for smooth and set here. Curl hair with tongs or rollers to create big waves for a retro finish that's not too Hollywood glam. You don't want swishy bounce, so curl sections of hair and roll up to your head. Clip up into pin curls and leave to cool. To finish, brush out with a soft-bristle brush and mist with hairspray to set the look. ›

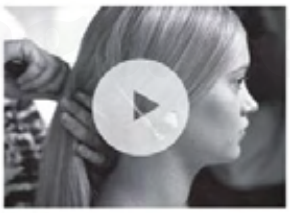
### AMY'S TIP:

*'You are wearing maximal make-up, but you have to try to forget, otherwise your make-up will wear you. It doesn't matter if your lipstick imprints on your coffee cup – that's sexy in itself.'*

### WHAT AMY USED

**1.** Jane Iredale Bitty Brow Kit, £49.95
**2.** New CID i-pout Light Up Lipstick in Very Cherry, £16
**3.** Benefit BadGal Mascara, £17.50
**4.** Alterna Caviar Working Hair Spray, £27
**5.** Cloud Nine The Wand, £119.95
**6.** Illamasqua Skin Base Lift Brightening Concealer, £16
**7.** Illamasqua Cream Pigment in Hollow, £17.50
**8.** Tromborg Blush in Vintage, £24

Photography: ac-cooper.com, Victoria Adamson, Benoît Audureau, Matt Lever, Jason Lloyd-Evans, Anthea Simms.



**SEE IT**
Watch step-by-step videos showing you how to get the looks at elleuk.com/beauty

#TRIALATREND

# ELLE'S Joely Walker TRIES The Boy-Girl

*Slick back your hair and brush up your brows for an autumn/winter look*

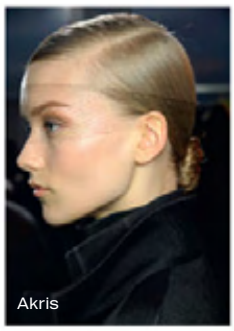
**WHAT JOELY USED**
1. Benefit High Brow Brow Lifting Pencil, £15
2. Stila Stay All Day Foundation & Concealer, £29.50
3. Benefit Brow Zings Brow Shaping Kit, £23.50
4. KMS HairPlay Dry Wax, £14.50
5. Tom Ford Shade & Illuminate Palette, £55
6. Mac 286 Duo Fibre Tapered Blending Brush, £22.50
7. Bobbi Brown Smoky Warm Eye Palette, £37

## WHY WE LOVE IT
It's a powerful, androgynous look, a more wearable version of the 'no-make-up make-up' trend. And, like most great things, it's simple yet effective. As seen at catwalk favourites Isabel Marant and Chloé.

## WHY YOU WILL LOVE IT
Slicked-back hair and boxy brows (as at Jil Sander) might not sound appealing, but put into action, they're the perfect blend of sophisticated and cool.

## HOW TO WEAR IT
With attitude – you'll enhance your natural features.
**1.** A perfect base will make you feel more confident when foregoing colour, so prep your skin with primer. Then, for a flawless finish, use a brush to buff foundation into your skin. Test new shades on your jaw line – the right one will 'disappear' on your skin.
**2.** Next, take your contouring palette and brush a line of the darker shade under your cheekbones. Blend up and into skin with fingers to lift and define.
**3.** Apply the nude shade from the brown smoky eye palette onto your eyelid using a blending brush. Then layer on a deep taupe shade on your eyelid and under your lower lash line for definition. Blend well.
**4.** You don't have to skip mascara, just opt for a plum or brown shade for a softer look. Then go big on your brows – brush them up using a wand, fill in sparse areas with eye shadow, and finish with light pencil lines.

## HAIR
Sleek hair means careful grooming, so arm yourself with heated tools, shine spray and wax. Depending on your hair texture, blow dry or straighten your hair until smooth, then create a side parting with a tail comb. Mist with a shine spray rather than using a gel – you want sleek hair, not wet-look. To keep longer hair neat, tie into a low ponytail.

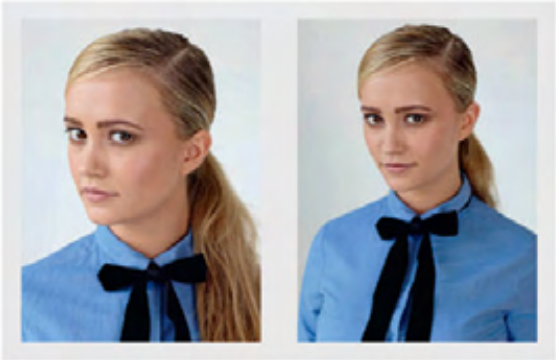

Akris

Jil Sander

Derek Lam

Dsquared2

**JOELY'S TIP:**
*'Tweak the trend to suit you. I went heavy on the eyes but did it with light taupes to give depth and interest. I added a "pretty element" with brown mascara and a nude lip.'*



Compiled by: Sophie Beresiner, Amy Lawrenson, Joely Walker. Photography: ac-cooper.com, Victoria Adamson, Matt Lever, Jason Lloyd-Evans. Hair: Niki Black. Hair colour: FOUR London and Bleach London. Make-up: Louise Dartford.

I do it
in the
stationery
cupboard.
(It's quick
and does
wonders
for my hair!)
SPRITZ IN, GO OUT.
SPRITZ IN, GO OUT.
SPRITZ IN, GO OUT.
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LIGHTWEIGHT
CONDITIONING SPRAY
"There's more to life than hair but it's a good place to start."

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# Lucky charm

We want to ***wear*** it, we want to ***smell*** it... well, we just **want** it

EXCLUSIVE

**Marc, you've done it again.** We were smitten with Daisy, in love with Lola, besotted with Dot, and now we're all-out infatuated with your newest scent, Honey, the most exciting thing to come out of the fragrance world this year. Well, until now. Make room (you won't need much, it's suitably compact) for the limited-edition Marc Jacobs Honey Solid Perfume Necklace. A gold pendant etched with black stripes conceals the fresh, floral scent – it's a fashion/beauty multi-tasker. *Marc Jacobs Honey Solid Perfume Necklace, £34, launches 1 November*

Compiled by **Joely Walker**
Photography **Victoria Ling**

**WIN IT** We have three Honey necklaces up for grabs. To win, go to elleuk.com/comps

# Car parks. Locker rooms. Roof tops. The Moon.

Now there's nowhere you can't give your hair a quickie between-wash boost. (Ok, maybe not the Moon.)

Behold, Aussie's new

# Miracle Recharge collection.

A gaggle of eight lightweight, leave-in conditioning sprays packed with luscious extracts of Aussie exotica.

Need a fix of de-frizz? A spritz of shine? Dashing straight out from work?

A dash of Miracle Recharge, on wet or dry hair, and suddenly you're re-jzhoojzhed (technical term).

It's just the thing for girls who are always on the move. (Even if their cupboard is stationary.)

SPRITZ IN. GO OUT.
SPRITZ IN. GO OUT.
SPRITZ IN. GO OUT.

"There's more to life than hair but it's a good place to start."

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THE MAKE-UP OF MAKE-UP ARTISTS

SOPHIE BERESINER
BEAUTY DIRECTOR

*ELLE's Beauty Director gives away all her secrets... The beauty ones, at least*

# The beauty brief

**FRIENDS WITH SKIN BENEFITS**
This YSL multitasker gives me more time in bed (the ultimate goal), while still making my skin look like I woke up five years ago. Its unique blend of serum and foundation provides both coverage and anti-ageing properties in one fell swoop. LOVE. YSL Youth Liberator Serum De Teint, £34

**SKIN REVIVERS**
I tried Dior's Airflash CC Primer and Matte Touch Finishing Powder Spray at a launch and I can promise you that in a world of beauty hype, these two products are buzz-worthy. The spray-on aerosol formula is the next generation in DIY flawless skin. Both are super-fine, whisper-light and impossible to get wrong. Dior Airflash CC Primer and Matte Touch, £30 each

**BLEACH AT BOOTS**
Bleach, the East London salon that pioneered dip-dyeing and influenced the ELLE office, is revolutionary in its approach to hair colour. So its new at-home hair range is about as exciting as it gets. Affordable, experimental, easy and cool, it includes *proper* pastels and brights that last three to six weeks. ELLE's Senior Beauty Writer Amy has tried the lot. Bleach London Non-Permanent Hair Colour Cream in The Big Pink, £5

**SOPHIE'S TO-DO LIST**

- ☐ Is it OK to buy new perfume when just spent my savings on Peter Pilotto? YES? GOOD. One of these: Le Labo Ylang 49, £52; Chloé Roses de Chloé, £52; Narciso Rodriguez Musc for Her, £66. (All of them?)
- ☐ Always ashamed of chipped nails in PR meetings. What kind of Beauty Director am I? Need some kind of permanently-perfect polish spell.
- ☐ Book in for Intraceuticals Oxygen Infusion Facial. Plenty of A-listers swear by this. Start saving for home machine like Kim K? Too extreme?

LUNCH-HOUR BUY

*If you get one thing today, make it this eyeliner. The two ends offer* ***thick and thin*** *options. And it's so precise, you could write your shopping list with it. But don't. SUCH a waste...* ***Tom Ford Eye Defining Pen****, £42*

ELLE **SEE IT • TEST IT**
ELLE's Amy tries out Bleach London hair colour at elleuk.com/beauty

Photography: ac-cooper.com.

The product most recommended by pharmacists for scars and stretch marks.

Opinion Health, 2011

UK's No.1 selling scar & stretch mark product.

IRI, 2013

"I was first introduced to Bio-Oil after I cut my leg while hiking. A friend recommended using Bio-Oil as soon as the wound had healed and I am so grateful for her advice! Thanks to my daily use of Bio-Oil, the scar is now just a faint line which I rarely think about. Then, 3 or 4 weeks back, I decided to try it on my face - I've been an outdoors person all my life and have more than my share of dry, tired-looking skin. Well, my skin feels much smoother and looks positively radiant! Needless to say, Bio-Oil now has a permanent place in my medicine cabinet!" Fiona Stewart

Bio-Oil® is a specialist skincare product formulated to help improve the appearance of scars, stretch marks and uneven skin tone. Its unique formulation, which contains the breakthrough ingredient PurCellin Oil™, is also highly effective for ageing and dehydrated skin. For comprehensive product information and results of clinical trials, please visit bio-oil.com. Bio-Oil is available at pharmacies and selected retailers at the recommended selling price of £8.95 (60ml). Individual results may vary.

Distributed in the UK and the Republic of Ireland by **Godrej Consumer Products (UK) Ltd.**

TEAR AND WEAR

# Nº4 SMOKY EYE **MASTERCLASS**

*Your step-by-step guide to classic sultry eyes*

## The ingredients

**Cream eye shadow**
Bobbi Brown Long-Wear Cream Shadow in Shore, £18.50

**Eye palette**
Giorgio Armani Eyes To Kill in Maestro, £49.50

**Blending brush**
Mac Blending Brush 217, £18

**Double-ended brush**
Bare Minerals Double-Ended Precision Brush, £24

**Kohl**
Maybelline Master Kajal in Black, £5

**Lash curler**
Revlon Lash Curler, £5.99

**Mascara**
Rimmel Scandaleyes Retro Glam Extreme Black, £6.99

**False lashes**
Shu Uemura Smoky Layers False Lashes, £18.50

**Paint pot**
Nars Eye Paint in Transvaal, £18.50

## The directions

### Classic smoke

1 **Apply neutral cream eye shadow** onto your eyelid using a clean finger, blending in for a smooth, long-wearing base. Choose matte textures – you can add shimmer later.

2 **Use the light grey** from your eye palette and your blending brush. Apply from the outer corners of your eye: work inwards, buffing in circular motions to make a winged almond shape. Look directly into the mirror – the shadow should only just be visible above the crease of your socket.

3 **Mix the dark grey and black shades** from the palette with your blending brush and repeat step two, ensuring the outer wing is darkest. Buff to keep the outline soft.

4 **Use the flat side of your double-ended brush** to apply the cream palette shade in the inner corner of your eyes and under your brow bone. Blend upwards to 'lift'.

5 **Draw a dotted line** along your upper lash line with kohl. Smudge into the roots with the point of your double-ended brush.

6 **Repeat step five** along the outer two-thirds of your bottom lash line, leaving your tear duct kohl-free.

7 **Apply kohl on your water line** for definition. If you find this difficult, place the pencil in the outer corner of your water line, close your eyes and sweep it across.

8 **Curl your lashes and apply mascara** from the roots, wiggling upwards. Repeat on your bottom lashes, flicking downwards.

9 **Touch up** the smoky shadow under your lower lash line using the leftover product on your blending brush.

### Extra impact

1 **Apply false lashes** for a more dramatic look. Check the size by holding in place without glue, then trim. Once glued, apply as close to your upper lash line as you can.

2 **Intensify** by patting a charcoal paint pot over your eye shadow. Blend with a brush.

3 **Smoky eyes are classically paired with nude lips**, but for evening try sheer colours.

## Substitutions and additions

**⟲ = swap + = add**

### SMALL EYES

⟲ **Black kohl** on the water line for Pixi Eye Bright Liner in Nude, £10.50, to open eyes.
⟲ **False lashes** for Eylure Naturalites False Lashes in 020 Natural Volume, £5.35, for a softer look.

### LIGHT EYES

⟲ **Grey palette** for smoky brown, like Smashbox Photo Op Eyeshadow Trio in Litho, £21.
+ **Brown and dark green** kohl to complement eye colour. Chanel Stylo Yeux Waterproof Long-Lasting Eyeliner in Espresso and Caledon, £19 each.

### DARK EYES

⟲ **Kohl** along the upper lash line for Benefit Magic Ink Jet-Black Liquid Eyeliner, £15.50, for more definition.
+ **Blue and purple** kohl to complement eye colour. Urban Decay 24/7 Glide-On Eye Pencil in Deviant and Asphyxia, £14 each.

Words: Joely Walker. Photography: Jason Lloyd-Evans.

ELLE ASK IT Any questions? Tweet #AskELLEBeauty @ELLEBEAUTYTEAM every Friday

COURTENEY COX

*thickens existing hair strands temporarily by coating

UP TO
10
YEARS
YOUNGER
Hair that looks up to
10 years younger*
NEW
New AgeDefy: Prepare for exceptional results.
Discover an advanced anti-ageing system, including the new Advanced Thickening Treatment: with a potent blend of vitamin B3, panthenol and caffeine, it restores, strengthens and adds flexibility, so you can reclaim hair's suppleness and lustre, for younger looking hair.
PANTENE
EXPERT
COLLECTION
AgeDefy
SHAMPOO
CONDITIONER
ADVANCED THICKENING TREATMENT
EXPERT
COLLECTION
PANTENE

TODAY I WILL
WORK (too much)
RUN (around)
SMILE (a lot)
SLEEP (or not)

Live a little,
your skin will forgive you

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NEW

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- PORES ARE VISIBLY REFINED

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« 3 OUT OF 5 WOMEN WOULD WEAR LESS MAKE-UP* »

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It rotates to cleanse, exfoliate and refresh your skin for 4x better cleansing***.
Turn your skincare routine into a revolution.

** Winner of over 27 beauty awards in Europe since 2008*
*** Tested on make-up cleansing vs. a range of other relevant and publicly available cleansing devices within and up to the £180 price bracket – UK 2012.*
**** Tested on cleansing make-up vs. Olay skin perfecting cleanser alone.*

**FOR BEAUTY TIPS VISIT**
**beautyrecommended.com**

BR

New product

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# TOP PICKS UNDER £50

We all love a little luxury *and* a good deal – which is why Team ELLE have tested low-cost beauty buys just for you. Here are our 12 top performers

Photography **Luke Kirwan**

## ANTI-AGEING SYSTEM

**Olay Professional Anti-Wrinkle Kit, £44.99**
**Tested by:** Susan Ward Davies, 42, Travel & Lifestyle Director
**Why?** I'm worried all the travelling for my job is having a negative effect on my skin.
**The results:** I've been told I look 'really well' a lot recently, so this kit – SPF 30 day cream, anti-wrinkle cream and eye and lip treatment – must do something!

## ANTI-AGEING SERUM

**L'Oréal Paris Revitalift Laser Renew Super Serum, £24.99**
**Tested by:** Christina Simone, 33, Workflow Director
**Why?** I've recently started to notice lines around my eyes and mouth, and the beginnings of an uneven complexion.
**Results:** There was less redness on my face after I'd used it for a month, and fewer laughter lines after two. My skin feels smoother all over, to the point that I've stopped using my normal moisturiser on top of the serum base.

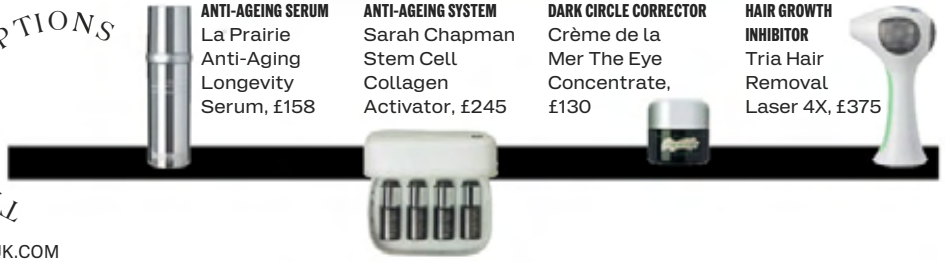
## DARK CIRCLE CORRECTOR

**Garnier Caffeine Anti-Dark Circles 2-in-1 Roll-on, £10.19**
**Tested by:** Natasha Pearlman, 31, Deputy Editor
**Why?** I may have the stamina to go out after work, but my eyes don't. It's getting harder and harder to hide the shadows.
**The results:** The skin around my eyes got visibly brighter and most of the darkness disappeared within a fortnight. The roller makes it easy to apply, which encouraged me to use it. I thought I'd have to rely on concealer forever, but this really works.

## HAIR GROWTH INHIBITOR

**Inhibitif Advanced Hair Free Serum, £29.99**
**Tested by:** Joely Walker, 22, Beauty Assistant
**Why?** I hate shaving my legs – it makes them too dry. And I'm lazy!
**Results:** My legs felt softer straightaway and, while it took a few growth cycles to see a significant difference, I'm hooked. Now I only need to shave once a week and, even if I skip it, I can still get my legs out confidently as the hairs are finer. ›

## THE LUXE OPTIONS



**ANTI-AGEING SERUM** La Prairie Anti-Aging Longevity Serum, £158

**ANTI-AGEING SYSTEM** Sarah Chapman Stem Cell Collagen Activator, £245

**DARK CIRCLE CORRECTOR** Crème de la Mer The Eye Concentrate, £130

**HAIR GROWTH INHIBITOR** Tria Hair Removal Laser 4X, £375

Photography: 3 Objectives, ac-cooper.com.

## STRETCHMARK CREAM

**Clarins Stretch Mark Control, £37**
**Tested by:** Annabel Brog, 40, Editorial Projects Director
**Why?** James Blunt once commented on my stretchmarks on a beach. True story.
**Results:** I'll be honest, my stretchmarks are pretty old and silvered, so I wasn't expecting much. But I did notice an evening out of colour, although the effect faded when I stopped using it. However, it felt luxurious and at this price, I'm happy to start at it again.

## DARK SPOT CORRECTOR

**Clinique Even Better Clinical Dark Spot Corrector, £40**
**Tester:** Amy Lawrenson, 26, Senior Beauty Writer
**Why?** I've noticed 'tea stain' marks around my eyes and on my forehead.
**Results:** Two months in, clusters of pigmentation have broken up and dark patches faded. The big test was a day in the sun (with SPF, of course), after which my skin tone looked just as clear. So it seems to treat *and* prevent. Impressive.

## COLOUR PRESERVE REGIME

**Pantene Pro-V Coloured Hair Strength & Shine 1 Minute Wonder Ampoules Intensive Treatment, £4.49**
**Tested by:** Jules Kosciuczyk, 26, Fashion Features Assistant
**Why?** I've been bleaching my hair for 10 years – and it needs help.
**Results:** I noticed a real improvement in condition after a month. My hair feels soft and looks brighter and fresher.

## PORE REFINER

**Bioderma Sébium Pore Refiner, £14.80**
**Tested by:** Espe De La Fuente, 26, Fashion Assistant
**Why?** My skin can be rough and dry, with enlarged pores around my chin and nose.
**Results:** There was a new smoothness to my complexion after just a couple of days. Other moisturisers I've tried have tended to clog my pores and give me spots, but that didn't happen. After a month, my skin was smoother, more even-looking and less oily. ›

## THE LUXE OPTIONS

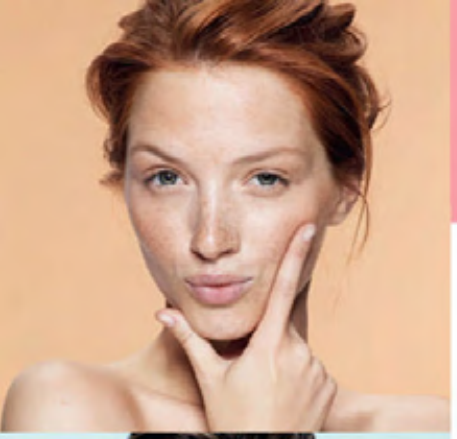
**STRETCHMARK CREAM**
StriVectin-SD Intensive Concentrate for Stretch Marks & Wrinkles, £115

**DARK SPOT CORRECTOR**
YSL Forever Light Creator Serum, £61

**COLOUR PRESERVE REGIME**
Oribe Masque for Beautiful Color, £54

**PORE REFINER**
Estée Lauder Idealist Pore Minimizing Skin Refinisher, £56

Photography: 3 Objectives, ac-cooper.com, Luke Kirwan.



# 5 textures, 5 sensations, 5 skin types. Find your skin's perfect match.

## New Moisture Match

5 tailor-made 24hr moisturisers

*Start afresh*
Light softening cream

*Goodbye dry...*
Hydrating rich cream

*Protect & glow*
SPF20 illuminating light lotion

*Wake me up*
Revitalising hydrating gel

*Shine be gone*
Mattifying fresh cream

Everyone has different skin types, and one moisturiser may not fit all.
Discover Garnier's Moisture Match: our new generation of tailor-made moisturisers with a variety of sensorial textures and carefully selected ingredients.
Indulge in this innovative range of moisturisers tailored to suit your skin.

- Immediate boost of moisture: +30%*
- 24hr hydration*

*instrumental test
†3622 women, Garnier Moisture Match 'free sample' feedback questionnaire.

Take care.
GARNIER

Find your skin's perfect match at
garnier.co.uk/moisturematch or go to facebook.com/garnieruk

## NEEDLE-FREE BOTOX

**Nip + Fab No Needle Fix Serum, £19.99**
**Tested by:** Fern Ross, 30, Production Editor
**Why?** Since I turned 30, I'm more worried about frown lines and wrinkles. And they say prevention is better than cure...
**Results:** I've tried loads of rich, thick creams, but feel like I'm literally paving over the cracks. Plus, they make my skin break out. This serum is super lightweight, but the effects are amazing. Laughter lines were minimised and my skin *looked* plumper after a few weeks. I'm keeping it up in case that's temporary!

## HAIR THICKENING SYSTEM

**Nioxin System Kit 1, £20**
**Tested by:** Debbie Morgan, 27, Editorial Business Manager
**Why?** I've got really flat, dull hair, so I want more oomph and volume, without resorting to greasy styling products.
**Results:** Not only does my hair feel lovely after using this three-part wash and treatment kit, it definitely holds styles better and feels fuller and thicker (even if it may not particularly look it). It takes so much less effort to get volume into my hairdos now.

**SEE IT • BUY IT**
Check out more of Team ELLE's top products under £50 at elleuk.com/beauty

## ANTI-AGEING EYE CREAM

**No7 Protect & Perfect Eye Cream, £15**
**Tester:** Sophie Beresiner, 33, Beauty Director
**Why?** I can feel my skin wrinkling with every passing birthday.
**Results:** It took a little while to get going, but after a few weeks the skin around my eyes seemed more plump and elastic. I also notice that it bounces back into place when I wipe off my eye make-up, rather than looking crepey and sore.

## ANTI-CELLULITE CREAM

**Bliss Fat Girl Slim, £28.60**
**Tested by:** Claire Sibbick, 26, Junior Sub-Editor
**Why?** It's finally happened to me: I am nervous of my bikini on holiday.
**Results:** Initially, there was no difference – my skin was still bumpy. But after one month of daily applications, my legs are noticeably softer and my thighs look and feel significantly less puckered. I'll keep going with it, as the softness of my skin is a great improvement. I may even buy myself a new bikini to celebrate!

## THE LUXE OPTIONS

**NEEDLE-FREE BOTOX**
Elemis Pro Intense Lift Effect Super System, £155

**HAIR THICKENING SYSTEM**
Kérastase Densifique Capillaire Hair Density Programme, £95

**ANTI-AGEING EYE CREAM**
Lancome Absolue L'Extrait Ultimate Regenerating Eye Contour Ritual, £210

**ANTI-CELLULITE CREAM**
Sisley Celluli-Pro, £118

Compiled by: Sophie Beresiner. Photography: 3 Objectives, ac-cooper.com, Luke Kirwan.

DOES YOUR LONGWEAR LIVE UP TO ITS NAME?
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MAYBELLINE NEW YORK
IT'S NOT JUST HOW LONG IT LASTS, IT'S HOW WELL IT WEARS.
Put it to the test:
touch-proof
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WITHOUT SUPERSTAY 24H FLEX TECHNOLOGY
WITH SUPERSTAY 24H FLEX TECHNOLOGY
YouTube / MaybellineUK
MAYBELLINE NEW YORK
MAYBE SHE'S BORN WITH IT. MAYBE IT'S MAYBELLINE.
Julia is wearing SuperStay™ 24H Foundation in Ivory. ©2013 Maybelline LLC.

**1 There is no right or wrong in make-up** I'm totally against matching certain colours to skin tones. A bold colour looks best when you're comfortable wearing it. If someone says you *have* to wear a colour because of your eyes but you're not comfortable with that shade, then you're not going to feel beautiful. **2 Try sheer brights** Skin tends to get dry during colder months, so it's a good time to try creamy-textured blusher, eyeshadow and lipstick; a sheer, glossy bright can help your complexion look more radiant in winter, too. ELLE loves CK One Shine Lipstick in 600 Alarm, £13. **3 You need balance** There are guidelines: a bold lip and eye look great on a photo shoot and, if you're feeling really confident, go for it in real life. But, on the whole, balance a strong lip with a subtle eye colour and vice versa. **4 Play with texture** If you use too much shimmer or go too matte, there will be no dimension. Go matte on the outer corners of your eyes and then on the inner corners add a pop of shimmer; that way the eye won't look too heavy. ELLE loves CK One Powder Eyeshadow Quad in 200 Disco, £12. **5 Think about your outfit** The first thing I look at when I'm working with a celebrity for a red-carpet event is their clothes. If you want a strong make-up statement, it's an important consideration. Decide what you will be wearing, then create a make-up look that will complement it.

BOTTEGA VENETA

TOPSHOP UNIQUE

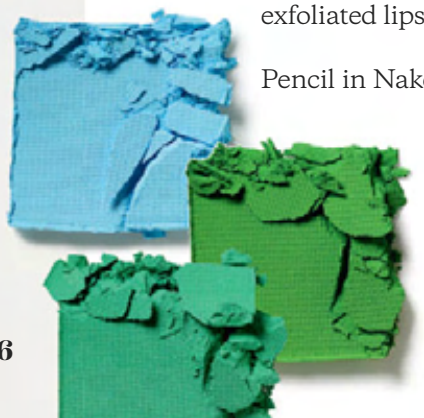
HOW TO STYLE...

# WINTER BRIGHTS

**SEE IT**
To watch Team ELLE trial this trend, go to elleuk.com/beauty

*Bright make-up stormed the a/w 2013 catwalks. Not sure about going bold in winter? Make-up maestro Hung Vanngo shows you how...*

**6 Contrast or match?** If you decide to wear a bright dress then I'd contrast that with your make-up. But then again, for Rose Byrne at the SAG Awards this year, we matched the colours of the make-up to the dress, because she was confident it looked good. **7 Apply your foundation first** A lot of make-up artists apply foundation after a bright eyeshadow, but I create a beautiful canvas first, then apply eyeshadow. **8 Always blush up** In winter, I think it's beautiful to wear a brighter blush colour. Smile, then apply blusher to the apples of your cheeks. ELLE loves Topshop Blush in Afternoon Tea, £6. **9 Use a nude lip pencil** For a brighter finish, apply lipstick to soft, exfoliated lips. I use a nude lip pencil all over the lip, then apply a bright lipstick. ELLE loves Mac Lip Pencil in Naked Liner, £12. **10 Add colour to a smoky eye** For a more wearable take on colour, use a bright shade such as Illamasqua Powder Eyeshadows in Anja, Fame and Fledgling, £15.50 each, in the crease of your eyelids, then use brown or charcoal around the eyes. Blend the edges together but not too much, as you still want the bold shadow to show.



Photography: 3 Objectives, Benoît Audureau, Neil Rasmus, Anthea Simms.

DOES YOUR POWDER LAST ALL DAY?
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MAYBELLINE NEW YORK
Super Stay 24
WATERPROOF POWDER
IT'S NOT JUST HOW LONG IT LASTS, IT'S HOW WELL IT WEARS.
Put it to the test:
touch-proof
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DRAMATISATION
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MAYBELLINE NEW YORK
MAYBE SHE'S BORN WITH IT. MAYBE IT'S MAYBELLINE.
Julia is wearing SuperStay™ 24 Waterproof Powder in Ivory. ©2013 Maybelline LLC.

Holly
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OF SURFACE STAINS
IN JUST 2 WEEKS.
NEW
Oral-B
3D WHITE LUXE
HEALTHY SHINE
75ml
Oral-B
3D WHITE LUXE

# Chatroom

Take your seat at the ELLE beauty desk

Team ELLE already thinks pink, but for Breast Cancer Awareness Month we're positively fuchsia

## @_misscharlie Can you recommend a good, lightweight, medium-coverage, non-pore-clogging foundation or BB/CC cream for super-sensitive skin?

**Dear @_misscharlie, you seem to know your stuff.** If you have super-sensitive skin, blocking the pores can lead to acne and other skin problems. CC creams are currently your best option. Origins Smarty Plants, £28, provides lightweight coverage while nourishing skin. Need a little extra? Layer Youngblood Mineral Foundation, £35, over the top – it gives skin a flawless finish while letting it breathe. Both are fragrance free and non-comedogenic, so ideal for sensitive skin.

OUR REGULAR BEAUTY Q&A TAKES PLACE EVERY FRIDAY, ALL DAY! TWEET YOUR QUESTIONS TO **@ELLEBEAUTYTEAM**. CAN WE SOLVE YOUR DILEMMAS IN 140 CHARACTERS OR LESS? OF COURSE WE CAN...

**CHEEKY COW** Hurrah! Cowshed is launching an affordable diffusion line, Cheeky Cow. Here are our picks: **AMY** 'The Shower Mousse, £7. It has a picture of a moose on it!' **SOPHIE** 'I love a clever name. Like Chat Me Up Nail Paint in Sapphire So Good, £7.' **JOELY** 'Bright As A Button Dry Body Buff, £10, gave me the softest skin ever.'

Yes, we have deadlines. No, we're not meeting them. There is much more fun to be had in the ELLE beauty cupboard

Too much lippie? Never!

RiRi hearts Mac. ELLE hearts RiRi

**SOPHIE: 'ASK JOELY TO *trial* THE BOY-GIRL TREND. JOELY WILL DO *anything*'**

### Q: WHO AM I?

**A:** I live in Japan, so come visit and make space in your case. To leave me behind due to 100ml hand luggage restrictions is to miss out on the kudos for actually getting your hands on me. I am *that* special. Not only will I make your skin glow, I smell like freshly-cut roses – how many other skincare ranges can say that? *(Chloé Crème De La Rose skincare is currently only available in Japan, but ELLE is praying it hits our shores soon. The petition starts here)*

**@RHULL5**
@ELLEBEAUTYTEAM
Who has time for gel manis every three weeks? I always pick them off, too. What is better?
**@ELLEBEAUTYTEAM**
@RHULL5 We feel your pain. Nails Inc Gel Effect Polish, £14, really does deliver. Dior Gel Top Coat, £18, is also great.

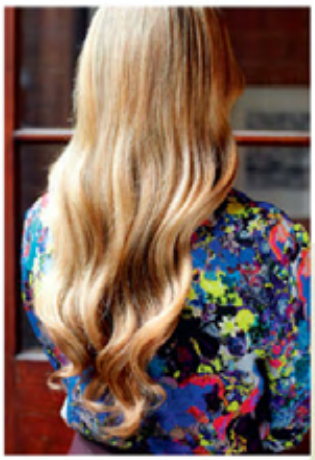
**@JENNYBROWNLEES**
@ELLEBEAUTYTEAM
Can never quite create a topknot. Always looks like a bird's nest on my head. Help!
**@ELLEBEAUTYTEAM**
@JennyBrownlees Cheat! Get a hair doughnut in your shade, push ponytail through middle, wrap hair over top, pin in place. Neat, voluminous, done.

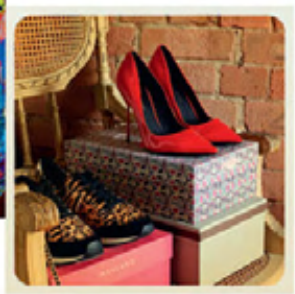
#ASKELLEBEAUTY

**ASK IT**
Got a burning beauty question? Tweet @ELLEbeautyteam for all the answers #askELLEBeauty

Compiled by: Sophie Beresiner, Amy Lawrenson, Joely Walker. Photography: Benoît Audureau.

# 21 DAYS TO HEALTHY-LOOKING HAIR





*The Great British Hair Diet is in full swing. For beauty blogger* ***Charlotte King*** *it's been a revelation*

That we all want fabulous looking hair is a given. But hair that looks and feels full and lustrous doesn't have to involve hours spent styling and blowdrying because the Great British Hair Diet is transforming the way women all over the country take care of their tresses.

Great hair starts with healthy hair and that, according to Pantene Pro-V global ambassador and celebrity stylist, Danilo, 'starts in the shower'. It doesn't require expensive tricks or fancy gimmicks, just a simple haircare plan that's tailored for you.

That's the thinking behind the Great British Hair Diet. Whether your hair is thick or flyaway, straight or curly; whether you're wedded to your straighteners or committed to keeping up with the latest colouring trends, the Great British Hair Diet can dramatically transform the look and feel of your hair in just 21 days.

You may not have to wait that long. Beauty blogger Charlotte King (smudgemylipstick.com) has been on the Great British Hair Diet for just over two weeks and has already seen a positive transformation. 'My hair diagnosis was Repair & Protect,' she says. 'I colour my hair regularly and, while I'm lucky enough to have hair that I can usually wash and then leave to dry naturally with a gentle wave, it is prone to frizz – I usually have to apply plenty of serum or hair oil after washing and drying.'

'Healthy-looking hair needs to be in tip top condition,' notes Danilo. 'The Pantene Pro-V 1 Minute Wonder Ampoules contain Pantene's highest ever levels of conditioning ingredients.'

Just two weeks in, Charlotte is impressed. 'My hair feels more manageable with a healthy-looking gloss,' she enthuses. 'Now I can just wash, dry and go, and my hair stays tame and frizz free.'

So how do you get started? The experts at Pantene Pro-V have developed a way to uniquely identify what your hair needs to look and feel its best. Simply go

Charlotte loved the results she got from Pantene Pro-V 1 Min Wonder Ampoules (right): 'I appreciate a deep treatment that works fast.'

online to discover your 'hair BMI' – a score that reveals how many pro-vitamin points your hair needs each week.

With a 'hair BMI' of 16, Charlotte was recommended a programme that would target her specific needs. And, as she quickly came to discover, the Hair Diet isn't just ideal for making your hair look and feel great every day, it's a brilliant way to prepare your hair for a special occasion.

'I'm getting married next week,' she says, 'so it's more important than ever for my hair to look and feel good. I'm confident that after another week on the Hair Diet my locks will be looking tip top. I'm absolutely delighted with the results.'

*All prices are RRP; actual price is at the sole discretion of the retailer. **Competition opens 5 Sep 2013 and closes 7 Feb 2014. Each winner will receive £250 shopping vouchers to spend at John Lewis. Full T&Cs available at greatbritishhairdiet.com

## THE PRO-VITAMIN EFFECT

The Pantene Pro-V range has been developed to give you that hair looks smoother and fuller. Panthenol, a derivative of vitamin B5, has been used in Pantene's Pro-Vitamin formula since it was first launched 66 years ago. Able to penetrate the hair shaft easily, it helps lock in moisture, helping to keep hair manageable and resiliant. Benefits include improved manageability, less formation of split-ends, increased thickening of hair and increased hair shine.

Applying Pantene Pro-V Normal-Thick Soufflé after washing gave Charlotte noticably smoother, healthier-looking hair. Result!

## CHARLOTTE'S PRO-VITAMIN RESULTS

1 **Pantene Pro-V Repair & Protect Light Shampoo**, rrp* £3.69 (1 point x 3 uses). 'Has a gorgeous scent and lathers up well,' she says.

2 **Pantene Pro-V Repair & Protect Light Conditioner**, rrp £3.69 (1 point x 2 uses). 'Its thick, luxurious texture felt instantly nourishing.'

3 **Pantene Pro-V 2 Min Deep Repair Masque**, rrp £4.49 (1 point x 3 uses). 'Who has time for 10-minute leave-in treatments? The quick turnaround is great!'

4 **Pantene Pro-V Normal-Thick Soufflé**, rrp £4.49 (2 points x 2 uses). 'Unlike any mousse I've used. Hair felt soft and smooth.'

5 **Pantene Pro-V 1 Min Wonder Ampoules**, rrp £4.49 (1 points x 2 uses). 'A hit! Used after colouring, my hair felt incredibly soft.'

6 **Pantene Pro-V Frizz Fighter**, rrp £4.49 (2 points x 3 uses). 'Tames and neatens my natural waves and curl.'

## *Join the Great British Hair Diet*

Discover your dedicated hair diet plan when you sign up to the Great British Hair Diet and you'll discover how your hair can be transformed in just 21 days.
But that's not all.
Pantene is offering Great British Hair Dieters an extra treat to celebrate the programme's success – the chance to win one of five £250 shopping vouchers**.
Simply go online, take the 'hair BMI' quiz and you'll be entered in to win. So what are you waiting for? It's time to join the new hair diet revolution today.

*Find out more and sign up at* ***greatbritishhairdiet.com***

THE GREAT BRITISH HAIR DIET

# Fitnotes

## #ELLERUNNINGCLUB

**ELLE's Senior Beauty Writer Amy Lawrenson discovers bad posture may be causing her aches and pains**

**Today, thanks to cars, tubes and bikes, running is a choice, not a necessity.** Not *needing* to travel fast on foot means many of us have actually forgotten how. Or, to rephrase that, we have forgotten how to run *properly*.

I run daily, but have had a slight niggle in my right hip, so I knew something was up. With that in mind, I booked in at Six Physio for a running assessment. There, I met Lisa Fievez, who, after talking me through my concerns, got me to run on a treadmill and filmed it. In my mind, I'm light and springy, graceful even. In reality, according to Lisa – and the footage – I'm heavy-footed and I heel-strike. Heel-striking (where you land on your heel first) is like abruptly putting the brakes on, every time you land. Lisa put me back on the treadmill, barefoot, and filmed me again. This time it was very different – I was midfoot-striking, which is not perfect, but better.

What I also learnt from the assessment is that I have pretty bad posture, as well as weak calves and glutes, which is creating a slight alignment issue, causing the pain in my hip. Luckily, this can all be rectified with simple exercises such as single leg squats, as well as trainers that are less cushioned (enter my Nike Free 5.0). After just a few weeks of squats and running in my new trainers, I no longer have hip aches.

In fact, I'm now running pain-free. But if you're embarking on a marathon, or just want to run regularly, it's worth booking an assessment sooner rather than later, before the niggles start. *Running Assessment, £90 for an hour at Six Physio (020 7036 0286; sixphysio.com)*

### AMY'S SMOOTHIE ADD-ONS

Make your at-home smoothies and juices work extra hard for you with these boosters:
**For antioxidants:** Organic Burst Acai Berry, £18.99
**For stamina:** Naturya Maca Powder, £7.99
**For added greens:** Sunwarrior Ormus Supergreens, £49.75
**For fat-burning:** Bodyism Berry Burn, £50

Do you run? Tweet us your tips and join the conversation @ELLEUKrunning

Fed up of headphone wires getting in your way while exercising? Try Denon Exercise Freak Wireless Fitness In-Ear Headphones, £129.99

*We know it can feel impossible to exercise in winter – these workouts, tips and, er, tie-dye leggings should help motivate you*

## BRAND ALERT! SUKISHUFU

Founded by Bikram teacher Caroline White, this label was born out of her need for products that just didn't exist… yet. White started her brand with leather gym bags that doubled as handbags – they can hold everything you need for yoga (towel, mat, water bottle) as well as your day-to-day essentials. SukiShufu has now expanded into activewear with leggings (from £66.95) and tops (from £44.95) featuring signature leather-look detailing. The a/w 2013 line is full of jackets and tank tops, available from Harrods and sukishufu.com.
*Top Tip: The Suki Yoga Oils, £14.95, smell great when used with a Muji Aroma Diffuser, £45, whether you do yoga or not*

## US FITNESS CRAZES TO WATCH

**These are looking likely to hit the UK soon**

**Blindfolded Yoga:** Perez Hilton is a fan, tweeting: 'I did blindfolded #yoga today and it was WOW! Made balance much harder. Orientation. Everything!'

**JumpLife:** Based in New York, JumpLife will have you working out on trampolines while listening to pumping tracks. The workouts are designed to boost stamina, build lean muscle and improve circulation.

**Animal Flow:** Created by bodyweight trainer Mike Fitch and exclusive to Equinox Fitness in the US, this is inspired by the primal moves of animals. The workout involves fluid movements designed to tone.

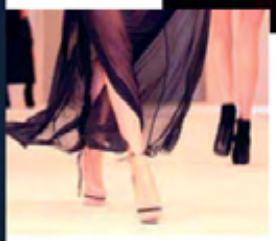
**WATCH IT**
Can't wait for the workouts to get here? Watch our exercise videos at elleuk.com/beauty

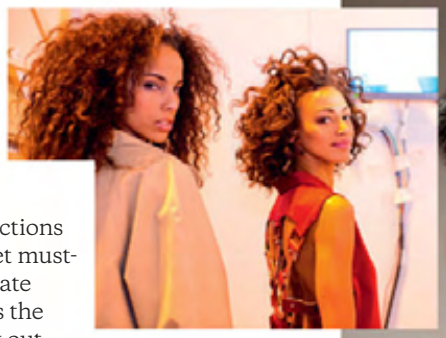
HOT TIP

## BARRY'S BOOTCAMP SAYS

**'Feeling lethargic? You need one exercise to cover as much as possible.** Try push-ups (the LBD of the workout world – they're a reliable exercise that works) to the Moby track *Flower*. Push up to the lyrics "Bring Sally up", and lower to "Bring Sally down". The rest of the time? Hold a low plank,' says Sandy Macaskill. *Sandy is co-owner and trainer at Barry's Bootcamp London*

Compiled by: Amy Lawrenson. Photography: 3 Objectives, Victoria Adamson, Miette L. Johnson.





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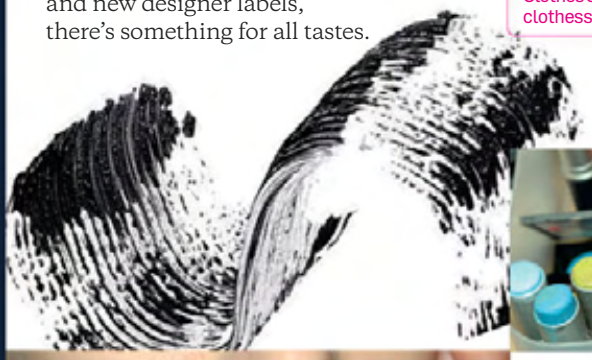
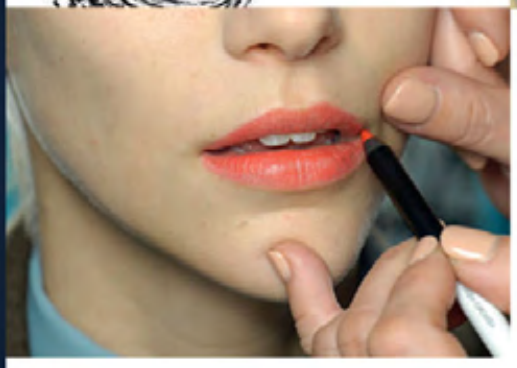
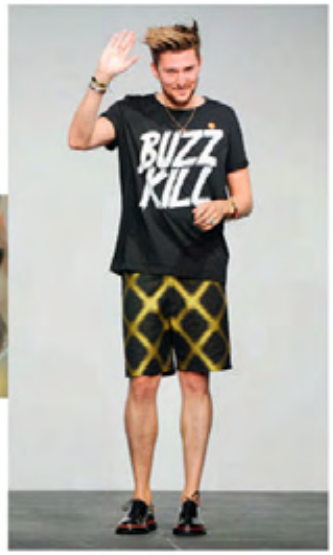
**BOOK IT**
To get your tickets to Clothes Show Live, visit clothesshowlive.com





**BEAUTY TRENDS**
Stock up on the hottest beauty brands at Clothes Show Live's Beauty Hall, including Clarins, Bare Minerals, Elemis, Models Own and Rimmel. While you're there, visit the Style Studio to see hair demonstrations, expert fashion interviews and make-up tutorials.




**FASHION FIREWORKS**
Your Clothes Show Live ticket includes a seat in the Alcatel One Touch Fashion Theatre. Hosted by fashion designer and ELLE favourite Henry Holland, the show features music acts and 350 outfits, displaying fashion at its finest. Visit clothesshowlive.com for info.

**GET YOUR TICKET**
**When:** 6-10 December 2013
**Where:** NEC Birmingham
**Tickets:** From £28, available at clothesshowlive.com. For groups of 10 or more, call 0800 358 0058

CLOTHES SHOW LIVE
6-10 DECEMBER 2013
NEC BIRMINGHAM

Words: Claire Sibbick. Photography: Benoît Audureau, Matt Lever, Anthea Simms,

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SENSITIVE SKIN EXPERTS

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# MY NEW normal

*Beating breast cancer is not the end of the battle. As ELLE Beauty Director Sophie Beresiner discovered, finding your way back to a changed reality, aged 33, is a fight all of its own*

It *is* normal to be nervous on your wedding day. It's 1 December 2012 – one of those perfect winter afternoons with low, hazy sunshine – and I am waiting to walk down the aisle with my emotional father. I'm self-medicating with Rescue Remedy while a string quartet strikes up *Love Theme* from *The Godfather* and the registrar tells me my dress is the most beautiful she's ever seen. It *is* beautiful – a tiered gown from Rachel Gilbert, sweetheart neckline overlaid with an Audrey Hepburn-esque high neck in sheer chiffon.

What *isn't* normal is the chunky heel on my glittery Givenchy sandals, the bargain price of my gown or the left-side mastectomy I have concealed beneath it. I am now a master of disfigurement disguise and rising to this challenge (a sweetheart neckline is very near the top of the can't-wear list) makes me feel particularly proud – although admittedly, this emotion is dwarfed by the occasion.

Our wedding was the shining light at the end of a very unpleasant two-year-long tunnel. I won't dwell, but a breast cancer diagnosis aged 31 is not something any Beresiner has been through before. My family and I, along with my boyfriend of only 12 months, stumbled blindly through the year of diagnosis after I found an egg-sized lump: chemotherapy (not like the movies), operations, scans, radiotherapy and eventual good news that set me back on the path to a normal life, aged 33.

By now, nearly two years into my recovery, I should have joined the ranks of the brave cancer survivor. I am not yet brave. But that's OK; cut me some slack, I just regrew my hair from *nothing*. If, as experts say, there are five stages of grief – denial, anger, bargaining, depression and acceptance – I'm *still* on the upward climb to acceptance. It's a steep hike, but I have my 'Sophie Was Here' flag ready to stick in the summit. Let me tell you what went before...

**Denial:** I got my debut round of condolence emails on the first day back at work, a month after my initial diagnosis, 6 December 2010. Yes, *at work*. My first question to my diagnostic consultant was not, 'Will I need chemo?', or even, 'Will I lose my hair?' (that was the second question), but: 'Can I still work?'

One colleague shared the heart-warming story of her own journey through cancer, with a sign-off that filled me with dread: 'Welcome to the club.' I am allergic to camaraderie and the group therapy that is expected of you. There are few things worse to me than the idea of becoming a member of the wig-burning sisterhood ('There is no shame in being bald!'). I do not want to sit in a circle and compare horror stories of collapsed veins and mutated genes.

I still can't even read the word 'cancer' in a newspaper headline without mentally switching off. Like I said, I am not yet brave. To read someone else's cancer story is to imagine myriad scenarios where I will soon be dead. Suddenly having to consider my mortality at such a young age is strange: my mind tried to wander there of its own ›

accord during treatment, but I didn't tend to let it. Even now, I'd rather avoid any prompts – I'll take denial over morbid misery, thanks.

**Anger:** I kept waiting for the thrashing 'why me?' meltdowns, but there were none. I didn't even rage at my mastectomy news. The anger arrived as I watched the effects on my cancer cast of characters; the circle of support comprising immediate family and friends, old and new. How mine came together to go through it all with me was a simultaneous high and low of the whole experience.

These include my husband (then boyfriend): expected to *make me laugh* in the face of my abject fear, without showing his own, and to both eat and *enjoy* the organic-only rabbit food I serve (whilst not raising an eyebrow to the price of an Abel & Cole organic meat delivery box). Of course, he must find me just as attractive when emotional, hormonal and bald (in my case, actually *make* me bald by shaving my head at the first signs of shedding). Yes, this may give him grey hairs, but I didn't have any hair at all, so no complaining.

The parents: they may live a two-hour drive away but are at every chemo session. A strong but comforting presence, expected to have the answer to everything without once showing me they're scared, too. I challenge anyone to admire their parents as much as I now do mine: when life gives you lemons, Mum and Dad make lemonade.

The sister: on hand for late-night freak-outs and online medical investigation – the internet causes early-onset hypochondria in cancer patients, so must be avoided. She is also the middle man, seeing the parents' and the patient's fear, dealing expertly with both.

My best friend: an always-available ear into which I can pour the bad stuff even two years on, without her getting bored. And it *must* be boring by now, listening to me fight my way back, stumbling over all the same hurdles. The husband and the parents have enough to worry about – there are some things only a good friend can listen to.

The colleagues, all of whom were told during my initial absence, so were, and still are, expected to treat me like a normal person whilst being sensitive to the fact that I am now not sure what 'normal' is – at least, not in the former sense of the word.

To have to watch the effects on all of the above because a terrorist took up squatters' rights in my left boob is enough to necessitate the dreaded group therapy. And I hate that, too.

**Bargaining:** OK, scan results, you say nine months of extreme abstinence did nothing to shrink my tumour, so I must still have a mastectomy? Well, I'm still glad I did it. It's a control thing. There is a medical professional to tell me what care I'll receive in hospital (where I sometimes feel like a broken-down car at the MOT garage), but what about when I'm at home, on my own? I need to do *something*. The internet tells you anything gives you cancer – my oldest (now ex) friend said I gave it to myself by not eating a caveman diet – so I cut out everything delicious to do my bit: alcohol, sugar, wheat, dairy, soya, red meat, anything carbonated and artificial sweeteners. This is boring, difficult at dinner parties and had no discernible effect on my outcome. But now I know I have willpower and discipline.

**Depression:** Perhaps the most difficult stage. It permeated – but I'm proud to say didn't overwhelm – the whole journey. The movies don't tell you things about cancer treatment: your white blood cell count can be knocked out by chemo to the point where a tiny rise in body temperature may indicate septicaemia. Your body has no mechanism to fight infection, so anything from a paper cut to a cat scratch is potentially fatal. Daily injections help boost the count, but even so, I find myself admitted to hospital three times, for four-day stretches, kept in an isolated cell – sorry, *room* – on an antibiotic drip. There is nothing more depressing than not being at home when you aren't well, let alone somewhere with no visitors and fluorescent strip lighting. The third time I felt my temperature rise, I ignored it, such was the misery of a 3am cab ride to solitary confinement.

*'There is nothing more depressing than not being at home when you aren't well, let alone somewhere with no visitors and strip lighting'*

Self-pity, depression's irritating cousin, crops up with alarming frequency to this day, but with it (and it pains me to admit this) comes a 'special' status that almost balances it out. Something relatively rare happened to me, and that makes me a bit more interesting than those who haven't been through cancer by their early 30s. Special is the antidote to self-pity. So there.

On the plus side, I am now qualified to inject myself at will – no small thing. If you've never tried it (and I wouldn't recommend it), wilfully puncturing yourself with a syringe to the stomach is like attempting to punch yourself in the face. Try it. Impossible. Due to my self-imposed abstinence, I couldn't even rely on Dutch courage. So the pride in administering my own drugs, in the face of needle-phobia and a self-harm aversion, is something I want to shout about and forget at the same time.

**#BCASTRENGTH**

To support Estée Lauder Breast Cancer Awareness' Circle of Strength campaign, head to BCAcampaign.com/StrongerTogether, sync your Facebook account and tag friends in your 'circle', then create goals like 'schedule a mammogram' and share stories to raise awareness. Use #BCAStrength on Instagram or Twitter to feed through to the campaign website.

So now, after a tumultuous two years and an enforced sabbatical from my own life: **Acceptance**.

There's a saying that you can't step in the same river twice, since by stepping in it the first time, you have altered it irrevocably. I can't simply jump back into my old life unchanged: my reflection may look a lot more like original me than its bald predecessor, but that's about as far as the similarities go.

But there are positives to an experience such as this: now, I am almost grateful for what happened. I have uncovered genuine heroes in my immediate circle. I do not care about my appearance as I used to, since I looked like someone totally different for a considerable period of time. I forget I am lopsided until I get into the shower, and sometimes even then. A mastectomy hasn't done anything to lessen my love of fashion; it has just armed me with better judgment of what looks good on me, down to my non-compromising, sweetheart-neckline, dream wedding dress.

I have different, but arguably better and more life-enhancing, priorities: life is as important as work, and every day is a bonus. Although, annoyingly, I am now even more terrified of flying. A new-found awareness of your own mortality will do that to you.

Getting back to the old normal is impossible: out-of-the-blue, world-tilting, life-threatening cancer has no consideration for the 'afterwards'. But now I will find a *new* normal – that is my plan. And once I do that, then I will be officially BRAVE. ●

**READ IT**
Follow Sophie's journey from the start at sophiefeelsbetter.blogspot.co.uk

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# DEAR *mademoiselle*

STACEY DUGUID
YOUR LIFE GURU

**My boyfriend broke up with me after I got a job in the city where he lives.** I decided to move anyway, but it's been six months and we've had no contact. My housemates are fine, but we don't hang out, and my colleagues are my parents' age. I haven't been to a bar since I moved and I'm longing to go out. I want to move to London but I'm scared and in debt. I've also been diagnosed with depression. Will I ever feel better?

DEAR LOST IN THE CITY

Heartbreak is horrid. The thud of it in your chest, there from the moment you open your eyes in the morning, so painful it can almost take your breath away. Yet love and loss are all part of the ride that is a life well lived, and time does heal a broken heart.

Loneliness is horrid too, and it's hard to make good friends, but you do have options. Have you asked anyone to go to the pub with you? Even if they're not your cup of tea, wouldn't popping out with one of them for a drink on a Friday night be better than staying in alone?

Also, have you considered getting a weekend bar job? You're worried about money and want to go out, so why not earn some cash while you're at it? I met one of my best friends working behind a bar 20 years ago. As motivation, you could start an 'I'm Moving To London' fund with your wages. You might make enough to move in a year and your dream could become a reality.

Try to clear your head of your ex and make room for your future by working on the present. Self-belief comes and goes but I find having a goal is a brilliant way to deal with feeling low, heading off depression before it has a chance to further waft through your mind like an evil plume of black smoke. Make a plan. You will get through this.

**I'm 30 and I'm worried I drink too much. I drink every day – a few large glasses of white wine after work, maybe half a bottle. I treat Thursday like it's the weekend and start off with vodka cocktails before hitting the wine. Friday and Saturday are big nights. Sundays I usually go for a long, boozy lunch that ends around 6pm. I'm always hungover and want to stop, but I'm single and my entire social life revolves around the pub.**

DEAR DRUNK AND DISORDERLY

You can stop worrying about whether you drink too much, because according to NHS guidelines, you definitely do. The NHS stipulates women should drink no more than two to three units of alcohol a day. Let's do the maths; three units a day equals 21 units a week. There are three units in a large glass of wine and approximately 10 in a bottle, meaning the most alcohol a woman should drink in a week is two bottles of wine. Figuring that out made my head hurt, but not as much as yours, I imagine.

Most of us have an image of what an alcoholic looks like – tatty clothes, sleeping rough – but sometimes they look just like you or me. I'm not suggesting you're an alcoholic, but you're drinking daily and consuming way over the recommended amount. Your body needs a break, your liver needs to recover and you can't sustain this for the rest of your life.

I know how hard it is being single for a long stretch of time and how easy it is for your whole life to revolve around drinking. My 'single' CV would have read: HOBBIES – going to the pub, nightclubs, drunk dancing, pissed snogs, regretting it all the next day. I wouldn't have hired me. We drink to celebrate, we drink to commiserate and alcohol has become the social glue of life.

Try a night without alcohol. Then another. If you can't go for more than one night without hitting the bottle then seek help – you might need a little extra assistance by way of counselling. Better to talk this out now than deal with health problems later on.

**What hat should a grown woman wear in cold weather? I have a serious job and can't look like a hipster in a beanie.**

DEAR MS HATS OFF TAE YE!

How about one with bunny ears? Or a sideways baseball cap in the manner of Flavor Flav? Apologies, oh serious-job-type-woman. I'm a big fan of the oversized beanie, but given half the young women of Britain wore them throughout the summer, à la Cara Delevingne (they must have been *boiling*), I'm going for something a little more grown up this winter. There are trilbies, fedoras and wide-brimmed ones*, too. If you go for the latter, think Seventies daytime chic as opposed to Australian outback hike. Or you could wear your pants on your head? I'll stop now.

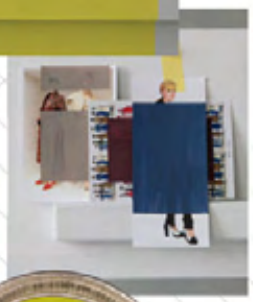
*Try Lock & Co Hatters – the Mariane hat is ace

*Got a problem? Write to me at dear.mademoiselle@elleuk.com*

Photography: Stephanie Sian Smith.

Joa Studholme talks the sisters through the new Farrow & Ball colour palette

HOW COLOUR FASHIONS YOUR LIFE FOR A/W 2013



Clockwise from top: Farrow & Ball estate emulsion in 'Yellowcake', £34.50 (2.5lt). Sunglasses, £76, by Sherrif & Cherry. Silk shirt, £230, by Equipment. Suede boots, £545, by Gianvito Rossi. Rococo Nail Apparel polish in 'Flower Child', £12

Fashion and accessories courtesy of Harrods, Joseph, Selfridges, Sunglasses Shop, diverseclothing.com, my-wardrobe.com, net-a-porter.com

# Colour match

*Think fashion and interiors are poles apart? Not according to the experts at* ***Farrow & Ball*** *and Rococo Nail Apparel*

Whether it's going on your nails or going on your walls, colour counts. But who decides which shades are on-trend and what inspires their choices? As paint specialist Farrow & Ball releases its first new palette in three years, international colour consultant Joa Studholme meets Ange Walker and Vernice Walker, founders of Rococo Nail Apparel, to compare notes.

**Ange** We look for inspiration everywhere: Madame du Pompadour's boudoir in Versailles inspired one collection, while one of our bestsellers, Underground, came from the colours on the New York subway.

**Vernice** We have backgrounds outside the industry – I studied fashion and Ange studied interior design – so for us it's more about design and art than a straightforward beauty approach to nails. I think having a different perspective helps.

**Joa** It sounds like the way you go about choosing your palette is virtually identical to what we do. One of the things that inspired us in this collection is ammonite, the fossil, while the bright [St Giles] blue, which looks very modern, actually comes from a colour found in a historic house. I also like that the names you use give a real sense of what you're trying to achieve, which is exactly what we do, too – the names immediately conjure a mood.

**Ange**: I love what you're doing now with the bright lime-yellow right in the middle of that palette. If you took that out maybe your eye wouldn't be attracted to the collection in the same way.
**Joa** Well that's a possibility, but they're all in there for different reasons. In interiors people are a little scared of using strong colours, but they want to be made to feel happy, so I always suggest using them as accents. I've got that colour [Yellowcake] in my utility room, so it's not like it's on display, but every time I go in there…
**Vernice** It makes you feel really good! We've found that women in the US play with colours on their toes more than here – often businesswomen who don't wear bright colours on their hands, so they play with their pedicure.
**Ange** For us, having an accent or limited-edition colour really helps us push the rest of the range and it helps draw you in. We have one colour in our main collection, Purple Haze, which I love. We played with it by surrounding it with all of these new shades and all of a sudden that old colour comes to life.
**Joa** That's what we do! The new greys in this collection were created to sit on either side of an existing Farrow & Ball colour.

Founders of Rococo Nail Apparel, Walker & Walker: Ange (left) and Vernice

In one collection you're almost pre-empting the next one.
**Vernice** You can almost build a jigsaw with the colours, so you know where you're going to step next. It's a story; it all follows on.
**Joa** Do you have a house style?
**Ange** We're known for intense pigments and muted pastels – but I wouldn't really call them pastels; they're in that family, but there's a grey undertone that makes them all sit together.
**Joa** It's exactly the same with Farrow & Ball – we always have a little bit of an underlying black in everything, which is why it's really rare that you can't put colours on our palette together. It's probably the same with yours – I'm just jealous that you get to do it four times a year!

Clockwise from below: Leather tote, £600, by Sophie Hulme . Cotton Skirt, £330, by Maryling. Rococo Nail Apparel polish in 'Social Butterfly', £12. Farrow & Ball estate emulsion in 'Nancy's Blushes', £34.50 (2.5lt). Sunglasses, £170, by Sunday Somewhere

Clockwise from below: Silk shirt, £230, by Equipment. Leather clutch, £445, by Sophie Hulme. Rococo Nail Apparel polish in 'Sandrine', £12. Farrow & Ball estate emulsion in 'St Giles Blue', £34.50 (2.5lt)

Clockwise from left, Farrow & Ball estate emulsion in 'Stiffkey Blue', £34.50 (2.5lt). Mohair jumper, £295, Joseph. Rococo Nail Apparel polish in 'Thompson Blue', £12. Silk jumpsuit, £1,099, by Charlotte Simpson

**SHOP IT** Discover the complete collection of Farrow & Ball paint colours at **farrow-ball.com**

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# TRAVEL

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EDGE OF THE EARTH
Grand Canyon, Arizona, USA

## Wonderwall

Get inspired by some of the most amazing scenes on the planet: **1 Grand Canyon**, Arizona, USA **2 Cormorant fishermen**, Li River, Xingping, China **3 Rice terraces**, Guangxi, China **4 New York City**, from the Empire State Building, USA **5 Strokkur Geyser**, Hvitá River, Iceland – all from *Lonely Planet's Beautiful World* (Lonely Planet Publications, £29.99). Also in ELLE Travel this month: we check out the world's artiest hotels, the best city hideaways and opulent elegance in Dubai.

EDITED BY
SUSAN WARD DAVIES

# THE RISE AND RISE OF THE *art hotel*

*You don't have to go to a gallery to see great art any more, it's part of the new hotel experience, too*

Rooms at the Andaz Amsterdam Prinsengracht

Hotel Monteverdi, Tuscany

The 11th annual Frieze Art Fair may be hitting London this month, but that's not the only way to get your art fix this autumn. If you're heading to the fair, you can stay in one of a new wave of hotels upping the art ante. The best thing about this growing trend? While you can only look at art in galleries and museums, in hotels you can eat, live and sleep alongside it – almost as if it was yours. If you check into The Churchill hotel during Frieze, you'll see German-born, London-based artist Super Future Kid painting her fantastical canvases and running her art studio from the lobby, plus you can find work by emerging artists from Saatchi Online (all for sale) throughout the hotel. Or book the Saatchi Suite, which is part art gallery, part bedroom.

Meanwhile, at 45 Park Lane, guests can take a guided tour of the hotel's artworks (paintings by Peter Blake and photography by Bill Wyman) with curator Roy Ackerman, book in for private art lessons, or, during Frieze, attend a one-off breakfast at Wolfgang Puck's Cut restaurant with Jane McAdam Freud, Lucian Freud's daughter. And at Ian Schrager's newly opened London Edition hotel, guests can flick through six digital artworks on their TVs by the likes of Mat Collishaw and Tracey Emin, and check out Hendrik Kerstens' modern takes on the Dutch Masters.

Of course, we know that art in hotels isn't new. Plenty of old-school grande dames – the Colombe d'Or in Provence (a hangout for the likes of Picasso and Matisse), the Gramercy Park Hotel in New York (its collection is full of works by Andy Warhol and Jean-Michel Basquiat), the Sagamore in Miami (owned by veteran art collectors Cricket and Marty Taplin), and the Rome Cavalieri (home to Andy Warhol's *Dollar Signs* and many old masters) – are renowned for having heavyweight art on show. But what started out as private collectors sharing their passion, or struggling artists paying for a stay by donating work, has escalated dramatically, as more hotels get in on the act.

'Having art in a hotel allows people to experience it in a more

@FRIEZELONDON

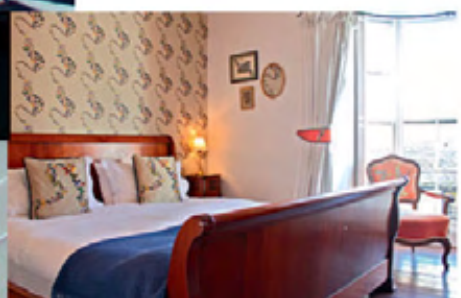
*'In these hotels you can eat, live and sleep alongside great art – almost as if it was yours'*

intimate, non-museum-like environment and to live with art in a way that was previously reserved for the wealthy. It's the democratisation of art, making it accessible to people from all walks of life,' says hotel supremo Schrager. Here are our favourites...

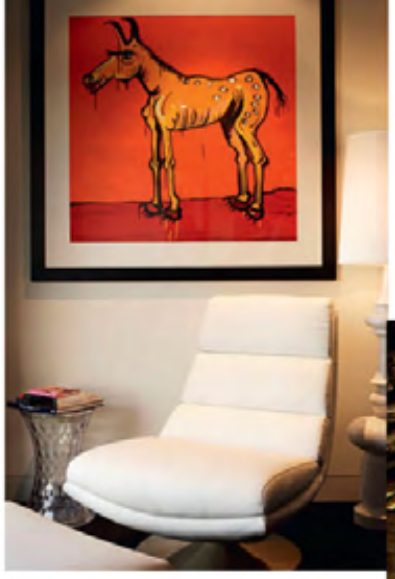
***The Andaz Amsterdam Prinsengracht, Amsterdam***
Created and co-owned by Marcel Wanders, who has been dubbed the 'Lady Gaga of the design world' for his playful furniture for Dutch brand Moooi and others, The Andaz Amsterdam Prinsengracht is housed in a former library. Chill out in the spa, eat in the Bluespoon Restaurant and borrow the hotel's bikes to explore the cobbled streets.
***Art credentials:*** It's all about video art here. There are 40 by the likes of Brit artists Ryan Gander and Mark Titchner, and Dutch photographer Erwin Olaf, which can be watched on a special channel in your bedroom. Don't miss *Mastering Bambi* either, a take on the Disney film by Dutch duo Persijn Broersen and Margit Lukács, in the lobby.
*Prinsengracht 587, Amsterdam, Netherlands, 1016 HT; 00 31 20 523 1234; amsterdam.prinsengracht.andaz.hyatt.com. Doubles from around £277, room only*

***Hotel Monteverdi, Tuscany***
Last year, a historic village in the heart of Tuscany was restored to include the seven-bedroom Hotel Monteverdi. Do poolside yoga classes; tuck into plates of prosciutto; or pop to Space, the Prada outlet, an hour away.
***Art credentials:*** The hotel has just launched its own art gallery in the village, overseen by Sarah McCrory (ex-Frieze Art Projects Curator). The inaugural exhibition is a four-month painting show, on until early January, by Turner Prize nominee and performance artist Spartacus Chetwynd.
*Via di Mezzo, Castiglioncello del Trinoro, 53047 Sarteano; 00 39 0578 268 146; monteverdituscany.com. Doubles from around £280, B&B*

***Art Hotel, Penzance***
Each of the 11 bedrooms in this Georgian building, just five minutes from the sea, are designed by a local or British artist. Breakfast takes place in the ground-floor gallery space, which also hosts exhibitions.
***Art credentials:*** There's the loft-style 'Gallery' room, with a vaulted ceiling, exposed brickwork and brightly coloured paintings by Mat McIvor; a nautical-themed room by Adam Makowiecki; and the 'Wow' room by Jo Peel of the Scrawl Collective, who has drawn a mural of its Chapel Street locale.
*20 Chapel Street, Penzance, Cornwall TR18 4AW; 01736 365 664; arthotelcornwall.co.uk. Doubles from £60, B&B* ›



All the rooms in Penzance's Art Hotel are designed by British artists



Left: The Cullen, Melbourne. Below: Segera Retreat, Kenya

***The Swatch Art Peace Hotel, Shanghai***
Yes, this is only a seven-bedroom hotel, but it also has an art gallery and 18 live/work studios set aside for artists, who stay for up to six months and pay their way by donating a piece of their work. Head to the rooftop terrace for cocktails and views of The Bund and the lights of Pudong.
***Art credentials:*** The Happiness Suite has a vast bed inside a cane birdcage, and a wall covered with a paper-cut garden of leaves, while in the Prosperity Suite, you can fall asleep counting tiny sheep hanging from the ceiling.
*23 East Nanjing Road (Bund 19), Shanghai 200002; 00 86 21 2329 8500; swatch-art-peace-hotel.com. Doubles from £298, room only*

***The Cullen, Melbourne***
This hotel in the cool Prahran district (there's a great food market opposite) is a tribute to late Australian contemporary artist Adam Cullen, whose work is scattered throughout, from the cow installation in the lobby, to the American-style Gramercy Bistro on the ground floor.
***Art credentials:*** For the full art experience, bag one of the four Street Art studio suites, where artists have left their mark. Choose from stencil art by Brit illustrator D*Face and French graffiti artist Blek le Rat, or murals by New York's Swoon and Australian artist Stormie Mills.
*164 Commercial Road, Prahran 3181 VIC; 00 61 3 9098 1555; artserieshotels.com.au/cullen. Doubles from £134, room only*

***Segera Retreat, Kenya***
Six stand-alone villas are arranged around a pretty, landscaped garden in the middle of a 50,000-acre reserve in Laikipia, north central Kenya. You can spot zebra from your balcony, laze by the pool and buy beaded bags made by the locals.
***Art credentials:*** Owner Jochen Zeitz (former CEO of Puma) has one of the biggest privately owned collections of art from Africa. See work by the likes of Zimbabwean Kudzanai Chiurai, South African Kyle Morland and Nigerian Yinka Shonibare in the restored stables, plus sculpture dotted around the garden.
*Laikipia, Nanyuki 10400, Kenya; segera.com/retreat. From around £1,154 for a villa (sleeps two), full board, including some activities. Mahlatini Luxury Travel (028 9073 6050; mahlatini.com) offers five nights from £3,445 per person, all inclusive, including transfers*

***The Thief, Oslo***
Once a criminal hotspot – hence the hotel's name – Tjuvholmen island, in the Oslo fjord, has been regenerated. Cue new hotel The Thief, which has (mostly) waterfront views from the bedrooms, a buzzy bar and the Astrup Fearnley art museum next door.
***Art credentials:*** Peter Blake collages hang in the penthouse Oslo Suite; in other rooms, there are images from Bryan Ferry's

The Thief, Oslo

Right and below: The Thief, Oslo

*Kate Moss Olympia* series, and Roxy Music album covers. Not to mention the Warhols, a Richard Prince painting from the *Cowboys* series, and computer animations by Julian Opie in the lifts.
*Landgangen 1, N-0252 Oslo; 00 47 24 00 40 00; thethief.com. Doubles from around £212, B&B*

***The James Royal Palm, Miami***
South Beach's latest hotel addition, The James Royal Palm, is a renovated 1930s Art Deco building on Collins Avenue. Eat at the Catch Miami restaurant (order the Po'Little Rich Boys fried oysters), party in the SL nightclub, and recover in the hotel's Renew spa.
***Art credentials:*** The carefully curated art collection includes photographs by the likes of LA hipster Alex Prager, celebrity snaps by the late Slim Aarons, and an interactive memory board game in the James Club lobby bar, designed by artist Troy Stanley, with cubes that light up as you move them.
*1545 Collins Avenue, Miami Beach, Florida 33139; 00 305 604 5700; jameshotels.com/miami. Doubles from £229, room only*

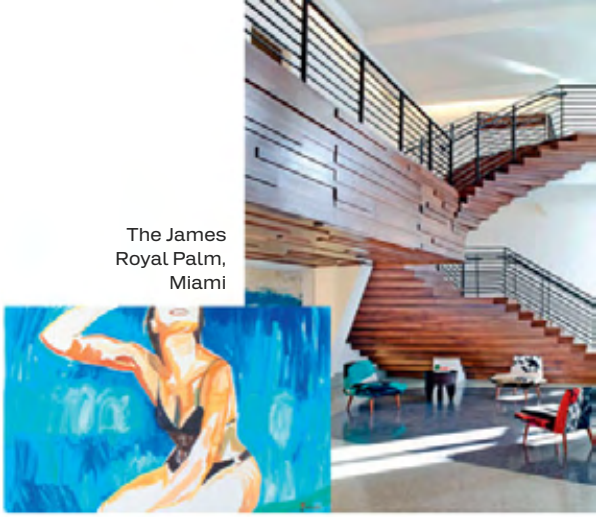
*'Having art in a hotel allows people to experience it in a more intimate, non-museum-like environment'*

***New Hotel, Athens***
Owned by contemporary art collector Dakis Joannou and designed by the award-winning Brazilian Campana Brothers (they designed the Cafe Campana at the Musee D'Orsay in Paris), the New Hotel is full of custom-made furniture and unique Campana touches, such as the wooden, tree-like structures in the restaurant. There's also an Art Lounge with more than 2,000 art-related books.
***Art credentials:*** Junior suites have installations by Greek artists, such as the tube-map-like *Urban Landscape* by Vassilis Balatsos. There are also pieces by Jenny Holzer and Barbara Kruger; *Numbers Runners, 1979*, a yellow telephone box by Laurie Anderson; and photography of everything from painted horses' heads to surrealist black and white portraits.
*16 Filellinon Street, 10557 Syntagma Square, Athens; 00 30 210 327 3000; yeshotels.gr. Doubles from around £145, B&B*

***Hotel des Arts, San Francisco***
Many of the 51 rooms at this hotel in the French Quarter have a minimum stay of seven nights (and shared bathrooms), but if you only want a bed for a couple of nights, opt for a standard Artist room with an en suite. The lobby doubles as an art gallery.
***Art credentials:*** Every room has graffiti-inspired art by different local or international street artists such as Shepard Fairey, Plasticgod and Buff Monster.
*447 Bush Street, San Francisco, 94108 CA; 00 415 956 3232; sfhoteldesarts.com. Doubles from around £75, B&B*

*Frieze London runs from 17–20 October 2013; friezelondon.com*

The James Royal Palm, Miami



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VILLA NOCETTA

VILLA NOCETTA

VILLA NOCETTA

HOT WEEKENDS

# Urban retreats

Not too hot, not too cold, autumn is the perfect time for a city break escape

## VILLA NOCETTA, ROME

This place is a total treat: on the southern outskirts of Rome (2km from the Vatican, a five-minute drive to the nightlife of Trastevere), the six-suite villa stands at the end of a long, rose-edged drive surrounded by gardens of citrus, olive and fig trees. You might need to round up a gang of 11 like-minded friends to make it affordable, but once you have, it's the dream five-star party pad: huge dining table, open fire, outdoor pool and barbie. Suites have period furniture and walnut floors, and Etro products in the opulent bathrooms. All the suites are gorgeous, but get there first and bag one of the three with private terraces.

Via della Nocetta 157/A-159, 00164 Rome, Italy; 00 39 06 663 7119; villanocetta-rome.com. Sleeps 12, from £2,496 per night, including breakfast and shuttle to Rome. British Airways (ba.com) has flights from Heathrow to Rome, from £110 return

THE ANDERSEN

THE ANDERSEN RESTAURANT

## THE ANDERSEN BOUTIQUE HOTEL, COPENHAGEN

There's a reason the Andersen is in the top three hotels in Copenhagen on TripAdvisor. Actually, there are several – the first is apparent as soon as you walk in. The service is unpretentious and genuine. Who needs a kettle when you can call reception for a latte made to order, no charge? The décor is bright and modern, while the location – in the red-light district and a stone's throw from the trendy meatpacking district – is home-from-home hipster heaven. And we love Concept24 – you keep the room for 24 hours, whatever your check-in time.

Helgolandsgade 12, DK 1653, Copenhagen, Denmark; 00 45 3331 4344; andersen-hotel.dk/en. Doubles from £146, B&B. British Airways (ba.com) has flights from Heathrow to Copenhagen, from £144 return

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THE CHESTER RESIDENCE

THE CHESTER RESIDENCE

## THE CHESTER RESIDENCE, EDINBURGH

There's something great about pitching up in a city and having your own pad. And if said pad has 24-hour reception, concierge and the (paid for) option of breakfast, you're winning at urban living. The Chester Residence is made up of five elegant Georgian town houses in Edinburgh's West End divided into 23 living spaces, ranging from Classic and Grand, to the more VIP Mews (private patio and garden) and Penthouse (views of the Firth of Forth and double roll-top bath). Decor is modern and each apartment has a kitchen, free Wi-Fi and pamper-ready bathrooms with rain showers and Molton Brown products.

9 Rothesay Place, Edinburgh, Scotland, EH3 7SL; 0131 226 2075; chester-residence.com. Apartments (sleeping 2-4) from £165, room only

TERRA MARIS

TERRA MARIS

## TERRA MARIS, SPLIT

Hidden down a quiet lane, five minutes from Split's Old Town, this town house is divided into a studio and apartments. Rent the lot for a group (sleeps nine) or stay in our favourite, the Parisian -style attic room – see the city's higgledy-piggledy rooftops from its terrace. The owner, Nikola, is on hand to give you the lowdown on Split. Top of the list is UNESCO-protected Diocletian's Palace, but make time for the bars and shops around buzzy Narodni Square.

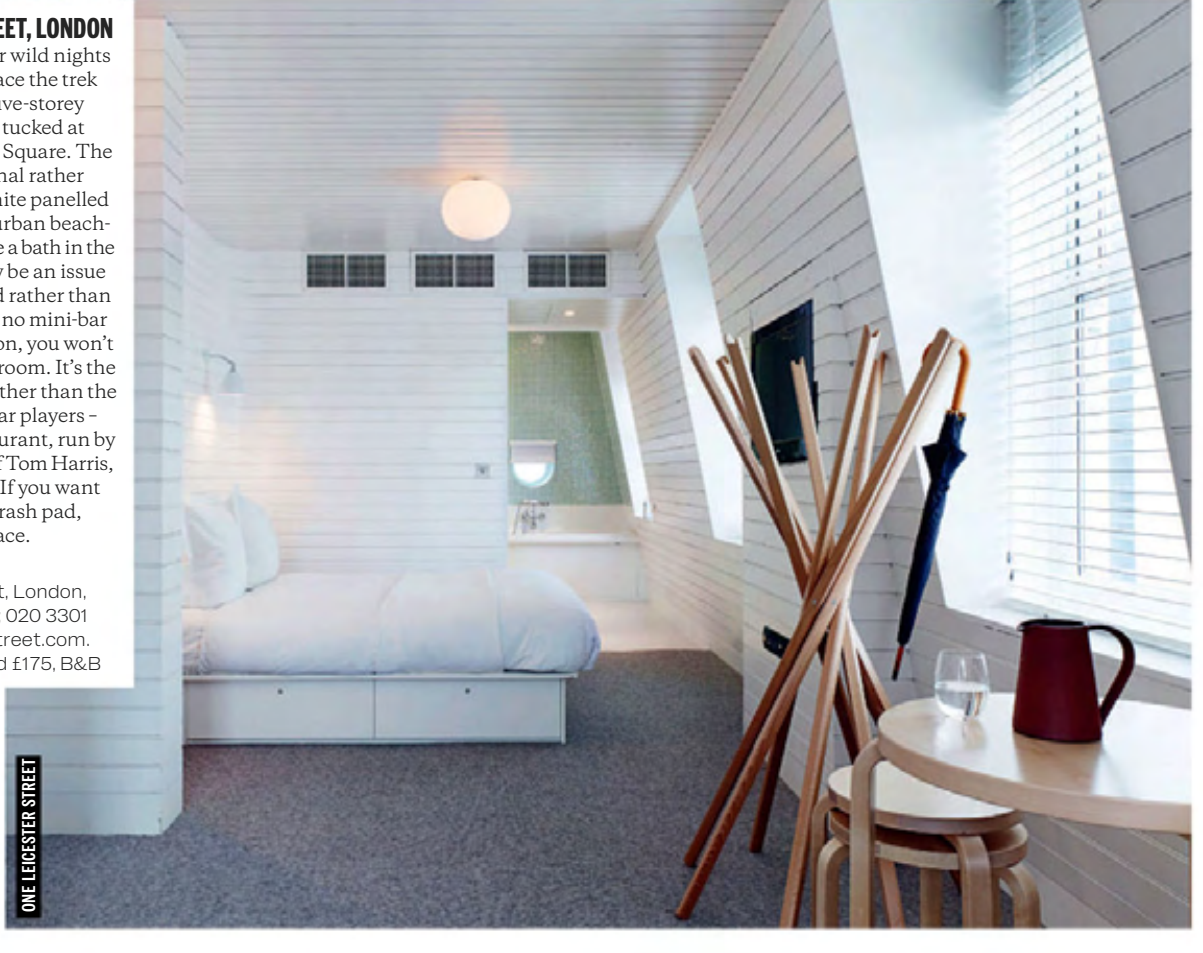
58 Radmilovićeva Street, Split, Croatia; holidaylettings.co.uk/rentals/split/160083. Doubles from £146, room only. EasyJet (easyjet.com) has flights from Gatwick to Split, from £58 return

ONE LEICESTER STREET

## ONE LEICESTER STREET, LONDON

Brilliantly located for wild nights out when you can't face the trek home, this elegant, five-storey Georgian building is tucked at the back of Leicester Square. The 15 rooms are functional rather than luxe, but the white panelled walls give it a fresh, urban beach-house feel. Some have a bath in the bedroom, which may be an issue if you're with a friend rather than partner – and there's no mini-bar – but given the location, you won't spend hours in your room. It's the communal spaces rather than the rooms that are the star players – the bar and the restaurant, run by Michelin-starred chef Tom Harris, are both impressive. If you want a stylish post-party crash pad, you're in the right place.

One Leicester Street, London, England, WG2H 7BL; 020 3301 8020; oneleicesterstreet.com. Doubles from around £175, B&B


ONE LEICESTER STREET

Words: Alison Taylor, Jamie Spence, Kerry Potter, Leisa Barnett, Susan Ward Davies.

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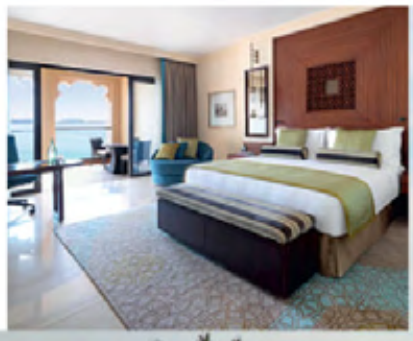
## HANDY FOR

Forget museums or local culture, you come to Dubai to ogle big things. Dubai Mall is the world's largest, with 1,000 shops, an ice rink and a fountain, which, yes, is the world's biggest. You can also visit the Burj Khalifa tower, which at over 828m is – you guessed it – the world's tallest building.



## THE FOOD

Take your pick from six restaurants. The Seagrill On 25° has city skyline and ocean views, and Ba has regional Asian cuisine from Szechuan and Hong Kong. We liked Frevo, a lively Brazilian restaurant that specialises in *churrasco* BBQ-style cooking. The Frevo Friday brunch involves 15 cuts of beef and *unlimited* caipirinhas.

HOT HOTEL

# Fairmont The Palm Dubai

Let's be clear, a stay at Fairmont The Palm does *not* come cheap. But if you're looking for big, bold, shiny and ultra luxurious, then this is your spot (and there are only so many times you can do a yurt in Somerset, right?). Less than a year old, Fairmont The Palm is located on the trunk of the Dubai Palm Jumeirah, the man-made, tree-shape island just off the mainland. The 381 rooms are decked out with glossily tiled floors, sumptuous velvet and leather furnishings, and decadent marble bathrooms. There are also four pools, a 450m private beach with butler-hosted cabanas, and a giant indoor waterfall. If Beyoncé were a hotel, she would be this one.

## THE SPA

The Willow Stream Spa covers 17,000 sq ft and holds 13 treatment rooms. Don't miss the Arabian *hammam rasul* body treatment, involving mud, steam and skin results akin to a baby's bottom. The Moroccan *kesse* ritual is similar. You're exfoliated with a glove that appears to be made of sandpaper, but you do look about 20 years younger afterwards.

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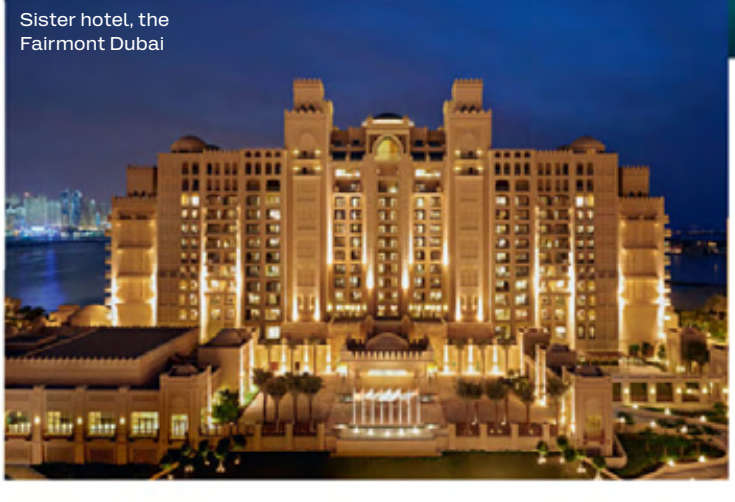

Sister hotel, the Fairmont Dubai

## THE VIBE

You can't move for Ferraris and premiership footballers, but if you want five-star sun and shopping, Fairmont The Palm is perfect. It's the kind of place that inspires indulgent laziness. And despite the razzle-dazzle, the service is extremely friendly.

Fairmont The Palm, Palm Jumeirah, Dubai, UAE; 00 971 4457 3388; fairmont.com/palm-dubai. Doubles from around £212, B&B. British Airways (ba.com) flies daily to Dubai from London Heathrow, from £419 return

Words: Kerry Potter.

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West London's first boutique blow-dry bar, The Parlour, is anything but your standard salon. Not only are their stylists incredibly talented, every service comes with a scrumptious afternoon tea which even includes cocktails and cake! Decor is nostalgic and cheerful with great attention to detail. This charming salon will make you look and feel utterly amazing and for £30 a blow-dry it's well worth a visit.

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# THE NOVEMBER GALLERY

## VICTORIA HORKAN

Victoria Horkan's work is immediately beautiful, colourful, and full of movement and painterly expression. Her sun-drenched canvases are powerful yet emotive with a deeply human quality that resonates with the viewer. Her acclaimed mixed media oil paintings of 'The Butterfly Series' has secured her a place with the most highly regarded galleries such as Saatchi and Rise Art. Exhibiting worldwide and with a waiting list for her paintings, her work has tripled in value over the past two years. Horkan is not afraid to explore creativity with new techniques that have elsewhere been seen, making her work in demand by famous clientele, corporate, and her own private clients.

*Horkan welcomes commissions from clients worldwide. Her personal service and lovingly worked canvas's and butterfly limited edition prints can be found at www.victoriahorkan.com. Currently exhibiting in Italy, London, Worthing and Cardiff.*

## JOANNE SHORT

Joanne Short is one of Cornwall's leading contemporary artists and has been exhibiting for over 20 years. There is a quality of line and use of colour in her work that follows a tradition in Cornwall that includes the work of Bryan Pearce and Joan Gillchrest. You can view and buy her latest paintings and signed prints online.

*www.JohnDyerGallery.co.uk*
*sales@johndyergallery.co.uk*
*Tel: 07773397503*

## AMANDA STRATFORD

Amanda Stratford has put together a portfolio of work to date which reflects her love of walking and travelling as well as her sense of humour, leading to unusual, insightful and often quirky images. Originally from a design background her medium is acrylic and with her strong sense of design she mixes vibrant colours directly on the board, laying on heavy texture with a palette knife to build up the image. Her sketching is minimal, with the image and colour developing as the painting emerges.

*www.amandastratford.co.uk*

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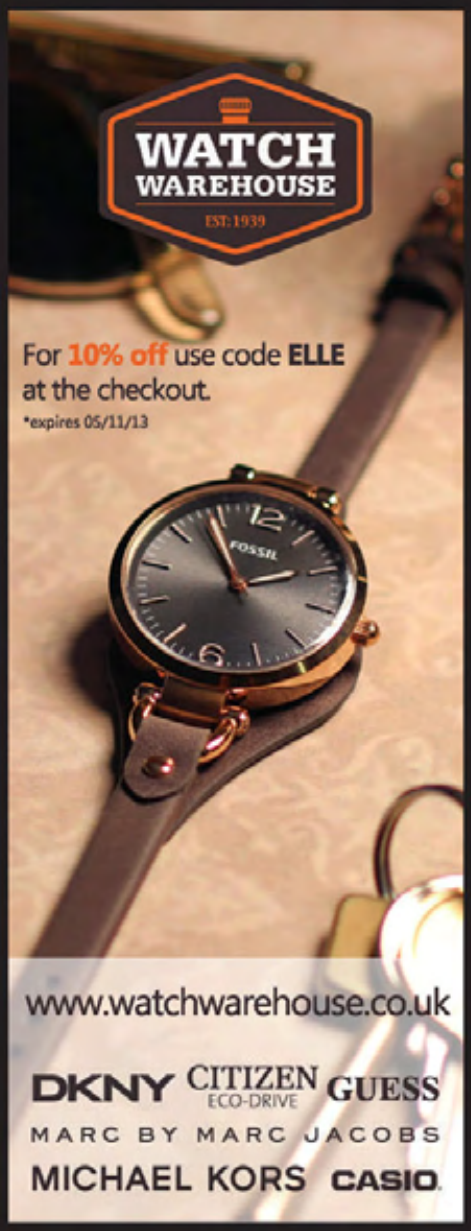

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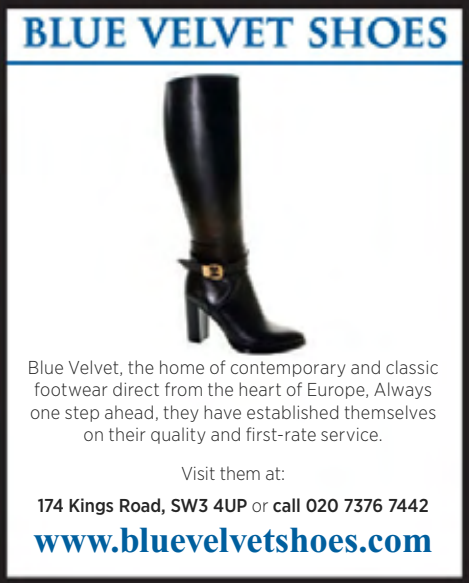


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Introduced exclusively to the UK by top cosmetic doctor George Roman, the Double Lift is a totally non-invasive treatment that uses the power of High Intensity Focussed Ultrasound (HIFU) to lift both the skin and the deep SMAS muscle layer that has previously only been reached by surgical facelifts. During the Double Lift procedure, warm pulses of HIFU energy are delivered deep under the skin, causing the muscle layer to contract, while the gentle heat also stimulates fresh new collagen close to the surface, making skin firmer, brighter and more elastic. Immediately, jowls and double chins seem tauter, cheeks appear plumper, eyes look more open, and results continue to improve for up to three months. Dr Roman says, "This is a true breakthrough. For the first time I can offer my patients a truly effective treatment that lifts both the deep structure of face, and treats superficial sagging at the same time. I can treat the face from the brow to the neck and decolletage. You may have heard that other types of ultrasound face lifting treatments are extremely painful, but this advanced, second-generation technology delivers energy over a wider area, so it feels far more gentle. The effects of the Double Lift are noticeable, but also subtle. You just start to look younger and fresher."

Ultrasound has been used in medicine for many years, including in pregnancy scans and, says Dr Roman, "As part of the Double Lift, high quality Ultrasound images on a computer screen allow me to see inside the skin so I can precisely tailor each treatment to the individual patient for the best possible effect. Most of my patients have nothing more than a little temporary redness afterwards, and return to work or daily life straight away."

To find out if the Double Lift is right for you, contact Dr George Roman today.

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**In need of an new-season wardrobe fix? Of course you are, so start your autumn/winter style search at Urban Outfitters** – ELLE readers get an exclusive 20% off online and in store. Channel the 1990s trend in Stussy's grey logo sweater, layer up in grunge knitwear from Staring At Stars, or update your denim with every fashion insider's secret, Cheap Monday.

Plus, with the discount available on menswear, homeware and music too, you could even get your Christmas shopping done early. (Who are we kidding, treat yourself instead.)

This exclusive offer is valid from 2 October until 6 November 2013 at urbanoutfitters.co.uk. To claim your discount, visit elleuk.com/urbanoutfitters and register your details. This offer is also available in stores for one week only, from 23 October to 30 October 2013. Just fill in the coupon and present it at purchase to redeem your discount.

Compiled by: Claire Sibbick.

# DOODLE NOTES...

Doodle Notes

Artwork **Roderick Mills**

## LIVES

LOS ANGELES

FAMILY OF HIGH ACHIEVERS:

MOTHER Jane Gordon, ran for the United States Congress in California during the **1970s**

Grandfather Michael Gordon directed the **1959** Doris Day and Rock Hudson film *Pillow Talk*

## CAREER

10 things I hate about you

Debuted in Beethoven (we ♥ that film), then (with the late Heath Ledger). Appeared in **TV ADS** for peanut butter, Cocoa Puffs & Pop-Tarts (yummy)

**BEST KNOWN FOR** 3rd ROCK FROM THE SUN playing Tommy Solomon, an extra-terrestrial pretending to be a Jewish kid (he rocked long hair)

INDIE KID: starred in *Mysterious Skin* (2004), *Brick* (2005), *The Lookout* (2007) (is cool points)

SKIN

## LOVE LIFE

KEEPS IT ON THE DOWN LOW.

**DATED** Julia Stiles in 1999, rumoured to be seeing Evan Rachel Wood in 2008 – and now? It's a mystery (so there's still hope)

TRADEMARK: **DIMPLES**

# JOSEPH GORDON-LEVITT

ACTOR, DIRECTOR, PRODUCER, WRITER

TWEETS@HITRECORDJOE

DOB: 17TH FEBRUARY, 1981 (AGE 32)

## BIG MOVIE TIME

(500) DAYS OF SUMMER ...had his sensitive little heart broken by Zooey Deschanel's character but earned a **GOLDEN GLOBE AWARD** nomination

INCEPTION (with Leo – nice casting)

LINCOLN with Oscar-winner Daniel Day-Lewis and Sally Field, who tied his bow tie at the **OSCARS**! This man has the monopoly on adorable

THE DARK KNIGHT RISES = his **DREAM ROLE**, with Christian Bale and Anne Hathaway

**2013:** Writes, directs and stars in porn-addiction comedy/drama **DON JON** with Scarlett Johansson (*YouTube the trailer immediately*)

SIN CITY sequel. Could he be up for the part of MARVEL COMICS, **NEXT BIG SUPERHERO**

Doctor Strange??

## RANDOM TRIVIA

Took a break from acting to study history, literature and French poetry at COLUMBIA UNIVERSITY

Avid Francophile and French-speaker Was once quoted as saying,

"I've played the smart kid, the funny one, the nice sweet one, even the angry one, but never the sexy one."

(How wrong you are, JGL)

## STYLE ICON

Voted **BEST DRESSED MAN OF 2012** by *Esquire* readers

**STYLE TIPS:**

- Three-piece suits
- Tweed
- Skinny ties
- Patterned bow ties
- And he even makes a plaid velvet suit work

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Compiled by: Tamsin Crimmens. Photography: Alamy, Film Magic, Rex/Movie Store, Rex/Snap Stills.

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# ELLE

## WORKWEAR

Autumn/winter 2013 is the season of workwear. Purposeful, powerful and feminine all at once, dressing for the office has never been more stylish or fun.

We've edited everything you need to make it work from 9-to-5 and beyond. Job done.

Here are my five key pieces –

Enjoy!

Lorraine

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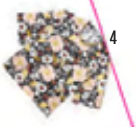

1 Wool-mix trousers, £79 **Cos** 2 Cotton-mix jacket, £65, **Next** 3 Leather shoes, £125, **& Other Stories** 4 Cotton top, £110, **Bimba & Lola** 5 Leather-mix bag, £45, **Asos**

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LEATHER BAG, £665, **POLLINI**

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## Capsule Wardrobe

Take that, Monday morning outfit panic – **p6**

OFFICE ROMANCE
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MY FIRST DAY
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DRESSING UP
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GROOMED FOR SUCCESS
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ELLE WEARS THE SKIRT
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TOOL UP
Stationery to be proud of – who stole my stapler? – **p56**


**Cover Photography:** Jam **Styling:** Donna Wallace **Hair:** Federico Ghezzi at CLM using Bumble and bumble **Make-up:** Jo Frost at CLM using Giorgio Armani **Set design:** Burrsaw Canter **Model:** Leyva Sanchez at Models 1 **Leyva wears:** Wool-mix coat, £75, cotton-mix shirt, £26, wool-mix trousers, £45, faux-leather shoes, £26, metal earrings, £5, polyester-mix bag, £30, faux-leather watch, £28, and faux-leather belt, £28, all Next

# CAPSULE WARDROBE

Your fashion and beauty essentials, distilled for the office

## City slicker

The only urban uniform you'll need

**1 Daniel Sandler** Scandal at Midnight Eyeshadow Quad, £28. **2 Diego Dalla Palma** Liquid Lipstick in 103, £15.
**3 Chantecaille** Mascara Supreme Cils, £45. **4 Cargo** Jet Lag Concealer, £19. **5 Hourglass** Immaculate Liquid Powder Foundation, £50.
**6 Kérastase** Touché Finale Supershine Polishing Serum, £50. **7 Nails Inc.** Nail Polish in Tate, £11

Photography: 3 Objectives, Rex Features.

# Creative mind

Think outside the box with these bold buys

**1 Paul & Joe** Blotting Papers, £3.50. **2 David Kirsch** B12 Spray, £17.50. **3 Stila** Major Major Lash Mascara, £15.
**4 OleHenriksen** Perfect Truth CC Creme, £29. **5 Smashbox** Brow Tech To Go, £19. **6 Collection 2000** Gothic Glam Lasting Colour Lipstick in Revenge, £2.99. **7 Revlon** Nail Polish in 935, £7.99

# Big thinker

Understated, yes. Powerful? Definitely

**1 Nars** Eye Paint in Black Valley, £18.50. **2 Bobbi Brown** Lip Gloss in Berry 55, £18. **3 Liz Earle** Strengthening Nail Colour in Ebb Tide, £7.50. **4 Nars** Angle Eye Brush, £25. **5 Shu Uemura** Youth Infusing Eye Concentrate, £32. **6 Soap & Glory** Glow Job Moisture Lotion, £8.50. **7 Clinique** Eyeshadow Duo in Uptown, Downtown, £22

Compiled by: Harriet Stewart and Amy Lawrenson. Photography: 3 Objectives, Rex Features. For shopping details, see Address Book.

# Fashion enthusiast

These stand-out pieces make a statement

ALEXA CHUNG

FAUX-FUR AND LEATHER BAG, £445, LAAEL

COTTON AND SILK-MIX TOP, £110, AND MATCHING SKIRT, £120, BOTH BIMBA & LOLA

FAUX-LEATHER SHOES, £38, NEXT

**1 & Other Stories** Lipstick in Melton Sunset, £12. **2 Caudalie** Pamplemousse Rose Hand and Nail Cream, £6. **3 Becca** Beach Tint in Papaya, £20. **4 Germaine de Capuccini** Pureexpert Roll-on Spot SOS, £26.50. **5 Unite Luxury** Color Protectant Hair Perfume, £35. **6 Tom Ford** Nail Polish in Toasted Sugar, £26. **7 Sensai** Triple Touch Compact in 02, £40

# Office Romance

*Bored of shopping in the same places for your 9-to-5 wardrobe? Not any more! These are the workwear labels you didn't know you loved... until now*

## CLAUDIE PIERLOT

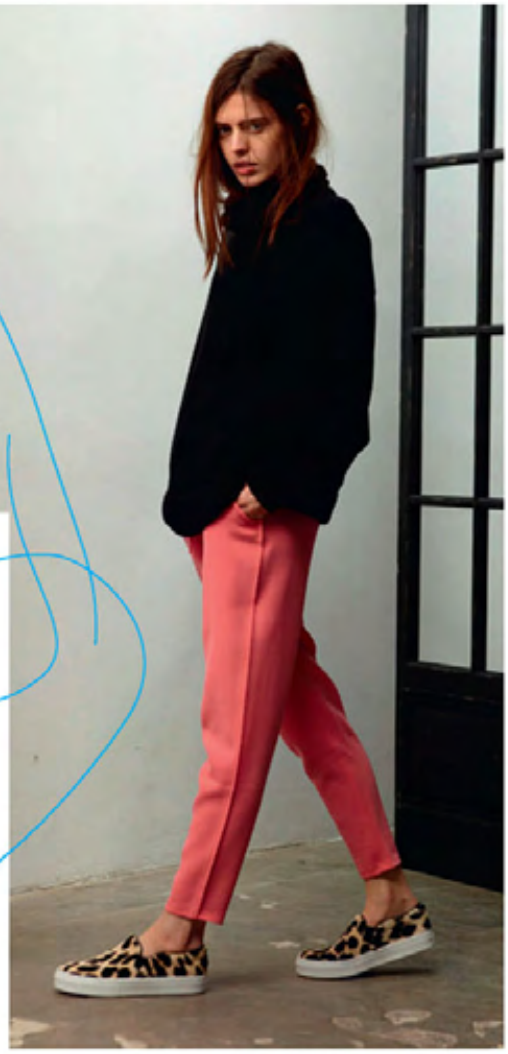
**Who?** Claudie Pierlot
**Why hadn't I thought of it before?** Claudie Pierlot has only just crossed the Channel. It's all neat, skinny tailoring and model-off-duty nonchalance, founded in 1984 by its namesake designer. Pierlot was a veteran of the fashion world who wanted to create a line with the archetypal Parisian girl in mind. Now run by a team that includes sisters Evelyne Chétrite and Judith Milgrom, the founders of Sandro and Maje.
**Why it works for work:** It has a polished, sporty vibe that gives even the smartest pieces an edge.
**Who is the Claudie Pierlot girl?** Elegant with an understated sexiness – think Julia Restoin Roitfeld or Elisa Sednaoui.
**The ELLE Edit:** The navy patent skirt, the Le Smoking tux and the black jodhpur trousers.
**How much?** £80–£450
**Stockists:** Harvey Nichols; Selfridges

## STILLS

**Who?** Stills
**Why hadn't I thought of it before?** The Dutch brand made its way to our shores last year and has been building a loyal following. Designers Korrie Vulkers and Martin Tramper are meticulous when it comes to detail, so precise cuts and luxury fabrics are their signature. There's a masculine edge to the tailoring but the vibe is polished, feminine and refined.
**Why it works for work:** These are clothes for grown-ups. They feel modern and hip, yet they're classic pieces that you'll wear for years.
**Who is the Stills girl?** She means business but doesn't shout about it. Kate Bosworth meets Rachel Weisz.
**The ELLE Edit:** The fuzzy pink Crombie-esque coat, the shrunken grey blazer and matching cropped trousers, and the gold trousers.
**How much?** £25–£530
**Stockists:** Harvey Nichols

VISCOSE COAT, £560

COTTON SHIRT, £243



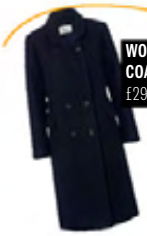
## STUDIO NICHOLSON

**Who?** Studio Nicholson
**Why hadn't I thought of it before?** The label has existed since 2010. Nick Wakeman, a former menswear designer, conjures pieces that have their roots in Savile Row but are cut with a woman's shape in mind. They're simple, androgynous and unadorned. Wakeman plays around with textures and block colour, but avoids print. No skirts.
**Why it works for work:** It's smart, simple and easy – anything that makes getting dressed on a Monday morning more bearable works for us.
**Who is the Studio Nicholson girl?** Low-maintenance, fuss-free and channelling Phoebe Philo.
**The ELLE Edit:** The white short-sleeved cotton dress shirt, the dusty pink cocoon top and all of the neatly tailored trousers.
**How much?** £180-£560
**Stockists:** The Shop At Bluebird; my-wardrobe.com

WOOL-MIX JUMPER, £350

## GANNI

**Who?** Ganni
**Why hadn't I thought of it before?** The label began in 2000 as a capsule line of T-shirts and cashmere, designed by gallery owner Frans Truelsen, before he joined forces with current Creative Director, Ditte Reffstrup, to transform it into a credible label. We're focused on the feminine separates and coats.
**Why it works for work:** It's pretty and modern with a hint of fun.
**Who is the Ganni girl?** Kirsten Dunst in *The Virgin Suicides* meets Audrey Hepburn in *Funny Face*.
**The ELLE Edit:** The checked wool coat, the wool jacket, the wide-leg trousers and the silk blouse.
**How much?** £50-£390
**Stockists:** Anthropologie; my-wardrobe.com; asos.com



WOOL COAT, £295

SILK SHIRT, £170

SILK BLOUSE, £110

## BIMBA & LOLA

**Who?** Bimba & Lola
**Why hadn't I thought of it before?** Bimba & Lola came to the UK two years ago, but we are still cottoning on. Which means there's less chance of your colleagues wearing the same pieces as you. The label covers the basics, then adds prints and florals for impact.
**Why it works for work:** It's a one-stop shop for the office.
**Who is the Bimba & Lola girl?** She's channelling Taylor Tomasi Hill – ladylike, polished and fun.
**The ELLE Edit:** The floral shirt and skirt, the leather bags and the tweed coat.
**How much?** Accessories from £20, clothes £30-£2,260
**Stockists:** Westfield White City W11; South Molton Street W1; Westbourne Grove W2; bimbaylola.com

WOOL SKIRT, £125

WOOL COAT, £285

**SEE IT**
For more workwear ideas, go to elleuk.com/style/work-style

WOOL TROUSERS, £125

COTTON DRESS, £155

Compiled by: Emma Sells.

# Heavy hitters

*Bye-bye second bag – these are serious-size totes*

# Big spenders

The essential building blocks for your work wardrobe

SMYTHSON Leather, £995

EMPORIO ARMANI

ADD TO BASKET

BOSS Leather, £450

RADLEY Leather, £199

MULBERRY Leather, £1,200

MARNI

POLLINI Leather, £665

ASOS Leather and felt, £45

Photography: 3 Objectives, Anthea Simms.

# The power shoe

*Dress for success from the feet up*

NEXT Faux-leather boots, £46

ALDO Leather shoes, £70

RAG & BONE

KURT GEIGER Ponyskin shoes, £250

NEXT Faux-leather boots, £45

ZARA Leather shoes, £49.99

TOMMY HILFIGER

DAKS

Photography: 3 Objectives, Anthea Simms.

‘The RIGHT PAIR *of shoes* can *give you* a lift (and we DON’T JUST mean literally)’

L.K. BENNETT Wool, £595

**SEE IT**
The more great investment pieces at elleuk.com/fashion

TOPSHOP UNIQUE

NEXT Wool mix, £80

GANNI Wool, £238

CÉLINE

BIMBA & LOLA Cotton and fur, £430

‘The beauty of *a great* coat is its POWER to make you feel *in* CHARGE (oh, and warm!)’

# It's a cover-up

*Nothing cloaks you in confidence like a good coat*

IRIS & INK Wool and cashmere, £225

STELLA McCARTNEY

& OTHER STORIES Wool, £165

WHISTLES Wool-mix, £450

ZARA Wool mix, £129

CARVEN

H&M Wool mix, £79.99

SANDRO Leather and wool, £529

Compiled by: Harriet Stewart. Photography: 3 Objectives, Anthea Simms. For shopping details, see Address Book.

Wool jacket, **£525**, Blk Dnm. Cotton-mix top, **£16**, Next. Angora jumper, **£45**, Oasis. Polyester skirt, **£34.99**, H&M. Metal earrings (worn throughout), **£5**, Next. Coated-steel watch, **£249**, Seiko

# EARN YOUR STRIPES

Mix up masculine tailoring with feminine neutrals to create a look that shows you mean business

PHOTOGRAPHY: Jam

STYLING: Donna Wallace

'Purpose and function can still be stylish'

Viscose-mix jacket, **£65**, matching trousers, **£40**, cotton-mix top, **£16**, and faux-leather belt, **£12**, all Next. Calfhair shoes, **£225**, Whistles. Titanium watch, **£475**, Casio. Leather iPad case, **£125**, Michael Michael Kors

Wool-mix coat, **£110**, Asos. Silk dress, **£175**, Whistles. Suede shoes, **£70**, Aldo. Silver ring (worn throughout), **£90**, Trollbeads. Silver bangle, **£295**, Georg Jensen. Silver watch, **£475**, Gucci. Leather bag, **£1,295**, Anya Hindmarch

Polyester jumpsuit, **£35**, Monki. Cashmere jumper, **£279**, Jigsaw. Cotton-mix shirt (worn throughout), **£35**, Next. Leather-mix shoes, **£50**, River Island. Coated-steel watch, Seiko, as before

‘Amplified proportions say, “Don’t mess with me”’

Wool coat, **£349**, Hobbs. Cotton jumpsuit, **£60**, Asos. Cashmere and cotton jumper, **£255**, Negarin. Calfhair shoes, as before. Stainless steel and rose-gold watch, **£229**, Marc by Marc Jacobs. Leather bag, **£129**, Reiss

Wool-mix dress, **£175**, Karen Millen. Cotton top, **£49**, Cos. Leather shoes (worn throughout), **£185**, Whistles. Stainless steel, mother of pearl and satin watch, **£199**, Bulova. Sterling silver and cubic zirconia ring (on left hand), **£70**, Pandora

Patent-leather top, **£195**, Paper London. Cotton trousers, **£236.50**, Pinko. Leather bag, **£610**, Emporio Armani. Rubber watch, **£1,325**, Rado

Wool-mix coat, **£199**, Autograph at Marks & Spencer. Cotton-mix top, **£320**, and matching trousers, **£320**, both Tibi. Cotton and metal shirt (underneath), **£26**, Next. Leather and suede bag, **£1,100**, Tod's. Titanium watch (just seen), **£475**, Casio

‘Hard-edged masculinity is softened with colour and texture’

Wool-mix coat, **£99.99**, Mango. Silk jumper, **£550**, Christopher Kane. Leather skirt, **£275**, Paper London. Titanium watch, as before. Sterling silver and cubic zirconia ring, as before. Leather bag, **£685**, Coach

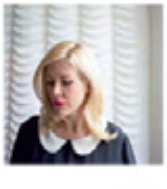
HAIR: Frederico Ghezzi at CLM using Bumble and bumble. MAKE-UP: Jo Frost at CLM using Giorgio Armani. SET DESIGN: Burrsaw Canter. MODEL: Leyva Sanchez at Models 1. *Special thanks to Heal’s for all the chairs*

# My first day...

For good or bad, the outfits we choose for our first day in a new job are always memorable. Here, 10 inspirational women share their workwear stories...

**FIONA LEAHY**
Creative Event Designer & Producer

'The most memorable work moment I had was to do with an outfit disaster. I was interviewing with Jade Jagger for a position at her jewellery design company, Jade Inc. The heel of my Sigerson Morrison shoe broke and I had to drag one leg behind me, but I got the job. Clothing is a powerful tool with which to project your image. Dress for the person you want to be.'



**A.M. HOMES**
Author of the Women's Prize For Fiction-winning novel, *May We Be Forgiven*

'For my first day of work at Random House in New York I wore an olive-green linen trouser suit with, if I remember correctly, a cantaloupe-orange blouse. I accessorised with Oxford leather brogues and, weirdly, a briefcase – a major faux pas because nobody carried a briefcase, especially not editorial assistants. You should never try to make a splash on the first day at work. Remember, you're not going to a party, so don't overdo it. After all, you want to be recognised for who you are, not what you're wearing.'

**LISA ELDRIDGE** Make-Up Artist

'Looking clean, fresh and professional is key. I would be unimpressed if an assistant turned up for a shoot covered in make-up, tottering in heels. If I'm going to a client's hotel room to get them ready for a red-carpet event, I don't want to look too overdressed – they're the star, not me. Dress for the job you do; anything else is just a distraction, for everyone.'

**SUSANNE TIDE-FRATER**
Fashion Director at Victoria Beckham and Brand & Strategy Director at Farfetch.com

'I believe workwear has to be a balance between one's personality and the culture of the company. My general rule is to wear one striking piece (colour or shape) with some really cool basics. At Harrods, where black was the uniform colour, I wore a beautifully shaped felt midi skirt by Giles with a small black tux jacket. When I first met Victoria Beckham, I was wearing a short-sleeved cerise shirt by Vivienne Westwood with slim trousers and some mid-heel Balenciaga shoes. I haven't asked her what she thought, but we have been working together ever since.'

**GABY BASORA**
Designer and founder of Tucker

'On my first day cocktail waitressing at Pravda, New York, in 1996, the manager asked me to wear a black dress. The only black dress I owned at the time was an Alaïa jersey one with a strappy criss-cross cut-out back. I felt great and the dress was a hit with customers, although the other waitresses weren't so impressed.

I wasn't trying to show off, it was just the only black dress I owned. My top tip is to avoid trying out a new look on a first day. It has never worked out well for me. I pick a tried and tested look that I feel confident in.'

**HARRIET STEWART**
Market & Retail Editor, ELLE

'I love short skirts, but they don't give the right impression on a first day. I side-stepped the micro minis in favour of a Céline-esque one from Zara for my ELLE debut. It's grown-up and makes me feel the part. I prefer an understated outfit for the office so a plain cobalt-blue jumper and white leather loafers completed the look – it's better not to shout too loud on your first day.'

**LAUREN STEVENSON**
Head of PR & Communications at Harrods

'For my first day in my current job, I wore a black Michael Kors sleeveless blazer, wrapped over a black leather McQ Alexander McQueen A-line skirt, cinched at the waist with a Sophie Hulme gold belt. I accessorised with nude Valentino Rockstud stilettos and a gold Kenneth Jay Lane cuff. When you first meet your team, it's just as important to feel comfortable as it is to project an image. You want to present yourself and be remembered for you and the job you are going to do, rather than the brightly coloured dress that you were wearing. Avoid anything low cut, tight, short or with a bold print – what you are wearing should never shout louder than you could.'

**READ IT**
Team ELLE share their stories from their first day at work at elleuk.com/style

**SUZANNE SYKES**
Creative Director, ELLE

'For my arrival at ELLE, I wore a pair of J.Crew trousers, which I felt confident no one else would be wearing *and* made me feel comfortable. I teamed the trousers with a black structured top from Club Monaco and peep-toe boots from Barney's CO-OP. I carried a Tod's bag with pockets for all my first-day needs.'

**POLLY STAPLE**
Director of the Chisenhale Gallery

'I've spent most of my working life in contemporary art environments – as Director of Frieze Projects and now as Director of Chisenhale Gallery – where the dress code is fairly relaxed. For many years I've been wearing an informal uniform similar to the outfit I wore on my first day at Chisenhale – a vintage-grey marl Maui and Sons T-shirt (turned inside out), Lee jeans and white Reebok Classics. It's practical and low key, and can work well for a busy schedule, from installing an exhibition with an artist to meeting sponsors in a boardroom. Of course, I'm interested in fashion and design and, depending on the occasion or the day's meetings, I'll mix in more statement pieces from Cos, Folk and Margiela, or vintage one-offs. Artists can wear what they like, so I take my cue from them.'

**EMINE SANER**
Journalist

'Simultaneously safe and dangerous is how I'd describe my outfit on the first day of my new job at a national newspaper. Safe, because I was dressed all in black, and dangerous because I was wearing very high heels – and I hardly ever wear heels. Nor, it turned out, did anyone else at the paper. I had tried to go for a professional look, the kind of outfit I imagined an older, high-powered woman might wear, but instead I looked – and felt – like a little girl playing dress-up. I could barely walk in my shoes, which meant I sat at my desk not talking to anyone. My natural "style" soon took over: occasionally odd (my friend Hannah called me Betty Suarez for a while, after saying my outfits reminded her of *Ugly Betty*) but still smart. Now, I try to organise what I'm wearing the night before to avoid morning indecision and ensure my clothes are at least clean, if sometimes mismatched.'

Compiled by: Georgia Simmonds and Tamsin Crimmens. Photography: Juergen Frank, Dafydd Jones, Silvia Olsen, Damian Prestidge, Adam Kate Sinding, Stephanie Sian Smith.

REISS Wool blazer, £225

# Workwear heroes

*Thirteen key pieces – your new lucky number*

BODEN Cotton shirt, £59

MULBERRY Leather bag, £695

IRIS & INK Leather top, £210

**BUY IT**
See more amazing accessories to buy at elleuk.com/fashion

MICHAEL KORS Leather shoes, £130

COS Wool trousers, £79

Compiled by: Harriet Stewart. Photography: 3 Objectives.
For shopping details, see Address Book.

WHISTLES Polyester dress, £110

CARVEN Viscose-mix skirt, £250

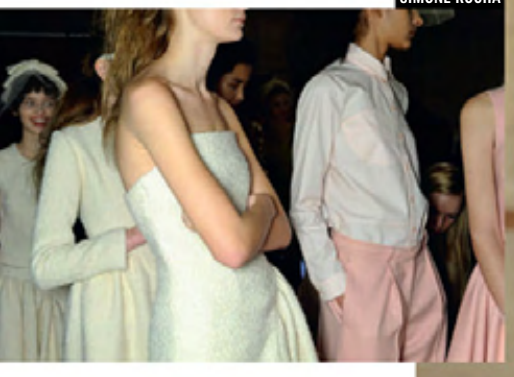
BOSS Wool jumper, £139

ESCADA SPORT Leather skirt, £645

POLLINI Leather boots, £650

NEXT Polyester-mix blouse, £38

NEXT Polyester-mix skirt, £32



SIMONE ROCHA

SUEDE AND LEATHER BAG, £860, **SAINT LAURENT BY HEDI SLIMANE**

# DRESSING UP: What to wear for the job you want

*The Power Woman has returned and the catwalks were packed with striding over-achievers. Now's the time to amp up your working wardrobe, says ELLE Fashion Director Anne-Marie Curtis*

SILK-CREPE JUMPSUIT, £249, **BY MALENE BIRGER**

**STYLE IT**
See the season's must-have items at elleuk.com/fashion/what-to-wear

WOOL AND COTTON JACKET, £495, **ISABEL MARANT**

WOOL-MIX COAT, £150, **COS**

### SAY NO TO FLIP-FLOPS

Do your superiors look like they've just returned from a festival? No. Imagine where you want to be in five years' time and dress for that role. Always project your best possible self. Looking put together has a lot to do with grooming and knowing what looks good on you. If you nail that, you will appear more confident. Wearing clothes that fit well is key.

### DRESS EMOTIONALLY

Deciding what to wear in all situations should be emotionally driven. You have to love pieces for them to become basics. Dressing for work isn't about inventing a professional persona. Don't think you need a work uniform – you'll never persuade me into a pencil skirt because they don't suit me. Sometimes, the things that become your staples surprise you. I wear my navy Joseph dungarees to the office but I bought them on a whim. Tailoring is brilliant but doesn't have to be classic – your hero piece could be a well-cut jumpsuit.

### PLAY WITH COLOUR

Not everyone suits black. A neutral palette is a good foundation to build outfits around, but consider nudes, whites, greys and blush tones. I gravitate towards navy but I have playful days too. Don't be afraid of print and colour. If a red shirt suits you, putting it on will transform your look. Autumn/winter 2013 is the season to experiment with colour. I've just bought some soft pink Simone Rocha trousers, they're wide-legged and smart – a great work piece. Tweak and exchange things this season; swap black for pale pink. I dare you.

### IF YOU BUY ONE THING, MAKE IT A JACKET

Wear a jacket in an interview and you'll be taken more seriously. It doesn't need to be structured and formal. It could be a softly tailored Isabel Marant cropped one. Cos, Whistles and Hobbs are doing amazing pieces. I'm also interested to see what Gap will do with Rebekka Bay at the helm.

### ACCESSORIES ARE FRIENDS

A good shoe transforms you. I wear my silver Prada wedges loads – they're no office stiletto, but they're brilliant for now. If I'm not wearing them, I keep them under my desk. I used to put on heels and feel powerful; now, I carry a great handbag. At the moment it's Saint Laurent's black shopper – it's simple and goes with everything.

@amcELLE

Compiled by: Georgia Simmonds. Photography: Matthew Eades, Matt Lever, Anthea Simms, Phill Taylor. For shopping details, see Address Book.

# Groomed for success

*ELLE Beauty Director Sophie Beresiner shares her tips for making an impression*

**Dressing for the occasion is so important** – and it's no different with make-up. Just as I didn't want to look try-hard on my first day at ELLE (fluoro Louboutins were a step too far), neon lippie sends the same signals. My philosophy: look groomed but understated. Arm yourselves with my essentials, pronto...

CRÈME DE LA MER THE RADIANCE CONCEALER, £45
Covers dark circles without making you look panda-eyed in your security pass photo.

GUERLAIN TENUE DE PERFECTION FOUNDATION, £41.80
The essential stress-buffer, so nothing will interfere with your skin.

CHLOÉ LOVE CHLOÉ PERFUME, £42
A smell that is interesting and comforting in equal measures is a safe bet. Pretty but elegant does it for me.

NARS BLUSH IN LUSTER, £21.50
A glowing, ever-so-slightly dewy flush says, 'I won't be taking sick days any time soon.'

MAC LIPSTICK IN PLEASE ME, £15
Loud lipstick is too much for day – this subtle shade will warm your complexion.

CHANEL POUDRE UNIVERSELLE LIBRE NATURAL FINISH LOOSE POWDER, £36
A compact fancy enough to flash is a new-desk staple.

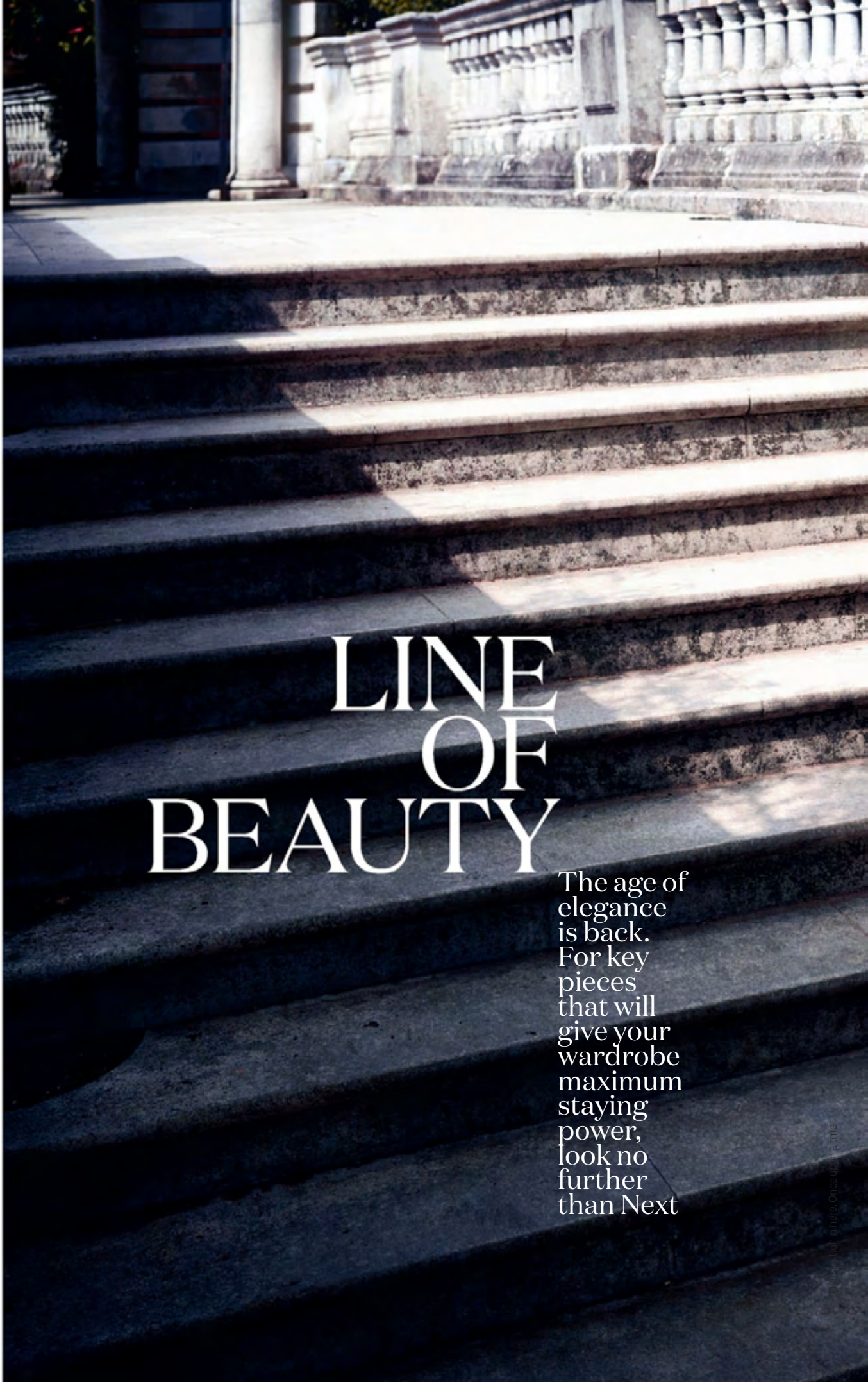
DIOR CRÈME ABRICOT FORTIFYING CREAM FOR NAILS, £15.60
Ragged nails will show a crack in your calm demeanour. This cuticle balm won't.

SMASHBOX BROW TECH TO GO IN TAUPE, £19
A power brow does the subtle job of making you look tidy, grown up and, well, powerful. Make your arch appear higher by concentrating shading on the top edge of your natural brow, and highlight just below.

CLINIQUE HIGH LENGTHS MASCARA, £16.50
Opening up your eyes will make you look alert and friendly. The white eyeliner trick is a little too perky for a first meeting, but this curling mascara will do the job.

**SEE IT**
For more office-friendly beauty tips, go to elleuk.com/beauty

Photography: Luke J Albert. Make-up bag: Bottega Veneta. For shopping details, see Address Book.



# LINE OF BEAUTY

The age of elegance is back. For key pieces that will give your wardrobe maximum staying power, look no further than Next

Downloaded from hbe.Oxfordjournals.org

Satin blouse, £38. Satin skirt, £32. Faux-fur coat, £110. Faux-leather shoes, £30

Decorative underlay upon request

Satin blouse, £28, Satin skirt, £32

Cotton-mix jacket, £60. Cotton-mix skirt, £30. Faux-leather belt, £10

Cotton shirt, £32, Corduroy trousers, £22, Leather jacket, £160

Velvet and lace dress, £88

Cotton-mix shirt, £20. Velvet maxi-skirt, £45. Patent faux-leather flats, £28. Gold-tone necklace, £12

Lace-panel maxi dress, £100

Wool-mix coat, £85. Wool-mix skirt, £25. Faux-leather tote, £32. Faux-leather ankle boots, £45

## *Win a stunning new-season wardrobe from Next*

Get set for a stylish new season with £500 to spend on the stunning autumn/winter 2013 collection at Next. Plus, there are three additional runner-up prizes of £100 and four of £50. For your chance to win one of these prizes, simply visit elleuk.com/competitions and enter your details as requested. Closing date for entries is 5 November 2013. Good luck!

*All items featured are available from Next stores. Call 0844 844 8939 or visit next.co.uk. Shop by 10pm for delivery tomorrow**

*All stock subject to availability; delivery exclusions apply. For terms and conditions go to next.co.uk

# ELLE WEARS THE SKIRT

Styling **Donna Wallace**
Photography **Victoria Adamson**

*Invest in one of this season's great skirts and you'll have a wardrobe staple that just keeps on giving*

'Navy is my favourite colour for work. I add red or orange lipstick for a flash of colour'

## LISA RAHMAN
DEPUTY ART DIRECTOR

*Wool brocade skirt, £520,* Stella McCartney at Liberty. *Cotton shirt, £35, and faux-leather shoes, £28, both* Next. *Leather bag, £225,* Smythson. *Cotton top and tights, both Lisa's own*

## PHOEBE SING
DESIGNER

*'I look for skirts with defined waists, so I can tuck in a crisp white shirt'*

*Silk-jaquard skirt, £365,* Ostwald Helgason. *Cotton jacket, £351,* MM6. *Silk shirt, £60,* Next. *Leather and suede bag, £1,290,* Tod's. *Leather shoes, Phoebe's own,* Topshop

'I always keep accessories in my desk drawer to style up an outfit for after-work drinks'

*Silk-mix skirt, £135,* Whistles. *Leather top, £150,* Banana Republic. *Shearling and leather shoes, £295,* L.K. Bennett. *Leather case, £95,* AllSaints

## AOIBHEANN FOLEY
MARKETING MANAGER

'Portfolio clutches make an effortlessly stylish laptop case'

'Ankle boots are my winter staple. Smart, classic, cool'

*'You can do rucksacks for work, just stick to luxe fabrics like leather'*

## DONNA WALLACE
ACCESSORIES EDITOR

*Polyester-mix skirt, £39.99,* H&M. *Leather jacket, £955,* Marc Cain. *Polyester-mix top, £242.69,* Tibi. *Leather bag, £345,* Sandro. *Boots, Christian Louboutin, Donna's own*

## SARAH BONSER
FASHION ASSISTANT

*Silk skirt, £645,* Christopher Kane. *Wool jumper, £159,* Maje. *Leather shoes, £155,* Russell & Bromley. *Leather bag, £650,* Kate Moss for Longchamp. *Rose-gold watch, £45,* Next

'A camo-print skirt makes an impact – just what you need at work!'

'Accessories in nude tones pull this look together for the office'

*'Keep it simple. You don't want your clothes to detract from your ability to do your job'*

## FERN ROSS
CHIEF SUB-EDITOR/ PRODUCTION EDITOR

*Leather skirt, £850,* Richard Nicoll. *Wool-mix jumper, £79,* Mint Velvet. *Leather shoes, £240,* Kurt Geiger. *Leather bag, £850,* Anya Hindmarch

*Wool skirt, £110, and wool top, £99, both* Hobbs London. *Leather shoes, £132,* Guess. *Leather and ponyskin bag, £45,* Next. *Metal ring, £12,* & Other Stories

## MIETTE L. JOHNSON
ART DIRECTOR

'When choosing a skirt for work, I look for something with structure. Sturdy fabrics and tailoring are key to looking polished'

'Never underestimate the power of a great bag. This ponyskin clutch is a day-to-night wonder'

*Neoprene skirt, £69,* Cos. *Wool-mix jumper, £34.99,* H&M. *Leather bag, £115,* Michael Michael Kors. *Suede shoes, Charlie's own*

## CHARLIE GOWANS-EGLINTON
FASHION INTERN

'Scuba-style neoprene may seem an odd choice for the office, but it holds its shape brilliantly and doesn't crease'

## NATASHA PEARLMAN
DEPUTY EDITOR

*Silk skirt, £3,240,* Mary Katrantzou. *Coated wool jumper, £199,* Sandro. *Leather shoes, £245,* L.K. Bennett. *Leather bag, £295,* Coach

'I always sit down in the changing room when trying on workwear. I need to feel comfortable all day long'

*Cotton-mix skirt,* £410, Sea NY. *Cotton shirt,* £34.95, Gap. *Suede shoes,* £250, Alice + Olivia. *Leather and suede bag,* £315, Sandro

'A crisp white shirt shows you mean business'

## GILLIAN BRETT

EDITOR-IN-CHIEF'S PA/
EDITORIAL ASSISTANT

'If I have an important day, I dress from the feet up. Your shoes dictate how you walk into a room'

**STYLE IT** See what ELLE wears to work at elleuk.com/style/what-elle-wears

*'Always be mindful of fabrics that create static when worn with tights. A clinging skirt is an office no-no!'*

'Tailoring, tailoring and more tailoring. That's my workwear mantra'

## LEISA BARNETT

NEWS & SOCIAL
MEDIA EDITOR

*Crepe skirt,* £32, Next. *Cotton-mix top,* £686, Sophie Hulme. *Leather shoes,* £60, Office. *Leather bag,* £250, Whistles

Photography: Victoria Adamson. Hair and make-up: Anne Marie Simak using Mac. For shopping details, see Address Book.

# HOW I MAKE IT WORK

Every woman has her own secrets to navigating the workwear labyrinth. These four professionals share theirs

WORDS:
Lou Stoppard

PHOTOGRAPHY:
Kitty Riddell

**IMOGEN SNELL, 24**
FASHION COMMUNICATION & PROMOTION STUDENT AT CENTRAL SAINT MARTINS COLLEGE OF ART AND DESIGN

'At Central Saint Martins I've felt free to explore how I present myself. It's about wearing what you want, which is liberating.

'In fashion, you're exposed to clothes and accessories but, because you're so busy, you can't wear them. Thankfully, I'm happy in jeans. I plan my clothes around the work-life-school balance. I go for vintage French items and prioritise comfort and practicality. If I try to dress for something or someone, I feel self-conscious. It's important to wear what suits you without external pressures.

'Even when helping stylists with their own strong aesthetic, I'm never tempted to change my style. I love the idea of eccentric old women who are known for wearing only black, or asymmetric plastic glasses. I hope to have a trademark.'

**ELIZABETH BENTLEY, 30**
DIRECTOR OF DIGITAL STRATEGY & INNOVATION AT CREATIVE COMMUNICATIONS AGENCY WIEDEN+KENNEDY

'I've worked in both corporate and creative environments and there is a big difference. At Wieden+Kennedy, you can use what you wear as an extension of who you are. A phrase I came across on a project read, "The most creative moment of a woman's day is when she stands in front of her wardrobe at 7.30am." I agree. It's about dressing for the day you want to have.

'Our agency is based in London's Shoreditch, a creative area, so we're informal. But there's an expectation to take pride in our appearance. We wear trainers, but we're not scruffy. The women I work with don't have a work wardrobe. We socialise together, so we know each other in "real life". We don't need to create different work and home personas.

'My role has become digitally focused, so portal brands like Farfetch interest me, and I try to look beyond London. I love blogs and Tumblr. Instagram is great for sharing ideas with friends.'›

**SHARON SKINNER, 23**
ASSOCIATE AT A MANAGEMENT CONSULTANCY FIRM

'Clothing is about presence. As a woman, that can be harder to establish in a male-dominated environment, so I wear something that gives me confidence but still reflects my personality. I try to dress in a classic way so that clients notice me rather than my clothes, but I'll use accessories to express my femininity. I like handbags from Prada or Valentino and I buy great shoes, usually from L.K. Bennett or Christian Louboutin. Investment pieces are worth spending more on.

'As a management consultant, I work with many clients, so I complement their working style with my own. How you dress can help you build a rapport with people. Our clients range from banks through to media or charity companies – you couldn't wear the same outfit for all of them.

'I dress aspirationally. If I have a tough day ahead, I'll put more effort into what I'm going to wear – though that's easier on Mondays than on Fridays!'

**NATALIA BARBIERI, 33**
CO-FOUNDER OF SHOE LABEL BIONDA CASTANA

'If you tell people you work in fashion, they're going to judge you on what you wear. It would be impossible for them not to. You are your own advert, so it would give the wrong message if I didn't wear the accessories I design. There is pressure to look slick, and there should be – you're selling an expensive product and you want people to buy into your lifestyle.

'Dressing well is 50% grooming. You could be in a T-shirt and jeans but good hair and nails make what you are wearing seem more expensive. That's one of the benefits of being a woman.

'While working in fashion, I've become more relaxed in what I wear. I don't try to show off like I used to when I was trying to break into the fashion industry after a career in investment banking. I know, quite a change! I keep my look minimal and use statement jewellery from Avenue 32, a good leather bag with chunky gold hardware (and enough room for my laptop and paperwork) and great shoes from my own label. That's probably why I'm an accessories designer – they give you flexibility and can update your look instantly.

'I don't need to wear a power suit to make me feel strong. It's all about the shoes for me. The minute I put my heels on, I'm ready for the day.' ●

**TWEET IT**
How do you make your wardrobe work for the office? Tweet us @ELLEUK

Photography: Kitty Riddell. Make-up: Brighde Riddell using Mac.

# TAKE TWO TRENDS

Evening elegance gives way to easy daytime style, courtesy of Next

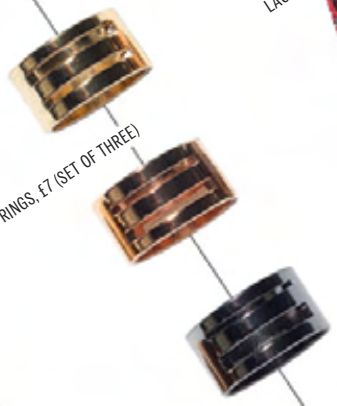
JEWELLED FABRIC CLUTCHES, £22 EACH

# Night moves

VELVET TROUSERS, £40

VISCOSE-MIX EMBELLISHED JACKET, £85

LACE DRESS, £60


RINGS, £7 (SET OF THREE)

LACE & VELVET DRESS, £68

MESH & EMBELLISHED DRESS, £125

VELVET SHOES, £32

SEQUINNED SHIRT, £36

JEWELLED EARRINGS, £12

VISCOSE-MIX DRESS, £50

FAUX-LEATHER-TRIMMED CAPE, £35

FAUX-LEATHER SHOES, £45

FAUX-FUR CAPE, £35

# Tartan army

FAUX-FUR GILET, £55

FAUX-FUR TOP, £32

LEATHER BOOTS, £70

TASSLE SCARF, £16

COTTON SHIRT, £24

VISCOSE-MIX TROUSERS, £42

WOOL-MIX JACKET, £45

FAUX-FUR EARMUFFS, £10

FAUX-FUR GILET, £28

FAUX-FUR SATCHEL, £26

VISCOSE-MIX TROUSERS, £38

WOOL-MIX SKIRT, £30

LEATHER BOOTS, £85

WOOL-MIX JUMPER, £38

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# TOOL UP

*Need to dress up your desktop? Take your pick from a mix of stationery that your colleagues will definitely try to steal*

Styling: Donna Wallace. Photography: Luke J Albert.

PINK BACKGROUND:
**1** Pencils, 85p each, **Unique & Unity 2** Notebooks, £13 each, **Leuchtturm 1917 3** Correction tape, £3.05 each, **Pentel at Cult Pens 4** Tapes, £5 for two, **Washi Tapes 5** 'Arlequin H' pencil, £60, **Hermès 6** Stainless-steel pen, £8.99, **Sharpie at Cult Pens 7** Leather paperweight, £290, **Hermès 8** 'Productive' notebook, £15, **The School Of Life at Selfridges 9** Clock, £19.95, **Muji 10** Two-tone string, £14.50, **Present & Correct 11** Envelope, part of a set, £26, **The Grosvenor Stationery Company 12** Calfskin iPad case, £540, **Hermès 13** Wood pen, £5.85, **Delfonics at Present & Correct 14** Pencil leads, £3, **The Goodhood Store 15** Calculator, £20, **Mark's 16** Eraser, £99, **Graf von Faber-Castell at Cult Pens 17** In-trays: grey, £14.95; yellow, £24.95; red, £34.95, **Kaleido at Liberty 18** Calculator, £9.95, **Muji 19** Sticky notes, £4.95 each, **Hay at Liberty 20** Notepad, £19, **Hay at The Goodhood Store 21** Tape, £14.99 for five, **Washi Tapes 22** Rubber bands, £1.50, **Wilko 23** Pencils (part of a set), £46, **Quill London 24** Leather notebook, £75, **Smythson 25** Aluminium fountain pen, £58, **Kaweco at Labour & Wait 26** Leather iPhone case, £80, **Smythson 27** Leather purse, £55, **Comme des Garçons at Dover Street Market 28** Coloured leads £2.64, **Cult Pens 29** Coloured staples, 99p for 3,000; metal staples, 99p for 5,000, **The Works 30** USB stick, £185, **Hermès**

GREY BACKGROUND:
**1** Kraft envelopes, £6, **Midori at Present & Correct 2** Notecards, £5.75, **Present & Correct 3** Pencil, £5, **Alexander Hulme at Twentytwentyone 4** Stapler, £17, **Craft Design Technology at The Goodhood Store 5** Glass water bottle, £26, **Serax at The Goodhood Store 6** 'Merci!' card, £3.60, **Quill London 7** Eraser, £1.25, **Present & Correct 8** Rose gold-plated USB stick, £59, **Empty Memory at Harrods 9** Brass number clips, £14.50, **Midori at Present & Correct 10** Rubber bands, £2, **Labour & Wait 11** 'Hello!' tag, £1.50, **Present & Correct 12** Brass 'Tool The Mathematician' set, £80; brass 'Tool The Copycat' set, £50, **Tom Dixon 13** Desk calendar, £32.50, **Present & Correct 14** Notepad, £4.50, **Present & Correct 15** Le Cahier journal, £19, **Quill London 16** Brass pencil, £14.99; and brass pen, £19.99, **both Midori at The Goodhood Store 17** Brass scissors, £9.95, **Hay at Liberty 18** Iroshizuku ink in kon-peki (cerulean), £31.99, **Pilot at Cult Pens 19** Fountain pen, £58, **Kaweco at Cult Pens 20** Q&A notebook, £14, **Anthropologie 21** 'Letterbox Paris' wooden pencil sharpener, £7.95, **Liberty 22** Vintage Spanish pins, £6.50, **Present & Correct 23** Box of HB pencils, £17 for 12, **Craft Design Technology at The Goodhood Store**

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SOPHIE BERESINER, ELLE BEAUTY DIRECTOR

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Photography: Benoît Audureau.

# GUESS WHO?

*Match the Team ELLE member with their handwriting (if you can read it)*

**GEORGIA SIMMONDS**
Features Assistant

**LISA RAHMAN**
Deputy Art Director

**CLAIRE SIBBICK**
Junior Sub-Editor

**PHEBE HUNNICUTT**
Digital Director

**EMMA SELLS**
Fashion Features Writer

**SOPHIE BERESINER**
Beauty Director

1 "Everything has beauty, but not everyone sees it..."

2 'Never let go of that fiery sadness called desire.'
Patti Smith

3 In my bedroom I have a poster that says: 'Wake up and Dream'.
XO

4 The quick brown fox jumped over the lazy dog.

5 One Thousand: Coats, Bags, Boots, Shoes, Blouses, Jeans, Jackets, Sweaters, Pink Wool...

6 My handwriting is basically a version of shorthand known only to me. I've been able to keep my horrific penmanship a secret because my job at ELLE allows all my communications to be typed. Don't tell anyone.

## ADDRESS BOOK

**& Other Stories** stories.com

**A** **Acne** shop.acnestudios.com · **Aldo** aldoshoes.com · **Alexander Hulme** twentytwentyone.com · **Alice + Olivia** harveynichols.com · **All Saints** allsaints.com · **Anthropologie** anthropologie.co.uk · **Anya Hindmarch** anyahindmarch.com · **Asos** asos.com

**B** **Banana Republic** bananarepublic.gap.co.uk · **Bimba and Lola** bimbaylola.com · **Blk Denim** selfridges.com · **Boden** boden.co.uk · **Boss** hugoboss.com · **Brooks** brooksengland.com · **Bulova** hsamuel.com

**C** **Cargo** beautybay.com · **Carven** selfridges.com · **Casio** casio.co.uk · **Chanel Beauty** houseoffraser.co.uk · **Chantecaille** uk.spacenk.com · **Chloé** boots.com · **Christian Louboutin** christianlouboutin.com · **Christopher Kane** liberty.co.uk · **Claudie Pierlot** 020 7352 4482 · **Clinique** clinique.co.uk · **Coast** coast-stores.com · **Collection** collectioncosmetics.co.uk · **Comme des Garcons** liberty.co.uk · **Cos** cosstores.com · **Craft Design Technology** goodhoodstore.com **Crème de la mer** cremedelamer.co.uk

**D** **Daniel Sandler** feelunique.com · **David Kirsch** uk.spacenk.com · **Diego Dalla Palma** debenhams.com · **Dior** dior.com/beauty/gbr/ · **Dune** dune.co.uk

**E** **Emporio Armani** armani.com · **Empty Memory** harrods.com · **Escada Sport** harrods.com

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**G** **Ganni** mywardrobe.com · **Gap** gap.co.uk · **Georg Jensen** georgjensen.co.uk · **Goodhood** goodhoodstore.com · **Graf von-Faber Castell** cultpens.com · **Gucci** gucci.com · **Guerlain** houseoffraser.co.uk · **Guess** houseoffraser.co.uk

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**I** **Iris & Ink** theoutnet.com

**J** **Jigsaw** jigsaw-online.com

**K** **Kaleido** liberty.co.uk · **Karen Millen** karenmillen.com · **Kaweco AI Sport** kaweco-pen.com · **Kaweco** cultpens.com · **Kenzo** kenzo.com · **Kerastase** kerastase.co.uk · **Kurt Geiger** kurtgeiger.com

**L** **Laael** laael.com · **Labour and Wait** labourandwait.co.uk · **Letterbox Paris** liberty.co.uk · **Leuchtturm** leuchtturm1917.com · **L.K. Bennett** lkbennett.com · **Longchamp** longchamp.com

**M** **Mac** maccosmetics.co.uk · **Marks & Spencer** marksandspencer.com · **Maje** maje.com · **Marc by Marc Jacobs** watchstation.co.uk · **Marc Cain** marc-cain.com · **Mark's** marks-japan.eu · **Mary Katrantzou** matchesfashion.com · **Michael Kors** michaelkors.com · **Midori** goodhoodstore.com · **Mint Velvet** mintvelvet.co.uk · **MM6** maisonmartinmargiela.com · **Monki** monki.com · **Mango** mango.com · **Muji** muji.co.uk · **Mulberry** mulberry.com

**N** **Nails Inc.** nailsinc.com · **Nars** narscosmetics.co.uk · **Next** next.co.uk

**O** **Oasis** oasis-stores.com · **Office** office.co.uk · **Ole Henriksen** feelunique.com · **Ostwald Helgason** brownsfashion.com

**P** **Pandora** pandora.net · **Paper London** paperlondon.com · **Paul & Joe** harrods.com · **Pentel Pop'n Pop** cultpens.com · **Pilot Iroshizuku** cultpens.com · **Pollini** pollini.com · **Preen by Thornton Bregazzi** net-a-porter.com · **Present & Correct** presentandcorrect.com · **Prism London** prismlondon.com

**Q** **Quill London** quilllondon.com

**R** **Radley** radley.co.uk · **Rado** rado.com · **Raoul** fenwick.co.uk · **Reiss** reiss.com · **Revlon** revlon.co.uk · **Richard Nicoll** selfridges.com · **River Island** riverisland.com · **Russell & Bromley** russellandbromley.com

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